



North Carolina Swimming 14 & Under Age Group Championships

Thursday, February 16 - Sunday, February 19, 2012

SANCTION:	Held under the sanction of USA Swimming, Inc. Issued by North Carolina Swimming, Inc. Sanction # NC12032.
HOST:	The Greensboro Swimming Association (www.GSAswim.org) P. O. Box 10085 Greensboro, NC 27404 336-851-2848
FACILITY:	<p>The Greensboro Aquatic Center (www.GreensboroAquaticCenter.com) 1921 West Lee Street Greensboro, NC 27403 336-315-8498</p> <p>Competition Pool: The Greensboro Aquatic Center is a state-of-the-art indoor facility with three pools which opened in August 2011. The main competition pool is 9-10 feet deep at both ends and can be configured into two 25-yard courses with up to ten 7-foot wide lanes each. All lanes feature non-turbulent lane lines and Colorado starting blocks. The Colorado electronic timing system will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.</p> <p>Only meet volunteers, USA Swimming registered athletes and current USA Swimming registered officials and coaches may be on deck.</p> <p>NO SPECTATORS ARE ALLOWED ON THE POOL DECK AT ANY TIME.</p> <p>Spectator Seating: Seating for 1800 spectators is available. Chairs are not permitted in the spectator section. Athletes and coaches are permitted to have chairs on deck. Bleachers are available on deck for athlete seating.</p> <p>Supporting Amenities:</p> <ul style="list-style-type: none"> • The Greensboro Coliseum offers onsite parking for \$5 per day (all day unlimited entry and exit). On Friday and Saturday evenings, new parkers who are charged the Coliseum's \$10 concert rate may present their receipt to Coliseum staff in the GAC lobby for a \$5 refund. Directions to the GAC can be found at www.GSAswim.org on the Team Info tab. • Concessions are available for sale to spectators and athletes. No outside food is permitted in the GAC. • The Kast-A-Way swim shop is located in the main lobby.
CLASSIFICATION:	An Age Group Championship meet in prelims/finals or timed finals format with qualifying time standards as listed on the order of events.
ELIGIBILITY:	This meet is open to North Carolina registered swimmers who have achieved the 2012 NCS 14 & Under Age Group Championship qualifying standard, as listed on the order of events, for each event entered in this meet. Swimmers qualifying in the 1000 Free also qualify for the 1650 Free and vice versa.
INDIVIDUAL ENTRIES:	<p>11-12 and 13-14 swimmers are limited to nine individual events for the meet, and no more than three individual events per day.</p> <p>10 & Under swimmers may swim up to four individual events per day, not to exceed nine individual events for the meet.</p>
RELAY ENTRIES:	The number of relay entries allowed is determined by the number of swimmers from each team who are entered in individual events. At least one swimmer entered in an individual event must swim on each relay team or the relay team will be disqualified.

	<p>1-4 individual event swimmers: Maximum of one relay team 5-8 individual event swimmers: Maximum of two relay teams 9-12 individual event swimmers: Maximum of three relay teams 13 or more individual event swimmers: Maximum of four relay teams</p> <p>Each club may enter up to four relay teams (per age group) in each relay event. Only <u>two</u> relays teams may score. The two highest placing relays per club will be scored, regardless of designation.</p> <p>Swimmers designated as relay only in the OME may ONLY swim relays. All relay swimmers, including alternates, must be listed on the Meet Entry Form and must pay the \$3.00 NCS surcharge.</p>
<p>ENTRIES/PROOF OF TIME/ENTRY DEADLINE:</p>	<p>The OME system will be used for on-line entries, including relays. OME will close Monday, February 13, 2012 at noon. OME will open on the Monday, January 23, 2012. If a time override is used in OME, proof must be submitted to the Meet Director by the beginning of warm-ups on the first day of the meet or the entry will be invalid. Proof of time consists of a copy of the final meet results proving the entry time from a USA sanctioned or observed meet, including sanction numbers, date and location. Hy-Tek Team Manager results will not be accepted as proof. Prior to the deadline, proof of time may be scanned and emailed to GSAswimbiz@GSAswim.org. Each submission will be followed by e-mail confirmation for receipt of proof.</p> <p><u>PLEASE BE AWARE OF THE EVENTS PER DAY LIMITS FOR EACH AGE GROUP.</u></p> <p>IMPORTANT: DO NOT check out with payment after completing your OME entries. Email Kate Walker (GSAswimbiz@GSAswim.org) upon completion. Payment must be made by check payable to GSA and is due no later than check-in. Teams who elect to pay through OME must pay the 4.8% OME credit card surcharge by check made payable to GSA no later than check-in.</p> <p>Questions or problems with OME should be directed to USA Swimming, Susan Woessner swoessner@usaswimming.org</p> <p>ENTRIES WILL ONLY BE ACCEPTED FROM OME. NO LATE ENTRIES ACCEPTED.</p>
<p>SCHEDULE:</p>	<p><u>Thursday, February 16, 2012</u> 13-14, 11-12 Timed Finals Warm-ups: 5:00-5:50 pm Starts: 6:00 pm</p> <p><u>Friday, February 17, 2012</u> 13-14, 11-12 Preliminaries Warm-ups: 7:00-8:20 am Starts: 8:30 am 10 & Under Finals Warm-ups: 12:00-12:50 pm Starts: 1:00 pm 13-14, 11-12 Finals Warm-ups: 4:30-5:20 pm Starts: 5:30 pm</p> <p><u>Saturday, February 18, 2012</u> 13-14, 11-12 Preliminaries Warm-ups: 7:00-8:20 am Starts: 8:30 am 10 & Under Finals Warm-ups: 12:00-12:50 pm Starts: 1:00 pm 13-14, 11-12 Finals Warm-ups: 4:30-5:20 pm Starts: 5:30 pm</p> <p><u>Sunday, February 19, 2012</u> 13-14, 11-12 Preliminaries Warm-ups: 7:00-8:20 am Starts: 8:30 am 10 & Under Finals Warm-ups: 12:00-12:50 pm Starts: 1:00 pm 13-14, 11-12 Finals Warm-ups: 4:30-5:20 pm Starts: 5:30 pm</p> <p>*10 & Under events will be timed finals throughout the competition. **A split period warm-up may be utilized if participant numbers warrant. ***The meet referee has authority to add breaks as necessary. ****Afternoon and evening sessions start times should be read as %Not Before+. *****Warm-up lane assignments will be communicated to teams prior to the meet.</p>
<p>RULES:</p>	<p>This meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NCS Safety Program.</p>

	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.																																																																				
FORMAT:	<p>Except for the relay events, the 1000 and 1650 Free for the 13-14 age group and the 500 free for the 11-12 age group, all events will be conducted on a preliminary and finals basis for the 11-12 and 13-14 age groups.</p> <p>A & B Heats will be swum in Finals for 11-12 and 13-14 age groups. The fastest eight swimmers compete in the A Final (Championship) and the next fastest eight swim in the B Final (Consolation). The B Final will be swum prior to the A Final. The A and B Finals will be scored and are subject to the NCS Scratch Rule. Alternates should be ready to swim and identify themselves to the starter prior to the event.</p> <p>The 10 & Under age group events will be timed finals.</p> <p>All relays will be swum as timed final events from slow to fast, all girls and then all boys per age group. The 200 yd relay events will be swum in the preliminary sessions. The fastest 16 relay teams in the 400 yd relay events will be swum last in the evening finals sessions. The remaining teams will swim at the end of the preliminary session. There will be no AM/PM option for 400 yd relays.</p>																																																																				
READY ROOM:	The top eight qualifiers for the A Final should report to the ready room five minutes prior to their event for the parade of the final heat.																																																																				
ELIGIBILITY AND TECHNICAL JURY:	An Eligibility and Technical Jury will be appointed by NC Swimming consisting of one coach, one swimmer and one non-coach/non-athlete member of NC Swimming should an eligibility or technical protest arise.																																																																				
QUALIFYING PERIOD:	Short Course Championship: A swimmer must have achieved the qualifying time listed per event from September 1, 2010.																																																																				
SEEDING:	<p>All times will be seeded by SCY first, then LCM. The meet will be conducted in 2 pools, women's and men's. Combined heats may be swum at the discretion of meet management. All events that are 400 yards and longer will be deck seeded. A positive check-in by the deadline indicated below is required to be seeded into the event. Failure to check in by the deadline will result in the swimmer not being able to swim the event.</p> <table border="0"> <thead> <tr> <th colspan="2"><u>Individual Events</u></th> <th colspan="2"><u>Check-in Deadline</u></th> </tr> </thead> <tbody> <tr> <td>13-14</td> <td>1000 Free</td> <td>Thursday, Feb. 16</td> <td>5:15pm</td> </tr> <tr> <td>11-12</td> <td>500 Free</td> <td>Thursday, Feb. 16</td> <td>5:15pm</td> </tr> <tr> <td>13-14</td> <td>400 IM</td> <td>Friday, Feb. 17</td> <td>8:45am</td> </tr> <tr> <td>13-14</td> <td>500 Free</td> <td>Saturday, Feb. 18</td> <td>8:45am</td> </tr> <tr> <td>13-14</td> <td>1650 Free</td> <td>Sunday, Feb. 19</td> <td>8:45am</td> </tr> <tr> <th colspan="4"><u>Relay Events</u></th> </tr> <tr> <td>13-14</td> <td>400 Medley Relay</td> <td>Friday, Feb. 17</td> <td>End of Prelim Warm-ups</td> </tr> <tr> <td>11-12</td> <td>400 Medley Relay</td> <td>Friday, Feb. 17</td> <td>End of Prelim Warm-ups</td> </tr> <tr> <td>13-14</td> <td>200 Medley Relay</td> <td>Friday, Feb. 17</td> <td>Beginning of finals</td> </tr> <tr> <td>11-12</td> <td>200 Medley Relay</td> <td>Friday, Feb. 17</td> <td>Beginning of finals</td> </tr> <tr> <td>10&U</td> <td>200 Medley Relay</td> <td>Friday, Feb. 17</td> <td>Beginning of finals</td> </tr> <tr> <td>13-14</td> <td>400 Free Relay</td> <td>Saturday, Feb. 18</td> <td>End of Prelim Warm-ups</td> </tr> <tr> <td>11-12</td> <td>400 Free Relay</td> <td>Saturday, Feb. 18</td> <td>End of Prelim Warm-ups</td> </tr> <tr> <td>13-14</td> <td>200 Free Relay</td> <td>Saturday, Feb. 18</td> <td>Beginning of finals</td> </tr> <tr> <td>11-12</td> <td>200 Free Relay</td> <td>Saturday, Feb. 18</td> <td>Beginning of finals</td> </tr> <tr> <td>10&U</td> <td>200 Free Relay</td> <td>Saturday, Feb. 18</td> <td>Beginning of finals</td> </tr> </tbody> </table>	<u>Individual Events</u>		<u>Check-in Deadline</u>		13-14	1000 Free	Thursday, Feb. 16	5:15pm	11-12	500 Free	Thursday, Feb. 16	5:15pm	13-14	400 IM	Friday, Feb. 17	8:45am	13-14	500 Free	Saturday, Feb. 18	8:45am	13-14	1650 Free	Sunday, Feb. 19	8:45am	<u>Relay Events</u>				13-14	400 Medley Relay	Friday, Feb. 17	End of Prelim Warm-ups	11-12	400 Medley Relay	Friday, Feb. 17	End of Prelim Warm-ups	13-14	200 Medley Relay	Friday, Feb. 17	Beginning of finals	11-12	200 Medley Relay	Friday, Feb. 17	Beginning of finals	10&U	200 Medley Relay	Friday, Feb. 17	Beginning of finals	13-14	400 Free Relay	Saturday, Feb. 18	End of Prelim Warm-ups	11-12	400 Free Relay	Saturday, Feb. 18	End of Prelim Warm-ups	13-14	200 Free Relay	Saturday, Feb. 18	Beginning of finals	11-12	200 Free Relay	Saturday, Feb. 18	Beginning of finals	10&U	200 Free Relay	Saturday, Feb. 18	Beginning of finals
<u>Individual Events</u>		<u>Check-in Deadline</u>																																																																			
13-14	1000 Free	Thursday, Feb. 16	5:15pm																																																																		
11-12	500 Free	Thursday, Feb. 16	5:15pm																																																																		
13-14	400 IM	Friday, Feb. 17	8:45am																																																																		
13-14	500 Free	Saturday, Feb. 18	8:45am																																																																		
13-14	1650 Free	Sunday, Feb. 19	8:45am																																																																		
<u>Relay Events</u>																																																																					
13-14	400 Medley Relay	Friday, Feb. 17	End of Prelim Warm-ups																																																																		
11-12	400 Medley Relay	Friday, Feb. 17	End of Prelim Warm-ups																																																																		
13-14	200 Medley Relay	Friday, Feb. 17	Beginning of finals																																																																		
11-12	200 Medley Relay	Friday, Feb. 17	Beginning of finals																																																																		
10&U	200 Medley Relay	Friday, Feb. 17	Beginning of finals																																																																		
13-14	400 Free Relay	Saturday, Feb. 18	End of Prelim Warm-ups																																																																		
11-12	400 Free Relay	Saturday, Feb. 18	End of Prelim Warm-ups																																																																		
13-14	200 Free Relay	Saturday, Feb. 18	Beginning of finals																																																																		
11-12	200 Free Relay	Saturday, Feb. 18	Beginning of finals																																																																		
10&U	200 Free Relay	Saturday, Feb. 18	Beginning of finals																																																																		

	<p><u>13-14 1000 Free and 11-12 500 Free</u> The 13-14 1000 yd Free and the 11-12 500 yd Free will be swum as timed final events. All heats will be swum fast to slow. A combined women/men heat may be swum at the discretion of the meet referee. Swimmers must provide their own timers and counters.</p> <p><u>13-14 400 IM and 13-14 500 Free</u> The 13-14 400 yd IM and 13-14 500 yd Free will be swum as preliminary/final events with the fastest 4 (circle-seeded) heats swum slowest to fastest, followed by the remainder of the heats, swum fastest to slowest. A combined women/men heat may be swum at the discretion of the meet referee. Swimmers in the 500 Free must provide their own counters.</p> <p><u>13-14 1650 Free</u> The 13-14 1650 yd Free will be swum as a timed final event. The fastest heat of women and the fastest heat of men will be swum in the Sunday finals session. There will be no AM/PM option for this event. All other heats will be swum at the conclusion of the preliminaries, following relays. These heats will be swum fastest to slowest. A combined women/men heat may be swum at the discretion of the meet referee. Swimmers in the morning session must provide their own timers and counters.</p> <p>Swimmers in the 11-12 500, 13-14 1000, and 1650 Frees (morning) must provide their own timers and counters. Swimmers in the 13-14 500 and 13-14 1650 Frees (evening) must provide their own counters.</p>
SCRATCHES:	The current NCS Scratch Rule will be in effect during the conduct of this meet for prelim/finals and deck seeded events. (See attachment). This will serve as the official guide for technical and procedural rules, except when stated otherwise in the Meet Information.
HOSPITALITY:	There will be a hospitality room available to all coaches, officials and meet volunteers.
MEET DIRECTOR:	Don Gilchrist, GSAMeetDirector@GSAswim.org Coaches with questions may call: 336-851-2848
MEET REFEREE:	Ronnie Roach, ronnie.roach@gmail.com
ADMIN REFEREE:	Trish Martin, GSAOfficials@GSAswim.org
MEET MARSHAL:	Mike Pickels, GSAswimbiz@GSAswim.org
REGISTRATION:	USA Swimming Registration is required of all swimmers and will be verified. On deck registration <u>WILL NOT BE PERMITTED.</u>
ENTRY FEES:	<ul style="list-style-type: none"> - \$4.00 per event - \$8.00 per relay event - \$3.00 per swimmer NCS Travel Fund - \$10.00 Facility Use Surcharge, excluding relay only swimmers <p>All fees are non-refundable, except if entry is rejected for non-compliance.</p> <p>IMPORTANT: DO NOT check out with payment after completing your OME entries. Email Kate Walker (GSAswimbiz@GSAswim.org) upon completion. Payment must be made by check payable to GSA and is due no later than check-in. Teams who elect to pay through OME must pay the 4.8% OME credit card surcharge by check made payable to GSA no later than check-in.</p>

AWARDS:	<ul style="list-style-type: none"> - Individual events: 1st - 8th place medals - Relays: 1st - 3rd place medals - Team Place Awards: 1st - 6th place - Individual High Point Awards will be presented to the male and female swimmers with the highest point totals in individual events for each age group. <p>There will not be an awards ceremony at evening finals for 11-12 & 13-14 Events.</p> <p>Awards for the 10 and Under will be at the end of the following event. ALL 10 & Unders will be announced at the blocks for each event.</p>
SCORING:	<ul style="list-style-type: none"> - Individual events: 20-17-16-15-14-13-12-11- 9-7-6-5-4-3-2-1 <p>Swimmers must achieve the qualifying time standard or faster in each event to score.</p> <ul style="list-style-type: none"> - Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2 <p>Only two relays per gender can score for each team.</p> <p>Team scores and individual high point scores will be published in the heat sheet at each finals session.</p>
COACHES:	<p>There will be a coaches' meeting at 4:30 pm on Thursday afternoon. Coaches are responsible for any information presented at the meeting. Meetings may also be held at other times announced by the Meet Referee.</p> <p>All coaches and Officials on deck must wear their current USA swimming membership card in a visible place. Those failing to do so could be barred from the deck. Coaches and Officials will need to show their credentials when checking in.</p>
OFFICIALS:	<p>There will be an officials meeting at 5:00 pm on Thursday afternoon and 1 hour prior to each following session. We welcome all certified officials on deck. If you are able to help, please respond to GSAofficials@GSAswim.org or sign up in advance at www.NCSwim.org.</p> <p>Starters/Referees: Officials who are interested in starter or deck referee positions should contact Mike Hoffer, at Mike@CarolinaClosetsPlus.com by February 9th.</p> <p>National Officials Evaluations: This meet has been approved as an Officials Qualifying Meet for N2 all positions and N3 S&T by USA Swimming. Officials wishing to be evaluated may request an application from Mike Hoffer, at Mike@CarolinaClosetsPlus.com. Evaluation requirements can be found at USASwimming.org.</p>
SAFETY:	<p>The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Running and horseplay will not be allowed. As at any pool, the deck may be slippery and caution should be taken to prevent accidents. NO blocking of fire exits, which includes doorways and passages. Coaches must display their coach certification cards at all times when on the pool deck and must hold current certifications and registration with USA Swimming. No spectators will be allowed on deck.</p>
RACING STARTS:	<p>Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
SWIMMERS WITH DISABILITIES:	<p>GSA welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit the GSA's ability to accommodate all requests.</p>

RELEASE:

USA SWIMMING, INC., NORTH CAROLINA SWIMMING, INC., GSA, THE GAC, THE CITY OF GREENSBORO, AND ALL EMPLOYEES AND REPRESENTATIVES OF THESE ORGANIZATIONS SHALL BE HELD FREE AND HARMLESS FROM ANY AND ALL LIABILITIES ON CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS MEET.

NCS Scratch Rule

205.3. INDIVIDUAL SCRATCH RULE Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet information shall specify all mandatory check-in and scratch deadlines and procedures.

- .1 Pre-Seeded Meets - Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.
- .2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet information states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet information.
- .3 Preliminary and Finals Events
 - A Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck then 205.3.2 applies
 - B Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 205.3. For events occurring on the last day of a meet, a fine of \$100 per missed swim shall also be assessed to the club by the appropriate Division Chair for failure to compete.
 - C In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete
 - D When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim
 - E If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s)
- .4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:
 - A The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - B The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.
 - C The swimmer was not named in any finals heat during the initial announcement of results
 - D It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

205.4. RELAY SCRATCH RULE

- .1 All Meets - Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.

**2012 NORTH CAROLINA SWIMMING
14 & UNDER SHORT COURSE AGE GROUP CHAMPIONSHIP
13-14 & 11-12 PRELIMINARIES
ORDER OF EVENTS**

Thursday, February 16

Warm-ups 5:00-5:50 pm

Timed Finals 6:00 pm

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
1	10:23.39	11:38.89	13-14 1000yd Freestyle	11:16.09	10:07.19	2
3	5:19.89	5:54.49	11-12 500yd Freestyle	5:55.99	5:20.89	4

Friday, February 17

Warm-ups 7:00-8:20 am

Preliminaries 8:30 am

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
13	2:31.09	2:12.99	11-12 200yd Freestyle	2:14.19	2:32.49	14
15	2:21.39	2:04.49	13-14 200yd Freestyle	1:58.09	2:16.29	16
17	41.59	37.29	11-12 50yd Breaststroke	37.89	43.39	18
19	1:26.39	1:15.49	13-14 100yd Breaststroke	1:12.19	1:23.49	20
21	1:20.79	1:11.29	11-12 100yd Butterfly	1:12.69	1:22.59	22
23	1:14.49	1:05.49	13-14 100yd Butterfly	1:01.99	1:10.99	24
25	---	1:10.49	11-12 100yd IM	1:11.29	---	26
27	5:39.59	4:59.19	13-14 400yd IM	4:49.69	5:30.89	28
29	NQT	NQT	13-14 400yd Medley Relay **	NQT	NQT	30
31	NQT	NQT	11-12 400yd Medley Relay **	NQT	NQT	32

**The fastest 16 teams (age & gender) will swim the 400 yd Medley Relay in finals. All others swim in prelims.

Saturday, February 18

Warm-ups 7:00-8:20 am

Preliminaries 8:30 am

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
43	NQT	NQT	13-14 200yd Medley Relay	NQT	NQT	44
45	NQT	NQT	11-12 200yd Med Relay	NQT	NQT	46
47	2:47.79	2:27.69	13-14 200yd Butterfly	2:22.89	2:41.99	48
49	35.29	31.19	11-12 50yd Butterfly	31.89	36.09	50
51	30.39	26.59	13-14 50yd Freestyle	24.99	28.89	52
53	31.99	27.99	11-12 50yd Freestyle	27.99	32.09	54
55	3:06.79	2:42.39	13-14 200yd Breaststroke	2:37.59	3:03.09	56
57	1:33.79	1:20.29	11-12 100yd Breaststroke	1:22.19	1:34.69	58
59	1:16.29	1:05.89	13-14 100yd Backstroke	1:02.49	1:13.29	60
61	1:20.09	1:10.49	11-12 100yd Backstroke	1:10.79	1:22.49	62
63	4:58.09	5:32.89	13-14 500yd Freestyle	5:21.49	4:49.29	64
65	NQT	NQT	11-12 400yd Free Relay **	NQT	NQT	66
67	NQT	NQT	13-14 400yd Free Relay **	NQT	NQT	68

**The fastest 16 teams (age & gender) will swim the 400 yd Free Relay in finals. All others swim in prelims.

Sunday, February 19

Warm-ups 7:00-8:20 am

Preliminaries 8:30 am

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
77	NQT	NQT	13-14 200yd Free Relay	NQT	NQT	78
79	NQT	NQT	11-12 200yd Free Relay	NQT	NQT	80
85	2:42.29	2:20.79	13-14 200yd Backstroke	2:13.79	2:36.49	86
83	37.99	32.79	11-12 50yd Backstroke	32.89	38.39	84
89	1:05.79	57.69	13-14 100yd Freestyle	54.29	1:03.49	90
87	1:09.89	1:00.99	11-12 100yd Freestyle	1:00.89	1:09.69	88
93	2:41.59	2:21.19	13-14 200yd IM	2:13.89	2:34.29	94
91	2:50.79	2:30.79	11-12 200yd IM	2:32.49	2:53.29	92
81	20:08.49	19:40.79	13-14 1650yd Freestyle**	19:32.39	19:48.09	82

** The fastest 8 girls and boys will swim the 1650 freestyle in finals. All others will swim during prelims.

***Pay close attention to event order for Sun. prelims. Finals will follow event number order.

**2012 NORTH CAROLINA SWIMMING
14 & UNDER SHORT COURSE AGE GROUP CHAMPIONSHIP
10 & UNDER TIMED FINALS
ORDER OF EVENTS**

Friday, February 17

Warm-ups 12:00-12:50 pm

Meet Starts 1:00 pm

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
5	2:58.19	2:35.89	10-Under 200yd Freestyle	2:33.79	2:54.29	6
7	48.79	42.49	10-Under 50yd Breaststroke	43.59	49.69	8
9	1:39.29	1:27.29	10-Under 100yd Butterfly	1:28.09	1:39.59	10
11	---	1:21.89	10-Under 100yd IM	1:22.19	---	12

Saturday, February 18

Warm-ups 12:00-12:50 pm

Meet Starts 1:00 pm

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
33	NQT	NQT	10-Under 200yd Med Relay	NQT	NQT	34
			10-Minute Break			
35	41.29	36.49	10-Under 50yd Butterfly	37.09	41.39	36
37	35.99	31.89	10-Under 50yd Freestyle	31.89	36.29	38
39	1:47.49	1:33.79	10-Under 100yd Breaststroke	1:35.79	1:49.09	40
41	1:34.79	1:21.69	10-Under 100yd Backstroke	1:21.79	1:33.79	42

Sunday, February 19

Warm-ups 12:00-12:50 pm

Meet Starts 1:00 pm

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
69	NQT	NQT	10-Under 200yd Free Relay	NQT	NQT	70
			10-Minute Break			
71	43.19	37.39	10-Under 50yd Backstroke	37.69	43.59	72
73	1:20.09	1:10.49	10-Under 100yd Freestyle	1:11.19	1:20.99	74
75	3:20.19	2:55.59	10-Under 200yd IM	2:56.59	3:20.59	76

2012 NORTH CAROLINA SWIMMING
14 & UNDER SHORT COURSE AGE GROUP CHAMPIONSHIP
13-14 & 11-12 FINALS
ORDER OF EVENTS

Friday, February 17

Warm-ups 4:30-5:20 pm

Meet Starts 5:30 pm

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
13	2:31.09	2:12.99	11-12 200yd Freestyle	2:14.19	2:32.49	14
15	2:21.39	2:04.49	13-14 200yd Freestyle	1:58.09	2:16.29	16
17	41.59	37.29	11-12 50yd Breaststroke	37.89	43.39	18
19	1:26.39	1:15.49	13-14 100yd Breaststroke	1:12.19	1:23.49	20
21	1:20.79	1:11.29	11-12 100yd Butterfly	1:12.69	1:22.59	22
23	1:14.49	1:05.49	13-14 100yd Butterfly	1:01.99	1:10.99	24
25	---	1:10.49	11-12 100yd IM	1:11.29	---	26
27	5:39.59	4:59.19	13-14 400yd IM	4:49.69	5:30.89	28
29	NQT	NQT	13-14 400yd Medley Relay **	NQT	NQT	30
31	NQT	NQT	11-12 400yd Medley Relay **	NQT	NQT	32

** The fastest 16 teams (age & gender) will swim the 400 yd Medley Relay in finals. All others swim in prelims.

Saturday, February 18

Warm-ups 4:30-5:20 pm

Meet Starts 5:30 pm

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
47	2:47.79	2:27.69	13-14 200yd Butterfly	2:22.89	2:41.99	48
49	35.29	31.19	11-12 50yd Butterfly	31.89	36.09	50
51	30.39	26.59	13-14 50yd Freestyle	24.99	28.89	52
53	31.99	27.99	11-12 50yd Freestyle	27.99	32.09	54
55	3:06.79	2:42.39	13-14 200yd Breaststroke	2:37.59	3:03.09	56
57	1:33.79	1:20.29	11-12 100yd Breaststroke	1:22.19	1:34.69	58
59	1:16.29	1:05.89	13-14 100yd Backstroke	1:02.49	1:13.29	60
61	1:20.09	1:10.49	11-12 100yd Backstroke	1:10.79	1:22.49	62
63	4:58.09	5:32.89	13-14 500yd Freestyle	5:21.49	4:49.29	64
65	NQT	NQT	11-12 400yd Free Relay **	NQT	NQT	66
67	NQT	NQT	13-14 400yd Free Relay **	NQT	NQT	68

** The fastest 16 teams (age & gender) will swim the 400 yd Free Relay in finals. All others swim in prelims.

Sunday, February 19

Warm-ups 4:30-5:20 pm

Meet Starts 5:30 pm

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
81	20:08.49	19:40.79	13-14 1650yd Freestyle**	19:32.39	19:48.09	82
83	37.99	32.79	11-12 50yd Backstroke	32.89	38.39	84
85	2:42.29	2:20.79	13-14 200yd Backstroke	2:13.79	2:36.49	86
87	1:09.89	1:00.99	11-12 100yd Freestyle	1:00.89	1:09.69	88
89	1:05.75	57.69	13-14 100yd Freestyle	54.29	1:03.49	90
91	2:50.79	2:30.79	11-12 200yd IM	2:32.49	2:53.29	92
93	2:41.59	2:21.19	13-14 200yd IM	2:13.89	2:34.29	94

** The fastest 8 girls and boys will swim 1650 yd Free in finals. All others will swim during prelims.

2012 NORTH CAROLINA SWIMMING AGE GROUP CHAMPIONSHIPS

Entry Fee Summary Report

Official Entry Information:

Club Name _____ Club Code _____

Address _____

City _____ State NC Zip _____

Head Coach _____ Home Phone _____

Email Address _____ Work Phone _____

Assistant Coach _____

Assistant Coach _____

Assistant Coach _____

Assistant Coach _____

Assistant Coach _____

All coaches identified above are currently registered as coaches with USA Swimming, Inc. and are responsible for the swimmers entered in this meet entry during the conduct of the event Thursday, February 16- Sunday, February 19, 2012.

Signature _____ Date _____

Release Statement

USA SWIMMING, INC., NORTH CAROLINA SWIMMING, INC., GSA, THE GAC, THE CITY OF GREENSBORO, AND ALL EMPLOYEES AND REPRESENTATIVES OF THESE ORGANIZATIONS SHALL BE HELD FREE AND HARMLESS FROM ANY AND ALL LIABILITIES ON CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS MEET.

Signature _____ Date _____

# of Individual Entries		X \$4.00 each entry	\$
# of Relay Team Entries		X \$8.00 each relay entered	\$
NCS Travel Fund (Total swimmers)		X \$3.00 each swimmer	\$
Facility Charge (Total swimmers -Relay Only swimmers)		X \$10.00 each swimmer	\$
TOTALS			\$

Note: Teams choosing to pay entry fees through OME must pay the 4.8% credit card surcharge by check to GSA.