
Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters**Location: Cary, NC**

Time	F/P/S	Event		Place	Points	Improv	
Asbill, Matthew (11) M							
31.82L	A	F # 60	Men 11-12 50 Free	RSA-NC	8	11	-0.90
1:21.50L	A	F # 64	Men 11-12 100 Back	RSA-NC	8	11	-2.36
5:18.40L	A	F # 68B	Men 11-12 400 Free	RSA-NC	4	15	-11.63
37.17L	A	F # 78	Men 11-12 50 Back	RSA-NC	7	12	-4.14
DNF	F	# 86	Men 11-12 200 IM	RSA-NC	---	---	---
Barfield, Chris (17) M							
31.95L		P # 6B	Men 15 & Over 50 Back	RSA-NC	27	---	-0.34
1:04.68L	A	P # 8B	Men 15 & Over 100 Fly	RSA-NC	36	---	0.41
1:09.95L	BB	P # 18B	Men 15 & Over 100 Back	RSA-NC	57	---	-0.73
26.75L	AA	P # 20B	Men 15 & Over 50 Free	RSA-NC	44	---	0.52
28.48L		P # 22B	Men 15 & Over 50 Fly	RSA-NC	22	---	---
58.68L	AA	P # 32B	Men 15 & Over 100 Free	RSA-NC	37	---	-0.10
2:34.10L	BB	P # 34B	Men 15 & Over 200 Back	RSA-NC	52	---	-3.52
34.85L		P # 36B	Men 15 & Over 50 Breast	RSA-NC	21	---	---
Barham, Jordyn (14) W							
2:13.93L	AAA	F # 1A	Women 13-14 200 Free	RSA-NC	4	15	-3.45
2:16.97L	AAA	P # 1A	Women 13-14 200 Free	RSA-NC	5	---	-0.41
1:19.96L	AAA	F # 3A	Women 13-14 100 Breast	RSA-NC	1	20	-3.78
1:24.07L	AA	P # 3A	Women 13-14 100 Breast	RSA-NC	2	---	0.33
1:11.21L	AA	F # 7A	Women 13-14 100 Fly	RSA-NC	11	6	-3.02
1:14.69L	A	P # 7A	Women 13-14 100 Fly	RSA-NC	18	---	0.46
1:11.34L	AAA	F # 17A	Women 13-14 100 Back	RSA-NC	5	14	-1.35
1:12.36L	AA	P # 17A	Women 13-14 100 Back	RSA-NC	5	---	-0.33
29.08L	AAA	F # 19A	Women 13-14 50 Free	RSA-NC	5	14	-0.81
29.55L	AAA	P # 19A	Women 13-14 50 Free	RSA-NC	6	---	-0.34
2:50.72L	AAA	F # 23A	Women 13-14 200 Breast	RSA-NC	3	16	-21.91
2:58.87L	AA	P # 23A	Women 13-14 200 Breast	RSA-NC	5	---	-13.76
1:02.33L	AAA	F # 31A	Women 13-14 100 Free	RSA-NC	3	16	-2.58
1:03.62L	AAA	P # 31A	Women 13-14 100 Free	RSA-NC	5	---	-1.29
2:31.61L	AAA	F # 35A	Women 13-14 200 Back	RSA-NC	4	15	-2.89
2:35.60L	AA	P # 35A	Women 13-14 200 Back	RSA-NC	4	---	1.10
2:30.55L	AAA	F # 39A	Women 13-14 200 IM	RSA-NC	3	16	-2.47
2:36.41L	AAA	P # 39A	Women 13-14 200 IM	RSA-NC	6	---	3.39
Bell, Thomas (12) M							
1:14.47L	AA	F # 50	Men 11-12 100 Fly	RSA-NC	1	20	-0.89
33.11L	AA	F # 56	Men 11-12 50 Fly	RSA-NC	1	20	0.06
31.13L	AA	F # 60	Men 11-12 50 Free	RSA-NC	6	13	0.15
1:19.14L	AA	F # 64	Men 11-12 100 Back	RSA-NC	6	13	1.97
1:10.76L	A	F # 74	Men 11-12 100 Free	RSA-NC	9	9	3.95
36.27L	AA	F # 78	Men 11-12 50 Back	RSA-NC	5	14	1.77
2:52.24L	A	F # 86	Men 11-12 200 IM	RSA-NC	5	14	3.72
Bell, Victoria (15) W							
19:37.33L	A	F # 33B	Women 15 & Over 1500 Free	RSA-NC	25	---	73.49
Burnette, Kb (18) W							
35.04L		P # 5B	Women 15 & Over 50 Back	RSA-NC	19	---	0.82
1:12.43L	A	P # 7B	Women 15 & Over 100 Fly	RSA-NC	37	---	1.64

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv	
1:14.25L	A	P # 17B	Women 15 & Over 100 Back	RSA-NC	32	---	1.93
29.96L	AA	P # 19B	Women 15 & Over 50 Free	RSA-NC	40	---	0.93
31.61L		P # 21B	Women 15 & Over 50 Fly	RSA-NC	18	---	-0.06
1:03.93L	AA	P # 31B	Women 15 & Over 100 Free	RSA-NC	32	---	0.12
2:41.92L	A	P # 35B	Women 15 & Over 200 Back	RSA-NC	36	---	5.67
41.58L		P # 37B	Women 15 & Over 50 Breast	RSA-NC	29	---	---
Cade, Ryan (15) M							
2:08.65L	AA	P # 2B	Men 15 & Over 200 Free	UN-NC	39	---	0.81
1:14.61L	AA	P # 4B	Men 15 & Over 100 Breast	UN-NC	19	---	0.85
5:07.00L	AA	F # 10B	Men 15 & Over 400 IM	UN-NC	21	---	-0.62
27.43L	AA	P # 20B	Men 15 & Over 50 Free	UN-NC	57	---	0.03
2:43.28L	AA	P # 24B	Men 15 & Over 200 Breast	UN-NC	17	---	4.91
	NS	F # 26B	Men 15 & Over 400 Free	UN-NC	---	---	---
58.91L	AA	P # 32B	Men 15 & Over 100 Free	UN-NC	43	---	-0.29
33.62L		F # 36B	Men 15 & Over 50 Breast	UN-NC	7	12	---
33.72L		P # 36B	Men 15 & Over 50 Breast	UN-NC	13	---	---
2:29.83L	A	P # 40B	Men 15 & Over 200 IM	UN-NC	55	---	6.33
Calleja, Stephanie (15) W							
31.05L	A	P # 19B	Women 15 & Over 50 Free	RSA-NC	61	---	-0.71
34.78L		P # 21B	Women 15 & Over 50 Fly	RSA-NC	40	---	0.18
Carter, Olivia (9) W							
2:46.73L	AA	F # 43	Women 10 & Under 200 Free	RSA-NC	6	13	---
1:31.45L	AA	F # 51	Women 10 & Under 100 Fly	RSA-NC	4	15	8.68
36.22L	AAA	F # 57	Women 10 & Under 50 Fly	RSA-NC	3	16	0.94
33.35L	AAA	F # 61	Women 10 & Under 50 Free	RSA-NC	4	15	-0.67
1:23.45L	AAA	F # 65	Women 10 & Under 100 Back	RSA-NC	1	20	-9.21
1:18.63L	A	F # 71	Women 10 & Under 100 Free	RSA-NC	8	11	2.81
39.23L	AAA	F # 75	Women 10 & Under 50 Back	RSA-NC	1	20	0.11
3:08.01L	AA	F # 83	Women 10 & Under 200 IM	RSA-NC	3	16	-2.66
Castelloe, Emily (14) W							
2:25.02L	AA	P # 1A	Women 13-14 200 Free	RSA-NC	19	---	-0.77
37.46L		F # 5A	Women 13-14 50 Back	RSA-NC	10	7	-1.46
37.85L		P # 5A	Women 13-14 50 Back	RSA-NC	10	---	-1.07
1:16.17L	A	P # 7A	Women 13-14 100 Fly	RSA-NC	22	---	-1.34
1:20.94L	BB	P # 17A	Women 13-14 100 Back	RSA-NC	39	---	-0.27
32.21L	A	P # 19A	Women 13-14 50 Free	RSA-NC	39	---	-0.44
5:02.17L	AA	F # 25A	Women 13-14 400 Free	RSA-NC	17	---	2.98
1:09.82L	A	P # 31A	Women 13-14 100 Free	RSA-NC	43	---	0.34
2:49.86L	BB	P # 35A	Women 13-14 200 Back	RSA-NC	33	---	0.83
2:52.79L	BB	P # 39A	Women 13-14 200 IM	RSA-NC	45	---	0.70
Catella, Carly (14) W							
1:27.47L	A	F # 3A	Women 13-14 100 Breast	RSA-NC	10	7	-0.64
1:27.99L	A	P # 3A	Women 13-14 100 Breast	RSA-NC	11	---	-0.12
1:13.81L	A	P # 7A	Women 13-14 100 Fly	RSA-NC	13	---	0.28
1:14.08L	A	F # 7A	Women 13-14 100 Fly	RSA-NC	15	2	0.55
5:39.16L	AA	F # 9A	Women 13-14 400 IM	RSA-NC	12	5	-16.86
1:05.64L	AA	F # 11	400 Free Relay Lead Off	RSA-NC	---	---	0.44

Individual Meet Results

2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters
Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv	
1:17.63L	A	P # 17A	Women 13-14 100 Back	RSA-NC	23	---	1.97
30.26L	AA	F # 19A	Women 13-14 50 Free	RSA-NC	15	2	-0.16
30.53L	AA	P # 19A	Women 13-14 50 Free	RSA-NC	14	---	0.11
4:55.19L	AA	F # 25A	Women 13-14 400 Free	RSA-NC	14	3	2.52
1:04.50L	AA	P # 31A	Women 13-14 100 Free	RSA-NC	10	---	-0.70
1:04.58L	AA	F # 31A	Women 13-14 100 Free	RSA-NC	11	6	-0.62
2:47.85L	BB	P # 35A	Women 13-14 200 Back	RSA-NC	26	---	3.11
2:41.11L	AA	F # 39A	Women 13-14 200 IM	RSA-NC	14	3	0.86
2:43.38L	AA	P # 39A	Women 13-14 200 IM	RSA-NC	16	---	3.13
Catella, Colin (12) M							
1:41.02L	B	F # 46	Men 11-12 100 Breast	RSA-NC	11	6	0.95
37.84L	BB	F # 56	Men 11-12 50 Fly	RSA-NC	12	5	-1.72
32.14L	A	F # 60	Men 11-12 50 Free	RSA-NC	9	9	0.43
5:48.28L	BB	F # 68B	Men 11-12 400 Free	RSA-NC	8	11	5.02
1:13.66L	BB	F # 74	Men 11-12 100 Free	RSA-NC	17	---	2.51
37.79L	A	F # 78	Men 11-12 50 Back	RSA-NC	8	11	0.80
49.46L	B	F # 82	Men 11-12 50 Breast	RSA-NC	13	4	3.10
Chavez, Jose (16) M							
2:11.63L	A	P # 2B	Men 15 & Over 200 Free	RSA-NC	47	---	4.13
1:13.00L	AAA	F # 4B	Men 15 & Over 100 Breast	RSA-NC	11	6	2.30
1:14.48L	AA	P # 4B	Men 15 & Over 100 Breast	RSA-NC	18	---	3.78
26.75L	AA	P # 20B	Men 15 & Over 50 Free	RSA-NC	44	---	-0.51
28.71L		P # 22B	Men 15 & Over 50 Fly	RSA-NC	25	---	-0.07
2:40.47L	AA	F # 24B	Men 15 & Over 200 Breast	RSA-NC	14	3	5.79
2:43.56L	AA	P # 24B	Men 15 & Over 200 Breast	RSA-NC	18	---	8.88
57.63L	AAA	P # 32B	Men 15 & Over 100 Free	RSA-NC	26	---	2.90
33.78L		F # 36B	Men 15 & Over 50 Breast	RSA-NC	10	7	-0.83
34.46L		P # 36B	Men 15 & Over 50 Breast	RSA-NC	18	---	-0.15
2:21.37L	AAA	F # 40B	Men 15 & Over 200 IM	RSA-NC	11	6	8.23
2:22.58L	AAA	P # 40B	Men 15 & Over 200 IM	RSA-NC	25	---	9.44
Comis, Mary (14) W							
2:37.92L	BB	P # 1A	Women 13-14 200 Free	RSA-NC	47	---	-3.07
1:36.99L	B	P # 3A	Women 13-14 100 Breast	RSA-NC	27	---	3.06
41.28L		P # 5A	Women 13-14 50 Back	RSA-NC	13	---	-0.90
NS		F # 5A	Women 13-14 50 Back	RSA-NC	---	---	---
33.53L	BB	P # 19A	Women 13-14 50 Free	RSA-NC	51	---	0.45
37.92L		F # 21A	Women 13-14 50 Fly	RSA-NC	12	5	-0.37
38.81L		P # 21A	Women 13-14 50 Fly	RSA-NC	12	---	0.52
3:23.98L	BB	P # 23A	Women 13-14 200 Breast	RSA-NC	32	---	4.14
43.85L		F # 37A	Women 13-14 50 Breast	RSA-NC	7	12	0.99
44.27L		P # 37A	Women 13-14 50 Breast	RSA-NC	8	---	1.41
2:59.35L	BB	P # 39A	Women 13-14 200 IM	RSA-NC	56	---	2.34
Connors, Kristin (15) W							
2:11.51L	AAA	F # 1B	Women 15 & Over 200 Free	RSA-NC	10	7	-0.69
2:13.09L	AAA	P # 1B	Women 15 & Over 200 Free	RSA-NC	11	---	0.89
1:28.04L	BB	P # 3B	Women 15 & Over 100 Breast	RSA-NC	30	---	0.37
35.84L		P # 5B	Women 15 & Over 50 Back	RSA-NC	22	---	-6.46

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv	
1:14.85L	A	P # 17B	Women 15 & Over 100 Back	RSA-NC	37	---	1.06
29.97L	AA	P # 19B	Women 15 & Over 50 Free	RSA-NC	41	---	0.53
4:36.80L	AAA	F # 25B	Women 15 & Over 400 Free	RSA-NC	11	6	-2.69
1:02.11L	AAA	F # 31B	Women 15 & Over 100 Free	RSA-NC	5	14	-0.76
1:02.34L	AAA	P # 31B	Women 15 & Over 100 Free	RSA-NC	15	---	-0.53
18:28.48L	AAA	F # 33B	Women 15 & Over 1500 Free	RSA-NC	11	6	---
NS		P # 35B	Women 15 & Over 200 Back	RSA-NC	---	---	---
Cross, Neville (17) M							
1:27.53L	B	P # 4B	Men 15 & Over 100 Breast	RSA-NC	48	---	5.49
32.26L		P # 6B	Men 15 & Over 50 Back	RSA-NC	28	---	-6.96
1:06.65L	BB	P # 8B	Men 15 & Over 100 Fly	RSA-NC	47	---	3.38
1:11.07L	BB	P # 18B	Men 15 & Over 100 Back	RSA-NC	59	---	0.67
26.74L	AA	P # 20B	Men 15 & Over 50 Free	RSA-NC	42	---	0.22
28.02L		P # 22B	Men 15 & Over 50 Fly	RSA-NC	17	---	-0.33
NS		F # 22B	Men 15 & Over 50 Fly	RSA-NC	---	---	---
1:00.88L	DQ	P # 32B	Men 15 & Over 100 Free	RSA-NC	---	---	---
2:43.24L	DQ	P # 34B	Men 15 & Over 200 Back	RSA-NC	---	---	---
35.21L	DQ	P # 36B	Men 15 & Over 50 Breast	RSA-NC	---	---	---
D'Alessio, Patch (16) M							
2:12.83L	A	P # 2B	Men 15 & Over 200 Free	RSA-NC	55	---	-9.97
1:16.85L	A	P # 4B	Men 15 & Over 100 Breast	RSA-NC	26	---	3.01
33.51L		P # 6B	Men 15 & Over 50 Back	RSA-NC	32	---	-4.69
30.08L		P # 22B	Men 15 & Over 50 Fly	RSA-NC	36	---	-5.61
2:49.21L	A	P # 24B	Men 15 & Over 200 Breast	RSA-NC	25	---	0.84
4:43.32L	A	F # 26B	Men 15 & Over 400 Free	RSA-NC	39	---	-9.46
59.81L	AA	P # 32B	Men 15 & Over 100 Free	RSA-NC	57	---	0.79
NS		P # 34B	Men 15 & Over 200 Back	RSA-NC	---	---	---
34.22L		P # 36B	Men 15 & Over 50 Breast	RSA-NC	16	---	0.62
NS		F # 36B	Men 15 & Over 50 Breast	RSA-NC	---	---	---
Daniels, Christopher (13) M							
2:18.17L	A	P # 2A	Men 13-14 200 Free	RSA-NC	17	---	-0.87
1:25.89L	BB	F # 4A	Men 13-14 100 Breast	RSA-NC	9	9	0.78
1:27.06L	BB	P # 4A	Men 13-14 100 Breast	RSA-NC	10	---	1.95
1:08.43L	A	F # 8A	Men 13-14 100 Fly	RSA-NC	11	6	-5.37
1:11.54L	BB	P # 8A	Men 13-14 100 Fly	RSA-NC	14	---	-2.26
27.60L	AAA	F # 20A	Men 13-14 50 Free	RSA-NC	7	12	---
27.77L	AAA	P # 20A	Men 13-14 50 Free	RSA-NC	7	---	0.17
32.52L		P # 22A	Men 13-14 50 Fly	RSA-NC	6	---	0.34
33.36L		F # 22A	Men 13-14 50 Fly	RSA-NC	7	12	1.18
3:05.61L	BB	F # 24A	Men 13-14 200 Breast	RSA-NC	10	7	2.74
3:19.00L	B	P # 24A	Men 13-14 200 Breast	RSA-NC	12	---	16.13
1:00.02L	AAA	F # 32A	Men 13-14 100 Free	RSA-NC	9	9	-3.71
1:03.98L	A	P # 32A	Men 13-14 100 Free	RSA-NC	14	---	0.25
NS		P # 36A	Men 13-14 50 Breast	RSA-NC	---	---	---
2:45.02L	BB	P # 40A	Men 13-14 200 IM	RSA-NC	26	---	6.56
DeForest, Leigh (14) W							
2:25.72L	A	P # 1A	Women 13-14 200 Free	RSA-NC	20	---	-2.08

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv
34.25L	F # 5A	Women 13-14 50 Back	RSA-NC	4	15	-1.94
35.58L	P # 5A	Women 13-14 50 Back	RSA-NC	6	---	-0.61
1:15.52L A	P # 7A	Women 13-14 100 Fly	RSA-NC	19	---	1.03
1:13.75L AA	F # 17A	Women 13-14 100 Back	RSA-NC	7	12	-0.63
1:14.12L AA	P # 17A	Women 13-14 100 Back	RSA-NC	8	---	-0.26
31.02L AA	P # 19A	Women 13-14 50 Free	RSA-NC	20	---	0.66
5:05.38L A	F # 25A	Women 13-14 400 Free	RSA-NC	25	---	-5.41
1:06.98L AA	P # 31A	Women 13-14 100 Free	RSA-NC	21	---	-0.17
2:37.38L AA	F # 35A	Women 13-14 200 Back	RSA-NC	11	6	-2.78
2:39.26L AA	P # 35A	Women 13-14 200 Back	RSA-NC	9	---	-0.90
2:45.38L A	P # 39A	Women 13-14 200 IM	RSA-NC	23	---	-0.13
DeForest, Mitch (16) M						
2:00.93L AAA	F # 2B	Men 15 & Over 200 Free	RSA-NC	5	14	-1.91
2:02.20L AAA	P # 2B	Men 15 & Over 200 Free	RSA-NC	7	---	-0.64
1:21.24L BB	P # 4B	Men 15 & Over 100 Breast	RSA-NC	37	---	-0.47
30.20L	F # 6B	Men 15 & Over 50 Back	RSA-NC	15	2	0.95
30.37L	P # 6B	Men 15 & Over 50 Back	RSA-NC	13	---	1.12
56.37L AAA	F # 14	400 Free Relay Lead Off	RSA-NC	---	---	-1.50
2:20.79L AA	P # 16B	Men 15 & Over 200 Fly	RSA-NC	21	---	-3.07
1:07.26L AA	P # 18B	Men 15 & Over 100 Back	RSA-NC	47	---	3.58
26.69L AA	P # 20B	Men 15 & Over 50 Free	RSA-NC	41	---	0.70
1:02.71L AAA	F # 30	400 Medley Relay Lead Off	RSA-NC	---	---	-0.97
NS	P # 32B	Men 15 & Over 100 Free	RSA-NC	---	---	---
16:49.97L AAA	F # 38B	Men 15 & Over 1500 Free	RSA-NC	1	20	---
Densmore, M.J. (16) W						
NS	P # 1B	Women 15 & Over 200 Free	RSA-NC	---	---	---
NS	P # 5B	Women 15 & Over 50 Back	RSA-NC	---	---	---
NS	P # 17B	Women 15 & Over 100 Back	RSA-NC	---	---	---
NS	P # 19B	Women 15 & Over 50 Free	RSA-NC	---	---	---
NS	P # 21B	Women 15 & Over 50 Fly	RSA-NC	---	---	---
NS	P # 31B	Women 15 & Over 100 Free	RSA-NC	---	---	---
NS	P # 35B	Women 15 & Over 200 Back	RSA-NC	---	---	---
Diacumakos, Alex (11) W						
2:46.23L BB	F # 41	Women 11-12 200 Free	RSA-NC	38	---	-0.24
34.15L BB	F # 59	Women 11-12 50 Free	RSA-NC	44	---	0.30
1:21.06L A	F # 63	Women 11-12 100 Back	RSA-NC	19	---	-3.09
1:15.00L BB	F # 73	Women 11-12 100 Free	RSA-NC	39	---	-0.83
37.70L A	F # 77	Women 11-12 50 Back	RSA-NC	19	---	-0.99
3:01.49L BB	F # 85	Women 11-12 200 IM	RSA-NC	33	---	-5.84
Diacumakos, Noah (9) M						
2:50.32L A	F # 44	Men 10 & Under 200 Free	RSA-NC	10	7	---
1:38.84L AA	F # 48	Men 10 & Under 100 Breast	RSA-NC	4	15	-13.29
1:34.86L A	F # 52	Men 10 & Under 100 Fly	RSA-NC	9	9	---
38.50L AA	F # 58	Men 10 & Under 50 Fly	RSA-NC	8	11	-1.67
33.59L AA	F # 62	Men 10 & Under 50 Free	RSA-NC	7	12	-4.61
1:28.34L AA	F # 66	Men 10 & Under 100 Back	RSA-NC	9	9	-3.07
1:16.47L AA	F # 72	Men 10 & Under 100 Free	RSA-NC	8	11	-11.39

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event	Place	Points	Improv	
45.26L	AA F # 80	Men 10 & Under 50 Breast	RSA-NC	2	17	-1.34
3:07.21L	AA F # 84	Men 10 & Under 200 IM	RSA-NC	8	11	---
Dickey, Michael (16) M						
2:12.24L	A P # 2B	Men 15 & Over 200 Free	RSA-NC	54	---	1.49
32.97L	P # 6B	Men 15 & Over 50 Back	RSA-NC	30	---	-0.77
1:06.27L	A P # 8B	Men 15 & Over 100 Fly	RSA-NC	44	---	-0.82
2:28.53L	A P # 16B	Men 15 & Over 200 Fly	RSA-NC	34	---	-0.44
1:11.28L	BB P # 18B	Men 15 & Over 100 Back	RSA-NC	61	---	-1.15
28.01L	A P # 20B	Men 15 & Over 50 Free	RSA-NC	66	---	0.16
1:01.94L	A P # 32B	Men 15 & Over 100 Free	RSA-NC	77	---	1.32
Ding, Stephanie (12) W						
1:24.58L	AAA F # 45	Women 11-12 100 Breast	RSA-NC	3	16	-5.64
29.84L	AAA F # 53	200 Free Relay Lead Off	RSA-NC	---	---	-0.10
33.87L	AA F # 55	Women 11-12 50 Fly	RSA-NC	7	12	-4.76
29.31L	AAAA F # 59	Women 11-12 50 Free	RSA-NC	1	20	-0.63
1:16.22L	AA F # 63	Women 11-12 100 Back	RSA-NC	8	11	-2.71
1:04.77L	AAA F # 73	Women 11-12 100 Free	RSA-NC	4	15	-0.73
36.56L	AA F # 77	Women 11-12 50 Back	RSA-NC	9	9	-0.14
37.79L	AAA F # 81	Women 11-12 50 Breast	RSA-NC	2	17	-2.32
Dixon, Sonoma (10) W						
46.79L	BB F # 57	Women 10 & Under 50 Fly	RSA-NC	19	---	-1.71
37.65L	BB F # 61	Women 10 & Under 50 Free	RSA-NC	14	3	0.50
1:32.06L	A F # 65	Women 10 & Under 100 Back	RSA-NC	10	7	-0.66
Dove, Sawyer (16) M						
31.42L	P # 6B	Men 15 & Over 50 Back	RSA-NC	22	---	-0.86
1:06.57L	A P # 8B	Men 15 & Over 100 Fly	RSA-NC	46	---	0.72
5:15.28L	A F # 10B	Men 15 & Over 400 IM	RSA-NC	29	---	-8.55
1:06.68L	AA P # 18B	Men 15 & Over 100 Back	RSA-NC	41	---	-1.10
26.88L	AA P # 20B	Men 15 & Over 50 Free	RSA-NC	50	---	0.16
30.01L	P # 22B	Men 15 & Over 50 Fly	RSA-NC	35	---	-3.53
18:42.53L	A F # 38B	Men 15 & Over 1500 Free	RSA-NC	17	---	---
Dupree, Tucker (21) M						
2:10.17L	P # 2B	Men 15 & Over 200 Free	RSA-NC	44	---	4.78
31.32L	P # 6B	Men 15 & Over 50 Back	RSA-NC	21	---	0.71
1:05.45L	P # 8B	Men 15 & Over 100 Fly	RSA-NC	41	---	1.39
57.20L	F # 14	400 Free Relay Lead Off	RSA-NC	---	---	1.32
1:05.38L	P # 18B	Men 15 & Over 100 Back	RSA-NC	26	---	-0.03
26.06L	P # 20B	Men 15 & Over 50 Free	RSA-NC	26	---	0.71
28.94L	P # 22B	Men 15 & Over 50 Fly	RSA-NC	29	---	-1.85
1:00.01L	P # 32B	Men 15 & Over 100 Free	RSA-NC	59	---	4.13
2:35.86L	P # 34B	Men 15 & Over 200 Back	RSA-NC	55	---	6.97
Giglio, Lindsey (16) W						
2:23.38L	A P # 1B	Women 15 & Over 200 Free	RSA-NC	57	---	1.54
1:24.64L	A P # 3B	Women 15 & Over 100 Breast	RSA-NC	23	---	3.16
30.04L	AA P # 19B	Women 15 & Over 50 Free	RSA-NC	45	---	1.01
34.02L	P # 21B	Women 15 & Over 50 Fly	RSA-NC	37	---	-7.38
NS	P # 23B	Women 15 & Over 200 Breast	RSA-NC	---	---	---

Individual Meet Results

2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters
Location: Cary, NC

Time	F/P/S	Event	Place	Points	Improv	
1:05.43L	AA P # 31B	Women 15 & Over 100 Free	RSA-NC	55	---	2.19
38.72L	P # 37B	Women 15 & Over 50 Breast	RSA-NC	19	---	0.17
38.94L	F # 37B	Women 15 & Over 50 Breast	RSA-NC	16	1	0.39
2:38.66L	AA P # 39B	Women 15 & Over 200 IM	RSA-NC	46	---	-7.02
Godlewski, Jessie (16) W						
2:07.83L	AAAA F # 1B	Women 15 & Over 200 Free	RSA-NC	2	17	-5.24
2:11.43L	AAA P # 1B	Women 15 & Over 200 Free	RSA-NC	5	---	-1.64
1:03.38L	AAAA F # 7B	Women 15 & Over 100 Fly	RSA-NC	1	20	-0.13
1:04.71L	AAAA P # 7B	Women 15 & Over 100 Fly	RSA-NC	1	---	1.20
5:12.49L	AAA F # 9B	Women 15 & Over 400 IM	RSA-NC	7	12	6.15
2:19.87L	AAAA F # 15B	Women 15 & Over 200 Fly	RSA-NC	2	17	3.07
2:25.36L	AAA P # 15B	Women 15 & Over 200 Fly	RSA-NC	4	---	8.56
3:01.12L	A P # 23B	Women 15 & Over 200 Breast	RSA-NC	24	---	-4.16
4:39.32L	AAA F # 25B	Women 15 & Over 400 Free	RSA-NC	14	3	7.03
17:45.94L	AAAA F # 33B	Women 15 & Over 1500 Free	RSA-NC	4	15	1.75
2:25.45L	AAA P # 35B	Women 15 & Over 200 Back	RSA-NC	4	---	-5.62
2:27.19L	AAA P # 39B	Women 15 & Over 200 IM	RSA-NC	5	---	0.45
2:27.80L	AAA F # 39B	Women 15 & Over 200 IM	RSA-NC	2	17	1.06
Godlewski, Katie (12) W						
2:29.45L	AA F # 41	Women 11-12 200 Free	RSA-NC	14	3	-3.76
1:31.80L	A F # 45	Women 11-12 100 Breast	RSA-NC	11	6	-2.46
32.28L	AA F # 59	Women 11-12 50 Free	RSA-NC	26	---	0.13
1:19.81L	A F # 63	Women 11-12 100 Back	RSA-NC	18	---	-0.21
5:10.62L	AA F # 67B	Women 11-12 400 Free	RSA-NC	13	4	-3.37
38.74L	A F # 69	200 Medley Relay Lead Off	RSA-NC	---	---	0.73
1:10.36L	AA F # 73	Women 11-12 100 Free	RSA-NC	20	---	-1.22
37.51L	A F # 77	Women 11-12 50 Back	RSA-NC	16	1	-0.50
2:46.69L	AA F # 85	Women 11-12 200 IM	RSA-NC	9	9	-2.93
Goodwin, Casey (13) W						
32.73L	BB P # 19A	Women 13-14 50 Free	RSA-NC	45	---	-1.39
37.23L	F # 21A	Women 13-14 50 Fly	RSA-NC	11	6	-1.13
38.41L	P # 21A	Women 13-14 50 Fly	RSA-NC	11	---	0.05
3:27.88L	BB P # 23A	Women 13-14 200 Breast	RSA-NC	34	---	2.74
1:16.55L	B P # 31A	Women 13-14 100 Free	RSA-NC	63	---	0.68
44.31L	F # 37A	Women 13-14 50 Breast	RSA-NC	8	11	-2.20
45.30L	P # 37A	Women 13-14 50 Breast	RSA-NC	10	---	-1.21
Hair, Olivia (11) W						
2:34.20L	A F # 41	Women 11-12 200 Free	RSA-NC	24	---	0.95
1:30.84L	A F # 45	Women 11-12 100 Breast	RSA-NC	10	7	-0.30
1:25.46L	BB F # 49	Women 11-12 100 Fly	RSA-NC	27	---	-4.45
32.86L	A F # 53	200 Free Relay Lead Off	RSA-NC	---	---	-1.60
32.45L	A F # 59	Women 11-12 50 Free	RSA-NC	27	---	-2.01
1:18.39L	AA F # 63	Women 11-12 100 Back	RSA-NC	13	4	-1.07
5:15.97L	AA F # 67B	Women 11-12 400 Free	RSA-NC	16	1	-7.06
1:10.29L	AA F # 73	Women 11-12 100 Free	RSA-NC	18	---	-5.52
43.15L	BB F # 81	Women 11-12 50 Breast	RSA-NC	12	5	0.75
2:47.55L	AA F # 85	Women 11-12 200 IM	RSA-NC	10	7	-3.19

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters**Location: Cary, NC**

Time	F/P/S	Event		Place	Points	Improv	
Harrison, Logan (15) M							
1:20.13L	BB	P # 4B	Men 15 & Over 100 Breast	RSA-NC	34	---	0.48
1:04.46L	AA	P # 8B	Men 15 & Over 100 Fly	RSA-NC	34	---	1.97
5:11.70L	AA	F # 10B	Men 15 & Over 400 IM	RSA-NC	26	---	4.57
2:19.25L	AA	P # 16B	Men 15 & Over 200 Fly	RSA-NC	16	---	-1.72
2:21.43L	AA	F # 16B	Men 15 & Over 200 Fly	RSA-NC	16	1	0.46
1:12.08L	BB	P # 18B	Men 15 & Over 100 Back	RSA-NC	62	---	6.71
27.53L	AA	P # 20B	Men 15 & Over 50 Free	RSA-NC	59	---	1.19
18:12.01L	AA	F # 38B	Men 15 & Over 1500 Free	RSA-NC	16	1	-16.57
Harr, Morgan (10) W							
3:00.79L	BB	F # 43	Women 10 & Under 200 Free	RSA-NC	15	2	---
1:48.17L	BB	F # 47	Women 10 & Under 100 Breast	RSA-NC	10	7	5.43
1:42.55L	BB	F # 51	Women 10 & Under 100 Fly	RSA-NC	9	9	-12.00
42.92L	BB	F # 57	Women 10 & Under 50 Fly	RSA-NC	13	4	0.45
37.85L	BB	F # 61	Women 10 & Under 50 Free	RSA-NC	17	---	0.50
1:30.98L	A	F # 65	Women 10 & Under 100 Back	RSA-NC	7	12	-0.08
Hatt, Lindsay Ann (11) W							
2:44.99L	BB	F # 41	Women 11-12 200 Free	RSA-NC	37	---	0.08
1:36.18L	BB	F # 45	Women 11-12 100 Breast	RSA-NC	22	---	-0.70
36.95L	BB	F # 55	Women 11-12 50 Fly	RSA-NC	22	---	-0.18
32.99L	A	F # 59	Women 11-12 50 Free	RSA-NC	33	---	0.06
1:22.57L	A	F # 63	Women 11-12 100 Back	RSA-NC	28	---	-0.26
1:13.65L	BB	F # 73	Women 11-12 100 Free	RSA-NC	37	---	-2.45
38.16L	A	F # 77	Women 11-12 50 Back	RSA-NC	22	---	-0.43
42.75L	BB	F # 81	Women 11-12 50 Breast	RSA-NC	11	6	-0.15
Hatt, Rachel (13) W							
2:15.90L	AAA	F # 1A	Women 13-14 200 Free	RSA-NC	9	9	-0.17
2:18.26L	AAA	P # 1A	Women 13-14 200 Free	RSA-NC	9	---	2.19
1:10.66L	AA	F # 7A	Women 13-14 100 Fly	RSA-NC	9	9	-1.62
1:13.84L	A	P # 7A	Women 13-14 100 Fly	RSA-NC	14	---	1.56
5:26.55L	AAA	F # 9A	Women 13-14 400 IM	RSA-NC	5	14	-11.28
2:41.05L	AA	P # 15A	Women 13-14 200 Fly	RSA-NC	4	---	---
2:40.17L	DQ	F # 15A	Women 13-14 200 Fly	RSA-NC	---	---	---
1:13.32L	AA	F # 17A	Women 13-14 100 Back	RSA-NC	6	13	0.49
1:13.72L	AA	P # 17A	Women 13-14 100 Back	RSA-NC	7	---	0.89
28.86L	AAA	F # 19A	Women 13-14 50 Free	RSA-NC	3	15.5	-0.37
28.95L	AAA	P # 19A	Women 13-14 50 Free	RSA-NC	1	---	-0.28
1:02.85L	AAA	F # 31A	Women 13-14 100 Free	RSA-NC	9	9	0.04
1:04.70L	AA	P # 31A	Women 13-14 100 Free	RSA-NC	11	---	1.89
2:33.09L	AAA	F # 35A	Women 13-14 200 Back	RSA-NC	9	9	-3.50
2:39.55L	AA	P # 35A	Women 13-14 200 Back	RSA-NC	11	---	2.96
2:33.66L	AAA	F # 39A	Women 13-14 200 IM	RSA-NC	9	9	0.96
2:43.75L	AA	P # 39A	Women 13-14 200 IM	RSA-NC	18	---	11.05
Hauser, Jamison (13) M							
2:16.64L	AA	P # 2A	Men 13-14 200 Free	RSA-NC	14	---	0.94
2:16.93L	AA	F # 2A	Men 13-14 200 Free	RSA-NC	16	1	1.23
1:26.13L	BB	P # 4A	Men 13-14 100 Breast	RSA-NC	9	---	-5.28

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv
1:28.59L	B F # 4A	Men 13-14 100 Breast	RSA-NC	8	11	-2.82
1:19.75L	BB P # 18A	Men 13-14 100 Back	RSA-NC	30	---	0.50
30.22L	A P # 20A	Men 13-14 50 Free	RSA-NC	25	---	-0.57
4:44.01L	AA F # 26A	Men 13-14 400 Free	RSA-NC	8	11	1.06
1:05.40L	A P # 32A	Men 13-14 100 Free	RSA-NC	26	---	0.29
2:47.13L	BB P # 34A	Men 13-14 200 Back	RSA-NC	25	---	---
	NS P # 40A	Men 13-14 200 IM	RSA-NC	---	---	---
Heeley, Lexie (13) W						
1:33.00L	BB P # 3A	Women 13-14 100 Breast	RSA-NC	20	---	-0.70
44.15L	F # 5A	Women 13-14 50 Back	RSA-NC	12	5	-2.71
45.05L	P # 5A	Women 13-14 50 Back	RSA-NC	14	---	-1.81
38.73L	F # 21A	Women 13-14 50 Fly	RSA-NC	13	4	-5.55
39.21L	P # 21A	Women 13-14 50 Fly	RSA-NC	13	---	-5.07
3:22.34L	BB P # 23A	Women 13-14 200 Breast	RSA-NC	31	---	3.96
	NS P # 37A	Women 13-14 50 Breast	RSA-NC	---	---	---
Henry, Andrew (15) M						
2:17.59L	AAA F # 16B	Men 15 & Over 200 Fly	RSA-NC	15	2	-3.26
2:18.03L	AAA P # 16B	Men 15 & Over 200 Fly	RSA-NC	14	---	-2.82
25.63L	AAA F # 20B	Men 15 & Over 50 Free	RSA-NC	14	3	-1.00
25.75L	AAA P # 20B	Men 15 & Over 50 Free	RSA-NC	19	---	-0.88
4:18.73L	AAA F # 26B	Men 15 & Over 400 Free	RSA-NC	7	12	11.21
17:19.96L	AAA F # 38B	Men 15 & Over 1500 Free	RSA-NC	4	15	---
Henry, Sarah E (15) W						
33.49L	F # 5B	Women 15 & Over 50 Back	RSA-NC	14	3	-3.96
33.81L	P # 5B	Women 15 & Over 50 Back	RSA-NC	14	---	-3.64
1:09.28L	AA P # 7B	Women 15 & Over 100 Fly	RSA-NC	21	---	0.50
5:24.28L	AA F # 9B	Women 15 & Over 400 IM	RSA-NC	16	1	5.27
2:32.10L	AA F # 15B	Women 15 & Over 200 Fly	RSA-NC	15	2	1.40
2:33.45L	AA P # 15B	Women 15 & Over 200 Fly	RSA-NC	17	---	2.75
1:10.62L	AA F # 17B	Women 15 & Over 100 Back	RSA-NC	16	1	-1.84
1:10.96L	AA P # 17B	Women 15 & Over 100 Back	RSA-NC	16	---	-1.50
31.57L	P # 21B	Women 15 & Over 50 Fly	RSA-NC	17	---	-6.68
1:10.86L	AA F # 29	400 Medley Relay Lead Off	RSA-NC	---	---	-1.60
19:14.80L	AA F # 33B	Women 15 & Over 1500 Free	RSA-NC	22	---	---
Henry, Sarah M (18) W						
2:25.00L	AAA P # 15B	Women 15 & Over 200 Fly	RSA-NC	3	---	4.04
2:25.46L	AAA F # 15B	Women 15 & Over 200 Fly	RSA-NC	8	11	4.50
1:08.71L	AAA F # 17B	Women 15 & Over 100 Back	RSA-NC	5	13.5	0.63
1:09.28L	AAA P # 17B	Women 15 & Over 100 Back	RSA-NC	7	---	1.20
4:24.19L	AAAA F # 25B	Women 15 & Over 400 Free	RSA-NC	1	20	8.00
17:26.19L	AAAA F # 33B	Women 15 & Over 1500 Free	RSA-NC	1	20	10.23
2:26.72L	AAA P # 35B	Women 15 & Over 200 Back	RSA-NC	5	---	-6.36
2:27.30L	AAA F # 35B	Women 15 & Over 200 Back	RSA-NC	3	16	-5.78
Hoff, Erica (13) W						
2:32.05L	BB P # 1A	Women 13-14 200 Free	RSA-NC	38	---	-0.62
1:32.62L	BB P # 3A	Women 13-14 100 Breast	RSA-NC	19	---	1.66
1:18.75L	BB P # 7A	Women 13-14 100 Fly	RSA-NC	28	---	-1.51

Individual Meet Results

2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters
Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv
1:15.68L	A F # 17A	Women 13-14 100 Back	RSA-NC	14	3	-0.95
1:16.23L	A P # 17A	Women 13-14 100 Back	RSA-NC	14	---	-0.40
31.39L	A P # 19A	Women 13-14 50 Free	RSA-NC	28	---	0.08
3:18.95L	BB P # 23A	Women 13-14 200 Breast	RSA-NC	28	---	-3.49
1:10.61L	BB P # 31A	Women 13-14 100 Free	RSA-NC	48	---	2.21
2:41.42L	A P # 35A	Women 13-14 200 Back	RSA-NC	12	---	-2.40
2:42.13L	A F # 35A	Women 13-14 200 Back	RSA-NC	14	3	-1.69
2:47.76L	A P # 39A	Women 13-14 200 IM	RSA-NC	29	---	3.87
Hubbard, Tom (9) M						
44.17L	BB F # 58	Men 10 & Under 50 Fly	RSA-NC	15	2	-4.74
38.31L	BB F # 62	Men 10 & Under 50 Free	RSA-NC	17	---	---
42.65L	A F # 76	Men 10 & Under 50 Back	RSA-NC	12	5	-1.83
53.30L	BB F # 80	Men 10 & Under 50 Breast	RSA-NC	10	7	0.16
3:33.61L	BB F # 84	Men 10 & Under 200 IM	RSA-NC	13	4	-4.12
Hunn, Timothy (16) M						
NS	P # 2B	Men 15 & Over 200 Free	RSA-NC	---	---	---
NS	P # 4B	Men 15 & Over 100 Breast	RSA-NC	---	---	---
NS	P # 6B	Men 15 & Over 50 Back	RSA-NC	---	---	---
NS	P # 20B	Men 15 & Over 50 Free	RSA-NC	---	---	---
NS	P # 22B	Men 15 & Over 50 Fly	RSA-NC	---	---	---
NS	P # 24B	Men 15 & Over 200 Breast	RSA-NC	---	---	---
NS	P # 32B	Men 15 & Over 100 Free	RSA-NC	---	---	---
NS	P # 36B	Men 15 & Over 50 Breast	RSA-NC	---	---	---
NS	P # 40B	Men 15 & Over 200 IM	RSA-NC	---	---	---
Jahja, Jordan (17) M						
2:16.10L	BB P # 2B	Men 15 & Over 200 Free	RSA-NC	65	---	---
1:23.39L	BB P # 4B	Men 15 & Over 100 Breast	RSA-NC	43	---	---
5:26.94L	BB F # 10B	Men 15 & Over 400 IM	RSA-NC	37	---	---
1:08.50L	A P # 18B	Men 15 & Over 100 Back	RSA-NC	50	---	---
2:55.10L	BB P # 24B	Men 15 & Over 200 Breast	RSA-NC	35	---	---
NS	F # 26B	Men 15 & Over 400 Free	RSA-NC	---	---	---
DQ	P # 32B	Men 15 & Over 100 Free	RSA-NC	---	---	---
NS	P # 34B	Men 15 & Over 200 Back	RSA-NC	---	---	---
Johnson, Abby (16) W						
2:20.16L	AA P # 1B	Women 15 & Over 200 Free	RSA-NC	35	---	-5.09
33.36L	F # 5B	Women 15 & Over 50 Back	RSA-NC	13	4	0.30
33.95L	P # 5B	Women 15 & Over 50 Back	RSA-NC	15	---	0.89
1:13.65L	A P # 7B	Women 15 & Over 100 Fly	RSA-NC	44	---	-1.03
1:12.72L	AA P # 17B	Women 15 & Over 100 Back	RSA-NC	23	---	-0.18
30.60L	A P # 19B	Women 15 & Over 50 Free	RSA-NC	54	---	0.45
33.43L	P # 21B	Women 15 & Over 50 Fly	RSA-NC	36	---	-1.54
1:04.50L	AA P # 31B	Women 15 & Over 100 Free	RSA-NC	38	---	-0.91
2:38.25L	A P # 35B	Women 15 & Over 200 Back	RSA-NC	28	---	4.23
Kab, Dylan (19) M						
2:00.58L	F # 2B	Men 15 & Over 200 Free	RSA-NC	4	15	1.20
2:00.83L	P # 2B	Men 15 & Over 200 Free	RSA-NC	5	---	1.45
NS	P # 6B	Men 15 & Over 50 Back	RSA-NC	---	---	---

Individual Meet Results

2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters
Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv
1:02.85L	P # 8B	Men 15 & Over 100 Fly	RSA-NC	23	---	-0.39
25.88L	P # 20B	Men 15 & Over 50 Free	RSA-NC	23	---	0.25
27.65L	F # 22B	Men 15 & Over 50 Fly	RSA-NC	12	5	-0.41
27.73L	P # 22B	Men 15 & Over 50 Fly	RSA-NC	12	---	-0.33
4:19.19L	F # 26B	Men 15 & Over 400 Free	RSA-NC	9	9	1.85
NS	P # 32B	Men 15 & Over 100 Free	RSA-NC	---	---	---
17:30.54L	F # 38B	Men 15 & Over 1500 Free	RSA-NC	6	13	---
Laino, Savannah (10) W						
2:46.36L	AA F # 43	Women 10 & Under 200 Free	RSA-NC	5	14	-0.90
1:50.62L	BB F # 47	Women 10 & Under 100 Breast	RSA-NC	11	6	-5.30
1:44.24L	BB F # 51	Women 10 & Under 100 Fly	RSA-NC	11	6	-4.09
44.60L	BB F # 57	Women 10 & Under 50 Fly	RSA-NC	16	1	-0.84
33.11L	AAA F # 61	Women 10 & Under 50 Free	RSA-NC	2	17	-0.93
1:27.47L	AA F # 65	Women 10 & Under 100 Back	RSA-NC	5	14	-0.24
1:16.86L	AA F # 71	Women 10 & Under 100 Free	RSA-NC	6	13	0.40
39.80L	AA F # 75	Women 10 & Under 50 Back	RSA-NC	2	17	-0.09
50.04L	BB F # 79	Women 10 & Under 50 Breast	RSA-NC	6	13	-0.07
Lamb, Andy (19) M						
2:05.91L	P # 2B	Men 15 & Over 200 Free	RSA-NC	24	---	8.09
29.17L	F # 6B	Men 15 & Over 50 Back	RSA-NC	10	7	1.19
30.41L	P # 6B	Men 15 & Over 50 Back	RSA-NC	14	---	2.43
1:04.27L	P # 8B	Men 15 & Over 100 Fly	RSA-NC	31	---	5.88
1:04.53L	P # 18B	Men 15 & Over 100 Back	RSA-NC	18	---	4.67
25.44L	F # 20B	Men 15 & Over 50 Free	RSA-NC	13	4	0.99
25.70L	P # 20B	Men 15 & Over 50 Free	RSA-NC	17	---	1.25
NS	P # 22B	Men 15 & Over 50 Fly	RSA-NC	---	---	---
1:03.47L	F # 30	400 Medley Relay Lead Off	RSA-NC	---	---	3.61
56.79L	P # 32B	Men 15 & Over 100 Free	RSA-NC	18	---	1.86
Li, Cynthia (11) W						
1:24.09L	AAA F # 45	Women 11-12 100 Breast	RSA-NC	2	17	-6.85
32.14L	AA F # 59	Women 11-12 50 Free	RSA-NC	24	---	-2.91
1:22.46L	A F # 63	Women 11-12 100 Back	RSA-NC	26	---	-5.64
1:11.45L	A F # 73	Women 11-12 100 Free	RSA-NC	26	---	-5.38
40.32L	AA F # 81	Women 11-12 50 Breast	RSA-NC	3	16	-2.04
2:51.12L	AA F # 85	Women 11-12 200 IM	RSA-NC	20	---	-10.91
Li, Jennifer (13) W						
2:42.37L	BB P # 1A	Women 13-14 200 Free	RSA-NC	52	---	3.29
1:28.85L	A P # 3A	Women 13-14 100 Breast	RSA-NC	12	---	-1.58
1:28.90L	A F # 3A	Women 13-14 100 Breast	RSA-NC	13	4	-1.53
1:21.61L	BB P # 17A	Women 13-14 100 Back	RSA-NC	40	---	-0.88
31.72L	A P # 19A	Women 13-14 50 Free	RSA-NC	33	---	0.31
3:06.54L	A P # 23A	Women 13-14 200 Breast	RSA-NC	12	---	-4.84
3:08.16L	A F # 23A	Women 13-14 200 Breast	RSA-NC	13	4	-3.22
1:12.06L	BB P # 31A	Women 13-14 100 Free	RSA-NC	57	---	1.24
2:52.25L	BB P # 39A	Women 13-14 200 IM	RSA-NC	44	---	-2.58
Lindem, Sophie (12) W						
2:35.08L	A F # 41	Women 11-12 200 Free	RSA-NC	25	---	-0.11

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv
1:33.61L	A F # 45	Women 11-12 100 Breast	RSA-NC	17	---	0.97
1:22.05L	A F # 49	Women 11-12 100 Fly	RSA-NC	19	---	-5.27
34.72L	AA F # 55	Women 11-12 50 Fly	RSA-NC	8	11	-3.32
31.48L	AA F # 59	Women 11-12 50 Free	RSA-NC	17	---	-0.82
5:18.49L	AA F # 67B	Women 11-12 400 Free	RSA-NC	21	---	-5.16
1:08.84L	AA F # 73	Women 11-12 100 Free	RSA-NC	16	1	-2.61
41.52L	A F # 81	Women 11-12 50 Breast	RSA-NC	9	9	0.16
2:47.70L	AA F # 85	Women 11-12 200 IM	RSA-NC	11	6	-1.70
Li, Simon (11) M						
1:21.90L	BB F # 50	Men 11-12 100 Fly	RSA-NC	8	11	-5.98
36.37L	BB F # 56	Men 11-12 50 Fly	RSA-NC	8	11	-1.68
32.27L	A F # 60	Men 11-12 50 Free	RSA-NC	10	7	-0.91
1:28.63L	BB F # 64	Men 11-12 100 Back	RSA-NC	17	---	0.70
1:12.58L	BB F # 74	Men 11-12 100 Free	RSA-NC	15	2	-4.08
46.87L	BB F # 82	Men 11-12 50 Breast	RSA-NC	10	7	0.05
2:59.80L	BB F # 86	Men 11-12 200 IM	RSA-NC	10	7	-6.92
Maloney, Bailey (15) M						
1:16.66L	A P # 4B	Men 15 & Over 100 Breast	RSA-NC	25	---	1.33
1:09.68L	BB P # 8B	Men 15 & Over 100 Fly	RSA-NC	58	---	2.19
5:19.10L	A F # 10B	Men 15 & Over 400 IM	RSA-NC	31	---	-1.22
25.86L	AAA P # 20B	Men 15 & Over 50 Free	RSA-NC	22	---	-0.08
29.43L	P # 22B	Men 15 & Over 50 Fly	RSA-NC	31	---	0.63
2:51.14L	A P # 24B	Men 15 & Over 200 Breast	RSA-NC	27	---	5.43
56.59L	AAA F # 32B	Men 15 & Over 100 Free	RSA-NC	12	5	-2.30
57.09L	AAA P # 32B	Men 15 & Over 100 Free	RSA-NC	19	---	-1.80
33.85L	F # 36B	Men 15 & Over 50 Breast	RSA-NC	11	6	-0.63
33.99L	P # 36B	Men 15 & Over 50 Breast	RSA-NC	15	---	-0.49
Marshallsea, Maddie (15) W						
NS	P # 1B	Women 15 & Over 200 Free	RSA-NC	---	---	---
NS	P # 5B	Women 15 & Over 50 Back	RSA-NC	---	---	---
NS	P # 7B	Women 15 & Over 100 Fly	RSA-NC	---	---	---
35.18L	P # 21B	Women 15 & Over 50 Fly	RSA-NC	41	---	-3.85
3:12.25L	BB P # 23B	Women 15 & Over 200 Breast	RSA-NC	38	---	-6.42
4:51.63L	AA F # 25B	Women 15 & Over 400 Free	RSA-NC	31	---	-7.98
1:05.40L	AA P # 31B	Women 15 & Over 100 Free	RSA-NC	54	---	-1.68
2:50.29L	BB P # 35B	Women 15 & Over 200 Back	RSA-NC	60	---	5.89
2:49.36L	BB P # 39B	Women 15 & Over 200 IM	RSA-NC	91	---	3.27
Martinez, Marisa (15) W						
2:14.47L	AAA F # 1B	Women 15 & Over 200 Free	RSA-NC	15	2	-1.84
2:14.61L	AAA P # 1B	Women 15 & Over 200 Free	RSA-NC	17	---	-1.70
35.19L	P # 5B	Women 15 & Over 50 Back	RSA-NC	21	---	1.19
1:11.19L	AA P # 7B	Women 15 & Over 100 Fly	RSA-NC	32	---	-0.37
1:11.82L	AA P # 17B	Women 15 & Over 100 Back	RSA-NC	19	---	-0.26
29.25L	AA P # 19B	Women 15 & Over 50 Free	RSA-NC	24	---	-0.09
4:49.62L	AA F # 25B	Women 15 & Over 400 Free	RSA-NC	25	---	-11.71
1:02.33L	AAA F # 31B	Women 15 & Over 100 Free	RSA-NC	7	12	-0.37
1:02.45L	AAA P # 31B	Women 15 & Over 100 Free	RSA-NC	16	---	-0.25

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event	Place	Points	Improv	
2:30.92L	AA F # 35B	Women 15 & Over 200 Back	RSA-NC	10	7	-5.23
2:33.92L	AA P # 35B	Women 15 & Over 200 Back	RSA-NC	20	---	-2.23
2:37.14L	AA P # 39B	Women 15 & Over 200 IM	RSA-NC	34	---	0.56
Mascia, Nina (17) W						
2:13.46L	AAA F # 1B	Women 15 & Over 200 Free	RSA-NC	14	3	-5.47
2:14.26L	AAA P # 1B	Women 15 & Over 200 Free	RSA-NC	15	---	-4.67
	NS P # 5B	Women 15 & Over 50 Back	RSA-NC	---	---	---
1:06.86L	AAA P # 7B	Women 15 & Over 100 Fly	RSA-NC	7	---	-2.96
1:07.08L	AAA F # 7B	Women 15 & Over 100 Fly	RSA-NC	8	11	-2.74
29.02L	AA P # 19B	Women 15 & Over 50 Free	RSA-NC	19	---	-0.09
30.44L	F # 21B	Women 15 & Over 50 Fly	RSA-NC	11	6	-3.13
30.51L	P # 21B	Women 15 & Over 50 Fly	RSA-NC	10	---	-3.06
4:51.20L	AA F # 25B	Women 15 & Over 400 Free	RSA-NC	30	---	-5.82
1:05.35L	AA P # 31B	Women 15 & Over 100 Free	RSA-NC	53	---	1.08
	NS P # 35B	Women 15 & Over 200 Back	RSA-NC	---	---	---
Masie, Tyler (9) M						
3:02.56L	BB F # 44	Men 10 & Under 200 Free	RSA-NC	15	2	---
1:27.64L	BB F # 72	Men 10 & Under 100 Free	RSA-NC	17	---	3.47
45.27L	BB F # 76	Men 10 & Under 50 Back	RSA-NC	18	---	2.52
3:29.67L	BB F # 84	Men 10 & Under 200 IM	RSA-NC	12	5	-11.62
Maslowski, Seth (13) M						
2:15.48L	AA F # 2A	Men 13-14 200 Free	RSA-NC	13	4	-2.42
2:17.48L	A P # 2A	Men 13-14 200 Free	RSA-NC	15	---	-0.42
1:21.43L	BB F # 4A	Men 13-14 100 Breast	RSA-NC	3	16	-2.12
1:24.53L	BB P # 4A	Men 13-14 100 Breast	RSA-NC	6	---	0.98
33.98L	F # 6A	Men 13-14 50 Back	RSA-NC	11	6	-0.32
34.18L	P # 6A	Men 13-14 50 Back	RSA-NC	11	---	-0.12
1:10.50L	AA F # 18A	Men 13-14 100 Back	RSA-NC	11	6	-2.91
1:13.01L	A P # 18A	Men 13-14 100 Back	RSA-NC	14	---	-0.40
27.48L	AAA F # 20A	Men 13-14 50 Free	RSA-NC	6	13	-1.13
27.71L	AAA P # 20A	Men 13-14 50 Free	RSA-NC	5	---	-0.90
3:01.79L	A F # 24A	Men 13-14 200 Breast	RSA-NC	9	9	-1.41
3:06.84L	BB P # 24A	Men 13-14 200 Breast	RSA-NC	9	---	3.64
1:01.22L	AA F # 32A	Men 13-14 100 Free	RSA-NC	6	13	-3.14
1:02.58L	AA P # 32A	Men 13-14 100 Free	RSA-NC	10	---	-1.78
2:48.16L	BB P # 34A	Men 13-14 200 Back	RSA-NC	26	---	15.42
	NS P # 40A	Men 13-14 200 IM	RSA-NC	---	---	---
Mathews, Alex (16) M						
2:15.67L	A P # 2B	Men 15 & Over 200 Free	RSA-NC	64	---	2.80
33.74L	P # 6B	Men 15 & Over 50 Back	RSA-NC	34	---	0.04
1:07.98L	BB P # 8B	Men 15 & Over 100 Fly	RSA-NC	53	---	-0.80
1:14.25L	BB P # 18B	Men 15 & Over 100 Back	RSA-NC	72	---	2.43
27.84L	A P # 20B	Men 15 & Over 50 Free	RSA-NC	63	---	0.14
30.18L	P # 22B	Men 15 & Over 50 Fly	RSA-NC	38	---	1.01
1:00.85L	A P # 32B	Men 15 & Over 100 Free	RSA-NC	70	---	2.05
38.25L	P # 36B	Men 15 & Over 50 Breast	RSA-NC	28	---	---
38.35L	F # 36B	Men 15 & Over 50 Breast	RSA-NC	14	3	---

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv
2:35.77L	A P # 40B	Men 15 & Over 200 IM	RSA-NC	74	---	2.41
Mathews, Olivia (10) W						
3:00.85L	BB F # 43	Women 10 & Under 200 Free	RSA-NC	16	1	-7.57
1:44.43L	A F # 47	Women 10 & Under 100 Breast	RSA-NC	5	14	-16.90
41.84L	A F # 57	Women 10 & Under 50 Fly	RSA-NC	10	7	-1.66
37.12L	BB F # 61	Women 10 & Under 50 Free	RSA-NC	10	7	-0.12
1:31.22L	A F # 65	Women 10 & Under 100 Back	RSA-NC	8	11	-1.24
1:23.94L	BB F # 71	Women 10 & Under 100 Free	RSA-NC	14	3	-0.29
41.06L	AA F # 75	Women 10 & Under 50 Back	RSA-NC	4	15	-3.58
3:21.93L	BB F # 83	Women 10 & Under 200 IM	RSA-NC	8	11	-7.87
McCulloch, Gavin (13) M						
2:12.93L	AA F # 2A	Men 13-14 200 Free	RSA-NC	8	11	-1.95
2:13.55L	AA P # 2A	Men 13-14 200 Free	RSA-NC	8	---	-1.33
35.31L	F # 6A	Men 13-14 50 Back	RSA-NC	16	1	-1.37
35.71L	P # 6A	Men 13-14 50 Back	RSA-NC	16	---	-0.97
1:08.59L	A F # 8A	Men 13-14 100 Fly	RSA-NC	12	5	-2.53
1:10.69L	A P # 8A	Men 13-14 100 Fly	RSA-NC	12	---	-0.43
1:02.53L	AA F # 12	400 Free Relay Lead Off	RSA-NC	---	---	-5.47
2:38.03L	A F # 16A	Men 13-14 200 Fly	RSA-NC	7	12	---
2:40.29L	BB P # 16A	Men 13-14 200 Fly	RSA-NC	7	---	---
1:14.25L	A P # 18A	Men 13-14 100 Back	RSA-NC	17	---	0.46
29.80L	A P # 20A	Men 13-14 50 Free	RSA-NC	21	---	-1.61
1:03.15L	AA F # 32A	Men 13-14 100 Free	RSA-NC	7	12	-4.85
1:03.22L	AA P # 32A	Men 13-14 100 Free	RSA-NC	12	---	-4.78
2:38.78L	A F # 34A	Men 13-14 200 Back	RSA-NC	8	11	0.93
2:38.93L	A P # 34A	Men 13-14 200 Back	RSA-NC	16	---	1.08
2:36.89L	A F # 40A	Men 13-14 200 IM	RSA-NC	11	6	2.21
2:38.69L	A P # 40A	Men 13-14 200 IM	RSA-NC	16	---	4.01
Monty, Caitlin (14) W						
2:28.92L	A P # 1A	Women 13-14 200 Free	RSA-NC	33	---	-4.62
34.19L	F # 5A	Women 13-14 50 Back	RSA-NC	3	16	-2.48
34.76L	P # 5A	Women 13-14 50 Back	RSA-NC	3	---	-1.91
1:20.55L	BB P # 7A	Women 13-14 100 Fly	RSA-NC	34	---	-0.98
1:17.06L	A P # 17A	Women 13-14 100 Back	RSA-NC	19	---	0.84
28.84L	AAA F # 19A	Women 13-14 50 Free	RSA-NC	2	17	-1.63
29.19L	AAA P # 19A	Women 13-14 50 Free	RSA-NC	3	---	-1.28
33.92L	P # 21A	Women 13-14 50 Fly	RSA-NC	7	---	-1.82
34.15L	F # 21A	Women 13-14 50 Fly	RSA-NC	8	11	-1.59
1:06.72L	AA P # 31A	Women 13-14 100 Free	RSA-NC	19	---	-0.12
40.54L	P # 37A	Women 13-14 50 Breast	RSA-NC	5	---	-3.37
2:46.10L	A P # 39A	Women 13-14 200 IM	RSA-NC	24	---	-2.66
Moore, Hannah (13) W						
2:13.25L	AAA F # 1A	Women 13-14 200 Free	RSA-NC	3	16	-3.01
2:14.79L	AAA P # 1A	Women 13-14 200 Free	RSA-NC	2	---	-1.47
1:08.80L	AAA F # 7A	Women 13-14 100 Fly	RSA-NC	4	15	-0.64
1:10.63L	AA P # 7A	Women 13-14 100 Fly	RSA-NC	4	---	1.19
5:18.25L	AAA F # 9A	Women 13-14 400 IM	RSA-NC	2	17	1.06

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event	Place	Points	Improv
2:30.13L	AAA F # 15A	Women 13-14 200 Fly	RSA-NC 2	17	-2.55
2:34.00L	AAA P # 15A	Women 13-14 200 Fly	RSA-NC 2	---	1.32
1:08.51L	AAA F # 17A	Women 13-14 100 Back	RSA-NC 3	16	-0.14
1:10.31L	AAA P # 17A	Women 13-14 100 Back	RSA-NC 2	---	1.66
4:40.10L	AAA F # 25A	Women 13-14 400 Free	RSA-NC 3	16	-1.22
1:02.04L	AAA F # 31A	Women 13-14 100 Free	RSA-NC 2	17	-2.50
1:03.10L	AAA P # 31A	Women 13-14 100 Free	RSA-NC 2	---	-1.44
2:24.46L	AAAA F # 35A	Women 13-14 200 Back	RSA-NC 1	20	-2.17
2:29.49L	AAA P # 35A	Women 13-14 200 Back	RSA-NC 1	---	2.86
2:29.33L	AAAA F # 39A	Women 13-14 200 IM	RSA-NC 2	17	-1.57
2:32.92L	AAA P # 39A	Women 13-14 200 IM	RSA-NC 2	---	2.02
Moore, Kate R (11) W					
2:31.89L	A F # 41	Women 11-12 200 Free	RSA-NC 20	---	-5.66
1:32.59L	A F # 45	Women 11-12 100 Breast	RSA-NC 14	3	-4.39
1:21.60L	A F # 49	Women 11-12 100 Fly	RSA-NC 16	0.5	-1.87
35.07L	A F # 55	Women 11-12 50 Fly	RSA-NC 12	5	-2.22
32.37L	DQ F # 59	Women 11-12 50 Free	RSA-NC ---	---	---
1:19.04L	AA F # 63	Women 11-12 100 Back	RSA-NC 15	2	-4.61
1:11.65L	A F # 73	Women 11-12 100 Free	RSA-NC 27	---	-4.38
37.15L	AA F # 77	Women 11-12 50 Back	RSA-NC 11	6	-0.42
2:48.47L	AA F # 85	Women 11-12 200 IM	RSA-NC 13	4	-6.39
Moore, Michael (8) M					
43.96L	BB F # 58	Men 10 & Under 50 Fly	RSA-NC 13	4	1.53
37.05L	BB F # 62	Men 10 & Under 50 Free	RSA-NC 15	2	-0.22
1:32.37L	A F # 66	Men 10 & Under 100 Back	RSA-NC 12	5	1.47
1:24.12L	BB F # 72	Men 10 & Under 100 Free	RSA-NC 14	3	-3.08
43.09L	A F # 76	Men 10 & Under 50 Back	RSA-NC 15	2	2.28
51.57L	BB F # 80	Men 10 & Under 50 Breast	RSA-NC 7	12	-0.62
3:20.34L	BB F # 84	Men 10 & Under 200 IM	RSA-NC 10	7	-1.91
Myers, Sammie (15) W					
2:35.56L	BB P # 1B	Women 15 & Over 200 Free	RSA-NC 84	---	5.73
41.21L	P # 5B	Women 15 & Over 50 Back	RSA-NC 37	---	-0.40
32.27L	BB P # 19B	Women 15 & Over 50 Free	RSA-NC 73	---	0.04
5:27.35L	BB F # 25B	Women 15 & Over 400 Free	RSA-NC 70	---	2.96
1:10.02L	BB P # 31B	Women 15 & Over 100 Free	RSA-NC 95	---	0.29
NS	P # 35B	Women 15 & Over 200 Back	RSA-NC ---	---	---
Newland, Matthew (17) M					
2:12.20L	A P # 2B	Men 15 & Over 200 Free	RSA-NC 53	---	6.99
1:09.16L	BB P # 8B	Men 15 & Over 100 Fly	RSA-NC 57	---	2.55
5:21.65L	DQ F # 10B	Men 15 & Over 400 IM	RSA-NC ---	---	---
2:33.55L	BB P # 16B	Men 15 & Over 200 Fly	RSA-NC 40	---	9.57
3:08.30L	B P # 24B	Men 15 & Over 200 Breast	RSA-NC 42	---	4.93
4:42.81L	A F # 26B	Men 15 & Over 400 Free	RSA-NC 38	---	14.85
1:02.40L	BB P # 32B	Men 15 & Over 100 Free	RSA-NC 81	---	3.99
17:51.96L	AA F # 38B	Men 15 & Over 1500 Free	RSA-NC 13	4	38.31
Nobles, Claire (16) W					
2:12.61L	AAA F # 1B	Women 15 & Over 200 Free	RSA-NC 12	5	-2.08

Individual Meet Results

2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters
Location: Cary, NC

Time	F/P/S	Event	Place	Points	Improv
2:14.39L	AAA P # 1B	Women 15 & Over 200 Free	RSA-NC 16	---	-0.30
33.68L	P # 5B	Women 15 & Over 50 Back	RSA-NC 12	---	-1.65
1:10.44L	AA P # 7B	Women 15 & Over 100 Fly	RSA-NC 27	---	-1.23
1:12.84L	AA P # 17B	Women 15 & Over 100 Back	RSA-NC 25	---	-1.27
28.39L	AAA F # 19B	Women 15 & Over 50 Free	RSA-NC 13	4	-0.19
28.72L	AAA P # 19B	Women 15 & Over 50 Free	RSA-NC 15	---	0.14
4:41.59L	AAA F # 25B	Women 15 & Over 400 Free	RSA-NC 18	---	-0.42
1:01.63L	AAA F # 31B	Women 15 & Over 100 Free	RSA-NC 4	15	-0.04
1:01.98L	AAA P # 31B	Women 15 & Over 100 Free	RSA-NC 12	---	0.31
2:30.16L	AAA F # 35B	Women 15 & Over 200 Back	RSA-NC 9	9	-3.17
2:31.15L	AA P # 35B	Women 15 & Over 200 Back	RSA-NC 13	---	-2.18
Ortega, Karina (16) W					
1:23.96L	A P # 3B	Women 15 & Over 100 Breast	RSA-NC 21	---	-2.07
1:14.51L	BB P # 7B	Women 15 & Over 100 Fly	RSA-NC 48	---	0.62
30.79L	A P # 19B	Women 15 & Over 50 Free	RSA-NC 57	---	0.29
32.67L	P # 21B	Women 15 & Over 50 Fly	RSA-NC 26	---	---
3:00.39L	A P # 23B	Women 15 & Over 200 Breast	RSA-NC 23	---	-1.13
1:05.19L	AA P # 31B	Women 15 & Over 100 Free	RSA-NC 52	---	0.15
39.29L	P # 37B	Women 15 & Over 50 Breast	RSA-NC 23	---	-1.42
2:39.64L	AA P # 39B	Women 15 & Over 200 IM	RSA-NC 53	---	-0.19
Ortega, Melissa (12) W					
2:17.11L	AAAA F # 41	Women 11-12 200 Free	RSA-NC 2	17	-0.89
1:15.21L	AA F # 49	Women 11-12 100 Fly	RSA-NC 5	14	1.41
29.79L	AAA F # 59	Women 11-12 50 Free	RSA-NC 5	14	-0.31
1:14.55L	AAA F # 63	Women 11-12 100 Back	RSA-NC 2	17	-0.64
4:46.81L	AAAA F # 67B	Women 11-12 400 Free	RSA-NC 1	20	-0.60
35.54L	AAA F # 69	200 Medley Relay Lead Off	RSA-NC ---	---	-0.17
1:03.68L	AAAA F # 73	Women 11-12 100 Free	RSA-NC 2	17	0.09
35.53L	AAA F # 77	Women 11-12 50 Back	RSA-NC 5	14	-0.18
2:38.09L	AAA F # 85	Women 11-12 200 IM	RSA-NC 3	16	0.49
Owens, Megan (14) W					
2:16.99L	AAA F # 1A	Women 13-14 200 Free	RSA-NC 6	13	0.03
2:17.76L	AAA P # 1A	Women 13-14 200 Free	RSA-NC 8	---	0.80
1:07.91L	AAA F # 7A	Women 13-14 100 Fly	RSA-NC 2	17	-0.73
1:08.51L	AAA P # 7A	Women 13-14 100 Fly	RSA-NC 2	---	-0.13
5:31.72L	AA F # 9A	Women 13-14 400 IM	RSA-NC 6	13	1.50
2:32.69L	AAA F # 15A	Women 13-14 200 Fly	RSA-NC 3	16	0.85
2:36.70L	AA P # 15A	Women 13-14 200 Fly	RSA-NC 3	---	4.86
1:19.42L	BB P # 17A	Women 13-14 100 Back	RSA-NC 34	---	3.77
30.70L	P # 21A	Women 13-14 50 Fly	RSA-NC 1	---	-1.81
30.94L	F # 21A	Women 13-14 50 Fly	RSA-NC 1	20	-1.57
1:04.30L	AAA P # 31A	Women 13-14 100 Free	RSA-NC 7	---	-0.57
1:04.62L	AA F # 31A	Women 13-14 100 Free	RSA-NC 8	11	-0.25
2:37.83L	AA F # 35A	Women 13-14 200 Back	RSA-NC 12	5	-0.96
2:42.33L	A P # 35A	Women 13-14 200 Back	RSA-NC 15	---	3.54
2:37.07L	AAA P # 39A	Women 13-14 200 IM	RSA-NC 7	---	-3.13
2:39.94L	AA F # 39A	Women 13-14 200 IM	RSA-NC 8	11	-0.26

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event	Place	Points	Improv	
Parker, Miranda (13) W						
2:49.00L	B P # 1A	Women 13-14 200 Free	RSA-NC	54	---	4.80
1:31.50L	BB P # 3A	Women 13-14 100 Breast	RSA-NC	17	---	1.49
1:24.07L	B P # 7A	Women 13-14 100 Fly	RSA-NC	41	---	-0.35
1:20.76L	BB P # 17A	Women 13-14 100 Back	RSA-NC	38	---	1.41
33.06L	BB P # 19A	Women 13-14 50 Free	RSA-NC	47	---	1.47
3:12.11L	BB P # 23A	Women 13-14 200 Breast	RSA-NC	19	---	-2.16
1:14.89L	BB P # 31A	Women 13-14 100 Free	RSA-NC	62	---	0.20
2:52.20L	BB P # 35A	Women 13-14 200 Back	RSA-NC	39	---	-0.66
2:54.24L	BB P # 39A	Women 13-14 200 IM	RSA-NC	50	---	-0.13
Parker, Sarah (13) W						
2:38.83L	BB P # 1A	Women 13-14 200 Free	RSA-NC	50	---	-3.16
1:35.85L	BB P # 3A	Women 13-14 100 Breast	RSA-NC	25	---	1.08
1:22.63L	BB P # 7A	Women 13-14 100 Fly	RSA-NC	37	---	-1.49
1:24.26L	BB P # 17A	Women 13-14 100 Back	RSA-NC	45	---	0.13
33.27L	BB P # 19A	Women 13-14 50 Free	RSA-NC	48	---	0.18
5:32.60L	BB F # 25A	Women 13-14 400 Free	RSA-NC	37	---	-3.64
1:12.70L	BB P # 31A	Women 13-14 100 Free	RSA-NC	59	---	1.33
3:00.08L	BB P # 35A	Women 13-14 200 Back	RSA-NC	50	---	---
2:53.08L	BB P # 39A	Women 13-14 200 IM	RSA-NC	46	---	-7.12
Paulson, Joseph (15) M						
NS	P # 2B	Men 15 & Over 200 Free	RSA-NC	---	---	---
NS	P # 6B	Men 15 & Over 50 Back	RSA-NC	---	---	---
NS	P # 20B	Men 15 & Over 50 Free	RSA-NC	---	---	---
NS	P # 22B	Men 15 & Over 50 Fly	RSA-NC	---	---	---
NS	P # 32B	Men 15 & Over 100 Free	RSA-NC	---	---	---
NS	P # 36B	Men 15 & Over 50 Breast	RSA-NC	---	---	---
NS	P # 40B	Men 15 & Over 200 IM	RSA-NC	---	---	---
Pelt, Libby (13) W						
2:29.82L	A P # 1A	Women 13-14 200 Free	RSA-NC	35	---	1.44
37.35L	F # 5A	Women 13-14 50 Back	RSA-NC	9	9	-0.87
37.82L	P # 5A	Women 13-14 50 Back	RSA-NC	9	---	-0.40
1:19.79L	BB P # 7A	Women 13-14 100 Fly	RSA-NC	31	---	0.57
1:19.12L	BB P # 17A	Women 13-14 100 Back	RSA-NC	32	---	0.28
31.91L	A P # 19A	Women 13-14 50 Free	RSA-NC	34	---	0.14
34.75L	P # 21A	Women 13-14 50 Fly	RSA-NC	9	---	-0.84
34.80L	F # 21A	Women 13-14 50 Fly	RSA-NC	9	9	-0.79
1:08.86L	A P # 31A	Women 13-14 100 Free	RSA-NC	34	---	-1.01
2:50.16L	BB P # 35A	Women 13-14 200 Back	RSA-NC	34	---	4.46
2:50.29L	A P # 39A	Women 13-14 200 IM	RSA-NC	39	---	-0.66
Pena, Kendall (15) W						
2:19.88L	AA P # 1B	Women 15 & Over 200 Free	RSA-NC	34	---	-1.02
36.24L	P # 5B	Women 15 & Over 50 Back	RSA-NC	29	---	-2.32
1:11.73L	A P # 7B	Women 15 & Over 100 Fly	RSA-NC	33	---	-2.49
1:04.43L	AA F # 13	400 Free Relay Lead Off	RSA-NC	---	---	-0.81
29.46L	AA P # 19B	Women 15 & Over 50 Free	RSA-NC	30	---	-0.43
32.82L	P # 21B	Women 15 & Over 50 Fly	RSA-NC	29	---	0.14

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv	
4:53.54L	AA	F # 25B	Women 15 & Over 400 Free	RSA-NC	40	---	3.27
1:03.73L	AA	P # 31B	Women 15 & Over 100 Free	RSA-NC	28	---	-1.51
19:04.33L	AA	F # 33B	Women 15 & Over 1500 Free	RSA-NC	20	---	---
Pena, Tessa (17) W							
2:17.22L	AA	P # 1B	Women 15 & Over 200 Free	RSA-NC	25	---	4.53
1:21.51L	AA	P # 3B	Women 15 & Over 100 Breast	RSA-NC	15	---	1.91
1:22.28L	A	F # 3B	Women 15 & Over 100 Breast	RSA-NC	15	2	2.68
1:13.73L	BB	P # 7B	Women 15 & Over 100 Fly	RSA-NC	45	---	-0.54
29.17L	AA	P # 19B	Women 15 & Over 50 Free	RSA-NC	20	---	-0.07
33.23L		P # 21B	Women 15 & Over 50 Fly	RSA-NC	32	---	-1.27
2:58.88L	A	P # 23B	Women 15 & Over 200 Breast	RSA-NC	20	---	7.79
18:32.29L	AAA	F # 33B	Women 15 & Over 1500 Free	RSA-NC	13	4	-47.70
2:33.34L	AA	P # 39B	Women 15 & Over 200 IM	RSA-NC	20	---	0.29
Pena, Torie Belle (15) W							
2:27.85L	BB	P # 1B	Women 15 & Over 200 Free	RSA-NC	73	---	3.98
38.09L		P # 5B	Women 15 & Over 50 Back	RSA-NC	34	---	0.28
1:20.52L	B	P # 7B	Women 15 & Over 100 Fly	RSA-NC	58	---	-5.18
31.76L	A	P # 19B	Women 15 & Over 50 Free	RSA-NC	70	---	0.16
4:53.78L	AA	F # 25B	Women 15 & Over 400 Free	RSA-NC	41	---	-7.28
1:06.62L	A	P # 31B	Women 15 & Over 100 Free	RSA-NC	69	---	-3.83
2:50.85L	BB	P # 35B	Women 15 & Over 200 Back	RSA-NC	63	---	5.41
Potepalov, Sophia (16) W							
NS		P # 5B	Women 15 & Over 50 Back	RSA-NC	---	---	---
32.12L	BB	P # 19B	Women 15 & Over 50 Free	RSA-NC	72	---	-0.52
38.13L		P # 21B	Women 15 & Over 50 Fly	RSA-NC	44	---	---
1:10.77L	BB	P # 31B	Women 15 & Over 100 Free	RSA-NC	99	---	-1.33
43.75L		P # 37B	Women 15 & Over 50 Breast	RSA-NC	32	---	-0.20
2:53.28L	BB	P # 39B	Women 15 & Over 200 IM	RSA-NC	97	---	-4.60
Quint, Kristen (12) W							
2:27.12L	AA	F # 41	Women 11-12 200 Free	RSA-NC	12	5	-19.21
1:30.07L	A	F # 45	Women 11-12 100 Breast	RSA-NC	8	11	-0.12
1:18.75L	AA	F # 49	Women 11-12 100 Fly	RSA-NC	11	6	-0.59
32.10L	AA	F # 59	Women 11-12 50 Free	RSA-NC	23	---	-0.67
1:15.43L	AAA	F # 63	Women 11-12 100 Back	RSA-NC	4	15	-1.26
5:04.64L	AAA	F # 67B	Women 11-12 400 Free	RSA-NC	10	7	-6.22
1:08.26L	AA	F # 73	Women 11-12 100 Free	RSA-NC	13	4	-9.85
36.75L	AA	F # 77	Women 11-12 50 Back	RSA-NC	10	7	0.34
2:43.17L	AAA	F # 85	Women 11-12 200 IM	RSA-NC	5	14	-2.22
Rawls, Meredith (15) W							
2:23.90L	A	P # 1B	Women 15 & Over 200 Free	RSA-NC	59	---	7.69
1:11.93L	A	P # 7B	Women 15 & Over 100 Fly	RSA-NC	34	---	2.55
2:43.56L	BB	P # 15B	Women 15 & Over 200 Fly	RSA-NC	29	---	10.47
Richards, Jackson (13) M							
2:19.05L	A	P # 2A	Men 13-14 200 Free	RSA-NC	19	---	-0.91
32.24L		F # 6A	Men 13-14 50 Back	RSA-NC	5	14	-1.11
32.84L		P # 6A	Men 13-14 50 Back	RSA-NC	5	---	-0.51
1:08.01L	AA	F # 8A	Men 13-14 100 Fly	RSA-NC	9	9	-3.94

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv
1:10.28L	A P # 8A	Men 13-14 100 Fly	RSA-NC	11	---	-1.67
1:09.76L	AA P # 18A	Men 13-14 100 Back	RSA-NC	7	---	-2.94
1:10.45L	AA F # 18A	Men 13-14 100 Back	RSA-NC	8	11	-2.25
29.36L	A P # 20A	Men 13-14 50 Free	RSA-NC	17	---	0.04
30.76L	F # 22A	Men 13-14 50 Fly	RSA-NC	3	16	-1.57
31.56L	P # 22A	Men 13-14 50 Fly	RSA-NC	2	---	-0.77
1:04.80L	A P # 32A	Men 13-14 100 Free	RSA-NC	21	---	-0.63
2:29.38L	AA P # 34A	Men 13-14 200 Back	RSA-NC	6	---	1.55
2:35.06L	AA P # 40A	Men 13-14 200 IM	RSA-NC	10	---	-12.85
Richards, Meredith (16) W						
2:28.71L	BB P # 1B	Women 15 & Over 200 Free	RSA-NC	74	---	6.21
1:31.72L	BB P # 3B	Women 15 & Over 100 Breast	RSA-NC	35	---	1.30
36.17L	P # 5B	Women 15 & Over 50 Back	RSA-NC	28	---	1.76
Ritchie, Will (12) M						
2:21.17L	AAA F # 42	Men 11-12 200 Free	RSA-NC	1	20	-4.17
1:26.55L	AA F # 46	Men 11-12 100 Breast	RSA-NC	2	17	-13.17
30.63L	AA F # 54	200 Free Relay Lead Off	RSA-NC	---	---	0.17
29.87L	AA F # 60	Men 11-12 50 Free	RSA-NC	1	20	-0.59
1:10.40L	AAAA F # 64	Men 11-12 100 Back	RSA-NC	1	20	-0.71
4:56.06L	AAA F # 68B	Men 11-12 400 Free	RSA-NC	1	20	-5.22
33.11L	AAAA F # 70	200 Medley Relay Lead Off	RSA-NC	---	---	-0.13
1:05.70L	AA F # 74	Men 11-12 100 Free	RSA-NC	1	20	-1.84
34.14L	AAA F # 78	Men 11-12 50 Back	RSA-NC	2	16.5	0.90
40.38L	AA F # 82	Men 11-12 50 Breast	RSA-NC	3	16	-4.89
Roach, Henry (16) M						
2:06.50L	AA P # 2B	Men 15 & Over 200 Free	RSA-NC	27	---	-1.18
1:19.81L	BB P # 4B	Men 15 & Over 100 Breast	RSA-NC	33	---	2.33
33.53L	P # 6B	Men 15 & Over 50 Back	RSA-NC	33	---	-1.41
32.44L	P # 22B	Men 15 & Over 50 Fly	RSA-NC	42	---	0.06
2:54.71L	BB P # 24B	Men 15 & Over 200 Breast	RSA-NC	34	---	3.99
4:28.83L	AA F # 26B	Men 15 & Over 400 Free	RSA-NC	18	---	-3.21
2:30.36L	A P # 34B	Men 15 & Over 200 Back	RSA-NC	43	---	-1.34
17:40.43L	AA F # 38B	Men 15 & Over 1500 Free	RSA-NC	9	9	-2.22
Roach, Jon (13) M						
2:20.12L	A P # 2A	Men 13-14 200 Free	RSA-NC	22	---	3.51
1:20.86L	A F # 4A	Men 13-14 100 Breast	RSA-NC	1	20	-1.77
1:23.57L	BB P # 4A	Men 13-14 100 Breast	RSA-NC	2	---	0.94
1:12.80L	BB P # 8A	Men 13-14 100 Fly	RSA-NC	19	---	0.47
1:12.09L	A F # 18A	Men 13-14 100 Back	RSA-NC	13	4	-1.48
1:12.26L	A P # 18A	Men 13-14 100 Back	RSA-NC	11	---	-1.31
29.85L	A P # 20A	Men 13-14 50 Free	RSA-NC	22	---	-1.68
2:52.61L	AA F # 24A	Men 13-14 200 Breast	RSA-NC	3	16	-15.20
2:54.53L	A P # 24A	Men 13-14 200 Breast	RSA-NC	2	---	-13.28
1:05.04L	A P # 32A	Men 13-14 100 Free	RSA-NC	23	---	-2.71
NS	P # 34A	Men 13-14 200 Back	RSA-NC	---	---	---
2:33.01L	AA F # 40A	Men 13-14 200 IM	RSA-NC	6	13	2.43
2:34.22L	AA P # 40A	Men 13-14 200 IM	RSA-NC	9	---	3.64

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event	Place	Points	Improv	
Shaw, Rachel (14) W						
2:27.03L	A P # 1A	Women 13-14 200 Free	RSA-NC	24	---	-4.01
33.35L	F # 5A	Women 13-14 50 Back	RSA-NC	2	17	-2.26
33.54L	P # 5A	Women 13-14 50 Back	RSA-NC	2	---	-2.07
1:16.10L	A P # 7A	Women 13-14 100 Fly	RSA-NC	21	---	-1.29
1:13.43L	AA P # 17A	Women 13-14 100 Back	RSA-NC	6	---	-0.34
1:14.44L	AA F # 17A	Women 13-14 100 Back	RSA-NC	8	11	0.67
30.16L	AA F # 19A	Women 13-14 50 Free	RSA-NC	14	3	0.31
30.22L	AA P # 19A	Women 13-14 50 Free	RSA-NC	12	---	0.37
5:11.95L	A F # 25A	Women 13-14 400 Free	RSA-NC	29	---	4.12
1:06.39L	AA P # 31A	Women 13-14 100 Free	RSA-NC	18	---	0.54
2:44.07L	A P # 35A	Women 13-14 200 Back	RSA-NC	18	---	2.76
2:47.89L	A P # 39A	Women 13-14 200 IM	RSA-NC	30	---	1.19
Siemek, Elaine (14) W						
2:24.57L	AA P # 1A	Women 13-14 200 Free	RSA-NC	18	---	-1.68
35.44L	F # 5A	Women 13-14 50 Back	RSA-NC	6	13	-0.57
35.95L	P # 5A	Women 13-14 50 Back	RSA-NC	7	---	-0.06
1:20.12L	BB P # 7A	Women 13-14 100 Fly	RSA-NC	32	---	1.11
1:16.51L	A P # 17A	Women 13-14 100 Back	RSA-NC	16	---	-0.13
1:16.70L	A F # 17A	Women 13-14 100 Back	RSA-NC	16	1	0.06
30.13L	AA F # 19A	Women 13-14 50 Free	RSA-NC	13	4	-0.24
30.41L	AA P # 19A	Women 13-14 50 Free	RSA-NC	13	---	0.04
3:17.71L	BB P # 23A	Women 13-14 200 Breast	RSA-NC	26	---	-5.19
1:16.18L	A F # 27	400 Medley Relay Lead Off	RSA-NC	---	---	-0.46
1:04.86L	AA F # 31A	Women 13-14 100 Free	RSA-NC	13	4	-2.01
1:05.91L	AA P # 31A	Women 13-14 100 Free	RSA-NC	16	---	-0.96
2:45.72L	A P # 35A	Women 13-14 200 Back	RSA-NC	21	---	1.08
2:45.01L	A P # 39A	Women 13-14 200 IM	RSA-NC	21	---	0.13
Sigmon, Wesley (15) M						
2:15.13L	A P # 2B	Men 15 & Over 200 Free	UN-NC	62	---	-1.69
1:19.55L	A P # 4B	Men 15 & Over 100 Breast	UN-NC	32	---	-1.17
31.51L	P # 6B	Men 15 & Over 50 Back	UN-NC	24	---	-3.76
1:06.48L	AA P # 18B	Men 15 & Over 100 Back	UN-NC	37	---	-0.55
2:49.78L	A P # 24B	Men 15 & Over 200 Breast	UN-NC	26	---	0.64
4:50.80L	BB F # 26B	Men 15 & Over 400 Free	UN-NC	45	---	1.86
1:00.08L	AA P # 32B	Men 15 & Over 100 Free	UN-NC	61	---	-0.50
2:29.93L	A P # 34B	Men 15 & Over 200 Back	UN-NC	42	---	1.16
2:32.13L	A P # 40B	Men 15 & Over 200 IM	UN-NC	65	---	3.37
Spence, Tad (14) M						
2:12.73L	AA F # 2A	Men 13-14 200 Free	RSA-NC	11	6	-2.12
2:16.07L	AA P # 2A	Men 13-14 200 Free	RSA-NC	13	---	1.22
29.74L	F # 6A	Men 13-14 50 Back	RSA-NC	1	20	-0.72
30.68L	P # 6A	Men 13-14 50 Back	RSA-NC	1	---	0.22
1:08.10L	A F # 8A	Men 13-14 100 Fly	RSA-NC	10	7	-1.97
1:09.70L	A P # 8A	Men 13-14 100 Fly	RSA-NC	10	---	-0.37
1:03.35L	AAAA F # 18A	Men 13-14 100 Back	RSA-NC	1	20	-4.30
1:05.52L	AAA P # 18A	Men 13-14 100 Back	RSA-NC	2	---	-2.13

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters**Location: Cary, NC**

Time	F/P/S	Event		Place	Points	Improv
27.93L	AA F # 20A	Men 13-14 50 Free	RSA-NC	10	7	0.13
28.26L	AA P # 20A	Men 13-14 50 Free	RSA-NC	11	---	0.46
29.75L	F # 22A	Men 13-14 50 Fly	RSA-NC	1	20	-1.87
31.78L	P # 22A	Men 13-14 50 Fly	RSA-NC	3	---	0.16
1:05.59L	AAA F # 28	400 Medley Relay Lead Off	RSA-NC	---	---	-2.06
1:00.42L	AAA F # 32A	Men 13-14 100 Free	RSA-NC	4	15	-2.39
1:01.94L	AA P # 32A	Men 13-14 100 Free	RSA-NC	8	---	-0.87
2:26.00L	AAA F # 34A	Men 13-14 200 Back	RSA-NC	2	17	-1.08
2:26.37L	AAA P # 34A	Men 13-14 200 Back	RSA-NC	2	---	-0.71
2:32.59L	AA P # 40A	Men 13-14 200 IM	RSA-NC	8	---	-3.81
2:33.21L	AA F # 40A	Men 13-14 200 IM	RSA-NC	7	12	-3.19
Ssengonzi, Jethro (11) M						
2:33.24L	A F # 42	Men 11-12 200 Free	RSA-NC	7	12	-8.87
1:30.49L	A F # 46	Men 11-12 100 Breast	RSA-NC	4	15	0.98
1:20.25L	A F # 50	Men 11-12 100 Fly	RSA-NC	5	14	2.31
33.41L	AA F # 56	Men 11-12 50 Fly	RSA-NC	2	17	0.81
30.72L	AA F # 60	Men 11-12 50 Free	RSA-NC	5	14	0.31
1:19.80L	A F # 64	Men 11-12 100 Back	RSA-NC	7	12	-5.91
1:08.17L	AA F # 74	Men 11-12 100 Free	RSA-NC	4	15	-1.81
39.82L	AA F # 82	Men 11-12 50 Breast	RSA-NC	2	17	-0.80
2:46.88L	AA F # 86	Men 11-12 200 IM	RSA-NC	1	20	-9.49
Ssengonzi, Rebecca (9) W						
2:40.37L	AAA F # 43	Women 10 & Under 200 Free	RSA-NC	3	16	-6.70
1:30.89L	AAAA F # 47	Women 10 & Under 100 Breast	RSA-NC	1	20	-1.16
1:19.51L	AAAA F # 51	Women 10 & Under 100 Fly	RSA-NC	1	20	-1.10
34.75L	AAAA F # 57	Women 10 & Under 50 Fly	RSA-NC	1	20	0.11
33.12L	AAA F # 61	Women 10 & Under 50 Free	RSA-NC	3	16	-0.54
1:25.46L	AAA F # 65	Women 10 & Under 100 Back	RSA-NC	3	16	-8.72
1:14.31L	AAA F # 71	Women 10 & Under 100 Free	RSA-NC	3	16	-13.56
42.08L	AAA F # 79	Women 10 & Under 50 Breast	RSA-NC	1	20	-8.20
2:50.99L	AAAA F # 83	Women 10 & Under 200 IM	RSA-NC	1	20	-8.42
Stenkvist, Henriette (16) W						
2:06.42L	AAAA F # 1B	Women 15 & Over 200 Free	RSA-NC	1	20	3.23
2:08.15L	AAAA P # 1B	Women 15 & Over 200 Free	RSA-NC	1	---	4.96
30.39L	F # 5B	Women 15 & Over 50 Back	RSA-NC	2	17	-0.90
31.19L	P # 5B	Women 15 & Over 50 Back	RSA-NC	2	---	-0.10
1:05.16L	AAA F # 7B	Women 15 & Over 100 Fly	RSA-NC	2	17	-6.63
1:06.60L	AAA P # 7B	Women 15 & Over 100 Fly	RSA-NC	6	---	-5.19
59.24L	AAAA F # 13	400 Free Relay Lead Off	RSA-NC	---	---	1.34
1:05.35L	AAAA F # 17B	Women 15 & Over 100 Back	RSA-NC	2	17	3.24
1:06.39L	AAAA P # 17B	Women 15 & Over 100 Back	RSA-NC	1	---	4.28
28.00L	AAA F # 19B	Women 15 & Over 50 Free	RSA-NC	9	9	0.28
28.49L	AAA P # 19B	Women 15 & Over 50 Free	RSA-NC	10	---	0.77
4:29.90L	AAAA F # 25B	Women 15 & Over 400 Free	RSA-NC	4	15	11.90
1:05.39L	AAAA F # 29	400 Medley Relay Lead Off	RSA-NC	---	---	3.28
Strickland, Julianne (14) W						
2:22.95L	AA F # 1A	Women 13-14 200 Free	RSA-NC	15	2	-3.01

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event	Place	Points	Improv
2:23.72L	AA P # 1A	Women 13-14 200 Free	RSA-NC 16	---	-2.24
1:39.73L	B P # 3A	Women 13-14 100 Breast	RSA-NC 28	---	6.45
1:16.20L	A P # 7A	Women 13-14 100 Fly	RSA-NC 23	---	2.32
1:14.14L	AA F # 17A	Women 13-14 100 Back	RSA-NC 11	6	-2.15
1:15.40L	A P # 17A	Women 13-14 100 Back	RSA-NC 12	---	-0.89
33.72L	P # 21A	Women 13-14 50 Fly	RSA-NC 6	---	-1.70
33.72L	F # 21A	Women 13-14 50 Fly	RSA-NC 7	12	-1.70
4:58.17L	AA F # 25A	Women 13-14 400 Free	RSA-NC 16	1	-1.57
1:08.76L	A P # 31A	Women 13-14 100 Free	RSA-NC 33	---	1.43
2:47.61L	BB P # 35A	Women 13-14 200 Back	RSA-NC 24	---	6.66
2:50.02L	A P # 39A	Women 13-14 200 IM	RSA-NC 38	---	1.70
Teal, Logan (16) M					
NS	P # 2B	Men 15 & Over 200 Free	RSA-NC ---	---	---
NS	P # 6B	Men 15 & Over 50 Back	RSA-NC ---	---	---
NS	P # 8B	Men 15 & Over 100 Fly	RSA-NC ---	---	---
NS	P # 18B	Men 15 & Over 100 Back	RSA-NC ---	---	---
NS	P # 20B	Men 15 & Over 50 Free	RSA-NC ---	---	---
NS	P # 32B	Men 15 & Over 100 Free	RSA-NC ---	---	---
NS	P # 34B	Men 15 & Over 200 Back	RSA-NC ---	---	---
NS	P # 40B	Men 15 & Over 200 IM	RSA-NC ---	---	---
Textor, Brennan (15) W					
2:17.92L	AA P # 1B	Women 15 & Over 200 Free	UN-NC 29	---	1.37
NS	F # 9B	Women 15 & Over 400 IM	UN-NC ---	---	---
29.94L	AA P # 19B	Women 15 & Over 50 Free	UN-NC 38	---	---
33.29L	P # 21B	Women 15 & Over 50 Fly	UN-NC 33	---	---
4:47.16L	AA F # 25B	Women 15 & Over 400 Free	UN-NC 23	---	---
1:04.66L	AA P # 31B	Women 15 & Over 100 Free	UN-NC 40	---	0.87
18:43.43L	AAA F # 33B	Women 15 & Over 1500 Free	UN-NC 16	1	---
2:38.00L	AA P # 39B	Women 15 & Over 200 IM	UN-NC 42	---	---
Tschoke, Victoria (14) W					
NS	P # 3A	Women 13-14 100 Breast	RSA-NC ---	---	---
31.91L	F # 5A	Women 13-14 50 Back	RSA-NC 1	20	-0.79
33.48L	P # 5A	Women 13-14 50 Back	RSA-NC 1	---	0.78
1:17.83L	BB P # 7A	Women 13-14 100 Fly	RSA-NC 27	---	-1.09
1:07.78L	AAAA F # 17A	Women 13-14 100 Back	RSA-NC 1	20	0.22
1:08.48L	AAA P # 17A	Women 13-14 100 Back	RSA-NC 1	---	0.92
31.25L	A P # 19A	Women 13-14 50 Free	RSA-NC 26	---	1.08
32.89L	F # 21A	Women 13-14 50 Fly	RSA-NC 3	16	-0.02
33.56L	P # 21A	Women 13-14 50 Fly	RSA-NC 4	---	0.65
1:09.04L	AAA F # 27	400 Medley Relay Lead Off	RSA-NC ---	---	1.48
2:26.46L	AAAA F # 35A	Women 13-14 200 Back	RSA-NC 3	16	-0.53
2:31.60L	AAA P # 35A	Women 13-14 200 Back	RSA-NC 2	---	4.61
NS	P # 37A	Women 13-14 50 Breast	RSA-NC ---	---	---
2:32.70L	AAA F # 39A	Women 13-14 200 IM	RSA-NC 4	15	1.13
2:34.44L	AAA P # 39A	Women 13-14 200 IM	RSA-NC 3	---	2.87
Van De Zande, Georgia (17) W					
2:17.61L	AA P # 1B	Women 15 & Over 200 Free	RSA-NC 27	---	-2.15

Individual Meet Results

2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters
Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv	
37.15L	P # 5B	Women 15 & Over 50 Back	RSA-NC	32	---	-2.08	
5:31.42L	AA	F # 9B	Women 15 & Over 400 IM	RSA-NC	20	---	-13.99
2:47.94L	BB	P # 15B	Women 15 & Over 200 Fly	RSA-NC	33	---	-3.87
1:17.83L	BB	P # 17B	Women 15 & Over 100 Back	RSA-NC	55	---	0.01
30.25L	A	P # 19B	Women 15 & Over 50 Free	RSA-NC	48	---	0.52
1:03.45L	AA	F # 31B	Women 15 & Over 100 Free	RSA-NC	13	4	-1.07
1:03.79L	AA	P # 31B	Women 15 & Over 100 Free	RSA-NC	29	---	-0.73
2:37.59L	AA	P # 39B	Women 15 & Over 200 IM	RSA-NC	38	---	-3.60
Walko, Danielle (14) W							
2:27.16L	A	P # 1A	Women 13-14 200 Free	RSA-NC	25	---	-0.26
1:25.59L	A	F # 3A	Women 13-14 100 Breast	RSA-NC	5	14	-1.27
1:26.44L	A	P # 3A	Women 13-14 100 Breast	RSA-NC	5	---	-0.42
1:22.27L	BB	P # 7A	Women 13-14 100 Fly	RSA-NC	36	---	-32.20
1:18.99L	BB	P # 17A	Women 13-14 100 Back	RSA-NC	31	---	-0.12
32.21L	A	P # 19A	Women 13-14 50 Free	RSA-NC	39	---	-0.32
3:05.32L	A	F # 23A	Women 13-14 200 Breast	RSA-NC	10	7	1.73
3:05.82L	A	P # 23A	Women 13-14 200 Breast	RSA-NC	10	---	2.23
1:09.53L	A	P # 31A	Women 13-14 100 Free	RSA-NC	41	---	0.62
2:48.85L	BB	P # 35A	Women 13-14 200 Back	RSA-NC	31	---	-8.67
40.13L		P # 37A	Women 13-14 50 Breast	RSA-NC	4	---	-5.56
40.22L		F # 37A	Women 13-14 50 Breast	RSA-NC	4	15	-5.47
Walko, Nicole (10) W							
2:53.67L	A	F # 43	Women 10 & Under 200 Free	RSA-NC	9	9	-1.81
1:36.57L	AAA	F # 47	Women 10 & Under 100 Breast	RSA-NC	3	16	4.59
1:39.56L	BB	F # 51	Women 10 & Under 100 Fly	RSA-NC	7	12	8.07
41.00L	A	F # 57	Women 10 & Under 50 Fly	RSA-NC	9	9	1.57
35.36L	A	F # 61	Women 10 & Under 50 Free	RSA-NC	7	12	0.06
1:33.55L	A	F # 65	Women 10 & Under 100 Back	RSA-NC	13	4	2.77
1:19.14L	A	F # 71	Women 10 & Under 100 Free	RSA-NC	9	9	-1.83
44.60L	AA	F # 79	Women 10 & Under 50 Breast	RSA-NC	3	16	2.35
3:10.63L	AA	F # 83	Women 10 & Under 200 IM	RSA-NC	5	14	4.03
Wallace, Matt (16) M							
2:11.86L	DQ	P # 2B	Men 15 & Over 200 Free	RSA-NC	---	---	---
29.82L		F # 6B	Men 15 & Over 50 Back	RSA-NC	13	4	-0.09
30.48L		P # 6B	Men 15 & Over 50 Back	RSA-NC	15	---	0.57
1:09.88L	BB	P # 8B	Men 15 & Over 100 Fly	RSA-NC	59	---	0.90
1:05.77L	AA	P # 18B	Men 15 & Over 100 Back	RSA-NC	29	---	0.82
26.79L	AA	P # 20B	Men 15 & Over 50 Free	RSA-NC	46	---	0.31
4:52.03L	BB	F # 26B	Men 15 & Over 400 Free	RSA-NC	48	---	7.21
2:19.72L	AA	P # 34B	Men 15 & Over 200 Back	RSA-NC	15	---	-4.65
2:25.80L	A	F # 34B	Men 15 & Over 200 Back	RSA-NC	8	11	1.43
2:38.45L	BB	P # 40B	Men 15 & Over 200 IM	RSA-NC	76	---	9.71
Wang, Anthony (10) M							
2:43.18L	AA	F # 44	Men 10 & Under 200 Free	RSA-NC	4	15	-9.66
1:26.59L	AA	F # 52	Men 10 & Under 100 Fly	RSA-NC	4	15	-4.93
34.92L	AAAA	F # 58	Men 10 & Under 50 Fly	RSA-NC	3	16	-1.06
33.28L	AAA	F # 62	Men 10 & Under 50 Free	RSA-NC	4	15	-0.35

Individual Meet Results
2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters

Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv
1:24.94L	AAA F # 66	Men 10 & Under 100 Back	RSA-NC	3	16	-0.54
1:14.30L	AA F # 72	Men 10 & Under 100 Free	RSA-NC	4	15	-2.88
38.40L	AAA F # 76	Men 10 & Under 50 Back	RSA-NC	3	16	-1.13
3:01.10L	DQ F # 84	Men 10 & Under 200 IM	RSA-NC	---	---	---
Watts, Ben (15) M						
NS	P # 6B	Men 15 & Over 50 Back	RSA-NC	---	---	---
NS	P # 20B	Men 15 & Over 50 Free	RSA-NC	---	---	---
NS	P # 22B	Men 15 & Over 50 Fly	RSA-NC	---	---	---
NS	P # 36B	Men 15 & Over 50 Breast	RSA-NC	---	---	---
Watts, Charlotte (10) W						
1:44.53L	A F # 47	Women 10 & Under 100 Breast	RSA-NC	6	13	-4.31
1:41.18L	BB F # 51	Women 10 & Under 100 Fly	RSA-NC	8	11	4.13
40.68L	A F # 57	Women 10 & Under 50 Fly	RSA-NC	7	12	0.02
38.13L	BB F # 61	Women 10 & Under 50 Free	RSA-NC	18	---	0.81
1:32.63L	A F # 65	Women 10 & Under 100 Back	RSA-NC	11	6	-10.01
43.02L	A F # 75	Women 10 & Under 50 Back	RSA-NC	8	11	0.33
49.92L	BB F # 79	Women 10 & Under 50 Breast	RSA-NC	5	14	-4.51
3:20.48L	BB F # 83	Women 10 & Under 200 IM	RSA-NC	7	12	1.96
Williams, Emma (13) W						
2:20.58L	AA P # 1A	Women 13-14 200 Free	RSA-NC	11	---	2.77
2:21.01L	AA F # 1A	Women 13-14 200 Free	RSA-NC	14	3	3.20
1:13.07L	AA F # 7A	Women 13-14 100 Fly	RSA-NC	12	5	-0.62
1:13.67L	A P # 7A	Women 13-14 100 Fly	RSA-NC	12	---	-0.02
5:51.89L	A F # 9A	Women 13-14 400 IM	RSA-NC	19	---	---
1:15.33L	A F # 17A	Women 13-14 100 Back	RSA-NC	13	4	0.09
1:16.45L	A P # 17A	Women 13-14 100 Back	RSA-NC	15	---	1.21
30.81L	AA P # 19A	Women 13-14 50 Free	RSA-NC	18	---	0.39
4:52.77L	AA F # 25A	Women 13-14 400 Free	RSA-NC	10	7	0.31
1:06.02L	AA P # 31A	Women 13-14 100 Free	RSA-NC	17	---	1.11
2:44.29L	A P # 35A	Women 13-14 200 Back	RSA-NC	20	---	3.95
2:43.80L	AA P # 39A	Women 13-14 200 IM	RSA-NC	19	---	-0.17
Witzke, Maddie (15) W						
2:34.21L	BB P # 1B	Women 15 & Over 200 Free	RSA-NC	82	---	2.80
1:22.35L	AA P # 3B	Women 15 & Over 100 Breast	RSA-NC	19	---	-2.68
36.06L	P # 5B	Women 15 & Over 50 Back	RSA-NC	26	---	-2.12
30.66L	A P # 19B	Women 15 & Over 50 Free	RSA-NC	55	---	0.26
34.24L	P # 21B	Women 15 & Over 50 Fly	RSA-NC	38	---	-2.20
2:51.39L	AA F # 23B	Women 15 & Over 200 Breast	RSA-NC	9	9	-10.35
2:56.75L	AA P # 23B	Women 15 & Over 200 Breast	RSA-NC	13	---	-4.99
2:45.77L	BB P # 35B	Women 15 & Over 200 Back	RSA-NC	52	---	-3.96
36.79L	F # 37B	Women 15 & Over 50 Breast	RSA-NC	11	6	-0.82
38.43L	P # 37B	Women 15 & Over 50 Breast	RSA-NC	17	---	0.82
2:46.36L	A P # 39B	Women 15 & Over 200 IM	RSA-NC	82	---	6.66
Wombacher, Kai (14) M						
2:20.98L	A P # 2A	Men 13-14 200 Free	RSA-NC	23	---	0.28
33.07L	F # 6A	Men 13-14 50 Back	RSA-NC	9	9	-4.47
33.33L	P # 6A	Men 13-14 50 Back	RSA-NC	9	---	-4.21

Individual Meet Results

2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters
Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv
NS	P # 8A	Men 13-14 100 Fly	RSA-NC	---	---	---
29.46L A	P # 20A	Men 13-14 50 Free	RSA-NC	20	---	0.59
31.47L	F # 22A	Men 13-14 50 Fly	RSA-NC	4	15	-8.59
32.28L	P # 22A	Men 13-14 50 Fly	RSA-NC	5	---	-7.78
4:56.48L A	F # 26A	Men 13-14 400 Free	RSA-NC	13	4	-3.53
1:13.78L A	F # 28	400 Medley Relay Lead Off	RSA-NC	---	---	2.03
1:04.79L A	P # 32A	Men 13-14 100 Free	RSA-NC	20	---	0.91
1:05.44L A	F # 32A	Men 13-14 100 Free	RSA-NC	16	1	1.56
2:36.98L A	F # 34A	Men 13-14 200 Back	RSA-NC	7	12	-11.26
2:37.66L A	P # 34A	Men 13-14 200 Back	RSA-NC	14	---	-10.58
2:40.87L A	F # 40A	Men 13-14 200 IM	RSA-NC	15	2	-28.73
2:42.32L A	P # 40A	Men 13-14 200 IM	RSA-NC	21	---	-27.28
Wombacher, Rio (8) M						
NS	F # 66	Men 10 & Under 100 Back	RSA-NC	---	---	---
NS	F # 76	Men 10 & Under 50 Back	RSA-NC	---	---	---
NS	F # 84	Men 10 & Under 200 IM	RSA-NC	---	---	---
Wombacher, Sierra (12) W						
NS	F # 41	Women 11-12 200 Free	RSA-NC	---	---	---
NS	F # 59	Women 11-12 50 Free	RSA-NC	---	---	---
NS	F # 63	Women 11-12 100 Back	RSA-NC	---	---	---
NS	F # 73	Women 11-12 100 Free	RSA-NC	---	---	---
NS	F # 77	Women 11-12 50 Back	RSA-NC	---	---	---
NS	F # 85	Women 11-12 200 IM	RSA-NC	---	---	---
Wu, Daniel (9) M						
2:57.37L BB	F # 44	Men 10 & Under 200 Free	RSA-NC	13	4	---
35.88L A	F # 62	Men 10 & Under 50 Free	RSA-NC	12	5	0.84
1:38.41L BB	F # 66	Men 10 & Under 100 Back	RSA-NC	16	1	-1.84
NS	F # 72	Men 10 & Under 100 Free	RSA-NC	---	---	---
45.37L BB	F # 76	Men 10 & Under 50 Back	RSA-NC	19	---	0.34
48.28L A	F # 80	Men 10 & Under 50 Breast	RSA-NC	5	14	-2.56
Wurst, Alyssa (13) W						
NS	P # 19A	Women 13-14 50 Free	RSA-NC	---	---	---
NS	P # 39A	Women 13-14 200 IM	RSA-NC	---	---	---
Yang, Bruce (14) M						
2:19.31L A	P # 2A	Men 13-14 200 Free	RSA-NC	20	---	-0.67
1:24.01L BB	F # 4A	Men 13-14 100 Breast	RSA-NC	5	14	0.18
1:25.47L BB	P # 4A	Men 13-14 100 Breast	RSA-NC	7	---	1.64
1:16.09L BB	P # 8A	Men 13-14 100 Fly	RSA-NC	23	---	0.02
28.71L AA	P # 20A	Men 13-14 50 Free	RSA-NC	14	---	-0.62
29.00L AA	F # 20A	Men 13-14 50 Free	RSA-NC	15	1.5	-0.33
3:04.14L BB	F # 24A	Men 13-14 200 Breast	RSA-NC	8	11	1.42
3:05.41L BB	P # 24A	Men 13-14 200 Breast	RSA-NC	8	---	2.69
4:47.63L AA	F # 26A	Men 13-14 400 Free	RSA-NC	10	7	-11.38
1:03.01L AA	P # 32A	Men 13-14 100 Free	RSA-NC	11	---	-1.39
1:04.10L A	F # 32A	Men 13-14 100 Free	RSA-NC	8	11	-0.30
NS	P # 36A	Men 13-14 50 Breast	RSA-NC	---	---	---
2:38.06L A	P # 40A	Men 13-14 200 IM	RSA-NC	15	---	-12.39

Individual Meet Results

2010 NC WAVE Capital City Invitational 11-Jun-10 to 13-Jun-10 LC Meters
Location: Cary, NC

Time	F/P/S	Event		Place	Points	Improv
2:40.10L A	F # 40A	Men 13-14 200 IM	RSA-NC	14	3	-10.35