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**Individual Meet Results**
**2010 NC Senior LC Championships 22-Jul-10 to 25-Jul-10 LC Meters**

Location: Cary, NC

| Time                          | F/P/S      | Event                 |        | Place | Points | Improv |
|-------------------------------|------------|-----------------------|--------|-------|--------|--------|
| <b>Arve, Philip (20) M</b>    |            |                       |        |       |        |        |
| NS                            | P # 10     | Men Open 100 Fly      | RSA-NC | ---   | ---    | ---    |
| NS                            | P # 16     | Men Open 200 Fly      | RSA-NC | ---   | ---    | ---    |
| NS                            | P # 18     | Men Open 50 Free      | RSA-NC | ---   | ---    | ---    |
| <b>Barfield, Chris (17) M</b> |            |                       |        |       |        |        |
| 1:02.49L                      | AA P # 10  | Men Open 100 Fly      | RSA-NC | 56    | ---    | -0.98  |
| 25.77L                        | AA P # 18  | Men Open 50 Free      | RSA-NC | 42    | ---    | -0.46  |
| 57.50L                        | AA P # 26  | Men Open 100 Free     | RSA-NC | 59    | ---    | -1.18  |
| <b>Bell, Victoria (15) W</b>  |            |                       |        |       |        |        |
| 2:23.20L                      | A P # 5    | Women Open 200 Free   | RSA-NC | 96    | ---    | 6.20   |
| 5:47.55L                      | A P # 11   | Women Open 400 IM     | RSA-NC | 64    | ---    | 16.45  |
| <b>Burnette, Kb (18) W</b>    |            |                       |        |       |        |        |
| 1:09.21L                      | AA P # 9   | Women Open 100 Fly    | RSA-NC | 45    | ---    | -1.58  |
| 28.93L                        | AA P # 17  | Women Open 50 Free    | RSA-NC | 55    | ---    | -0.10  |
| 1:10.80L                      | AA P # 21  | Women Open 100 Back   | RSA-NC | 39    | ---    | -1.52  |
| 1:02.06L                      | AAA P # 25 | Women Open 100 Free   | RSA-NC | 46    | ---    | -1.75  |
| 2:42.25L                      | A P # 29   | Women Open 200 Back   | RSA-NC | 60    | ---    | 6.00   |
| <b>Bussey, Torrey (18) W</b>  |            |                       |        |       |        |        |
| 1:16.17L                      | AAA F # 7  | Women Open 100 Breast | RSA-NC | 17    | ---    | 4.22   |
| 1:17.91L                      | AAA P # 7  | Women Open 100 Breast | RSA-NC | 17    | ---    | 5.96   |
| 2:45.24L                      | AAA F # 19 | Women Open 200 Breast | RSA-NC | 10    | 7      | 1.12   |
| 2:48.79L                      | AAA P # 19 | Women Open 200 Breast | RSA-NC | 10    | ---    | 4.67   |
| 1:09.62L                      | AAA P # 21 | Women Open 100 Back   | RSA-NC | 22    | ---    | 3.27   |
| 2:33.17L                      | AA P # 29  | Women Open 200 Back   | RSA-NC | 31    | ---    | 7.72   |
| 2:27.43L                      | AAA P # 31 | Women Open 200 IM     | RSA-NC | 6     | ---    | 5.38   |
| 2:27.45L                      | AAA F # 31 | Women Open 200 IM     | RSA-NC | 6     | 13     | 5.40   |
| <b>Cade, Ryan (15) M</b>      |            |                       |        |       |        |        |
| 1:12.94L                      | AAA P # 8  | Men Open 100 Breast   | RSA-NC | 29    | ---    | -0.82  |
| 5:02.31L                      | AA P # 12  | Men Open 400 IM       | RSA-NC | 31    | ---    | -4.69  |
| 2:39.35L                      | AAA P # 20 | Men Open 200 Breast   | RSA-NC | 29    | ---    | 0.98   |
| 4:34.87L                      | AA P # 24  | Men Open 400 Free     | RSA-NC | 57    | ---    | 3.73   |
| 57.89L                        | AAA P # 26 | Men Open 100 Free     | RSA-NC | 67    | ---    | -1.02  |
| 2:20.65L                      | AAA P # 32 | Men Open 200 IM       | RSA-NC | 46    | ---    | -2.85  |
| <b>Caron, Hannah (19) W</b>   |            |                       |        |       |        |        |
| 2:07.44L                      | F # 5      | Women Open 200 Free   | RSA-NC | 5     | 14     | 2.39   |
| 2:08.52L                      | P # 5      | Women Open 200 Free   | RSA-NC | 4     | ---    | 3.47   |
| 1:01.74L                      | F # 9      | Women Open 100 Fly    | RSA-NC | 1     | 20     | -0.18  |
| 1:02.79L                      | P # 9      | Women Open 100 Fly    | RSA-NC | 1     | ---    | 0.87   |
| 27.45L                        | F # 17     | Women Open 50 Free    | RSA-NC | 10    | 7      | 0.02   |
| 27.84L                        | P # 17     | Women Open 50 Free    | RSA-NC | 10    | ---    | 0.41   |
| 2:46.12L                      | P # 19     | Women Open 200 Breast | RSA-NC | 6     | ---    | 2.81   |
| 2:47.67L                      | F # 19     | Women Open 200 Breast | RSA-NC | 8     | 11     | 4.36   |
| 58.80L                        | P # 25     | Women Open 100 Free   | RSA-NC | 2     | ---    | 0.03   |
| 58.87L                        | F # 25     | Women Open 100 Free   | RSA-NC | 3     | 16     | 0.10   |
| 2:21.70L                      | F # 31     | Women Open 200 IM     | RSA-NC | 2     | 17     | 1.38   |
| 2:25.71L                      | P # 31     | Women Open 200 IM     | RSA-NC | 2     | ---    | 5.39   |

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**Individual Meet Results**
**2010 NC Senior LC Championships 22-Jul-10 to 25-Jul-10 LC Meters**

Location: Cary, NC

| Time                           | F/P/S       | Event                     | Place      | Points | Improv |
|--------------------------------|-------------|---------------------------|------------|--------|--------|
| <b>Chavez, Jose (16) M</b>     |             |                           |            |        |        |
| 1:09.45L                       | AAAA P # 8  | Men Open 100 Breast       | RSA-NC 11  | ---    | -1.25  |
| 1:09.46L                       | AAAA F # 8  | Men Open 100 Breast       | RSA-NC 11  | 6      | -1.24  |
| 1:01.39L                       | AAA P # 10  | Men Open 100 Fly          | RSA-NC 43  | ---    | 1.45   |
| 2:35.83L                       | AAA F # 20  | Men Open 200 Breast       | RSA-NC 22  | ---    | 1.15   |
| 2:36.49L                       | AAA P # 20  | Men Open 200 Breast       | RSA-NC 23  | ---    | 1.81   |
| 2:13.68L                       | AAAA F # 32 | Men Open 200 IM           | RSA-NC 17  | ---    | 0.54   |
| 2:17.18L                       | AAA P # 32  | Men Open 200 IM           | RSA-NC 22  | ---    | 4.04   |
| 59.98L                         | AAA T # 605 | Men Open 100 Fly          | RSA-NC 1   | ---    | 0.04   |
| <b>Connors, Kristin (16) W</b> |             |                           |            |        |        |
| 9:22.59L                       | AAA F # 1   | Women Open 800 Free       | RSA-NC 7   | 12     | -13.64 |
| 2:10.51L                       | AAA F # 5   | Women Open 200 Free       | RSA-NC 18  | ---    | -1.00  |
| 2:11.67L                       | AAA P # 5   | Women Open 200 Free       | RSA-NC 22  | ---    | 0.16   |
| 4:34.41L                       | AAA P # 23  | Women Open 400 Free       | RSA-NC 7   | ---    | -2.39  |
| 4:35.05L                       | AAA F # 23  | Women Open 400 Free       | RSA-NC 8   | 11     | -1.75  |
| 1:02.03L                       | AAA P # 25  | Women Open 100 Free       | RSA-NC 44  | ---    | -0.08  |
| 17:59.84L                      | AAA F # 27  | Women Open 1500 Free      | RSA-NC 4   | 15     | -28.64 |
| <b>Cox, Ryan (20) M</b>        |             |                           |            |        |        |
| 1:07.50L                       | F # 8       | Men Open 100 Breast       | RSA-NC 4   | 15     | 0.83   |
| 1:07.69L                       | P # 8       | Men Open 100 Breast       | RSA-NC 3   | ---    | 1.02   |
| 25.99L                         | P # 18      | Men Open 50 Free          | RSA-NC 52  | ---    | 0.49   |
| 2:31.47L                       | F # 20      | Men Open 200 Breast       | RSA-NC 12  | 5      | 0.78   |
| 2:33.45L                       | P # 20      | Men Open 200 Breast       | RSA-NC 15  | ---    | 2.76   |
| 2:17.41L                       | P # 32      | Men Open 200 IM           | RSA-NC 23  | ---    | 0.84   |
| <b>Cross, Neville (18) M</b>   |             |                           |            |        |        |
| 1:26.26L                       | B P # 8     | Men Open 100 Breast       | RSA-NC 49  | ---    | 4.22   |
| 1:05.56L                       | A P # 10    | Men Open 100 Fly          | RSA-NC 75  | ---    | 2.29   |
| 27.31L                         | A P # 18    | Men Open 50 Free          | RSA-NC 85  | ---    | 0.79   |
| 1:01.11L                       | DQ P # 26   | Men Open 100 Free         | RSA-NC --- | ---    | ---    |
| <b>D'Alessio, Patch (16) M</b> |             |                           |            |        |        |
| 1:15.61L                       | AA P # 8    | Men Open 100 Breast       | RSA-NC 44  | ---    | 1.77   |
| 2:50.63L                       | A P # 20    | Men Open 200 Breast       | RSA-NC 41  | ---    | 2.26   |
| 59.42L                         | AA P # 26   | Men Open 100 Free         | RSA-NC 91  | ---    | 0.40   |
| 2:26.92L                       | AA P # 32   | Men Open 200 IM           | RSA-NC 67  | ---    | -0.37  |
| <b>DeForest, Mitch (16) M</b>  |             |                           |            |        |        |
| 8:42.76L                       | AAAA F # 2  | Men Open 800 Free         | RSA-NC 7   | 12     | -5.67  |
| 2:01.71L                       | AAA P # 6   | Men Open 200 Free         | RSA-NC 33  | ---    | 0.78   |
| 4:38.10L                       | AAAA F # 12 | Men Open 400 IM           | RSA-NC 2   | 17     | -7.08  |
| 4:44.64L                       | AAAA P # 12 | Men Open 400 IM           | RSA-NC 5   | ---    | -0.54  |
| 1:01.73L                       | AAAA P # 22 | Men Open 100 Back         | RSA-NC 15  | ---    | -0.98  |
| 1:02.04L                       | AAA F # 22  | Men Open 100 Back         | RSA-NC 16  | 1      | -0.67  |
| 4:19.67L                       | AAA P # 24  | Men Open 400 Free         | RSA-NC 24  | ---    | 9.90   |
| 2:11.39L                       | AAAA F # 28 | Men Open 200 Back         | RSA-NC 5   | 14     | -2.10  |
| 2:11.75L                       | AAAA P # 28 | Men Open 200 Back         | RSA-NC 6   | ---    | -1.74  |
| 16:35.18L                      | AAAA F # 30 | Men Open 1500 Free        | RSA-NC 2   | 17     | -14.79 |
| 1:02.71L                       | AAA F # 34  | 400 Medley Relay Lead Off | RSA-NC --- | ---    | ---    |

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**2010 NC Senior LC Championships 22-Jul-10 to 25-Jul-10 LC Meters**

Location: Cary, NC

| Time                            | F/P/S       | Event                   | Place      | Points | Improv |
|---------------------------------|-------------|-------------------------|------------|--------|--------|
| <b>Dove, Sawyer (16) M</b>      |             |                         |            |        |        |
| 2:09.07L                        | AA P # 6    | Men Open 200 Free       | RSA-NC 88  | ---    | 3.05   |
| 27.23L                          | AA P # 18   | Men Open 50 Free        | RSA-NC 84  | ---    | 0.51   |
| 4:26.98L                        | AA P # 24   | Men Open 400 Free       | RSA-NC 45  | ---    | -3.12  |
| 2:22.85L                        | AA P # 28   | Men Open 200 Back       | RSA-NC 40  | ---    | -0.24  |
| 2:25.58L                        | AA P # 32   | Men Open 200 IM         | RSA-NC 64  | ---    | 2.01   |
| <b>Dupree, Tucker (21) M</b>    |             |                         |            |        |        |
| 2:02.59L                        | F # 4       | 800 Free Relay Lead Off | RSA-NC --- | ---    | -2.80  |
| 2:06.95L                        | P # 6       | Men Open 200 Free       | RSA-NC 75  | ---    | 1.56   |
| 56.21L                          | F # 14      | 400 Free Relay Lead Off | RSA-NC --- | ---    | 0.33   |
| 25.71L                          | P # 18      | Men Open 50 Free        | RSA-NC 41  | ---    | 0.36   |
| 1:05.56L                        | P # 22      | Men Open 100 Back       | RSA-NC 56  | ---    | 0.18   |
| 58.20L                          | P # 26      | Men Open 100 Free       | RSA-NC 75  | ---    | 2.32   |
| <b>Giglio, Lindsey (16) W</b>   |             |                         |            |        |        |
| 1:24.78L                        | A P # 7     | Women Open 100 Breast   | RSA-NC 62  | ---    | 3.30   |
| 29.98L                          | AA P # 17   | Women Open 50 Free      | RSA-NC 104 | ---    | 0.95   |
| 1:05.20L                        | AA P # 25   | Women Open 100 Free     | RSA-NC 108 | ---    | 1.96   |
| <b>Godlewski, Jessie (16) W</b> |             |                         |            |        |        |
| 9:12.66L                        | AAAA F # 1  | Women Open 800 Free     | RSA-NC 4   | 15     | -5.12  |
| 2:09.08L                        | AAA F # 3   | 800 Free Relay Lead Off | RSA-NC --- | ---    | 1.25   |
| 1:03.00L                        | AAAA F # 9  | Women Open 100 Fly      | RSA-NC 4   | 15     | -0.38  |
| 1:03.86L                        | AAAA P # 9  | Women Open 100 Fly      | RSA-NC 3   | ---    | 0.48   |
| 5:05.36L                        | AAAA F # 11 | Women Open 400 IM       | RSA-NC 3   | 16     | -0.98  |
| 5:07.63L                        | AAA P # 11  | Women Open 400 IM       | RSA-NC 4   | ---    | 1.29   |
| 2:17.79L                        | AAAA F # 15 | Women Open 200 Fly      | RSA-NC 1   | 20     | 0.99   |
| 2:22.22L                        | AAAA P # 15 | Women Open 200 Fly      | RSA-NC 1   | ---    | 5.42   |
| 4:31.47L                        | AAA F # 23  | Women Open 400 Free     | RSA-NC 5   | 14     | -0.82  |
| 4:34.02L                        | AAA P # 23  | Women Open 400 Free     | RSA-NC 6   | ---    | 1.73   |
| 2:25.90L                        | AAA F # 29  | Women Open 200 Back     | RSA-NC 7   | 12     | 0.45   |
| 2:26.69L                        | AAA P # 29  | Women Open 200 Back     | RSA-NC 8   | ---    | 1.24   |
| 2:26.33L                        | AAAA F # 31 | Women Open 200 IM       | RSA-NC 9   | 9      | -0.41  |
| 2:28.40L                        | AAA P # 31  | Women Open 200 IM       | RSA-NC 9   | ---    | 1.66   |
| <b>Harrison, Logan (16) M</b>   |             |                         |            |        |        |
| 2:06.55L                        | AA P # 6    | Men Open 200 Free       | RSA-NC 73  | ---    | 1.17   |
| 1:02.02L                        | AAA P # 10  | Men Open 100 Fly        | RSA-NC 52  | ---    | -0.47  |
| 2:18.10L                        | AA P # 16   | Men Open 200 Fly        | RSA-NC 27  | ---    | -1.15  |
| 1:05.97L                        | AA P # 22   | Men Open 100 Back       | RSA-NC 59  | ---    | 0.60   |
| 57.71L                          | AAA P # 26  | Men Open 100 Free       | RSA-NC 65  | ---    | -0.08  |
| 2:27.27L                        | AA P # 32   | Men Open 200 IM         | RSA-NC 69  | ---    | 3.87   |
| 25.96L                          | AAA T # 301 | Men Open 50 Free        | RSA-NC 1   | ---    | -0.38  |
| <b>Hatt, Rachel (13) W</b>      |             |                         |            |        |        |
| 28.48L                          | AAA P # 17  | Women Open 50 Free      | RSA-NC 33  | ---    | 0.99   |
| <b>Henry, Andrew (16) M</b>     |             |                         |            |        |        |
| 8:26.33L                        | AAAA F # 2  | Men Open 800 Free       | RSA-NC 1   | 20     | -33.30 |
| 1:55.00L                        | AAAA F # 4  | 800 Free Relay Lead Off | RSA-NC --- | ---    | -3.56  |
| 1:53.95L                        | AAAA F # 6  | Men Open 200 Free       | RSA-NC 1   | 20     | -4.61  |
| 1:55.87L                        | AAAA P # 6  | Men Open 200 Free       | RSA-NC 3   | ---    | -2.69  |

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Location: Cary, NC

| Time                         | F/P/S       | Event                   | Place | Points | Improv |
|------------------------------|-------------|-------------------------|-------|--------|--------|
| 4:31.84L                     | AAAA F # 12 | Men Open 400 IM         | 1     | 20     | -2.17  |
| 4:41.61L                     | AAAA P # 12 | Men Open 400 IM         | 1     | ---    | 7.60   |
| 2:28.54L                     | AAAA F # 20 | Men Open 200 Breast     | 7     | 12     | -0.85  |
| 2:30.78L                     | AAAA P # 20 | Men Open 200 Breast     | 7     | ---    | 1.39   |
| 4:04.87L                     | AAAA F # 24 | Men Open 400 Free       | 1     | 20     | -2.65  |
| 4:08.63L                     | AAAA P # 24 | Men Open 400 Free       | 3     | ---    | 1.11   |
| 2:08.77L                     | AAAA F # 28 | Men Open 200 Back       | 3     | 16     | -1.56  |
| 2:10.53L                     | AAAA P # 28 | Men Open 200 Back       | 4     | ---    | 0.20   |
| 2:08.04L                     | AAAA F # 32 | Men Open 200 IM         | 1     | 20     | -2.88  |
| 2:11.74L                     | AAAA P # 32 | Men Open 200 IM         | 3     | ---    | 0.82   |
| <b>Henry, Sarah E (15) W</b> |             |                         |       |        |        |
| 9:38.20L                     | AAA F # 1   | Women Open 800 Free     | 20    | ---    | -5.22  |
| 2:11.48L                     | AAA F # 3   | 800 Free Relay Lead Off | ---   | ---    | -2.07  |
| 1:09.40L                     | AA P # 9    | Women Open 100 Fly      | 47    | ---    | 0.62   |
| 5:25.54L                     | AA P # 11   | Women Open 400 IM       | 37    | ---    | 6.53   |
| 2:31.18L                     | AA F # 15   | Women Open 200 Fly      | 19    | ---    | 0.80   |
| 2:32.37L                     | AA P # 15   | Women Open 200 Fly      | 19    | ---    | 1.99   |
| 1:10.60L                     | AA P # 21   | Women Open 100 Back     | 35    | ---    | -0.02  |
| 1:02.52L                     | AAA P # 25  | Women Open 100 Free     | 54    | ---    | 0.58   |
| 2:28.82L                     | AAA F # 29  | Women Open 200 Back     | 19    | ---    | -0.25  |
| 2:31.84L                     | AA P # 29   | Women Open 200 Back     | 27    | ---    | 2.77   |
| <b>Henry, Sarah M (18) W</b> |             |                         |       |        |        |
| 8:47.23L                     | AAAA F # 1  | Women Open 800 Free     | 1     | 20     | -2.29  |
| 2:02.04L                     | AAAA F # 5  | Women Open 200 Free     | 1     | 20     | 0.37   |
| 2:06.69L                     | AAAA P # 5  | Women Open 200 Free     | 2     | ---    | 5.02   |
| 4:51.32L                     | AAAA F # 11 | Women Open 400 IM       | 1     | 20     | 5.40   |
| 5:04.52L                     | AAAA P # 11 | Women Open 400 IM       | 1     | ---    | 18.60  |
| 58.84L                       | AAAA F # 13 | 400 Free Relay Lead Off | ---   | ---    | 1.44   |
| 2:35.40L                     | AAAA F # 19 | Women Open 200 Breast   | 1     | 20     | 4.21   |
| 2:40.51L                     | AAAA P # 19 | Women Open 200 Breast   | 1     | ---    | 9.32   |
| 4:17.69L                     | AAAA F # 23 | Women Open 400 Free     | 1     | 20     | 1.50   |
| 4:33.14L                     | AAA P # 23  | Women Open 400 Free     | 5     | ---    | 16.95  |
| 17:12.45L                    | AAAA F # 27 | Women Open 1500 Free    | 1     | 20     | -3.51  |
| 2:18.35L                     | AAAA F # 31 | Women Open 200 IM       | 1     | 20     | 1.73   |
| 2:25.60L                     | AAA P # 31  | Women Open 200 IM       | 1     | ---    | 8.98   |
| <b>Johnson, Abby (16) W</b>  |             |                         |       |        |        |
| 1:11.18L                     | AA P # 21   | Women Open 100 Back     | 42    | ---    | -1.54  |
| 1:05.04L                     | AA P # 25   | Women Open 100 Free     | 106   | ---    | 0.54   |
| 2:34.75L                     | AA P # 29   | Women Open 200 Back     | 40    | ---    | 0.73   |
| <b>Kab, Dylan (19) M</b>     |             |                         |       |        |        |
| 8:43.11L                     | F # 2       | Men Open 800 Free       | 8     | 11     | -21.68 |
| 2:00.09L                     | P # 6       | Men Open 200 Free       | 16    | ---    | 0.71   |
| 2:00.40L                     | F # 6       | Men Open 200 Free       | 16    | 1      | 1.02   |
| NS                           | P # 10      | Men Open 100 Fly        | ---   | ---    | ---    |
| NS                           | P # 18      | Men Open 50 Free        | ---   | ---    | ---    |
| NS                           | P # 26      | Men Open 100 Free       | ---   | ---    | ---    |

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**Individual Meet Results**
**2010 NC Senior LC Championships 22-Jul-10 to 25-Jul-10 LC Meters**

Location: Cary, NC

| Time                           | F/P/S       | Event                 |        | Place | Points | Improv |
|--------------------------------|-------------|-----------------------|--------|-------|--------|--------|
| <b>Lamb, Andy (19) M</b>       |             |                       |        |       |        |        |
| 58.06L                         | F # 10      | Men Open 100 Fly      | RSA-NC | 9     | 9      | -0.33  |
| 58.71L                         | P # 10      | Men Open 100 Fly      | RSA-NC | 12    | ---    | 0.32   |
| 24.94L                         | P # 18      | Men Open 50 Free      | RSA-NC | 12    | ---    | 0.49   |
| 25.10L                         | F # 18      | Men Open 50 Free      | RSA-NC | 13    | 4      | 0.65   |
| 1:01.33L                       | F # 22      | Men Open 100 Back     | RSA-NC | 18    | ---    | 1.47   |
| 1:02.12L                       | P # 22      | Men Open 100 Back     | RSA-NC | 20    | ---    | 2.26   |
| 53.33L                         | F # 26      | Men Open 100 Free     | RSA-NC | 9     | 9      | -1.41  |
| 54.22L                         | P # 26      | Men Open 100 Free     | RSA-NC | 10    | ---    | -0.52  |
| <b>Maloney, Bailey (15) M</b>  |             |                       |        |       |        |        |
| 2:08.76L                       | AA P # 6    | Men Open 200 Free     | RSA-NC | 86    | ---    | 1.58   |
| 1:15.20L                       | AA P # 8    | Men Open 100 Breast   | RSA-NC | 41    | ---    | -0.13  |
| 25.86L                         | AAA P # 18  | Men Open 50 Free      | RSA-NC | 45    | ---    | ---    |
| 57.08L                         | AAA P # 26  | Men Open 100 Free     | RSA-NC | 50    | ---    | 0.49   |
| 2:26.09L                       | AA P # 32   | Men Open 200 IM       | RSA-NC | 66    | ---    | -0.63  |
| <b>Martinez, Marisa (15) W</b> |             |                       |        |       |        |        |
| 2:12.44L                       | AAA P # 5   | Women Open 200 Free   | RSA-NC | 27    | ---    | -2.03  |
| 1:08.88L                       | AA P # 9    | Women Open 100 Fly    | RSA-NC | 38    | ---    | -2.31  |
| 28.66L                         | AAA P # 17  | Women Open 50 Free    | RSA-NC | 43    | ---    | -0.59  |
| 1:10.41L                       | AA P # 21   | Women Open 100 Back   | RSA-NC | 32    | ---    | -1.41  |
| 4:35.88L                       | AAA F # 23  | Women Open 400 Free   | RSA-NC | 13    | 4      | -11.40 |
| 4:38.45L                       | AAA P # 23  | Women Open 400 Free   | RSA-NC | 15    | ---    | -8.83  |
| 1:01.05L                       | AAA F # 25  | Women Open 100 Free   | RSA-NC | 22    | ---    | -1.12  |
| 1:01.16L                       | AAA P # 25  | Women Open 100 Free   | RSA-NC | 19    | ---    | -1.01  |
| 2:29.98L                       | AAA F # 29  | Women Open 200 Back   | RSA-NC | 21    | ---    | -0.94  |
| 2:32.01L                       | AA P # 29   | Women Open 200 Back   | RSA-NC | 28    | ---    | 1.09   |
| <b>Mascia, Nina (17) W</b>     |             |                       |        |       |        |        |
| 2:12.69L                       | AAA P # 5   | Women Open 200 Free   | RSA-NC | 31    | ---    | -0.77  |
| 1:05.76L                       | AAA F # 9   | Women Open 100 Fly    | RSA-NC | 13    | 4      | -1.10  |
| 1:05.78L                       | AAA P # 9   | Women Open 100 Fly    | RSA-NC | 14    | ---    | -1.08  |
| 2:24.29L                       | AAA F # 15  | Women Open 200 Fly    | RSA-NC | 7     | 12     | -9.22  |
| 2:26.72L                       | AAA P # 15  | Women Open 200 Fly    | RSA-NC | 6     | ---    | -6.79  |
| 28.78L                         | AAA P # 17  | Women Open 50 Free    | RSA-NC | 48    | ---    | -0.24  |
| 1:01.14L                       | AAA P # 25  | Women Open 100 Free   | RSA-NC | 18    | ---    | -3.13  |
| 1:01.17L                       | AAA F # 25  | Women Open 100 Free   | RSA-NC | 23    | ---    | -3.10  |
| <b>Mathews, Alex (16) M</b>    |             |                       |        |       |        |        |
| 26.09L                         | AAA P # 18  | Men Open 50 Free      | RSA-NC | 60    | ---    | -0.04  |
| 59.22L                         | AA P # 26   | Men Open 100 Free     | RSA-NC | 89    | ---    | 0.42   |
| <b>Monty, Caitlin (14) W</b>   |             |                       |        |       |        |        |
| 29.27L                         | AAA P # 17  | Women Open 50 Free    | RSA-NC | 72    | ---    | 0.43   |
| <b>Moore, Hannah (13) W</b>    |             |                       |        |       |        |        |
| 5:16.50L                       | AAA P # 11  | Women Open 400 IM     | RSA-NC | 21    | ---    | 5.61   |
| 2:58.70L                       | AA P # 19   | Women Open 200 Breast | RSA-NC | 45    | ---    | -2.76  |
| 1:07.40L                       | AAAA F # 21 | Women Open 100 Back   | RSA-NC | 10    | 7      | 0.76   |
| 1:08.41L                       | AAA P # 21  | Women Open 100 Back   | RSA-NC | 12    | ---    | 1.77   |
| 2:21.25L                       | AAAA F # 29 | Women Open 200 Back   | RSA-NC | 1     | 20     | -0.49  |
| 2:24.31L                       | AAAA P # 29 | Women Open 200 Back   | RSA-NC | 3     | ---    | 2.57   |

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**Individual Meet Results**
**2010 NC Senior LC Championships 22-Jul-10 to 25-Jul-10 LC Meters**

Location: Cary, NC

| Time                            | F/P/S       | Event                     | Place  | Points | Improv |
|---------------------------------|-------------|---------------------------|--------|--------|--------|
| 1:07.05L                        | AAAA F # 33 | 400 Medley Relay Lead Off | RSA-NC | ---    | 0.41   |
| <b>Newland, Matthew (17) M</b>  |             |                           |        |        |        |
| 9:03.73L                        | AAA F # 2   | Men Open 800 Free         | RSA-NC | 22     | 7.85   |
| 2:07.24L                        | AA P # 6    | Men Open 200 Free         | RSA-NC | 77     | 2.03   |
|                                 | DQ P # 12   | Men Open 400 IM           | RSA-NC | ---    | ---    |
| 4:24.17L                        | AA P # 24   | Men Open 400 Free         | RSA-NC | 36     | -3.79  |
| 59.66L                          | A P # 26    | Men Open 100 Free         | RSA-NC | 93     | 1.25   |
| 17:18.55L                       | AAA F # 30  | Men Open 1500 Free        | RSA-NC | 14     | 3      |
| <b>Nobles, Claire (16) W</b>    |             |                           |        |        |        |
| 2:13.19L                        | AAA P # 5   | Women Open 200 Free       | RSA-NC | 33     | 0.58   |
| 1:10.58L                        | AA P # 9    | Women Open 100 Fly        | RSA-NC | 64     | 0.14   |
| 28.43L                          | AAA P # 17  | Women Open 50 Free        | RSA-NC | 31     | 0.04   |
| 4:35.53L                        | AAA F # 23  | Women Open 400 Free       | RSA-NC | 17     | -6.06  |
| 4:38.95L                        | AAA P # 23  | Women Open 400 Free       | RSA-NC | 18     | -2.64  |
| 1:01.76L                        | AAA P # 25  | Women Open 100 Free       | RSA-NC | 32     | 0.13   |
| 2:36.06L                        | AA P # 29   | Women Open 200 Back       | RSA-NC | 46     | 5.90   |
| 2:35.63L                        | AA P # 31   | Women Open 200 IM         | RSA-NC | 60     | 3.68   |
| <b>Pena, Kendall (15) W</b>     |             |                           |        |        |        |
| 9:46.38L                        | AA F # 1    | Women Open 800 Free       | RSA-NC | 29     | -11.12 |
| 29.37L                          | AA P # 17   | Women Open 50 Free        | RSA-NC | 74     | -0.09  |
| 4:48.10L                        | AA P # 23   | Women Open 400 Free       | RSA-NC | 43     | -2.17  |
| 1:03.73L                        | AA P # 25   | Women Open 100 Free       | RSA-NC | 84     | ---    |
| 18:50.34L                       | AA F # 27   | Women Open 1500 Free      | RSA-NC | 20     | -13.99 |
| <b>Pena, Tessa (17) W</b>       |             |                           |        |        |        |
| 9:33.13L                        | AAA F # 1   | Women Open 800 Free       | RSA-NC | 16     | 1      |
| 2:13.73L                        | AAA P # 5   | Women Open 200 Free       | RSA-NC | 38     | 1.04   |
| 1:21.09L                        | AA P # 7    | Women Open 100 Breast     | RSA-NC | 37     | 1.49   |
| 2:53.88L                        | AA P # 19   | Women Open 200 Breast     | RSA-NC | 28     | 2.79   |
| 4:41.63L                        | AAA P # 23  | Women Open 400 Free       | RSA-NC | 25     | ---    |
| 2:33.07L                        | AA P # 31   | Women Open 200 IM         | RSA-NC | 41     | 0.02   |
| <b>Pena, Torie Belle (15) W</b> |             |                           |        |        |        |
| 4:58.12L                        | A P # 23    | Women Open 400 Free       | RSA-NC | 52     | 9.55   |
| <b>Rawls, Meredith (16) W</b>   |             |                           |        |        |        |
| 1:09.59L                        | AA P # 9    | Women Open 100 Fly        | RSA-NC | 50     | 0.21   |
| 2:43.89L                        | BB P # 15   | Women Open 200 Fly        | RSA-NC | 38     | 10.80  |
| 30.37L                          | AA P # 17   | Women Open 50 Free        | RSA-NC | 111    | 0.96   |
| <b>Repke, Kristyn (19) W</b>    |             |                           |        |        |        |
| 1:09.86L                        | P # 9       | Women Open 100 Fly        | RSA-NC | ---    | 2.23   |
| 28.74L                          | P # 17      | Women Open 50 Free        | RSA-NC | ---    | 0.07   |
| 1:10.73L                        | P # 21      | Women Open 100 Back       | RSA-NC | ---    | -0.35  |
| 1:02.49L                        | P # 25      | Women Open 100 Free       | RSA-NC | ---    | -0.25  |
| 2:34.20L                        | P # 29      | Women Open 200 Back       | RSA-NC | ---    | -1.37  |
| <b>Roach, Henry (16) M</b>      |             |                           |        |        |        |
| 8:49.34L                        | AAA F # 2   | Men Open 800 Free         | RSA-NC | 14     | 3      |
| 2:01.40L                        | AAA P # 6   | Men Open 200 Free         | RSA-NC | 29     | -5.10  |
| 56.10L                          | AAA F # 14  | 400 Free Relay Lead Off   | RSA-NC | ---    | -2.71  |
| 25.91L                          | AAA P # 18  | Men Open 50 Free          | RSA-NC | 48     | -0.74  |

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**Individual Meet Results**
**2010 NC Senior LC Championships 22-Jul-10 to 25-Jul-10 LC Meters**

Location: Cary, NC

| Time                                | F/P/S       | Event                     | Place | Points | Improv |
|-------------------------------------|-------------|---------------------------|-------|--------|--------|
| 2:42.49L                            | AA P # 20   | Men Open 200 Breast       | 37    | ---    | -8.23  |
| 4:16.10L                            | AAA F # 24  | Men Open 400 Free         | 17    | ---    | -12.73 |
| 4:18.69L                            | AAA P # 24  | Men Open 400 Free         | 21    | ---    | -10.14 |
| 17:11.71L                           | AAA F # 30  | Men Open 1500 Free        | 13    | 4      | -28.72 |
| 2:20.49L                            | DQ P # 32   | Men Open 200 IM           | ---   | ---    | ---    |
| <b>Shaw, Rachel (15) W</b>          |             |                           |       |        |        |
| 29.97L                              | AA P # 17   | Women Open 50 Free        | 103   | ---    | 0.12   |
| 1:14.78L                            | A P # 21    | Women Open 100 Back       | 77    | ---    | 1.35   |
| 2:43.26L                            | A P # 29    | Women Open 200 Back       | 62    | ---    | 3.63   |
| <b>Sigmon, Wesley (15) M</b>        |             |                           |       |        |        |
| 2:10.10L                            | AA P # 6    | Men Open 200 Free         | 90    | ---    | -5.03  |
| 1:14.88L                            | AA P # 8    | Men Open 100 Breast       | 39    | ---    | -4.67  |
| 26.25L                              | AAA P # 18  | Men Open 50 Free          | 66    | ---    | -0.31  |
| 1:04.47L                            | AAA P # 22  | Men Open 100 Back         | 44    | ---    | -2.01  |
| 58.85L                              | AA P # 26   | Men Open 100 Free         | 86    | ---    | -1.23  |
| 2:25.77L                            | A P # 28    | Men Open 200 Back         | 46    | ---    | -3.00  |
| 2:27.31L                            | AA P # 32   | Men Open 200 IM           | 70    | ---    | -0.64  |
| <b>Spence, Tad (14) M</b>           |             |                           |       |        |        |
| 1:04.89L                            | AAAA P # 22 | Men Open 100 Back         | 46    | ---    | 1.93   |
| 2:22.78L                            | AAA P # 28  | Men Open 200 Back         | 39    | ---    | 2.02   |
| 1:04.49L                            | AAAA F # 34 | 400 Medley Relay Lead Off | ---   | ---    | 1.53   |
| <b>Textor, Brennan (15) W</b>       |             |                           |       |        |        |
| 9:55.30L                            | AA F # 1    | Women Open 800 Free       | 35    | ---    | 0.22   |
| 2:16.36L                            | AA P # 5    | Women Open 200 Free       | 62    | ---    | -0.19  |
| 4:45.07L                            | AA P # 23   | Women Open 400 Free       | 34    | ---    | -2.09  |
| 1:03.39L                            | AA P # 25   | Women Open 100 Free       | 76    | ---    | -0.40  |
| <b>Tschoke, Victoria (14) W</b>     |             |                           |       |        |        |
| 1:09.70L                            | AAA P # 21  | Women Open 100 Back       | 24    | ---    | 2.97   |
| 2:28.89L                            | AAA P # 29  | Women Open 200 Back       | 18    | ---    | 3.71   |
| 2:37.71L                            | AA P # 31   | Women Open 200 IM         | 75    | ---    | 8.47   |
| 1:07.93L                            | AAAA F # 33 | 400 Medley Relay Lead Off | ---   | ---    | 1.20   |
| <b>Van De Zande, Georgia (17) W</b> |             |                           |       |        |        |
| 2:17.08L                            | AA P # 5    | Women Open 200 Free       | 69    | ---    | -0.53  |
| 30.15L                              | AA P # 17   | Women Open 50 Free        | 105   | ---    | 0.42   |
| 4:51.19L                            | AA P # 23   | Women Open 400 Free       | 50    | ---    | -1.02  |
| 1:03.78L                            | AA P # 25   | Women Open 100 Free       | 86    | ---    | 0.33   |
| 19:48.29L                           | A F # 27    | Women Open 1500 Free      | 26    | ---    | -70.42 |
| 2:41.41L                            | A P # 29    | Women Open 200 Back       | 58    | ---    | -1.20  |
| <b>Witzke, Maddie (15) W</b>        |             |                           |       |        |        |
| 1:16.71L                            | AAA F # 7   | Women Open 100 Breast     | 18    | ---    | -5.64  |
| 1:18.69L                            | AAA P # 7   | Women Open 100 Breast     | 21    | ---    | -3.66  |
| 2:48.44L                            | AAA F # 19  | Women Open 200 Breast     | 19    | ---    | -2.95  |
| 2:51.91L                            | AA P # 19   | Women Open 200 Breast     | 21    | ---    | 0.52   |