

**GSC-RSA Mixed Dual Meet**  
**Hosted by Greenville Swim Club**  
**October 8-9, 2011**

- Sanction:** Held under the Sanction of United States Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction # NC11128
- Meet Director:** Casey Charles e-mail: gsccoachcasey@gmail.com
- Meet Referee:** Richard Wilson e-mail: rnwilson@suddenlink.net
- Sponsor:** Greenville Swim Club
- Location:** Minges Natatorium  
East Carolina University  
Greenville, NC 28590
- Date:** Saturday, October 8 - Sunday, October 9, 2011
- Times:** Saturday AM Session  
Warm-ups: 10 AM  
Meet Starts: 11 AM
- Saturday PM Session  
Warm-ups: 5 PM  
Meet Starts: 5:45 PM
- Sunday AM Session  
Warm-ups: 9 AM  
Meet Starts: 10 AM
- Warm-ups:** Warm-up lane assignments will be determined after the coaches entries have been received and will be included in the coaches' packets.
- Classification:** Dual Meet - All events timed finals
- Rules:** The meet will be conducted in accordance with the current USA Swimming Rules & Regulations and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated.  
204.3.2 Events Seeded on the Deck – Not Applicable. No deck seeding will be permitted  
204.3.4 Exception for Failure to Compete – Not Applicable. No penalty shall apply for failure to compete in or scratch an individual event.
- General Meeting and Officials Briefing:** Meetings will be announced prior to the start of the meet by the meet director.

- Competition Course:** The facility has an 8-lane 25 yard non-turbulent competition pool (4.5 ft deep) and 6 lanes available for continuous warm-up/warm-down in the diving well (12 ft deep). The blocks are built into the wall in the competition pool. Colorado timing system will be used with stop watches used as back-up. There is an 8-lane digital scoreboard that will also be in use. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. There is spectator seating for approximately 400 people. There are two women's locker rooms and one locker room for men.
- Timeline and Meet Entry Constraints:** Meet Management reserves the right to combine any events as needed and reserves the right to limit the number of heats or entries in any event to control meet timelines. This includes events with combined age groups
- Safety:** The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. **NO running or horseplay will be tolerated. NO blocking of fire exits, which includes doors and passages.**
- Eligibility:** GSC, RSA, and associated unattached athletes only. All athletes must be registered with USA Swimming, Inc. Registrations will be checked according to NCS rules.
- Entries:** All entries should be submitted in Hy-tek format, and will be matched to the appropriate event by the event number. Entries may be submitted via email. However hard copies of each entry, showing the swimmers' ages as of October 8, 2011 must be included in the normal post delivery along with the summary sheet, team checklist, and payment. **All entry information must be received by midnight Friday, September 30, 2011.**
- Teams will be required to resubmit their entire corrected meet entry file to resolve any meet entry issues as the meet staff does not have the capacity to correct entries for individual swimmers or events. If meet entries must be limited, they will be accepted in the order in which final and completely correct entry files and complete payment of all entry fees are received until the meet capacity is reached.
- Entry Limit:** Swimmers are limited to four (4) events total, including relays, for the Senior Dual meet Saturday AM of which no more than three (3) may be individual events. Swimmers are limited to four (4) individual events *per session* with a maximum of 8 events total for the Saturday PM and Sunday AM sessions. Please Note: 12 & Under swimmers will *not* be allowed to participate beyond the NCS 4-hour-rule window. Swimmers who are entered in more than the allowed number of events will be automatically dropped from the event(s) that put the swimmer over the limit. **No refunds will be given for inappropriate entries.** There will be no "ON DECK" registrations accepted. 'NO TIME' (NT) entries **WILL NOT** be accepted. NT entries will be scratched and no refunds given for inappropriate entries.

- Entry Deadline:** All entries must be received by **midnight Friday, September 30, 2011.** Telephone entries and fax entries will not be accepted. Late entries may be accepted at the discretion of the Meet Director but will be charged double entry fees. As the meet capacity is met, teams will be notified by telephone or email if their entries can not be accommodated, and entry fees refunded. **NO OTHER REFUNDS WILL BE MADE.**
- Entry Fees:** Individual events- \$1.00  
Relay events- FREE  
Facility Surcharge- \$10.00  
NCS Travel Surcharge- \$3.00
- Disability Statement:** GSC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit GSC's ability to accommodate all requests
- Credentials:** All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification/registration. Coaches and officials shall prominently display their registration cards while on deck.
- Mail Entries & Fees To:** GSC-RSA Dual Meet  
103 Prince Charles Court  
Winterville, NC 28590  
(252) 341-1044  
**GSCCoachCasey@gmail.com**  
Please make checks payable to Greenville Swim Club
- Release Statement:** Do not send entries in a manner that requires signature upon delivery. Email verification of receipt will be sent. If there are any questions contact Coach Casey.  
USA Swimming, Inc., North Carolina Swimming, Inc., and the Greenville Swim Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- Racing Starts:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

## ORDER OF EVENTS

### Saturday AM Session

Warm-ups: 10 AM, Meet Starts: 11 AM

Female	Event	Male
1	Senior 200 Medley Relay	2
3	200 Freestyle	4
5	100 Backstroke	6
7	100 Breaststroke	8
9	200 Butterfly	10
11	50 Freestyle	12
13	100 Freestyle	14
15	200 Backstroke	16
17	200 Breaststroke	18
19	500 Freestyle	20
21	100 Butterfly	22
23	200 IM	24
25	400 Freestyle Relay	26

### Saturday PM Session

Warm-ups: 5 PM, Meet Starts: 5:45 PM

Female	Event	Male
27	Senior 300 Medley Relay	28
29	150 Freestyle	30
31	300 Backstroke	32
33	300 Breaststroke	34
35	150 Butterfly	36
37	75 Freestyle	38
39	300 Freestyle	40
41	150 Backstroke	42
43	150 Breaststroke	44
45	100 Butterfly	46
47	300 IM	48
49	600 Freestyle Relay	50

**Sunday AM Session**

Warm-ups: 9 AM, Meet Starts: 10 AM

51	Mixed 200 Freestyle
52	Mixed 100 Freestyle
53	Mixed 50 Freestyle
54	Mixed 200 Freestyle
55	Mixed 100 Freestyle
56	Mixed 50 Freestyle
57	Mixed 200 Freestyle
58	Mixed 100 Freestyle
59	Mixed 50 Freestyle
60	Mixed 200 Freestyle
61	Mixed 100 Freestyle
62	Mixed 50 Freestyle
63	Mixed 200 Freestyle
64	Mixed 100 Freestyle
65	Mixed 50 Freestyle
66	Mixed 200 Freestyle
67	Mixed 100 Freestyle
68	Mixed 50 Freestyle
69	Mixed 200 Freestyle
70	Mixed 100 Freestyle
71	Mixed 50 Freestyle
72	Mixed 200 Freestyle
73	Mixed 100 Freestyle
74	Mixed 50 Freestyle