

North Carolina Swimming 14 & Under Age Group Championships

Thursday, February 19- Sunday, February 22 2009



SANCTION: Held under the sanction of USA Swimming, Inc. Issued by North Carolina Swimming, Inc. Sanction # NC09032; Time Trial Sanction #NC09032TT

HOST: Swim MAC Carolina
Huntersville, NC

LOCATION:
FACILITY: Huntersville Family Fitness and Aquatics
11725 Verhoeff Rd.
Huntersville, NC 28078
704-766-2222

The Huntersville Family Fitness & Aquatics center has a 12,952 square-foot pool area featuring a 50-meter by 25-yard Paddock Pool Racing tank. The pool depth ranges from 6 feet at the starting end to 17 feet at the far end of the pool with eight 9 foot wide lanes. There will be at least 8 additional lanes available for warm up and warm down. The pool is equipped with Competitor 4" Racing Lanes and with single pedestal Paddock stainless steel starting platforms. The facility also features a Colorado 5000 timing system and an eight-lane scoreboard. Hy-Tek Meet Manager software will be used.

Of important note, all swimmers and patrons must be wearing shoes when not on the main pool deck at HFFA.

SPONSORS: Larson Allen and NC Swimming.

CLASSIFICATION: Age Group Championship meet in prelims/finals format with qualifying time standards as listed on the order of events.

ELIGIBILITY: This meet is open to North Carolina registered swimmers who have achieved the 2009 NCS 14 & Under Age Group Championship qualifying standard, as listed on the order of events, for each event entered in this meet. **NOTE: Swimmers qualifying in the 1000 Free also qualify for the 1650 Free and vice versa.**

INDIVIDUAL ENTRIES: 11-12 and 13-14 swimmers are limited to nine individual events for the meet, and no more than three individual events per day. 10 & Under swimmers may swim up to four individual events per day, not to exceed nine individual events for the meet.

RELAY ENTRIES: The number of relay entries allowed is determined by the number of swimmers from each team who are entered in individual events. At least one swimmer entered in an individual event must swim on each relay team or the relay team will be disqualified.

1-4 individual event swimmers: Maximum of one relay team
5-8 individual event swimmers: Maximum of two relay teams
9-12 individual event swimmers: Maximum of three relay teams
13 or more individual event swimmers: Maximum of four relay teams

Each club may enter up to four relay teams (per age group) in each relay event. Only two relays teams may score. The two highest placing relays per club will be scored, regardless of designation.

Swimmers designated as 'relay only' in the OME may ONLY swim relays. All relay swimmers, including alternates, must be listed on the Meet Entry Form and must pay the \$2.00 NCS surcharge.

All relays will be swum as timed final events from slow to fast, all girls, then all boys per age group. The 200 yd relay events will be swum in the preliminary sessions and the 400 yd relay events will be swum last in the evening finals sessions. **There will NOT be a break before relays.**

ENTRIES/PROOF OF TIME/ENTRY DEADLINE:

The OME system will be used for on-time entries, including relays. OME will close Monday (February 16) at noon. OME will open on the Monday four weeks before the meet starts. If a time override is used in OME, proof must be submitted to the Meet Director by the beginning of warm-ups on the first day of the meet or the entry will be invalid. Proof of time consists of a copy of the final meet results proving the entry time from a USA sanctioned or observed meet, including sanction numbers, date and location. Hy-Tek Team Manager results will not be accepted as proof. Prior to the deadline, proof of time may be faxed to [704-846-5835](tel:704-846-5835). Each fax will be followed by e-mail confirmation for receipt of proof.

There will be two meets to choose from, 1) 13-14 / 11-12 and 2) 10 & Under.

Questions or problems with OME should be directed to USA Swimming, Susan Woessner swoessner@usaswimming.org

ENTRIES WILL ONLY BE ACCEPTED FROM OME. NO LATE ENTRIES WILL BE ACCEPTED.

SCHEDULE:

Thursday, February 19, 2009

13-14, 11-12 Timed Finals Warm-ups: 3:30-4:20 pm Starts: 4:30 pm

Friday, February 20, 2009

13-14, 11-12 Preliminaries Warm-ups: 7:00-8:20 am Starts: 8:30 am
10 & Under Finals Warm-ups: 12:00-12:50 pm Starts: 1:00 pm

13-14, 11-12 Finals Warm-ups: 5:00-5:50 pm Starts: 6:00 pm

Saturday, February 21, 2009

13-14, 11-12 Preliminaries Warm-ups: 7:00-8:20 am Starts: 8:30 am
10 & Under Finals Warm-ups: 12:00-12:50 pm Starts: 1:00 pm

13-14, 11-12 Finals Warm-ups: 5:00-5:50 pm Starts: 6:00 pm

Sunday, February 22, 2009

13-14, 11-12 Preliminaries Warm-ups: 7:00-8:20 am Starts: 8:30 am
10 & Under Finals Warm-ups: 12:00-12:50 pm Starts: 1:00 pm

13-14, 11-12 Finals Warm-ups: 5:00-5:50 pm Starts: 6:00 pm

* 10 & Under events will be timed finals throughout the competition.

** A split period warm-up may be utilized if participant numbers warrant.

Warm-up lane assignments will be communicated to teams prior to the meet.

RULES:

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, NCS Official Handbook and the NCS Safety Program.

FORMAT:

Except for the relay events and the 1000 and 1650 Free for the 13-14 age group and the 500 free for the 11-12 age group, all events will be conducted on a preliminary and finals basis for 11-12 and 13-14 age groups. A & B Heats will be swum in Finals for 11-12 and 13-14 age groups. The fastest eight swimmers compete in the **A Final (Championship)** and the next fastest eight swim in the **B Final (Consolation)**. **The B Final will be swum prior to the A Final.**

Alternates should be ready to swim and identify themselves to the starter

The 10 & Under age group will be timed finals.

READY ROOM: The top eight qualifiers for the A final should report to the ready room five minutes prior to their event for the parade of the final heat.

ELIGIBILITY AND TECHNICAL JURY: A Technical and Eligibility Jury will be appointed by NC Swimming consisting of one coach, one swimmer and one non-coach/non-athlete member of NC Swimming should an eligibility or technical protest arise.

QUALIFYING PERIOD: **Short Course Championship:** A swimmer must have achieved the qualifying time listed per event from September 1, 2007.

SEEDING: All times will be seeded by SCY first, then LCM for the short course championships and LCM first, then SCY for the long course championships. All events that are 400 yards and longer will be deck seeded. A positive check-in by the deadline indicated below is required to be seeded into the event. Failure to check in by the deadline will result in the swimmer not being able to swim the event.

<u>Individual Events</u>	<u>Check-in Deadline</u>	
13-14 1000 Free	Thursday, Feb. 19	3:45pm
11-12 500 Free	Thursday, Feb. 19	3:45pm
13-14 400 IM	Friday, Feb. 20	8:45am
13-14 500 Free	Saturday, Feb. 21	8:45am
13-14 1650 Free	Sunday, Feb. 22	8:45am

Relay Events

13-14 200 Medley Relay	Friday, Feb. 20	Beginning of finals
11-12 200 Medley Relay	Friday, Feb. 20	Beginning of finals
10&U 200 Medley Relay	Friday, Feb. 20	Beginning of finals
13-14 400 Medley Relay	Friday, Feb. 20	End of Prelims
11-12 400 Medley Relay	Friday, Feb. 20	End of Prelims
13-14 200 Free Relay	Saturday, Feb. 21	Beginning of finals
11-12 200 Free Relay	Saturday, Feb. 21	Beginning of finals
10&U 200 Free Relay	Saturday, Feb. 21	Beginning of finals
13-14 400 Free Relay	Saturday, Feb. 21	End of Prelims
11-12 400 Free Relay	Saturday, Feb. 21	End of Prelims

13-14 400 IM and 13-14 500 Free

The 13-14 400 yd IM and 13-14 500 yd Free will be swum as preliminary/final events with the fastest 4 heats of women, swum slowest to fastest, followed by the fastest 4 heats of men, swum slowest to fastest; then alternating women and men, fastest to slowest. In the event that the preliminaries of these events are conducted in two courses, the same procedure will be followed except it will not be necessary to alternate women's and men's heats. A combined girl/boy heat may be swum at the discretion of meet management.

13-14 1000 Free and 11-12 500 Free

The 13-14 1000 yd Free will be swum as a timed final event. **All heats will be swum fast to slow, alternating girls then boys.** In the event that the preliminaries of these events are conducted in two courses, the same procedure will be followed except it will not be necessary to alternate women's and men's heats. A combined girl/boy heat may be swum at the discretion of the meet referee. Swimmers must provide their own timer for this event.

The 11-12 500 yd Free will be swum as a timed final event. **All heats will be swum fast to slow, alternating girls then boys.** In the event that the preliminaries of these events are conducted in two courses, the same procedure will be followed except it will not be necessary to alternate women's and men's heats. A combined girl/boy heat may be swum at the discretion of the meet referee. Swimmers must provide their own timer for this event.

13-14 1650 Free

The 13-14 1650 yd Free will be swum as a timed final event. The fastest heat of girls and the fastest heat of boys will be swum in the Sunday finals session. There will be no AM/PM option for this event. All other heats will be swum at the conclusion of the preliminaries, following relays. These heats will be swum fastest to slowest, alternating women's and men's heats. A combined girl/boy heat may be swum at the discretion of meet management. In the event that the preliminaries of these events are conducted in two courses, the same procedure will be followed except it will not be necessary to alternate women's and men's heats. Swimmers must provide their own timers for this event.

Swimmers in the 500 yd, 1000 yd, 1650 yd Free and 400 yd IM must provide their own timers.

- SCRATCHES:** The North Carolina Scratch rule will be in effect. (NCS swimming Part 2 205.3) Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet.
- PARKING:** Swim meet participants shall use the West parking lot of HFFA
- HOSPITALITY:** There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.
- LODGING:** (see below)
- MEET DIRECTOR:** Kathryn Noftzger
- MEET REFEREE:** Dennis Lawson lawsond@surry.k12.nc.us (336) 575-8895
- ADMIN REFEREE:** Bob Probst
- MEET MARSHAL:** Stephanie Toth
stoth@swimmaccarolina.org
704-766-1520 x 101
- REGISTRATION:** USA Swimming Registration is required of all swimmers and will be verified. On deck swimming registration WILL NOT BE PERMITTED.
- ENTRY FEES:**
- \$4.00 per event
 - \$8.00 per relay event
 - \$2.00 per swimmer NCS Travel Fund
 - \$10 Facility Use Surcharge, including relay only swimmers
- AWARDS:**
- All fees are non-refundable, except if entry is rejected for non-compliance.
- Individual events: 1st – 8th place medals
 - Relays: 1st - 3rd place medals
 - Team Place Awards – 1st – 6th place
 - Individual High Point Awards will be presented to the male and female swimmers with the highest point totals in individual events for each age group.
 - Phillips Performance Award: Single highest FINA power point swim by female and male swimmer.
- Following the conclusion of each individual A Final Heat (Championship Final), there will be an immediate awards ceremony to present the top 5 finishers' awards.**
- Awards for the 10 and under sessions will be at the end of that days session.**

SCORING: - Individual events: 20-17-16-15-14-13-12-11- 9-7-6-5-4-3-2-1
- Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
Team scores and individual high point scores will be published in the heat sheet at each finals session. Only two relays per gender can score for each team.

COACHES: **There will be a coaches' meeting at 3:00PM on Thursday afternoon.** Coaches are responsible for any information presented at the meeting. Meetings may also be held at other times announced by the Meet Referee.

All coaches and Officials on deck must wear their current USA swimming membership card in a visible place. Those failing to do so could be barred from the deck. Coaches and Officials will need to show their credentials when checking in.

TIMERS: The host team will provide all timers for all sessions of the meet unless listed otherwise.
OFFICIALS: -- We welcome all certified officials on deck. If you are able to help, please fill out the application available here: <http://ncswim.org/application.php>

SAFETY: The North Carolina safety program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No spectators will be allowed on deck.

RELEASE: *USA Swimming, Inc., North Carolina Swimming, Inc., and Swim MAC Carolina and HFFA shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.*

2009 NORTH CAROLINA SWIMMING

14 & UNDER SHORT COURSE AGE GROUP CHAMPIONSHIP

13-14 & 11-12 PRELIMINARIES

ORDER OF EVENTS

Thursday, February 19 Warm-ups 3:30-4:20PM Timed Finals 4:30PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
1	10:27.09	11:44.09	13-14 1000yd Freestyle	11:16.09	10:07.19	2
3	5:22.79	5:58.39	11-12 500yd Freestyle	6:02.19	5:27.09	4

Friday, February 20 Warm-ups 7:00-8:20AM Preliminaries 8:30AM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
5	2:32.39	2:14.29	11-12 200yd Freestyle	2:14.59	2:32.89	6
7	2:21.19	2:04.69	13-14 200yd Freestyle	1:59.09	2:17.29	8
9	41.99	37.79	11-12 50yd Breaststroke	37.89	43.39	10
11	1:26.69	1:15.79	13-14 100yd Breaststroke	1:12.79	1:24.09	12
13	1:22.09	1:12.59	11-12 100yd Butterfly	1:12.69	1:22.59	14
15	1:14.59	1:05.59	13-14 100yd Butterfly	1:03.29	1:11.19	16
17	---	1:11.19	11-12 100yd IM	1:11.99	---	18
19	5:40.59	5:00.49	13-14 400yd Individual Medley	4:51.29	5:32.49	20

Saturday, February 21 Warm-ups 7:00-8:20AM Preliminaries 8:30AM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
25	NQT	NQT	13-14 200yd Medley Relay	NQT	NQT	26
27	NQT	NQT	11-12 200yd Med Relay	NQT	NQT	28
			10-Minute Break			
29	2:48.49	2:27.69	13-14 200yd Butterfly	2:23.79	2:42.89	30
31	35.69	31.69	11-12 50yd Butterfly	32.29	36.49	32
33	30.79	26.99	13-14 50yd Freestyle	25.39	29.29	34
35	32.39	28.39	11-12 50yd Freestyle	28.39	32.59	36
37	3:06.79	2:42.39	13-14 200yd Breaststroke	2:37.59	3:03.09	38
39	1:33.79	1:22.19	11-12 100yd Breaststroke	1:22.19	1:34.69	40
41	1:16.59	1:06.19	13-14 100yd Backstroke	1:03.79	1:13.99	42
43	1:21.09	1:11.89	11-12 100yd Backstroke	1:12.29	1:23.59	44
45	5:01.29	5:36.09	13-14 500yd Freestyle	5:22.99	4:50.79	46

Sunday, February 22 Warm-ups 7:00-8:20AM Preliminaries 8:30AM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
51	NQT	NQT	13-14 200yd Free Relay	NQT	NQT	52
53	NQT	NQT	11-12 200yd Free Relay	NQT	NQT	54
			10-Minute Break			
57	38.09	33.29	11-12 50yd Backstroke	33.39	38.49	58
59	2:42.29	2:21.49	13-14 200yd Backstroke	2:17.39	2:39.39	60
61	1:10.39	1:01.79	11-12 100yd Freestyle	1:01.79	1:10.59	62
63	1:06.19	58.09	13-14 100yd Freestyle	54.99	1:04.19	64
65	2:51.59	2:31.59	11-12 200yd IM	2:32.49	2:53.29	66
67	2:42.19	2:21.79	13-14 200yd Individual Medley	2:15.69	2:35.29	68
55	20:28.29	20:00.59	13-14 1650yd Freestyle	19:44.09	19:59.79	56

2009 NORTH CAROLINA SWIMMING

14 & UNDER SHORT COURSE AGE GROUP CHAMPIONSHIP

10 & UNDER TIMED FINALS

ORDER OF EVENTS

Friday, Warm-ups 12:00-12:50 PM Meet Starts 1:00 PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
69	2:58.69	2:36.39	10-Under 200yd Freestyle	2:33.79	2:54.29	70
71	48.79	42.49	10-Under 50yd Breaststroke	43.59	49.69	72
73	1:39.29	1:27.29	10-Under 100yd Butterfly	1:28.09	1:39.59	74
75	---	1:22.79	10-Under 100yd IM	1:22.19	---	76

Saturday, Warm-ups 12:00-12:50 PM Meet Starts 1:00 PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
77	NQT	NQT	10-Under 200yd Med Relay	NQT	NQT	78
			10-Minute Break			
79	42.09	37.29	10-Under 50yd Butterfly	37.09	41.39	80
81	36.49	32.39	10-Under 50yd Freestyle	31.89	36.29	82
83	1:47.49	1:33.79	10-Under 100yd Breaststroke	1:35.79	1:49.09	84
85	1:35.29	1:22.19	10-Under 100yd Backstroke	1:21.79	1:33.79	86

Sunday, Warm-ups 12:00-12:50 PM Meet Starts 1:00 PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
87	NQT	NQT	10-Under 200yd Free Relay	NQT	NQT	88
			10-Minute Break			
89	43.69	38.19	10-Under 50yd Backstroke	38.39	44.29	90
91	1:21.89	1:12.29	10-Under 100yd Freestyle	1:11.99	1:20.99	92
93	3:20.99	2:56.39	10-Under 200yd IM	2:56.99	3:20.59	94

2009 NORTH CAROLINA SWIMMING

14 & UNDER SHORT COURSE AGE GROUP CHAMPIONSHIP

13-14 & 11-12 FINALS

ORDER OF EVENTS

Friday, Warm-ups 5:00-5:50 PM Meet Starts 6:00 PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
5	2:32.39	2:14.29	11-12 200yd Freestyle	2:14.59	2:32.89	6
7	2:21.19	2:04.69	13-14 200yd Freestyle	1:59.09	2:17.29	8
9	41.99	37.79	11-12 50yd Breaststroke	37.89	43.39	10
11	1:26.69	1:15.79	13-14 100yd Breaststroke	1:12.79	1:24.09	12
13	1:22.09	1:12.59	11-12 100yd Butterfly	1:12.69	1:22.59	14
15	1:14.59	1:05.59	13-14 100yd Butterfly	1:03.29	1:11.19	16
17	---	1:11.19	11-12 100yd IM	1:11.99	---	18
19	5:40.59	5:00.49	13-14 400yd IM	4:51.29	5:32.49	20
			10-Minute Break			
21	NQT	NQT	11-12 400yd Medley Relay	NQT	NQT	22
23	NQT	NQT	13-14 400yd Medley Relay	NQT	NQT	24

Saturday, Warm-ups 5:00-5:50 PM Meet Starts 6:00 PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
29	2:48.49	2:27.69	13-14 200yd Butterfly	2:23.79	2:42.89	30
31	35.69	31.69	11-12 50yd Butterfly	32.29	36.49	32
33	30.79	26.99	13-14 50yd Freestyle	25.39	29.29	34
35	32.39	28.39	11-12 50yd Freestyle	28.39	32.59	36
37	3:06.79	2:42.39	13-14 200yd Breaststroke	2:37.59	3:03.09	38
39	1:33.79	1:22.19	11-12 100yd Breaststroke	1:22.19	1:34.69	40
41	1:16.59	1:06.19	13-14 100yd Backstroke	1:03.79	1:13.99	42
43	1:21.09	1:11.89	11-12 100yd Backstroke	1:12.29	1:23.59	44
45	5:01.29	5:36.09	13-14 500yd Freestyle	5:22.99	4:50.79	46
			10-Minute Break			
47	NQT	NQT	11-12 400yd Free Relay	NQT	NQT	48
49	NQT	NQT	13-14 400yd Free Relay	NQT	NQT	50

Sunday, Warm-ups 5:00-5:50 PM Meet Starts 6:00 PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
55	20:28.29	20:00.59	13-14 1650yd Freestyle	19:44.09	19:59.79	56
57	38.09	33.29	11-12 50yd Backstroke	33.39	38.49	58
59	2:42.29	2:21.49	13-14 200yd Backstroke	2:17.39	2:39.39	60
61	1:10.39	1:01.79	11-12 100yd Freestyle	1:01.79	1:10.59	62
63	1:06.19	58.09	13-14 100yd Freestyle	54.99	1:04.19	64
65	2:51.59	2:31.59	11-12 200yd IM	2:32.49	2:53.29	66
67	2:42.19	2:21.79	13-14 200yd IM	2:15.69	2:35.29	68

NORTH CAROLINA SWIMMING AGE GROUP CHAMPIONSHIPS

Entry Fee Summary Report

Official Entry Information:

Club Name _____ Club Code _____

Address _____

City _____ State NC Zip _____

Head Coach _____ Home Phone _____

Email Address _____ Work Phone _____

Assistant Coach _____

Assistant Coach _____

Assistant Coach _____

Assistant Coach _____

Assistant Coach _____

All coaches identified above are currently registered as coaches with USA Swimming, Inc. and are responsible for the swimmers entered in this meet entry during the conduct of the event Thursday, February 19- Sunday, February 22, 2009

Signature _____

Date _____

Release Statement

USA Swimming, Inc., North Carolina Swimming, Swim MAC Carolina and Huntersville Family Fitness & Aquatics and other governing bodies of the facilities shall be held harmless for any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Signature _____

Date _____

# of Individual Entries		X \$4.00 each entry	\$
# of Relay Team Entries		X \$8.00 each relay entered	\$
NCS Travel Fund (Total swimmers)		X \$2.00 each swimmer	\$
Facility Charge (Total swimmers-Relay Only swimmers)		X \$10.00 each swimmer	\$
TOTALS			\$



SwimMAC Carolina Host Hotels NC Age Group Championship - February 19-22, 2009

Comfort Suites Northlake

7315 Smith Corners Blvd

Charlotte, NC 29289 704.598.0478

www.comfortsuites.com/hotel/nc319

Rate: \$84.95 per night; 2 miles from HFFA; includes breakfast

Country Inn and Suites Lake Norman

16617 Statesville Rd

Huntersville, NC 28078 704.895.6565

www.countryinns.com/huntersvillenc

Rate: \$84.00 per night; 3.5 miles from HFFA; includes breakfast

Hawthorne Suites

16905 Caldwell Creek Dr

Huntersville, NC 28078 704.892.9487

<https://www.trustinternational.com/mBooker/hawthorn/2B?LANGUAGE=en&i=MECKLENAC&property=TXL-BH-HGHCLTHU>

Rate: \$89.00 per night; 3 miles from HFFA; includes full breakfast; ask for MAC group rate

Quality Inn Huntersville

16825 Caldwell Creek

Huntersville NC 28078 704.892.1628

Rate: \$69.00 per night; 3 miles from HFFA; includes breakfast; ask for MAC group rate

Candlewood Suites Huntersville/Lake Norman

16530 Northcross Dr

Huntersville, NC 28078 704.895.3434

www.candlewoodsuites.com/huntersvillenc

Rate: \$79.00 per night; 3 miles from HFFA; ask for MAC group rate