

2010 USA SWIMMING SCY JUNIOR NATIONAL CHAMPIONSHIPS

2010 SCY Speedo Junior National Championship

| Women | | | Men | | | |
|----------|----------|----------|--------------|----------|----------|----------|
| LCM | SCM | SCY | Hard Cut | SCY | SCM | LCM |
| 27.29 | 26.49 | 23.79 | 50 Fr | 21.29 | 23.59 | 24.49 |
| 58.69 | 56.79 | 51.59 | 100 Fr | 46.29 | 51.09 | 53.39 |
| 2:06.39 | 2:02.19 | 1:50.89 | 200 Fr | 1:41.29 | 1:52.09 | 1:56.89 |
| 4:24.19 | 4:14.09 | 4:54.69 | 400/500 Fr | 4:34.19 | 3:56.99 | 4:07.39 |
| 9:05.09 | 8:50.09 | 10:09.59 | 800/1000 Fr | 9:31.49 | 8:19.19 | 8:35.39 |
| 17:29.09 | 16:44.89 | 16:51.39 | 1500/1650 Fr | 15:53.89 | 15:52.79 | 16:27.99 |
| 1:06.59 | 1:03.09 | 57.49 | 100 Bk | 51.59 | 57.39 | 1:00.39 |
| 2:22.39 | 2:16.29 | 2:02.99 | 200 Bk | 1:51.89 | 2:04.19 | 2:11.09 |
| 1:14.69 | 1:11.99 | 1:04.69 | 100 Br | 58.09 | 1:04.49 | 1:08.19 |
| 2:40.99 | 2:35.89 | 2:20.19 | 200 Br | 2:06.79 | 2:22.29 | 2:28.19 |
| 1:04.19 | 1:01.89 | 56.69 | 100 Fl | 50.59 | 55.49 | 57.99 |
| 2:20.79 | 2:16.29 | 2:04.49 | 200 Fl | 1:52.79 | 2:03.39 | 2:09.39 |
| 2:23.29 | 2:17.99 | 2:05.69 | 200 IM | 1:53.39 | 2:05.29 | 2:11.99 |
| 5:02.88 | 4:52.89 | 4:26.09 | 400 IM | 4:01.69 | 4:27.49 | 4:40.79 |
| 3:59.99 | 3:57.19 | 3:30.29 | 4X100 Fr-R | 3:08.89 | 3:31.09 | 3:38.29 |
| 8:36.99 | 8:38.19 | 7:42.99 | 4x200 Fr-R | 6:53.79 | 7:40.99 | 7:54.99 |
| 4:26.19 | 4:18.89 | 3:51.89 | 4x100 Med-R | 3:29.59 | 3:55.69 | 4:01.99 |

Qualifying Period Nov 1, 2009 to entry deadline

| Women | | | Men | | | |
|----------|----------|----------|--------------|----------|----------|----------|
| LCM | SCM | SCY | Bonus | SCY | SCM | LCM |
| 27.79 | 27.39 | 24.59 | 50 Fr | 21.69 | 23.99 | 24.79 |
| 1:00.19 | 58.29 | 52.89 | 100 Fr | 47.09 | 52.09 | 53.99 |
| 2:09.09 | 2:05.89 | 1:54.19 | 200 Fr | 1:43.09 | 1:54.19 | 1:58.09 |
| 4:30.69 | 4:21.89 | 5:03.29 | 400/500 Fr | 4:39.59 | 4:02.09 | 4:09.79 |
| 9:15.99 | 9:00.99 | 10:21.29 | 800/1000 Fr | 9:39.29 | 8:26.89 | 8:40.79 |
| 17:46.69 | 17:13.09 | 17:24.29 | 1500/1650 Fr | 16:13.69 | 16:02.39 | 16:41.69 |
| 1:07.89 | 1:04.89 | 59.09 | 100 Bk | 53.09 | 59.09 | 1:01.39 |
| 2:25.99 | 2:20.79 | 2:06.99 | 200 Bk | 1:54.79 | 2:07.49 | 2:12.39 |
| 1:16.79 | 1:14.69 | 1:06.89 | 100 Br | 59.49 | 1:06.09 | 1:10.09 |
| 2:44.99 | 2:41.39 | 2:24.29 | 200 Br | 2:09.79 | 2:25.59 | 2:29.79 |
| 1:05.79 | 1:04.29 | 58.49 | 100 Fl | 51.89 | 56.89 | 58.89 |
| 2:24.19 | 2:19.99 | 2:07.39 | 200 Fl | 1:54.89 | 2:05.79 | 2:10.59 |
| 2:27.59 | 2:22.89 | 2:09.49 | 200 IM | 1:56.29 | 2:08.49 | 2:13.59 |
| 5:09.69 | 5:01.19 | 4:33.09 | 400 IM | 4:08.09 | 4:34.69 | 4:43.89 |

Qualifying Period Nov 1, 2009 to entry deadline