

Greater Raleigh Summer League Championships
Entry Information
Triangle Aquatic Center
Sunday, July 11, 2010

****MEET ENTRY DEADLINE IS THURSDAY, July 1, 2010 AT 7:00 PM****

Host: New Wave Swim Team (WAVE).

Site: Triangle Aquatic Center
275 Convention Drive
Cary, NC 27511

Site Information: The Triangle Aquatic Center facility features a 50-meter pool divided into two courses, which include an 8-lane, 25-yard by 9-foot wide competition course and a 10-lane, 25-yard by 7-foot wide competition course, with a variable depth ranging from 7 to 12 feet. **There will be no warm-up/cool-down pool available** The pool is equipped with state-of-the-art, anti-turbulent lane lines and Paragon starting blocks A fully electronic, Daktronic Pro timing system, and two digital matrix scoreboards. and stopwatches will be used in each competition lane. Hy-Tek Meet Manager software will be used. Locker rooms for changing are available. Only meet volunteers and officials may be on deck.

NO PARENTS, unless volunteering, may be on deck.

Supporting Amenities:

Parking: There is parking directly in front of the facility available for coaches, officials and volunteers. There is additional parking at the Cary Towne Center Mall, directly adjacent & within easy walking distance of the facility for swimmers and parents. Athletes may be dropped off beside the facility before parking at the Mall.

Splash Café: A full service café located just inside the main entrance offering healthy meals, smoothies, coffees, drinks and snacks.

All American Swim Shop: The fully stocked swim shop is located beside the front desk and carries swimwear, apparel, swim supplies and accessories

Open Swim: During most meets, the Program pool and Instruction pool are open for recreation and fitness swimming. Check with the front desk for the cost of a day pass.

Facility Rules:

Please inform all families of the following pool rules.

- 1) **NO** smoking is allowed inside the facility.
- 2) **NO** outside food, drinks or coolers allowed inside the facility.
- 3) **NO** glass containers allowed inside the facility.
- 4) **NO** chairs allowed in the spectator level. Athletes and coaches may bring chairs on Deck.

Other Site Information:

There is seating capacity for 1,000 spectators on the viewing level. There is ample parking available in the adjacent mall lot. NO PARKING in the pool parking lot will be available.

Entry Deadline:

Team Manager entry files must be received by email using the TM-Lite software provided with this meet information and instructions on its use by **Thursday, July 1, 2010**. **Absolutely no entries will be accepted and complete without full payment (only one check from team for all entries) payable to "New Wave Swim Team" and a release waiver for each swimmer participating in this meet.**

*****Wavers need to be delivered to the WAVE office by July 8, 2010.***
We suggest having every parent complete one during your team registration.

Entry Instructions:

Meet entry files should be **emailed** to: wavemeets@nc.rr.com

Melanie Stahmer & Julie Bays, Lana Sanders Meet Directors
For questions regarding computer entry: wavemeets@nc.rr.com

WAVE Office: For hand delivery of Team Manager entry file on a CD, financial page and payment between 11am and 2pm on July 1st and July 8th 2010.

New Wave Swim Team Office
1306 Paddock Drive
Suite E-102 Quail Corners Office Commons
Raleigh, NC 27609
(919) 981-0644

Meet Schedule: Coach Check-In: 6:30am

Swimmers will meet their Team Representative in a designated Team area in the parking lot at beginning at 6:30am They will then enter the pool as a team. 11 and older swimmers will be allowed on deck no earlier than 12:15pm.

10 and under Warm-Up: 7:30 – 8:15 am
10 and under Start Time: 8:30 am
11 and older Warm-Up: **Not Before 12:30 pm**
11 and older Start Time: **Not before 1:30 pm**

Volunteers: *Coaches and TSA reps - your team will be able to have 2 parent helpers on deck for the morning session. You will be assigned either to provide 2 lane timers or clerk-of-course(am session only) volunteers. Each team is to provide one stroke and turn judge for the meet.*

Rules: This meet will be conducted in accordance with the current USA Swimming Code and the NCS Official Handbook and Safety Program, except where rules therein are optional and exceptions stated herein. The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Running and horseplay will not be allowed.

Coaches/Parent helpers will be responsible for bringing all 10 and Under swimmers to the starting lane for relays and to the Clerk of Course for remaining events.

**Eligibility/
Entry Limit:**

Swimmers must be members of an invited TSA member club in order to participate in this meet. **Each invited club is eligible to enter up to five (5) individuals in each individual event** and one (1) relay team per relay event. Swimmers may swim in a maximum of three (3) individual events and two (2) relays. **Swimmers must swim in the age group that they were in on June 1, 2010.** There will be NO age-ups for relays.

Entry RSVP: In order for us to expect an entry from your club, please e-mail us at wavemeets@nc.rr.com **no later than June 20, 2010.**

Entries: Please submit times swum for a **25-yard course** including 25-yard approximations for **all** participating 6 & Under swimmers. **Please be aware that using 15-yard times from summer league meets will seed swimmers from your club unfairly. All relay entries must be accompanied by the names of the swimmers in the relay, in the order they will swim by July 8, 2010 by 6:00 pm. If we do not receive names of swimmers with the relay entry the relay will not be scored.**

**Late Entries
& Changes:**

Late entries and/or substitutions may be accepted after the entry deadline but **only** in empty lanes and up to 6:00 pm on Thursday, July 8, 2010. Late entries will be accepted at the discretion of the Meet Director. **Double entry fees** will be charged for any late entries, including substitutions or changes, which occur after 7:00 pm on July 1, 2010 and before 6:00 pm on July 8, 2010.

NO LATE ENTRIES OR SUBSTITUTIONS WILL BE ACCEPTED ON THE DAY OF THE MEET.

Entry Fees:

Individual Fees:	\$2.50 per individual event
Relay Fee:	\$10.00 per relay event
Swimmer Fee:	\$7.50 per swimmer *

* Swimmers who only are swimming on relays are also subject to the \$7.50 swimmer fee as a team member.

Entry fees are non-refundable. This meet will be run rain or shine.
Pool management will make all decisions concerning inclement weather.

Awards: Medals: 1st-8th place individual events
1st-3rd place relays
Ribbons: 9th-16th place individual events
4th-8th place relays

Scoring: Team score will be kept and team awards presented to the top-6 clubs.
Scoring will be as follows:

Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay events: Double the individual points.

Coaches: A coach's packet will be available for all clubs at the coach's check in beginning at 6:30am
A meeting will be held at **8:15 am** for all coaches.

Officials: Officials will meet at **8:00 am** at the hospitality room.

Hospitality: Drinks and snacks will be provided to the coaches and officials.

Parking: **All parking** is located at the Cary Town Mall parking lot across from the pool.

Concessions: Food and refreshments will be available at the concession stand in the main lobby.

THE NEW WAVE SWIM TEAM, INC., TRIANGLE AQUATIC CENTER AND ALL EMPLOYEES AND REPRESENTATIVES OF THESE ORGANIZATIONS SHALL BE HELD FREE AND HARMLESS FROM ANY AND ALL LIABILITIES OR CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS MEET.

**GREATER RALEIGH SUMMER LEAGUE CHAMPIONSHIPS ORDER OF EVENTS
JULY 11, 2010**

Sunday Morning – 6&U, 7-8, 9-10 Events

Warm-ups - 7:30-8:15 am

Meet Start - 8:30 am

Girls Event #	Event	Boys Event #
1	9-10 100-yard Medley Relay	2
3	8 & Under 100-yard Medley Relay	4
5	9-10 25-yard Freestyle	6
7	7-8 25-yard Freestyle	8
9	6 & Under 25-yard Freestyle	10
11	9-10 25-yard Backstroke	12
13	7-8 25-yard Backstroke	14
15	6 & Under 25-yard Backstroke	16
17	9-10 25-yard Breaststroke	18
19	7-8 25-yard Breaststroke	20
21	9-10 25-yard Butterfly	22
23	7-8 25-yard Butterfly	24
25	9-10 100-yard Freestyle Relay	26
27	8 & Under 100-yard Freestyle Relay	28

Sunday Afternoon -- 11-12, 13-14 and 15-18 Events

Warm-ups - Not before 12:30 am

Meet Start - Not before 1:30 pm

Girls Event #	Event	Boys Event #
29	11-12 200-yard Medley Relay	30
31	13-14 200-yard Medley Relay	32
33	15-18 200-yard Medley Relay	34
35	11-12 50-yard Freestyle	36
37	13-14 50-yard Freestyle	38
39	15-18 50-yard Freestyle	40
41	11-12 50-yard Backstroke	42
43	13-14 50-yard Backstroke	44
45	15-18 50-yard Backstroke	46
47	11-12 50-yard Breaststroke	48
49	13-14 50-yard Breaststroke	50
51	15-18 50-yard Breaststroke	52
53	11-12 50-yard Butterfly	54
55	13-14 50-yard Butterfly	56
57	15-18 50-yard Butterfly	58
59	11-12 200-yard Free Relay	60
61	13-14 200-yard Free Relay	62
63	15-18 200-yard Free Relay	64

Financial Summary Information

Please return with entry forms and fees

TSA Club Name: _____ Phone #: _____

Address: _____

City, State, Zip: _____

Head Coach: _____ Cell Phone #: _____

E-mail address: _____ Eve Phone #: _____

Day Phone #: _____

TSA Rep: _____ Cell Phone #: _____

E-mail address: _____

Age Group	Number of Swimmers Entered	\$7.50 per swimmer	Number of Individual Events	Individual Entry Fees \$2.50/event	Number of Relay Teams	Relay Fees \$10 per team	Total Fees
6&U Boys							
6&U Girls							
7-8 Boys							
7-8 Girls							
9-10 Boys							
9-10 Girls							
11-12 Boys							
11-12 Girls							
13-14 Boys							
13-14 Girls							
15-18 Boys							
15-18 Girls							
TOTAL FEES							

All participants MUST sign this AGREEMENT TO PARTICIPATE!

NEW WAVE SWIM TEAM

GREATER RALEIGH SUMMER LEAGUE CHAMPIONSHIPS

July 11, 2010

WAIVER/RELEASE OF LIABILITY

PLEASE READ CAREFULLY BEFORE SIGNING.

THIS IS A RELEASE OF LIABILITY AND WAIVER OF CERTAIN LEGAL RIGHTS.

I, _____, the enrolled participant and/or the parent/guardian of the participant agree and understand that swimming is a HAZARDOUS activity. I recognize that there are risks inherent in the sport of swimming, including but not limited to, paralyzing injuries and death.

The participant hereby agrees to participate in the Greater Raleigh Summer League Championships and hereby agrees to indemnify and hold harmless New Wave Swim Team, its coaches, officers, directors, agents and employees against any liability resulting from any injury that may occur to the participant while participating in (program). The participant also agrees to indemnify New Wave Swim Team for any damages incurred arising from any claims, demand, action or cause of action by the participant.

The participant authorizes any representative of New Wave Swim Team to have the participant treated in any medical emergency during their participation in the Greater Raleigh Summer League Championships. Further, the participant and/or parent/guardian agrees to pay all costs associated with medical care and transportation for the participant.

I have noted on the back of this form any medical/health problems of which the staff should be aware.

I HAVE CAREFULLY READ THE ABOVE LIABILITY RELEASE AND SIGN IT WITH FULL KNOWLEDGE OF ITS CONTENTS AND SIGNIFICANCE.

Participant's Name: _____
(Please Print)

TSA Team: _____ AGE: _____

USA Registered swimmer: YES NO (Please circle)

Signed: _____ Date: _____
(Participant or Parent/Guardian if under 18)

Print Parent Name: _____

All participants MUST sign this AGREEMENT TO PARTICIPATE!