

Greater Raleigh Summer League Championships
Entry Information
Triangle Aquatic Center
Sunday, July 12, 2009

****MEET ENTRY DEADLINE IS WEDNESDAY, July 1, 2009 AT 7:00 PM****

- Host: New Wave Swim Team (WAVE)
- Site: Triangle Aquatic Center
275 Convention Drive
Cary, NC 27511
- Site Information: Courses include an 8-lane, 25-yard competition course and a 10-lane, 25-yard competition course, with a variable depth ranging from 7 to 12 feet. Both courses will be used for each session; Girls in the 10-lane pool, Boys in the 8-lane pool. There will be no warm-up/cool-down pool available. The pool is equipped with state-of-the-art, anti-turbulent lane lines and Paragon starting blocks. A fully electronic, Daktronic timing system, digital scoreboards and stopwatches will be used in each competition lane. Hy-Tek Meet Manager software will be used. Locker rooms for changing are available. Only meet volunteers and officials may be on deck.
- Other Site Information: NO PARENTS, unless volunteering, may be on deck. There is seating capacity for 1,000 spectators on the viewing level. There is ample parking available in the adjacent mall lot. NO PARKING in the pool lot will be available. Food and refreshments will be available at the concession stand in the main lobby.
- Facility Rules: Please inform all families of the following pool rules. They will be strictly enforced.
1. NO outside food, drinks or coolers are allowed inside the facility.
 2. NO glass containers are allowed inside the facility.
 3. NO smoking is allowed inside the facility.
 4. NO chairs are allowed on the spectator level. Swimmers may have a chair on deck.
- Entry Deadline: Meet entry files must be received via email or on a CD by Wednesday, July 1, 2009. To download TM-Lite software and instructions on its use, click the appropriate link above. Absolutely no entries will be accepted and complete without full payment. Please send only one check from team for all entries payable to "New Wave Swim Team" and a release waiver for each swimmer participating in this meet.

****Waivers need to be delivered to the WAVE office by July 8, 2009.**

We suggest having every parent complete one during your team registration.

Entry Instructions: Meet entry files should be emailed to: wavemeets@nc.rr.com
Melanie Stahmer, Julie Bays & Lana Sanders, Meet Directors
For questions regarding computer entry: (919) 875-9130

WAVE Office: For hand delivery of Meet Manager entry file on a CD, financial page, payment and waivers:
New Wave Swim Team Office
1306 Paddock Drive
Suite E-102 Quail Corners Office Commons
Raleigh, NC 27609
(919) 981-0644

Meet Schedule: Coach Check-In: 6:30 am
Volunteer Check-In: 7:00 am

Swimmers will meet their Team Representative in a designated Team area in the front parking lot. The pool will open at 7:00 am.

10 and under Warm-Up: 7:15 – 8:15 am
10 and under Start Time: 8:30 am
11 and older Warm-Up: Not Before 11:30 am
11 and older Start Time: Not before 12:30 pm

Volunteers: Coaches and TSA reps - your team will be able to have 2 parent helpers to assist on deck for the 10 & Under session and will be asked for 2 lane timers or clerk-of-course volunteers for the meet. One stroke and turn judge will also be requested to help the meet run smoothly.

Coaches/Parent helpers will be responsible for bringing all 10 and Under swimmers to the starting lane for relays and to the Clerk of Course for remaining events.

Rules: This meet will be conducted in accordance with the current USA Swimming Code and the NCS Official Handbook and Safety Program, except where rules therein are optional and exceptions stated herein. The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Running and horseplay will not be allowed.

Eligibility/Entry Limit: Swimmers must be members of an invited TSA member club in order to participate in this meet. Each club is eligible to enter up to five (5) swimmers in each individual event and one (1) relay team per relay event. Swimmers may swim in a maximum of three (3) individual events and two (2) relays. Swimmers must swim in the age group that they were in on June 1, 2009. There will be NO age-ups for relays..

Entry RSVP: In order for us to expect an entry from your club, please e-mail us at wavemeets@nc.rr.com no later than June 12, 2009.

Entries: Please submit times swum for a 25-yard course including 25-yard approximations for all participating 6 & Under swimmers. Please be aware that using 15-yard times from summer league meets will seed

swimmers from your club unfairly.

Late Entries & Changes: Late entries and/or substitutions may be accepted after the entry deadline up to 7:00 pm on Wednesday, July 8, 2009 but only in empty lanes. Late entries will be accepted at the discretion of the Meet Director. Double entry fees will be charged for any late entries, including substitutions or changes, which occur after 7:00 pm on July 1, 2009 and before 7:00 pm on July 8, 2009. There will be NO entries after the July 8th deadline.

NO LATE ENTRIES OR SUBSTITUTIONS WILL BE ACCEPTED ON THE DAY OF THE MEET.

Entry Fees:

Individual Fees:	\$2.50 per individual event
Relay Fee:	\$10.00 per relay event
Swimmer Fee:	\$7.50 per swimmer *

* Swimmers who only are swimming on relays are also subject to the \$7.50 swimmer fee as a team member.

Entry fees are non-refundable. This meet will be run rain or shine. Pool management will make all decisions concerning inclement weather.

Awards:

Medals:	1st-8th place individual events 1st-3rd place relays
Ribbons:	9th-16th place individual events 4th-8th place relays

Scoring: Team score will be kept and team awards presented to the top-6 clubs. Scoring will be as follows:

Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay events: Double the individual points.

Coaches: A coach's packet will be available for all clubs at the start of warm-ups. A meeting will be held at 8:15 am for all coaches.

Officials: Officials will meet at 8:00 am at the hospitality room.

Hospitality: Drinks and snacks will be provided to the coaches and officials on deck.

Tents: No tents will be allowed.

THE NEW WAVE SWIM TEAM, INC., TRIANGLE AQUATIC CENTER AND ALL EMPLOYEES AND REPRESENTATIVES OF THESE ORGANIZATIONS SHALL BE HELD FREE AND HARMLESS FROM ANY AND ALL LIABILITIES OR CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS MEET.

GREATER RALEIGH SUMMER LEAGUE CHAMPIONSHIPS
ORDER OF EVENTS
JULY 12, 2009

Sunday Morning: 6&U, 7-8, 9-10 Events

Warm-ups: 7:15-8:15 am

Meet Start: 8:30 am

Girls Event #	Event	Boys Event #
1	9-10 100-yard Medley Relay	2
3	8 & Under 100-yard Medley Relay	4
5	9-10 25-yard Freestyle	6
7	7-8 25-yard Freestyle	8
9	6 & Under 25-yard Freestyle	10
11	9-10 25-yard Backstroke	12
13	7-8 25-yard Backstroke	14
15	6 & Under 25-yard Backstroke	16
17	9-10 25-yard Breaststroke	18
19	7-8 25-yard Breaststroke	20
21	9-10 25-yard Butterfly	22
23	7-8 25-yard Butterfly	24
25	9-10 100-yard Freestyle Relay	26
27	8 & Under 100-yard Freestyle Relay	28

Sunday Afternoon: 11-12, 13-14 and 15-18 Events

Warm-ups: Not before 11:30 am

Meet Start: Not before 12:30 pm

Girls Event #	Event	Boys Event #
29	11-12 200-yard Medley Relay	30
31	13-14 200-yard Medley Relay	32
33	15-18 200-yard Medley Relay	34
35	11-12 50-yard Freestyle	36
37	13-14 50-yard Freestyle	38
39	15-18 50-yard Freestyle	40
41	11-12 50-yard Backstroke	42
43	13-14 50-yard Backstroke	44
45	15-18 50-yard Backstroke	46
47	11-12 50-yard Breaststroke	48
49	13-14 50-yard Breaststroke	50
51	15-18 50-yard Breaststroke	52

53	11-12 50-yard Butterfly	54
55	13-14 50-yard Butterfly	56
57	15-18 50-yard Butterfly	58
59	11-12 200-yard Free Relay	60
61	13-14 200-yard Free Relay	62
63	15-18 200-yard Free Relay	64

Financial Summary Information

Please return with entry forms and fees

TSA Club Name: _____ Phone #: _____

Address: _____

City, State, Zip: _____

Head Coach: _____ Cell Phone #: _____

E-mail address: _____ Eve Phone #: _____

Day Phone #: _____

TSA Rep: _____ Cell Phone #: _____

E-mail address: _____

Age Group	Number of Swimmers Entered	\$7.50 per swimmer	Number of Individual Events	Individual Entry Fees \$2.50/event	Number of Relay Teams	Relay Fees \$10 per team	Total Fees
6&U Boys							
6&U Girls							
7-8 Boys							
7-8 Girls							

9-10 Boys							
9-10 Girls							
11-12 Boys							
11-12 Girls							
13-14 Boys							
13-14 Girls							
15-18 Boys							
15-18 Girls							
TOTAL FEES							