

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 11 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	29.78	791	Quintero, Dominique	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
2	29.89	783	Tennant, Kayla	11	NC Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
3	29.97	777	Knowles, Caroline	11	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
4	30.12	767	Neal, Misha	11	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	30.87	714	Cottam, Caroline	11	NC High Point Swim Club	7/15/2010	2010 NC 14 & Under Long Course
6	30.97	707	Taekman, Sarah	11	NC Chapel Hill YMCA Swim Club	7/15/2010	2010 NC 14 & Under Long Course
7	31.29	686	Souther, Alexis	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	31.31	684	Shepherd, Sarah Helen	11	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	31.35	705	Dykstra, Emily	11	NC Marlins of Raleigh-Wolfpack Aquatics	5/21/2010	2010 NC NCAC Meet Near the Hil
10	31.42	677	Vetrano, Alexis	11	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 11 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	29.55	844	Atkinson, Will	11	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
2	29.59	806	McPheters, Ian	11	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
3	29.87	789	Suits, Jon	11	NC YMCA of the Triangle Area Swim Team	5/14/2010	2010 NC RSA Good Stuff
4	30.08	776	Best, Jack	11	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
5	30.41	755	Ssengonzi, Jethro	11	NC Raleigh Swimming Association	5/14/2010	2010 NC RSA Good Stuff
6	30.48	751	Eruchalu, Ikenna	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	31.08	713	Bird, Alex	11	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
8	31.13	710	Manchester, Coleman	11	NC SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter
9	31.29	701	Andrews, Kevin	11	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
10	31.30	700	Blandford, Connor	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 11 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:05.16	798	Knowles, Caroline	11	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
2	1:06.60	740	Neal, Misha	11	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	1:07.42	711	Vetrano, Alexis	11	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
4	1:07.54	707	Quintero, Dominique	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
5	1:07.95	726	Dykstra, Emily	11	NC Marlins of Raleigh-Wolfpack Aquatics	5/21/2010	2010 NC NCAC Meet Near the Hil
6	1:08.09	687	Taekman, Sarah	11	NC Chapel Hill YMCA Swim Club	7/15/2010	2010 NC 14 & Under Long Course
7	1:08.10	687	Tennant, Kayla	11	NC Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
8	1:08.46	675	Cairns, Adelaide	11	NC North Carolina Aquatic Club	7/9/2010	2010 NC Eastern LC Qualifier
9	1:08.61	670	Shepherd, Sarah Helen	11	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
10	1:08.72	666	Brosnan, Abigail	11	NC SwimMAC Carolina	7/9/2010	2010 NC SAC Long Course Meet

Boys Age 11 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:05.54	780	McPheters, Ian	11	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
2	1:07.02	732	Atkinson, Will	11	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
3	1:07.16	726	Ssengonzi, Jethro	11	NC Raleigh Swimming Association	7/16/2010	2010 NC 14 & Under Long Course
4	1:07.59	712	Eruchalu, Ikenna	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	1:08.21	692	Best, Jack	11	NC Waves Of Wilmington, Inc.	6/11/2010	2010 NC WAVE Capital City Invi
6	1:08.73	676	Guiler, William	11	NC SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter
7	1:09.02	666	Blandford, Connor	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	1:09.10	667	Lombana, Greg	11	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
9	1:09.44	653	Zieg, Parker	11	NC Greensboro Swimming Assoc	6/27/2010	2010 NC GSA 55th Annual Easter
10	1:09.64	647	Manchester, Coleman	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 11 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
-------------	-------------	---------------------	-------------	------------	-------------------	------------------	-------------

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

1	2:20.35	801	Knowles, Caroline	11	NC	New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
2	2:23.14	749	Tennant, Kayla	11	NC	Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
3	2:26.24	693	Taekman, Sarah	11	NC	Chapel Hill YMCA Swim Club	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
4	2:26.37	691	Vetrano, Alexis	11	NC	New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	2:27.15	677	Cairns, Adelaide	11	NC	North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
6	2:28.21	659	Souther, Alexis	11	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	2:28.34	656	Butkowski, Ashlyn	11	NC	New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
8	2:28.52	653	Turcanu, Maria	11	NC	YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
9	2:28.78	649	Dykstra, Emily	11	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
10	2:29.10	643	Neal, Misha	11	NC	YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 11 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:21.59	777	McPheters, Ian	11	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
2	2:25.23	715	Lombana, Greg	11	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	2:27.64	676	Lauffer, Christian	11	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
4	2:27.73	674	Guiler, William	11	NC SwimMAC Carolina	7/9/2010	2010 NC SAC Long Course Meet
5	2:28.07	669	Suits, Jon	11	NC YMCA of the Triangle Area Swim Team	5/14/2010	2010 NC RSA Good Stuff
6	2:28.25	666	Lane, Hunter	11	NC North Mecklenburg Aquatics, Inc	6/26/2010	2010 NC State Games of NC
7	2:28.29	670	Werden, Jacob	11	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
8	2:28.45	663	Best, Jack	11	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
9	2:28.57	661	Wiltsey, Curtis	11	NC Stingray Aquatics	7/9/2010	2010 NC SAC Long Course Meet
10	2:30.04	638	Atkinson, Will	11	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil

Girls Age 11 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:56.50	777	Knowles, Caroline	11	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

2	5:01.50	732	Taekman, Sarah	11	NC	Chapel Hill YMCA Swim Club	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
3	5:06.59	687	Butkowski, Ashlyn	11	NC	New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
4	5:06.69	687	Cairns, Adelaide	11	NC	North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
5	5:09.21	665	Turcanu, Maria	11	NC	YMCA Seahorse Swim Team	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
6	5:10.81	651	Adcock, Elena	11	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
7	5:12.28	639	Hair, Olivia	11	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
8	5:13.15	632	Moore, Kate	11	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
9	5:13.99	625	Dapkevich, Taylor	11	NC	New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
10	5:14.62	620	Dykstra, Emily	11	NC	Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial

Boys Age 11 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	5:03.78	719	Lauffer, Christian	11	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
2	5:07.49	690	Suits, Jon	11	NC YMCA of the Triangle Area Swim Team	5/14/2010	2010 NC RSA Good Stuff
3	5:08.55	682	Best, Jack	11	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
4	5:10.00	671	Quinn, Christian	11	NC Carteret Currents Swimming	5/7/2010	2010 NC GOLD Long Course Open
5	5:10.15	670	Werden, Jacob	11	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
6	5:10.80	665	Lane, Hunter	11	NC North Mecklenburg Aquatics, Inc	7/15/2010	2010 NC 14 & Under Long Course
7	5:12.11	655	Lombana, Greg	11	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
8	5:13.38	645	Wiltsey, Curtis	11	NC Stingray Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	5:16.60	621	Mears, Riley	11	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	5:18.40	608	Asbill, Matthew	11	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi

Girls Age 11 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
-------------	-------------	---------------------	-------------	------------	-------------------	------------------	-------------

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

1	10:30.69	783	Knowles, Caroline	11	NC	New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
2	10:49.62	708	Butkowski, Ashlyn	11	NC	New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
3	10:55.78	685	Turcanu, Maria	11	NC	YMCA Seahorse Swim Team	5/28/2010	2010 NC YWNC Piranha HULA Invi
4	11:04.13	654	Cairns, Adelaide	11	NC	North Carolina Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker
5	11:23.05	585	Peterson, Emmaline	11	NC	YMCA Seahorse Swim Team	5/28/2010	2010 NC YWNC Piranha HULA Invi
6	11:23.44	584	Soule, Mary O	11	NC	YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi
7	11:25.58	576	Long, Camille	11	NC	YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi
8	11:55.38	475	Beckstrand, Riley	11	NC	YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi
9	12:18.21	404	Vess, Anna	11	NC	YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi

Boys Age 11 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	10:31.64	780	Quinn, Christian	11	NC Carteret Currents Swimming	6/18/2010	2010 NC ECSL Long Course Champ
2	10:34.69	769	Werden, Jacob	11	NC North Carolina Aquatic Club	7/30/2010	2010 NC NCAC Tar Heel States
3	10:36.02	764	Lombana, Greg	11	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
4	11:08.63	643	Rose, Eli	11	NC Chapel Hill YMCA Swim Club	5/28/2010	2010 NC YWNC Piranha HULA Invi
5	11:31.50	563	Asbill, Matthew	11	NC Raleigh Swimming Association	6/20/2010	2010 NC RSA June Distance Day
6	11:37.73	542	Thompson, Aaron	11	NC Raleigh Swimming Association	6/20/2010	2010 NC RSA June Distance Day
7	11:57.25	480	Davenport, Cameron	11	NC Alamance County Community Y/BAC	5/14/2010	2010 SC YSSC13th Annual May LC Coache
8	13:36.93	207	Loew, Harry	11	NC YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi

Girls Age 11 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
-------------	-------------	---------------------	-------------	------------	-------------------	------------------	-------------

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

1	21:04.87	723	Stringfellow, Emily	11	NC	New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
2	21:11.86	710	Long, Camille	11	NC	YMCA of Western North Carolina	6/11/2010	2010 NC 4th Annual Bob Pratt

Boys Age 11 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	21:23.53	754	Oros, Jacob	11	NC Twin Rivers YMCA RipTide	5/7/2010	2010 NC GOLD Long Course Open
2	22:52.30	608	Fischetti, Christopher	11	NC Marlins of Raleigh-Wolfpack Aquatics	5/7/2010	2010 NC GOLD Long Course Open

Girls Age 11 50 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	34.65	790	Holland, Madison	11	NC North Mecklenburg Aquatics, Inc	7/15/2010	2010 NC 14 & Under Long Course
2	34.91	772	Knowles, Caroline	11	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
3	35.47	735	Sigmon, Heather	11	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
4	35.66	722	Souther, Alexis	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	35.94	704	Quintero, Dominique	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
6	36.35	678	Adcock, Elena	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
7	36.40	674	Hatt, Lindsay Ann	11	NC Raleigh Swimming Association	7/9/2010	2010 NC Eastern LC Qualifier
8	36.46	671	Childs, Catie	11	NC Stingray Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	36.55	665	Schriefer, Hannah	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	36.87	645	Nelson, Stephanie	11	NC SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter

Boys Age 11 50 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	33.72	865	McPheters, Ian	11	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
2	34.01	847	Atkinson, Will	11	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
3	34.59	810	Suits, Jon	11	NC YMCA of the Triangle Area Swim Team	5/14/2010	2010 NC RSA Good Stuff
4	35.06	781	Manchester, Coleman	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	35.41	759	Andrews, Kevin	11	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

6	35.74	739	Blandford, Connor	11	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
7	35.90	729	Best, Jack	11	NC	Waves Of Wilmington, Inc.	6/11/2010	2010 NC WAVE Capital City Invi
8	36.27	707	Eruchalu, Ikenna	11	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
9	36.76	678	Lombana, Greg	11	NC	New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	36.83	674	Lauffer, Christian	11	NC	YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 11 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	1:15.86	751	Knowles, Caroline	11	NC	New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
2	1:17.03	716	Hair, Olivia	11	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
3	1:17.19	712	Holland, Madison	11	NC	North Mecklenburg Aquatics, Inc	7/15/2010	2010 NC 14 & Under Long Course
4	1:18.04	687	Souther, Alexis	11	NC	SwimMAC Carolina	7/17/2010	2010 NC 14 & Under Long Course
5	1:18.52	673	Adcock, Elena	11	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
6	1:18.90	662	Moore, Kate	11	NC	Raleigh Swimming Association	7/17/2010	2010 NC 14 & Under Long Course
7	1:18.92	662	Hatt, Lindsay Ann	11	NC	Raleigh Swimming Association	7/9/2010	2010 NC Eastern LC Qualifier
8	1:19.24	653	Shepherd, Sarah Helen	11	NC	Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	1:19.33	650	Sigmon, Heather	11	NC	Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
10	1:19.39	648	Nelson, Stephanie	11	NC	SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita

Boys Age 11 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	1:13.91	827	Manchester, Coleman	11	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
2	1:14.22	818	Suits, Jon	11	NC	YMCA of the Triangle Area Swim Team	5/14/2010	2010 NC RSA Good Stuff
3	1:14.76	803	McPheters, Ian	11	NC	Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
4	1:15.61	778	Lauffer, Christian	11	NC	YMCA of the Triangle Area Swim Team	7/17/2010	2010 NC 14 & Under Long Course
5	1:16.00	767	Atkinson, Will	11	NC	New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hill
6	1:17.02	738	Best, Jack	11	NC	Waves Of Wilmington, Inc.	6/11/2010	2010 NC WAVE Capital City Invi

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

7	1:18.02	710	Blandford, Connor	11	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	1:19.27	683	Lombana, Greg	11	NC	New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
8	1:19.27	676	Eruchalu, Ikenna	11	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	1:19.51	669	Carman, Colter	11	NC	Unattached	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 11 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:43.23	784	Souther, Alexis	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
2	2:43.96	774	Shepherd, Sarah Helen	11	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
3	2:49.54	704	Moore, Kate	11	NC Raleigh Swimming Association	6/20/2010	2010 NC RSA June Distance Day
4	2:53.21	659	Vetrano, Alexis	11	NC New Wave Swim Team	7/9/2010	2010 NC Eastern LC Qualifier
5	2:54.87	639	Cairns, Adelaide	11	NC North Carolina Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker
6	2:56.01	625	Wood, Abbey	11	NC Duke Aquatics	5/1/2010	2010 NC WAVE Spring Distance-I
7	2:56.07	624	Dapkevich, Taylor	11	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
8	2:56.43	620	Heineman, Ashley	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/9/2010	2010 NC Eastern LC Qualifier
9	2:58.69	601	Childs, Catie	11	NC Stingray Aquatics	5/14/2010	2010 SC YSSC13th Annual May LC Coache
10	2:59.58	582	Long, Camille	11	NC YMCA of Western North Carolina	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch

Boys Age 11 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:36.45	909	McPheters, Ian	11	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
2	2:39.24	870	Lauffer, Christian	11	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	2:39.83	862	Best, Jack	11	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
4	2:47.93	752	Lombana, Greg	11	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	2:50.30	721	Atkinson, Will	11	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
6	2:51.90	700	Guiler, William	11	NC SwimMAC Carolina	6/11/2010	2010 MD NBAC Long Course Champion

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

7	2:53.13	684	Carman, Colter	11	NC	Unattached	7/9/2010	2010 NC Eastern LC Qualifier
8	2:54.45	667	Wright, Hunter	11	NC	YMCA of the Triangle Area Swim Team	7/9/2010	2010 NC Eastern LC Qualifier
9	2:55.38	655	Asbill, Matthew	11	NC	Raleigh Swimming Association	6/20/2010	2010 NC RSA June Distance Day
10	2:56.77	638	Li, Michael	11	NC	Duke Aquatics	6/26/2010	2010 NC RSA Summer Sizzle Meet

Girls Age 11 50 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	39.93	704	Taekman, Sarah	11	NC	Chapel Hill YMCA Swim Club	7/15/2010	2010 NC 14 & Under Long Course
2	40.13	694	Poole, Julia	11	NC	Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
3	40.27	687	Winters, Sierra	11	NC	Star Aquatics	6/11/2010	2010 NC SAC Summer LC Invite
4	40.28	686	Turcanu, Maria	11	NC	YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	40.32	684	Li, Cynthia	11	NC	Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
6	40.43	679	Gillman, Maddy	11	NC	SwimMAC Carolina	6/18/2010	2010 NC HPSC Furniture City In
7	41.17	641	Duguid, Jasmine	11	NC	SwimMAC Carolina	6/11/2010	2010 NC 4th Annual Bob Pratt
8	41.29	635	Bramante, Brooke	11	NC	YMCA of the Triangle Area Swim Team	5/14/2010	2010 NC RSA Good Stuff
9	41.59	620	Hair, Olivia	11	NC	Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	41.59	620	Nixon, Mckenna	11	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 11 50 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	38.52	816	Nichols, Jordan	11	NC	New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
2	39.76	748	Blandford, Connor	11	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
3	39.82	744	Ssengonzi, Jethro	11	NC	Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
4	41.81	640	Bond, Riley	11	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	43.27	566	Consing, Nash	11	NC	Catawba Valley Aquatic Club	7/30/2010	2010 NC WCSA Champs
6	43.29	565	Oakley, William	11	NC	Marlins of Raleigh-Wolfpack Aquatics	7/9/2010	2010 NC Eastern LC Qualifier
7	43.57	552	Thompson, Aaron	11	NC	Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

8	43.93	580	Rose, Eli	11	NC	Chapel Hill YMCA Swim Club	5/21/2010	2010 NC NCAC Meet Near the Hil
9	44.05	528	Mears, Riley	11	NC	YMCA of the Triangle Area Swim Team	7/9/2010	2010 NC Eastern LC Qualifier
10	44.19	531	Jones, Josh	11	NC	Asheville Swim Club	5/14/2010	2010 SC YSSC13th Annual May LC Coache

Girls Age 11 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	1:24.09	782	Li, Cynthia	11	NC	Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
2	1:27.13	710	Turcanu, Maria	11	NC	YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	1:27.45	702	Hair, Olivia	11	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
4	1:27.94	691	Quintero, Dominique	11	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
5	1:29.28	660	Taekman, Sarah	11	NC	Chapel Hill YMCA Swim Club	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
6	1:29.54	654	Moore, Kate	11	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
7	1:29.61	652	Nixon, Mckenna	11	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	1:29.99	644	Gillman, Maddy	11	NC	SwimMAC Carolina	6/18/2010	2010 NC HPSC Furniture City In
9	1:30.07	642	Tennant, Kayla	11	NC	Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
10	1:30.74	627	Beckstrand, Riley	11	NC	YMCA of Western North Carolina	6/11/2010	2010 NC 4th Annual Bob Pratt

Boys Age 11 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	1:25.90	783	Nichols, Jordan	11	NC	New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
2	1:27.53	744	Ssengonzi, Jethro	11	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
3	1:28.85	713	Blandford, Connor	11	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
4	1:29.51	698	McPheters, Ian	11	NC	Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
5	1:32.68	625	Mears, Riley	11	NC	YMCA of the Triangle Area Swim Team	7/9/2010	2010 NC Eastern LC Qualifier
6	1:32.75	623	Bond, Riley	11	NC	SwimMAC Carolina	7/9/2010	2010 NC SAC Long Course Meet
7	1:33.67	603	Thompson, Aaron	11	NC	Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
8	1:35.03	573	Luckhoff-Amador, Edwin	11	NC	New South Swimming	5/14/2010	2010 SC YSSC13th Annual May

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

LC Coache

9	1:35.31	567	Oakley, William	11	NC	Marlins of Raleigh-Wolfpack Aquatics	7/9/2010	2010 NC Eastern LC Qualifier
10	1:35.65	559	Lauffer, Christian	11	NC	YMCA of the Triangle Area Swim Team	6/12/2010	2010 PV FISH June LC Invitational

Girls Age 11 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	3:07.79	740	Miller, Katy	11	NC Stingray Aquatics	7/15/2010	2010 NC 14 & Under Long Course
2	3:09.68	721	Turcanu, Maria	11	NC YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	3:15.01	666	Taekman, Sarah	11	NC Chapel Hill YMCA Swim Club	6/18/2010	2010 NC ECSL Long Course Champ
4	3:15.66	659	Beckstrand, Riley	11	NC YMCA of Western North Carolina	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
5	3:16.91	646	Heineman, Ashley	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/9/2010	2010 NC Eastern LC Qualifier
6	3:18.33	632	Stringfellow, Emily	11	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
7	3:20.66	609	Cairns, Adelaide	11	NC North Carolina Aquatic Club	7/9/2010	2010 NC Eastern LC Qualifier
8	3:21.37	602	Kloetzer, Hannah	11	NC North Carolina Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker
9	3:22.12	594	Roach, Maggie	11	NC North Mecklenburg Aquatics, Inc	7/9/2010	2010 NC SAC Long Course Meet
10	3:22.57	590	Vess, Anna	11	NC YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi

Boys Age 11 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	3:06.16	821	Nichols, Jordan	11	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
2	3:20.14	680	Thompson, Aaron	11	NC Raleigh Swimming Association	6/20/2010	2010 NC RSA June Distance Day
3	3:27.37	610	Lauffer, Christian	11	NC YMCA of the Triangle Area Swim Team	6/12/2010	2010 PV FISH June LC Invitational
4	3:30.67	579	Werden, Jacob	11	NC North Carolina Aquatic Club	7/9/2010	2010 NC Eastern LC Qualifier
5	3:30.96	576	Beach, Mason	11	NC Greenville Swim Club	6/18/2010	2010 NC ECSL Long Course Champ
6	3:31.48	571	Oakley, William	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/9/2010	2010 NC Eastern LC Qualifier

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

7	3:33.74	550	Rose, Eli	11	NC	Chapel Hill YMCA Swim Club	5/28/2010	2010 NC YWNC Piranha HULA Invi
8	3:35.12	537	Legarth, Brian	11	NC	YMCA of the Triangle Area Swim Team	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	3:38.35	508	Lombana, Greg	11	NC	New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
10	3:38.73	504	Smith, Douglas	11	NC	Raleigh Swimming Association	6/20/2010	2010 NC RSA June Distance Day

Girls Age 11 50 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	32.68	763	Dykstra, Emily	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
2	33.06	741	Tennant, Kayla	11	NC Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
3	33.23	730	Kerns, Abby	11	NC New South Swimming	7/30/2010	2010 NC HPSC Tar Heel States-W
4	33.35	723	Sisk, Julia	11	NC Chapel Hill YMCA Swim Club	7/15/2010	2010 NC 14 & Under Long Course
5	33.60	708	Brosnan, Abigail	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
6	33.69	703	Taekman, Sarah	11	NC Chapel Hill YMCA Swim Club	7/15/2010	2010 NC 14 & Under Long Course
7	34.16	676	Cairns, Adelaide	11	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
8	34.49	656	Soule, Mary O	11	NC YMCA of Western North Carolina	6/11/2010	2010 NC 4th Annual Bob Pratt
9	34.50	656	Bowers, Annie	11	NC Asheville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
10	34.53	654	Vetrano, Alexis	11	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	34.53	654	Adcock, Elena	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 11 50 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	32.60	776	Ssengonzi, Jethro	11	NC Raleigh Swimming Association	5/14/2010	2010 NC RSA Good Stuff
2	32.64	774	Bird, Alex	11	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
3	32.83	761	Murray, Jeffrey	11	NC Unattached	7/15/2010	2010 NC 14 & Under Long Course
4	32.85	815	Lombana, Greg	11	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
5	33.26	734	Eruchalu, Ikenna	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
6	33.55	716	Manchester, Coleman	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	33.70	706	Troxler, Garrett	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

8	34.01	687	Suits, Jon	11	NC	YMCA of the Triangle Area Swim Team	5/14/2010	2010 NC RSA Good Stuff
9	34.04	685	Nichols, Jordan	11	NC	New Wave Swim Team	7/30/2010	2010 NC NCAC Tar Heel States
10	34.41	662	Frith, Patrick	11	NC	New South Swimming	6/25/2010	2010 SC 7th Annual YSSC Firecracker

Girls Age 11 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:13.00	772	Tennant, Kayla	11	NC Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
2	1:14.36	737	Soule, Mary O	11	NC YMCA of Western North Carolina	7/15/2010	2010 NC 14 & Under Long Course
3	1:15.09	718	Taekman, Sarah	11	NC Chapel Hill YMCA Swim Club	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
4	1:15.47	708	Adcock, Elena	11	NC Marlins of Raleigh-Wolfpack Aquatics	5/7/2010	2010 NC GOLD Long Course Open
5	1:16.66	678	Bowers, Annie	11	NC Asheville Swim Club	7/30/2010	2010 NC NCAC Tar Heel States
6	1:16.71	676	Brosnan, Abigail	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	1:16.85	673	Cairns, Adelaide	11	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
8	1:17.52	656	Kerns, Abby	11	NC New South Swimming	7/9/2010	2010 NC SAC Long Course Meet
9	1:17.69	652	Curry, Leigh Ann	11	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
10	1:19.02	619	Shepherd, Sarah Helen	11	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 11 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:11.88	825	McPheters, Ian	11	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
2	1:14.57	765	Lombana, Greg	11	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
3	1:14.65	747	Nichols, Jordan	11	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
4	1:15.48	724	Murray, Jeffrey	11	NC Unattached	7/15/2010	2010 NC 14 & Under Long Course
5	1:15.52	723	Li, Michael	11	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
6	1:17.61	667	Eruchalu, Ikenna	11	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	1:17.94	658	Ssengonzi, Jethro	11	NC Raleigh Swimming Association	5/14/2010	2010 NC RSA Good Stuff
8	1:18.52	643	Lane, Hunter	11	NC North Mecklenburg Aquatics, Inc	6/5/2010	2010 SC Team Greenville Dash &

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

9	1:19.54	631	Werden, Jacob	11	NC	North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hill
10	1:19.86	608	Atkinson, Will	11	NC	New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I

Girls Age 11 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:50.37	750	Soule, Mary O	11	NC YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi
2	2:51.03	743	Adcock, Elena	11	NC Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
3	2:52.77	724	Cairns, Adelaide	11	NC North Carolina Aquatic Club	7/9/2010	2010 NC Eastern LC Qualifier
4	2:57.36	676	Peterson, Emmaline	11	NC YMCA Seahorse Swim Team	5/28/2010	2010 NC YWNC Piranha HULA Invi
5	3:04.70	600	Rocque, Jacqi	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/9/2010	2010 NC Eastern LC Qualifier
6	3:10.66	541	Brewer, Genna	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/9/2010	2010 NC Eastern LC Qualifier
7	3:10.73	540	Turcanu, Maria	11	NC YMCA Seahorse Swim Team	5/28/2010	2010 NC YWNC Piranha HULA Invi
8	3:11.57	532	Leibold, Sarah	11	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
9	3:20.14	450	Beckstrand, Riley	11	NC YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi
10	3:21.47	437	Long, Camille	11	NC YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi

Boys Age 11 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:42.68	867	Nichols, Jordan	11	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
2	2:49.66	783	Werden, Jacob	11	NC North Carolina Aquatic Club	7/9/2010	2010 NC Eastern LC Qualifier
3	2:49.83	781	Lombana, Greg	11	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
4	3:07.94	587	Wiltsey, Curtis	11	NC Stingray Aquatics	5/14/2010	2010 SC YSSC13th Annual May LC Coache
5	3:22.50	429	Davenport, Cameron	11	NC Alamance County Community Y/BAC	6/18/2010	2010 NC HPSC Furniture City In
6	4:18.86	26	Morrow, Crayton	11	NC Smoky Mountain Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker
7	4:36.75	1	Loew, Harry	11	NC YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Invi

Girls Age 11 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:41.43	774	Taekman, Sarah	11	NC Chapel Hill YMCA Swim Club	7/15/2010	2010 NC 14 & Under Long Course
2	2:41.74	770	Tennant, Kayla	11	NC Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
3	2:45.49	717	Moore, Kate	11	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
4	2:45.95	711	Hair, Olivia	11	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
5	2:47.09	695	Turcanu, Maria	11	NC YMCA Seahorse Swim Team	6/11/2010	2010 NC 4th Annual Bob Pratt
6	2:47.25	693	Shepherd, Sarah Helen	11	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
7	2:48.00	683	Adcock, Elena	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	2:48.22	680	Vetrano, Alexis	11	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
9	2:48.71	673	Holland, Madison	11	NC North Mecklenburg Aquatics, Inc	7/9/2010	2010 NC SAC Long Course Meet
10	2:48.85	671	Nelson, Stephanie	11	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invi

Boys Age 11 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:37.91	832	McPheters, Ian	11	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
2	2:45.87	714	Lauffer, Christian	11	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	2:46.69	702	Suits, Jon	11	NC YMCA of the Triangle Area Swim Team	5/14/2010	2010 NC RSA Good Stuff
4	2:46.88	700	Ssengonzi, Jethro	11	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
5	2:47.25	694	Nichols, Jordan	11	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	2:49.69	660	Lane, Hunter	11	NC North Mecklenburg Aquatics, Inc	7/15/2010	2010 NC 14 & Under Long Course
7	2:49.99	670	Atkinson, Will	11	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
8	2:50.25	652	Lombana, Greg	11	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
9	2:50.66	647	Hinman, Maziar	11	NC Star Aquatics	6/25/2010	2010 NC GSA 55th Annual Easter
10	2:51.44	636	Mears, Riley	11	NC YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 11 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	5:38.77	864	Taekman, Sarah	11	NC Chapel Hill YMCA Swim Club	7/15/2010	2010 NC 14 & Under Long Course
2	5:46.11	817	Turcanu, Maria	11	NC YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	5:52.65	777	Moore, Kate	11	NC Raleigh Swimming Association	6/20/2010	2010 NC RSA June Distance Day
4	5:55.44	759	Stringfellow, Emily	11	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
5	5:55.52	759	Vetrano, Alexis	11	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	5:55.73	758	Adcock, Elena	11	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
7	5:56.49	753	Peterson, Emmaline	11	NC YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
8	6:02.86	714	Cairns, Adelaide	11	NC North Carolina Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker
9	6:07.87	684	Soule, Mary O	11	NC YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi
10	6:08.75	679	O'Connor, Kim	11	NC Twin Rivers YMCA RipTide	6/18/2010	2010 NC ECSL Long Course Champ

Boys Age 11 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	5:52.48	799	Mears, Riley	11	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
2	5:56.00	777	Werden, Jacob	11	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
3	5:57.64	766	Lane, Hunter	11	NC North Mecklenburg Aquatics, Inc	7/15/2010	2010 NC 14 & Under Long Course
4	6:06.38	712	Nichols, Jordan	11	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
5	6:12.86	673	Li, Michael	11	NC Duke Aquatics	6/26/2010	2010 NC RSA Summer Sizzle Meet
6	6:13.18	671	Atkinson, Will	11	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
7	6:28.01	584	Smith, TC	11	NC Unattached	5/21/2010	2010 IN SWAC Splash Into Summe
8	6:32.87	556	Rose, Eli	11	NC Chapel Hill YMCA Swim Club	5/1/2010	2010 NC WAVE Spring Distance-I
9	6:35.48	542	Humphrey, Shane	11	NC YMCA of the Triangle Area Swim Team	6/19/2010	2010 NC MOR Liberty Invitation

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

10	6:39.92	522	Wiltsey, Curtis	11	NC	Stingray Aquatics	5/14/2010	2010 SC YSSC13th Annual May LC Coache
----	---------	-----	-----------------	----	----	-------------------	-----------	---------------------------------------

Girls Age 12 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	28.23	829	Martin, Mikalaa	12	NC Catawba Valley Aquatic Club	7/31/2010	2010 NC WCSA Champs
2	28.73	791	Merritt, Jessica	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
3	28.90	779	Ding, Stephanie	12	NC Raleigh Swimming Association	7/18/2010	2010 NC 14 & Under Long Course
4	28.98	773	Brem, Ashley	12	NC Waves Of Wilmington, Inc.	7/27/2010	2010 GA Southern Zone Championship
5	29.00	771	Ortega, Melissa	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
6	29.04	769	Morrell, Mia	12	NC North Carolina Aquatic Club	7/18/2010	2010 NC 14 & Under Long Course
7	29.16	760	McCullagh, Nora	12	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
8	29.19	771	Bishop, Haley	12	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
9	29.23	755	Warnimont, Ally	12	NC Northwest NC YMCA Riptyde	7/15/2010	2010 NC 14 & Under Long Course
10	29.48	736	Knowles, Caroline	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 12 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	26.51	897	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/27/2010	2010 GA Southern Zone Championship
2	27.36	839	Lam, Christian	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	27.95	799	Glavich, Jonathan	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
4	28.03	793	Waldrep, Ben	12	NC Sharks Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
5	28.33	773	Leischner, Zack	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
6	28.55	795	Zakerin, Bijan	12	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
7	28.83	740	Ress, Justin	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	28.98	730	Macmillan, Will	12	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
9	29.02	728	Paddison, Jack	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

10 29.12 721 McGugan, Henry 12 NC Star Aquatics 6/11/2010 2010 NC SAC Summer LC Invite

Girls Age 12 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:02.02	806	Ortega, Melissa	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
2	1:02.38	792	Baker, Kathleen	12	NC Star Aquatics	12/13/2009	2009 Junior LC Invite
3	1:03.27	758	Bishop, Haley	12	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
4	1:03.29	758	Merritt, Jessica	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	1:03.40	754	Frank, Lauren	12	NC New Wave Swim Team	7/27/2010	2010 GA Southern Zone Championship
6	1:03.59	747	Ding, Stephanie	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
7	1:04.16	725	McCullagh, Nora	12	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
8	1:04.38	717	Brem, Ashley	12	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
9	1:04.80	702	Knowles, Caroline	12	NC New Wave Swim Team	7/16/2010	2010 NC 14 & Under Long Course
9	1:04.80	702	Morrell, Mia	12	NC North Carolina Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker

Boys Age 12 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	57.08	938	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/27/2010	2010 GA Southern Zone Championship
2	58.74	875	Lam, Christian	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	1:00.14	823	Glavich, Jonathan	12	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
4	1:02.65	734	Hollinshead, Henry	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	1:03.06	721	Zakerin, Bijan	12	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
6	1:03.16	716	Macmillan, Will	12	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
7	1:03.56	702	Ress, Justin	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/27/2010	2010 GA Southern Zone Championship
8	1:03.58	701	Chance, Nicolas	12	NC SwimMAC Carolina	7/9/2010	2010 NC SAC Long Course Meet

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

9	1:03.69	697	Cobb, Collier	12	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
10	1:03.70	697	Weaver, Graham	12	NC	SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita

Girls Age 12 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:15.03	785	Ortega, Melissa	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
2	2:16.77	751	Maxey, Catherine	12	NC SwimMAC Carolina	6/11/2010	2010 MD NBAC Long Course Champion
3	2:17.10	745	Bishop, Haley	12	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
4	2:20.44	682	Merritt, Jessica	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	2:20.51	681	Frank, Lauren	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	2:20.71	677	Andreini, Cami	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
7	2:20.93	690	Morrell, Mia	12	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
8	2:22.88	638	Martin, Corinne	12	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	2:23.07	635	Xu, Jennifer	12	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
10	2:23.12	634	Rubendall, Brooke	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 12 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:06.56	899	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/27/2010	2010 GA Southern Zone Championship
2	2:07.38	884	Lam, Christian	12	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
3	2:11.16	812	Glavich, Jonathan	12	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
4	2:15.21	738	Ress, Justin	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
5	2:15.65	730	Macmillan, Will	12	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
6	2:15.81	727	Hollinshead, Henry	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
7	2:17.38	706	Cairns, Noah	12	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
8	2:18.87	673	Cobb, Collier	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

9	2:18.96	672	Murray, Nathan	12	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	2:19.49	671	Zakerin, Bijan	12	NC	North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil

Girls Age 12 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:45.84	764	Ortega, Melissa	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
2	4:50.40	721	Bishop, Haley	12	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
3	4:53.69	691	Andreini, Cami	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
4	4:54.07	687	Frank, Lauren	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	4:54.15	687	Rubendall, Brooke	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	4:54.20	686	Merritt, Jessica	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	4:58.62	647	Warnimont, Ally	12	NC Northwest NC YMCA Riptyde	7/15/2010	2010 NC 14 & Under Long Course
8	5:01.33	623	Weisgerber, Emma	12	NC YMCA Seahorse Swim Team	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
9	5:01.40	623	Knowles, Caroline	12	NC New Wave Swim Team	7/27/2010	2010 GA Southern Zone Championship
10	5:02.21	616	Maxey, Catherine	12	NC SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter

Boys Age 12 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:31.46	862	Lam, Christian	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
2	4:33.52	844	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
3	4:39.95	787	Glavich, Jonathan	12	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
4	4:44.15	753	Cairns, Noah	12	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
5	4:45.40	741	Hollinshead, Henry	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	4:47.83	721	Ress, Justin	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
7	4:49.83	704	Ritchie, Will	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
8	4:50.80	696	Murray, Nathan	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

9	4:51.99	686	Cobb, Collier	12	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
10	4:54.96	662	Fold, Nathan	12	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 12 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:27.47	913	Baker, Kathleen	12	NC Star Aquatics	12/13/2009	2009 Junior LC Invite
2	9:56.02	788	Ortega, Melissa	12	NC Raleigh Swimming Association	6/20/2010	2010 NC RSA June Distance Day
3	10:09.37	732	Bishop, Haley	12	NC New Wave Swim Team	6/13/2010	2010 NC WAVE Capital City Invi
4	10:36.56	626	Weisgerber, Emma	12	NC YMCA Seahorse Swim Team	5/14/2010	2010 SC YSSC13th Annual May LC Coache
5	10:37.37	621	O'Dell, Rory	12	NC North Carolina Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker
6	10:47.10	584	Milstead, Savannah	12	NC YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States
7	10:54.01	558	Tacik, Morgan	12	NC Northwest NC YMCA Riptyde	5/28/2010	2010 NC YWNC Piranha HULA Invi
8	10:55.42	553	Warnimont, Ally	12	NC Northwest NC YMCA Riptyde	5/28/2010	2010 NC YWNC Piranha HULA Invi
9	10:58.19	543	Xu, Jennifer	12	NC Duke Aquatics	5/1/2010	2010 NC WAVE Spring Distance-I
10	11:01.35	532	Hardin, Shelby	12	NC Northwest NC YMCA Riptyde	5/28/2010	2010 NC YWNC Piranha HULA Invi

Boys Age 12 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	11:09.22	485	Lang, Richard	12	NC Northwest NC YMCA Riptyde	5/28/2010	2010 NC YWNC Piranha HULA Invi
2	11:35.88	398	Holsten, John	12	NC Wilson Barracuda Swim Team	6/18/2010	2010 NC ECSL Long Course Champ
3	12:39.90	218	Blackwell, Neil	12	NC Wilson Barracuda Swim Team	6/18/2010	2010 NC ECSL Long Course Champ

Girls Age 12 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	18:55.65	832	Ortega, Melissa	12	NC Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

								Meet
2	19:14.25	792	Bishop, Haley	12	NC	New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
3	19:52.99	710	Andreini, Cami	12	NC	New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
4	20:26.20	644	Marzinsky, Cece	12	NC	Duke Aquatics	5/1/2010	2010 NC WAVE Spring Distance-I
5	20:31.98	632	Rubendall, Brooke	12	NC	New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
6	20:32.72	631	Warnimont, Ally	12	NC	Northwest NC YMCA Riptyde	5/7/2010	2010 NC GOLD Long Course Open
7	20:37.27	622	Williams, Belle	12	NC	Greenville Swim Club	5/7/2010	2010 NC GOLD Long Course Open
8	21:19.61	542	Ly, Annie	12	NC	Smoky Mountain Aquatic Club	6/11/2010	2010 NC SAC Summer LC Invite
9	21:25.39	532	Murray, Bailey	12	NC	New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
10	22:53.85	381	May, Emma	12	NC	YMCA of Western North Carolina	6/11/2010	2010 NC 4th Annual Bob Pratt

Boys Age 12 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	18:49.16	799	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	5/7/2010	2010 NC GOLD Long Course Open
2	19:09.31	760	Cairns, Noah	12	NC North Carolina Aquatic Club	5/7/2010	2010 NC GOLD Long Course Open
3	19:30.00	721	Ress, Justin	12	NC Marlins of Raleigh-Wolfpack Aquatics	5/7/2010	2010 NC GOLD Long Course Open
4	19:50.50	683	Cobb, Collier	12	NC Marlins of Raleigh-Wolfpack Aquatics	5/7/2010	2010 NC GOLD Long Course Open
5	20:47.43	581	Hering, Clay	12	NC Greensboro Swimming Assoc	6/11/2010	2010 NC SAC Summer LC Invite
6	21:13.30	537	Kawaguchi, Tosh	12	NC Marlins of Raleigh-Wolfpack Aquatics	5/7/2010	2010 NC GOLD Long Course Open
7	21:25.55	516	Kelber, Jordan	12	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
8	21:38.53	495	Carr, Corwin	12	NC Marlins of Raleigh-Wolfpack Aquatics	5/7/2010	2010 NC GOLD Long Course Open
9	21:39.63	493	Queen, Jacob	12	NC Catawba Valley Aquatic Club	6/11/2010	2010 NC 4th Annual Bob Pratt
10	22:31.53	410	Worley, Ryan	12	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 12 50 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	32.48	843	Brem, Ashley	12	NC Waves Of Wilmington, Inc.	7/27/2010	2010 GA Southern Zone Championship
2	32.65	831	Morrell, Mia	12	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
3	33.78	751	Warlick, Erin	12	NC Team Charlotte Swimming	6/12/2010	2010 NC SAC Summer LC Invite
4	33.86	745	Bishop, Haley	12	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
5	34.02	734	Knowles, Caroline	12	NC New Wave Swim Team	7/27/2010	2010 GA Southern Zone Championship
6	34.29	716	Muma, Natalie	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
7	34.31	714	Nelson, Stephanie	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	34.32	714	Ortega, Melissa	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
9	34.33	713	Kott, Abby	12	NC YMCA of the Triangle Area Swim Team	6/12/2010	2010 PV FISH June LC Invitational
10	35.15	658	Warnimont, Ally	12	NC Northwest NC YMCA Riptyde	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 12 50 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	31.87	822	Ritchie, Will	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
2	32.25	797	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
3	32.51	779	Countie, William	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
4	32.95	750	Ress, Justin	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
5	33.07	742	Macmillan, Will	12	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
6	33.36	723	Stirewalt, Tanner	12	NC Xcell Aquatics	7/30/2010	2010 NC WCSA Champs
7	33.70	701	Glavich, Jonathan	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
8	33.85	692	Fold, Nathan	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
9	33.86	691	Murray, Nathan	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	33.96	685	Murchison, Grant	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 12 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:06.77	930	Baker, Kathleen	12	NC Star Aquatics	12/13/2009	2009 Junior LC Invite
2	1:10.74	799	Morrell, Mia	12	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
3	1:12.07	757	Brem, Ashley	12	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
4	1:13.14	724	Ortega, Melissa	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
5	1:13.35	717	Quint, Kristen	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
6	1:14.09	694	Kott, Abby	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
7	1:14.32	687	Knowles, Caroline	12	NC New Wave Swim Team	7/27/2010	2010 GA Southern Zone Championship
8	1:14.55	680	Muma, Natalie	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
9	1:14.99	697	Bishop, Haley	12	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
10	1:15.59	649	Nelson, Stephanie	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 12 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:07.49	859	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
2	1:08.76	819	Ritchie, Will	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
3	1:10.82	755	Murray, Nathan	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
4	1:11.07	747	Macmillan, Will	12	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
5	1:11.36	738	Ress, Justin	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/17/2010	2010 NC 14 & Under Long Course
6	1:11.79	725	Countie, William	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/17/2010	2010 NC 14 & Under Long Course
7	1:11.92	721	Hollinshead, Henry	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
8	1:12.42	706	Chance, Nicolas	12	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
9	1:13.05	688	Lam, Christian	12	NC YMCA of the Triangle Area Swim Team	6/26/2010	2010 NC RSA Summer Sizzle Meet
10	1:13.18	684	Stirewalt, Tanner	12	NC Xcell Aquatics	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 12 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:32.65	801	Morrell, Mia	12	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
2	2:36.18	753	Muma, Natalie	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	2:36.54	748	Ortega, Melissa	12	NC Raleigh Swimming Association	6/20/2010	2010 NC RSA June Distance Day
4	2:37.20	740	Brem, Ashley	12	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
5	2:37.92	730	Quint, Kristen	12	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
6	2:39.24	712	Andreini, Cami	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
7	2:39.46	710	Law, Olivia	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
8	2:39.66	707	Rubendall, Brooke	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
9	2:41.20	687	Kott, Abby	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	2:41.70	680	Bishop, Haley	12	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I

Boys Age 12 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:26.55	872	Ritchie, Will	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
2	2:28.16	848	Murray, Nathan	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
3	2:34.09	761	Macmillan, Will	12	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
4	2:34.24	758	Hollinshead, Henry	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	2:34.27	758	Countie, William	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
6	2:38.68	695	Suits, Jon	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
7	2:39.40	685	Stirewalt, Tanner	12	NC Xcell Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	2:41.02	663	Chance, Nicolas	12	NC SwimMAC Carolina	7/9/2010	2010 NC SAC Long Course Meet
9	2:41.58	655	Raymond, Christopher	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
10	2:42.03	649	Fold, Nathan	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 12 50 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	36.15	818	Brem, Ashley	12	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
2	36.45	801	Merritt, Jessica	12	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
3	36.76	783	Martelle, Lindsey	12	NC Sharks Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
4	37.65	734	McClanahan, Rozhina	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	37.71	731	Ding, Stephanie	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
6	38.54	686	Churchill, Becca	12	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
7	38.84	670	Stephenson, Tyler	12	NC YMCA of the Triangle Area Swim Team	6/12/2010	2010 PV FISH June LC Invitational
8	39.09	656	Hendrix, Kess	12	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	39.19	651	Schoening, Jacalyn	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
10	39.30	645	Steidinger, Bennett	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 12 50 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	33.45	925	Lam, Christian	12	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
2	34.26	875	Waldrep, Ben	12	NC Sharks Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
3	36.13	769	Zakerin, Bijan	12	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hill
4	36.66	730	Glavich, Jonathan	12	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
5	37.29	693	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
6	38.09	648	Paddison, Jack	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	38.35	633	Baker, Jonah	12	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	38.91	602	Conger, Joshua	12	NC North Carolina Aquatic Club	7/30/2010	2010 NC NCAC Tar Heel States
9	39.28	582	Queen, Jacob	12	NC Catawba Valley Aquatic Club	6/15/2010	2010 NC WCSA Quad Meet
10	39.53	568	Mobbs, Harrison	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 12 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:17.44	838	Brem, Ashley	12	NC Waves Of Wilmington, Inc.	7/27/2010	2010 GA Southern Zone Championship
2	1:20.35	764	McClanahan, Rozhina	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
3	1:21.35	739	Martelle, Lindsey	12	NC Sharks Aquatic Club	7/27/2010	2010 GA Southern Zone Championship
4	1:22.98	698	Schoening, Jacalyn	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
5	1:23.22	692	Churchill, Becca	12	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
6	1:23.28	691	Merritt, Jessica	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	1:24.03	672	Stephenson, Tyler	12	NC YMCA of the Triangle Area Swim Team	6/12/2010	2010 PV FISH June LC Invitational
8	1:24.58	659	Ding, Stephanie	12	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
9	1:24.91	651	Johnson, Meagan	12	NC Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
10	1:24.92	651	Liu, Caroline	12	NC Duke Aquatics	5/14/2010	2010 NC RSA Good Stuff

Boys Age 12 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:12.35	958	Lam, Christian	12	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
2	1:19.13	775	Waldrep, Ben	12	NC Sharks Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
3	1:20.61	752	Zakerin, Bijan	12	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
4	1:21.06	726	Cairns, Noah	12	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
5	1:21.69	726	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	5/21/2010	2010 NC NCAC Meet Near the Hil
6	1:23.22	670	Glavich, Jonathan	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
7	1:25.18	621	Paddison, Jack	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	1:25.29	618	Mobbs, Harrison	12	NC SwimMAC Carolina	6/18/2010	2010 NC HPSC Furniture City In
9	1:25.34	617	Conger, Joshua	12	NC North Carolina Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

9	3:17.29	530	Holsten, John	12	NC	Wilson Barracuda Swim Team	6/18/2010	2010 NC ECSL Long Course Champ
10	3:17.32	530	Greeley, Nathan	12	NC	Duke Aquatics	5/1/2010	2010 NC WAVE Spring Distance-I

Girls Age 12 50 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	31.27	766	Morrell, Mia	12	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
2	31.37	759	Martin, Corinne	12	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
3	31.56	783	Deselm, Claire	12	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
4	31.63	743	Marsh, Alyssa	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	31.73	737	Warnimont, Ally	12	NC Northwest NC YMCA Riptyde	7/15/2010	2010 NC 14 & Under Long Course
6	31.88	783	Bishop, Haley	12	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
7	32.11	713	Maxey, Catherine	12	NC SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter
8	32.15	711	Ward, Cassie	12	NC Gaston Gators	6/11/2010	2010 NC SAC Summer LC Invite
9	32.26	704	Brem, Ashley	12	NC Waves Of Wilmington, Inc.	6/11/2010	2010 NC WAVE Capital City Invi
10	32.51	689	Godley, Lanie	12	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 12 50 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	27.82	970	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/27/2010	2010 GA Southern Zone Championship
2	30.51	776	Lam, Christian	12	NC YMCA of the Triangle Area Swim Team	5/14/2010	2010 NC RSA Good Stuff
3	30.82	755	Macmillan, Will	12	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
4	31.40	715	Hollinshead, Henry	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	31.59	703	Murray, Nathan	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
6	31.63	700	Reid, Joseph	12	NC Swim Lenoir	7/30/2010	2010 NC WCSA Champs
7	32.15	666	Cobb, Collier	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	32.24	660	Stirewalt, Tanner	12	NC Xcell Aquatics	7/30/2010	2010 NC WCSA Champs
9	32.56	639	Sridhar, Anirwin	12	NC YMCA of the Triangle Area Swim	7/30/2010	2010 NC NCAC Tar Heel States

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

				Team					
10	32.71	630	Fold, Nathan	12	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course	

Girls Age 12 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:09.74	760	Bishop, Haley	12	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
2	1:10.72	733	Maxey, Catherine	12	NC SwimMAC Carolina	6/11/2010	2010 MD NBAC Long Course Champion
3	1:11.07	723	Brem, Ashley	12	NC Waves Of Wilmington, Inc.	6/11/2010	2010 NC WAVE Capital City Invi
4	1:11.78	704	O'Dell, Rory	12	NC North Carolina Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker
5	1:12.00	698	Frank, Lauren	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	1:12.17	693	Ortega, Melissa	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
7	1:12.38	688	Martin, Corinne	12	NC Star Aquatics	7/27/2010	2010 GA Southern Zone Championship
8	1:12.39	687	Warnimont, Ally	12	NC Northwest NC YMCA Riptyde	7/15/2010	2010 NC 14 & Under Long Course
9	1:12.53	684	Marzinsky, Cece	12	NC Duke Aquatics	5/14/2010	2010 NC RSA Good Stuff
10	1:12.54	698	Deselm, Claire	12	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil

Boys Age 12 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:01.03	994	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/27/2010	2010 GA Southern Zone Championship
2	1:09.03	743	Macmillan, Will	12	NC North Carolina Aquatic Club	7/27/2010	2010 GA Southern Zone Championship
3	1:09.65	724	Hollinshead, Henry	12	NC YMCA of the Triangle Area Swim Team	5/14/2010	2010 NC RSA Good Stuff
4	1:10.39	703	Lam, Christian	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	1:10.79	691	Cobb, Collier	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
6	1:11.13	681	Murray, Nathan	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	1:13.06	626	Reid, Joseph	12	NC Swim Lenoir	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

8	1:13.68	609	Sridhar, Anirwin	12	NC	YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
9	1:14.42	588	Weaver, Graham	12	NC	SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
10	1:14.47	600	Zakerin, Bijan	12	NC	North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
10	1:14.47	587	Bell, Thomas	12	NC	Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi

Girls Age 12 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	2:37.63	750	Bishop, Haley	12	NC	New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
2	2:39.48	728	Johnson, Meagan	12	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
3	2:40.59	716	Tacik, Morgan	12	NC	Northwest NC YMCA Riptyde	7/15/2010	2010 NC 14 & Under Long Course
4	2:41.84	701	Frank, Lauren	12	NC	New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	2:43.38	684	O'Dell, Rory	12	NC	North Carolina Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker
6	2:47.72	635	Brem, Ashley	12	NC	Waves Of Wilmington, Inc.	7/9/2010	2010 NC Eastern LC Qualifier
7	2:51.81	590	Feng, Jessie	12	NC	North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
8	2:52.37	584	Rubendall, Brooke	12	NC	New Wave Swim Team	7/30/2010	2010 NC NCAC Tar Heel States
9	2:52.52	582	Ortega, Melissa	12	NC	Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
10	2:54.84	557	Bhalla, Mara	12	NC	Aquatic Team Of Mecklenburg	7/9/2010	2010 NC SAC Long Course Meet

Boys Age 12 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	2:23.17	915	Silver, Tyler	12	NC	Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
2	2:34.45	764	Cobb, Collier	12	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
3	2:36.08	743	Macmillan, Will	12	NC	North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
4	2:39.03	705	Lam, Christian	12	NC	YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	2:47.38	602	Cairns, Noah	12	NC	North Carolina Aquatic Club	5/7/2010	2010 NC GOLD Long Course Open
6	2:47.88	597	Hollinshead, Henry	12	NC	YMCA of the Triangle Area Swim	6/12/2010	2010 PV FISH June LC Invitational

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

				Team				
7	2:47.99	595	Kawaguchi, Tosh	12	NC	Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
8	2:50.21	569	Ress, Justin	12	NC	Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
9	2:51.01	559	Countie, William	12	NC	Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
10	2:53.78	527	Donnelly, Ryan	12	NC	Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial

Girls Age 12 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:26.49	894	Baker, Kathleen	12	NC Star Aquatics	12/13/2009	2009 Junior LC Invite
2	2:33.68	784	Ortega, Melissa	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
3	2:33.86	781	Brem, Ashley	12	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
4	2:37.35	730	Rubendall, Brooke	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	2:37.52	727	Quint, Kristen	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
6	2:39.01	706	Merritt, Jessica	12	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
7	2:39.90	693	Andreini, Cami	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
8	2:39.97	692	Johnson, Meagan	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	2:40.22	688	McCullagh, Nora	12	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
10	2:40.52	684	Stephenson, Tyler	12	NC YMCA of the Triangle Area Swim Team	6/12/2010	2010 PV FISH June LC Invitational

Boys Age 12 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:21.20	948	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
2	2:22.57	925	Lam, Christian	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	2:31.13	785	Hollinshead, Henry	12	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
4	2:36.02	709	Cairns, Noah	12	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	2:37.04	693	Glavich, Jonathan	12	NC	YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	2:37.09	694	Zakerin, Bijan	12	NC	North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hill
7	2:37.26	690	Macmillan, Will	12	NC	North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
8	2:37.55	686	Ress, Justin	12	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	2:38.46	672	Weaver, Graham	12	NC	SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
10	2:38.91	665	Reid, Joseph	12	NC	Swim Lenoir	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 12 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	5:29.03	777	Ortega, Melissa	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
2	5:36.41	728	Rubendall, Brooke	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	5:37.39	722	Warnimont, Ally	12	NC Northwest NC YMCA Riptyde	7/15/2010	2010 NC 14 & Under Long Course
4	5:37.85	719	Quint, Kristen	12	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
5	5:38.33	716	Law, Olivia	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	5:41.49	696	Tacik, Morgan	12	NC Northwest NC YMCA Riptyde	7/15/2010	2010 NC 14 & Under Long Course
7	5:41.87	693	Allen, Catherine	12	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
8	5:42.68	688	Bishop, Haley	12	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
9	5:43.68	682	Stephenson, Tyler	12	NC YMCA of the Triangle Area Swim Team	5/14/2010	2010 NC RSA Good Stuff
10	5:44.38	677	Andreini, Cami	12	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 12 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	5:10.22	899	Silver, Tyler	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
2	5:29.40	764	Hollinshead, Henry	12	NC YMCA of the Triangle Area Swim Team	6/26/2010	2010 NC RSA Summer Sizzle Meet
3	5:30.04	760	Ritchie, Will	12	NC Raleigh Swimming Association	6/20/2010	2010 NC RSA June Distance Day
4	5:31.31	751	Cobb, Collier	12	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	5:32.47	743	Murray, Nathan	12	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
6	5:32.58	742	Cairns, Noah	12	NC	North Carolina Aquatic Club	5/7/2010	2010 NC GOLD Long Course Open
7	5:37.14	712	Medins, Brandon	12	NC	YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
8	5:42.10	679	Mobbs, Harrison	12	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
9	5:42.25	678	Fold, Nathan	12	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	5:45.42	657	Countie, William	12	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 13 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	26.88	899	Church, Hunter	13	NC AquaTechs	7/31/2010	2010 NC WCSA Champs
2	27.24	868	McCullagh, Nora	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
3	27.39	855	Ontjes, Olivia	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
4	27.45	850	Baker, Kathleen	13	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
5	27.49	847	Hatt, Rachel	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
6	27.96	807	Lawton, Kelsey	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
7	28.07	798	Allen, Emily	13	NC North Mecklenburg Aquatics, Inc	7/15/2010	2010 NC 14 & Under Long Course
8	28.13	793	White, Lexie	13	NC Stingray Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	28.24	784	Carter, Michaela	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
10	28.29	780	Bishop, Haley	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 13 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	26.12	851	Ellington, Colin	13	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
2	26.23	843	Johnson, Connor	13	NC Fayetteville YMCA Sea Dragons Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	26.57	816	Long, Connor	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
4	26.85	795	Yeh, Sean	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	26.86	794	Maslowski, Seth	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

6	26.90	791	Dietrich, Hagen	13	NC	Watauga County Swim Team	7/31/2010	2010 NC WCSA Champs
7	27.37	755	Bilden, Tommy	13	NC	Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
7	27.37	755	Riggan, Cole	13	NC	High Point Swim Club	6/18/2010	2010 NC HPSC Furniture City In
9	27.38	754	Cole, Mckenzie	13	NC	Greensboro Community YMCA	7/30/2010	2010 NC HPSC Tar Heel States-W
10	27.43	751	Taekman, Josh	13	NC	Chapel Hill YMCA Swim Club	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch

Girls Age 13 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	58.05	912	Baker, Kathleen	13	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
2	59.13	863	Ontjes, Olivia	13	NC New Wave Swim Team	7/27/2010	2010 GA Southern Zone Championship
3	59.63	841	McCullagh, Nora	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
4	1:00.62	798	Lawton, Kelsey	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
5	1:01.38	765	Allen, Emily	13	NC North Mecklenburg Aquatics, Inc	5/7/2010	2010 NC NSS Long Course Invita
6	1:02.04	737	Moore, Hannah	13	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
7	1:02.16	732	Hatt, Rachel	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
8	1:02.64	712	Liu, Danielle	13	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
9	1:02.81	705	Wiggins, Meg	13	NC SwimMAC Carolina	7/16/2010	2010 NC 14 & Under Long Course
10	1:03.06	695	White, Lexie	13	NC Stingray Aquatics	6/25/2010	2010 FL SOY Liberty Meet

Boys Age 13 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	57.28	828	Ellington, Colin	13	NC YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States
2	59.53	735	Brower, Pieter	13	NC Greensboro Community YMCA	5/14/2010	2010 NC RSA Good Stuff
3	59.72	727	Bilden, Tommy	13	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
4	59.90	720	Daniels, Chris	13	NC Raleigh Swimming Association	7/16/2010	2010 NC 14 & Under Long Course
5	59.92	719	Yeh, Sean	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	1:00.05	714	Long, Connor	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

7	1:00.30	704	Rodenhuis, Taylor	13	NC	Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
8	1:00.65	690	Bradshaw, Pierce	13	NC	New South Swimming	6/17/2010	2010 AZ Phoenix Summer Invite
9	1:00.71	687	Maslowski, Seth	13	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
10	1:00.88	681	Short, Jimbo	13	NC	Cape Fear Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 13 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:05.54	900	Baker, Kathleen	13	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
2	2:10.21	792	Ontjes, Olivia	13	NC New Wave Swim Team	7/27/2010	2010 GA Southern Zone Championship
3	2:10.23	792	Lawton, Kelsey	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/27/2010	2010 GA Southern Zone Championship
4	2:12.83	734	Moore, Hannah	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
5	2:14.30	703	Liu, Danielle	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
6	2:14.48	699	Stranick, Sara	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	2:15.58	676	Allen, Emily	13	NC North Mecklenburg Aquatics, Inc	5/7/2010	2010 NC NSS Long Course Invita
8	2:15.90	669	Hatt, Rachel	13	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
9	2:16.39	659	McCullagh, Nora	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	2:17.02	646	Wallace, Lauren	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 13 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:05.87	822	Rodenhuis, Taylor	13	NC Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
2	2:07.11	795	Ellington, Colin	13	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	2:08.79	760	Brakovec, Hunter	13	NC New South Swimming	7/15/2010	2010 NC 14 & Under Long Course
4	2:09.66	742	Bilden, Tommy	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
5	2:10.05	734	Lauffer, Brayden	13	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	2:10.51	725	Bradshaw, Pierce	13	NC New South Swimming	6/17/2010	2010 AZ Phoenix Summer Invite
7	2:11.08	713	Johnson, Connor	13	NC Fayetteville YMCA Sea Dragons	5/14/2010	2010 NC RSA Good Stuff

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Swim Team

8	2:11.89	697	Craig, Steven	13	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	2:12.53	684	Weaver, Graham	13	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	2:12.93	676	McCulloch, Gavin	13	NC	Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi

Girls Age 13 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:31.68	798	Baker, Kathleen	13	NC Star Aquatics	6/25/2010	2010 NC GSA 55th Annual Easter
2	4:36.06	750	Liu, Danielle	13	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
3	4:37.32	737	Moore, Hannah	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
4	4:38.76	721	Lawton, Kelsey	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/27/2010	2010 GA Southern Zone Championship
5	4:44.32	667	Ontjes, Olivia	13	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
6	4:47.99	627	Bishop, Haley	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
7	4:48.48	622	Welshofer, Elsa	13	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
8	4:48.82	619	McCullagh, Nora	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
9	4:48.97	627	Fusco, Claire	13	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
10	4:50.61	601	Allen, Emily	13	NC North Mecklenburg Aquatics, Inc	6/5/2010	2010 SC Team Greenville Dash &

Boys Age 13 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:27.01	815	Rodenhuis, Taylor	13	NC Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
2	4:27.42	811	Ellington, Colin	13	NC YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States
3	4:27.88	807	Lauffer, Brayden	13	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
4	4:29.24	793	Bradshaw, Pierce	13	NC New South Swimming	6/17/2010	2010 AZ Phoenix Summer Invite
5	4:33.31	754	Brakovec, Hunter	13	NC New South Swimming	6/17/2010	2010 AZ Phoenix Summer Invite
6	4:33.37	753	Johnson, Connor	13	NC Fayetteville YMCA Sea Dragons Swim Team	5/14/2010	2010 NC RSA Good Stuff
7	4:35.26	735	Craig, Steven	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

8	4:36.42	724	Bilden, Tommy	13	NC	Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
9	4:37.88	710	McCulloch, Gavin	13	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
10	4:38.46	705	Campbell, Parker	13	NC	Sharks Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker

Girls Age 13 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:29.65	766	Moore, Hannah	13	NC Raleigh Swimming Association	7/27/2010	2010 GA Southern Zone Championship
2	9:37.48	728	Lawton, Kelsey	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
3	9:40.28	715	Liu, Danielle	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
4	9:43.19	701	Hatt, Rachel	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
5	9:46.02	688	Bishop, Haley	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	9:50.13	669	Tarrant, Sierra	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
7	9:50.42	668	Williams, Emma	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
8	9:53.94	651	Welshofer, Elsa	13	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
9	9:55.86	647	Fusco, Claire	13	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
10	9:57.61	635	McCullagh, Nora	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 13 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:09.36	829	Lauffer, Brayden	13	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
2	9:10.85	822	Brakovec, Hunter	13	NC New South Swimming	7/15/2010	2010 NC 14 & Under Long Course
3	9:19.34	781	Craig, Steven	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
4	9:19.92	778	Long, Connor	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	9:25.20	753	McCulloch, Gavin	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
6	9:26.57	747	Bradshaw, Pierce	13	NC New South Swimming	5/7/2010	2010 NC NSS Long Course Invita
7	9:31.88	722	Bilden, Tommy	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	9:32.29	720	Rodenhuis, Taylor	13	NC Rowan Aquatic Club - YMCA	5/7/2010	2010 NC NSS Long Course Invita

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

9	9:32.31	720	Poff, Trey	13	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	9:35.70	704	Cairns, Noah	13	NC	North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 13 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	18:05.40	795	Moore, Hannah	13	NC Raleigh Swimming Association	5/1/2010	2010 NC WAVE Spring Distance-I
2	18:16.14	768	Tarrant, Sierra	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	18:29.87	735	Liu, Danielle	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
4	18:57.09	670	Fusco, Claire	13	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
5	19:25.53	605	Stamey, Kellie	13	NC Catawba Valley Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
6	19:28.47	598	Williams, Emma	13	NC Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
7	19:40.87	571	Hicks, Hannah	13	NC Stingray Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	20:12.78	503	Smith, Morgan	13	NC Duke Aquatics	5/1/2010	2010 NC WAVE Spring Distance-I
9	20:16.21	496	Miles, C.J.	13	NC Stingray Aquatics	7/9/2010	2010 NC Eastern LC Qualifier
10	20:20.76	486	Rocque, Marqi	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/9/2010	2010 NC Eastern LC Qualifier

Boys Age 13 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	17:20.29	847	Brakovec, Hunter	13	NC New South Swimming	7/15/2010	2010 NC 14 & Under Long Course
2	17:46.38	788	Craig, Steven	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
3	17:48.13	784	Bradshaw, Pierce	13	NC New South Swimming	6/11/2010	2010 NC SAC Summer LC Invite
4	18:03.19	750	Rodenhuis, Taylor	13	NC Rowan Aquatic Club - YMCA	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
5	18:23.87	705	Cairns, Noah	13	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
6	18:32.46	686	Short, Jimbo	13	NC Cape Fear Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
7	18:32.54	686	Williams, Michael	13	NC YMCA of Western North Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	18:36.15	678	Bilden, Tommy	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	18:52.01	645	Rose, Evan	13	NC Chapel Hill YMCA Swim Club	7/15/2010	2010 NC 14 & Under Long Course
10	19:03.54	621	Laatz, Justin	13	NC North Carolina Aquatic Club	7/9/2010	2010 NC Eastern LC Qualifier

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 13 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:03.34	1009	Baker, Kathleen	13	NC Star Aquatics	8/9/2010	2010 Junior National Champs
2	1:06.64	883	Moore, Hannah	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
3	1:07.66	845	Lawton, Kelsey	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
4	1:10.01	759	Wallace, Lauren	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	1:10.12	755	Allen, Emily	13	NC North Mecklenburg Aquatics, Inc	5/7/2010	2010 NC NSS Long Course Invita
6	1:10.14	755	Bhalla, Sophia	13	NC Aquatic Team Of Mecklenburg	7/15/2010	2010 NC 14 & Under Long Course
7	1:11.31	714	Durham, Anabelle	13	NC North Carolina Aquatic Club	7/17/2010	2010 NC 14 & Under Long Course
8	1:11.68	701	Hicks, Hannah	13	NC Stingray Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	1:11.86	695	Ontjes, Olivia	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	1:12.03	689	Hatt, Rachel	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 13 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:03.24	920	Johnson, Connor	13	NC Fayetteville YMCA Sea Dragons Swim Team	7/15/2010	2010 NC 14 & Under Long Course
2	1:04.59	870	Ellington, Colin	13	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	1:05.64	832	Lamson, Petch	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
4	1:07.37	770	Bilden, Tommy	13	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
5	1:07.84	753	Grubbs, Wyatt	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
6	1:07.97	748	Brower, Pieter	13	NC Greensboro Community YMCA	5/14/2010	2010 NC RSA Good Stuff
7	1:08.56	728	Rodenhuis, Taylor	13	NC Rowan Aquatic Club - YMCA	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
8	1:08.67	724	Pofahl, Trey	13	NC Greenville Swim Club	7/17/2010	2010 NC 14 & Under Long Course
9	1:09.29	703	Campbell, Parker	13	NC Sharks Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker
10	1:09.32	702	Long, Connor	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 13 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:18.46	933	Baker, Kathleen	13	NC Star Aquatics	8/9/2010	2010 Junior National Champs
2	2:21.25	888	Moore, Hannah	13	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
3	2:25.55	819	Lawton, Kelsey	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
4	2:29.17	762	Bhalla, Sophia	13	NC Aquatic Team Of Mecklenburg	7/15/2010	2010 NC 14 & Under Long Course
5	2:31.14	732	Wallace, Lauren	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
6	2:31.54	726	Hatt, Rachel	13	NC Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
7	2:31.75	723	Allen, Emily	13	NC North Mecklenburg Aquatics, Inc	5/7/2010	2010 NC NSS Long Course Invita
8	2:35.55	674	Ontjes, Olivia	13	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hill
9	2:36.98	645	Tarrant, Sierra	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	2:37.84	632	Welshofer, Elsa	13	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita

Boys Age 13 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:17.64	880	Ellington, Colin	13	NC YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States
2	2:21.22	817	Johnson, Connor	13	NC Fayetteville YMCA Sea Dragons Swim Team	7/26/2010	2010 PV AP YMCA LC Nationals
3	2:24.34	764	Rodenhuis, Taylor	13	NC Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
4	2:24.89	755	Bilden, Tommy	13	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
5	2:26.02	736	Richards, Jackson	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
6	2:27.55	710	Cooper, Matthew	13	NC Team Charlotte Swimming	6/11/2010	2010 FL CAT Escape the Heat
7	2:27.57	710	Brower, Pieter	13	NC Greensboro Community YMCA	5/14/2010	2010 NC RSA Good Stuff
8	2:28.03	702	Campbell, Parker	13	NC Sharks Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker
9	2:29.47	679	Roach, Jon	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
10	2:30.41	664	Pofahl, Trey	13	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 13 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:13.37	896	Baker, Kathleen	13	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
2	1:16.66	799	Ontjes, Olivia	13	NC New Wave Swim Team	7/27/2010	2010 GA Southern Zone Championship
3	1:16.73	797	Bhalla, Sophia	13	NC Aquatic Team Of Mecklenburg	7/15/2010	2010 NC 14 & Under Long Course
4	1:17.55	773	Stranick, Sara	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	1:20.21	698	Dai, Kathy	13	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
6	1:20.42	692	Baldwin, Megan	13	NC Greenville Swim Club	6/18/2010	2010 NC ECSL Long Course Champ
7	1:21.12	673	Adams, Cassie	13	NC Gaston Gators	7/15/2010	2010 NC 14 & Under Long Course
8	1:23.30	613	Hu, Julie	13	NC North Carolina Aquatic Club	7/30/2010	2010 NC NCAC Tar Heel States
9	1:23.43	610	Smith, Morgan	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
10	1:23.86	598	Moore, Hannah	13	NC Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet

Boys Age 13 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:08.24	1018	Yeh, Sean	13	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hill
2	1:12.36	879	Ellington, Colin	13	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
3	1:14.68	807	Lauffer, Brayden	13	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
4	1:14.71	806	Brakovec, Hunter	13	NC New South Swimming	7/15/2010	2010 NC 14 & Under Long Course
5	1:18.65	689	Zakerin, Bijan	13	NC North Carolina Aquatic Club	7/30/2010	2010 NC NCAC Tar Heel States
6	1:18.68	689	Rose, Evan	13	NC Chapel Hill YMCA Swim Club	7/15/2010	2010 NC 14 & Under Long Course
7	1:18.80	685	Zhang, Eugene	13	NC Sandhills Sand Sharks	7/9/2010	2010 MD ASC/RAC Sand Box Invitati
8	1:19.19	674	Spencer, Cory	13	NC YMCA Seahorse Swim Team	6/11/2010	2010 NC 4th Annual Bob Pratt
9	1:19.20	674	Cole, Mckenzie	13	NC Greensboro Community YMCA	7/15/2010	2010 NC 14 & Under Long Course
10	1:19.61	662	Johnson, Connor	13	NC Fayetteville YMCA Sea Dragons	5/14/2010	2010 NC RSA Good Stuff

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Swim Team

Girls Age 13 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:39.36	861	Baker, Kathleen	13	NC Star Aquatics	6/25/2010	2010 NC GSA 55th Annual Easter
2	2:43.68	804	Bhalla, Sophia	13	NC Aquatic Team Of Mecklenburg	7/15/2010	2010 NC 14 & Under Long Course
3	2:46.74	764	Ontjes, Olivia	13	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
4	2:50.52	716	Stranick, Sara	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	2:51.79	700	Dai, Kathy	13	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
6	2:55.15	658	Baldwin, Megan	13	NC Greenville Swim Club	6/18/2010	2010 NC ECSL Long Course Champ
7	2:56.65	639	Hu, Julie	13	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
8	2:57.13	633	Smith, Morgan	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	2:58.00	622	Wallace, Lauren	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	2:58.70	614	Moore, Hannah	13	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship

Boys Age 13 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:29.24	966	Yeh, Sean	13	NC New Wave Swim Team	7/27/2010	2010 GA Southern Zone Championship
2	2:39.20	832	Brakovec, Hunter	13	NC New South Swimming	7/15/2010	2010 NC 14 & Under Long Course
3	2:39.22	832	Lauffer, Brayden	13	NC YMCA of the Triangle Area Swim Team	6/12/2010	2010 PV FISH June LC Invitational
4	2:46.19	741	Rose, Evan	13	NC Chapel Hill YMCA Swim Club	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
5	2:47.90	719	Craig, Steven	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
6	2:47.96	718	Cairns, Noah	13	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
7	2:49.47	699	O'Donnell, Patrick	13	NC North Carolina Aquatic Club	7/30/2010	2010 NC NCAC Tar Heel States
8	2:51.86	669	Spencer, Cory	13	NC YMCA Seahorse Swim Team	6/25/2010	2010 NC GSA 55th Annual Easter
9	2:52.61	660	Roach, Jon	13	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
10	2:53.01	655	Zakerin, Bijan	13	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 13 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:05.22	827	Baker, Kathleen	13	NC Star Aquatics	8/9/2010	2010 Junior Nats TT
2	1:07.83	739	House, Abby	13	NC Stingray Aquatics	7/15/2010	2010 NC 14 & Under Long Course
3	1:07.96	735	Welshofer, Elsa	13	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
4	1:08.46	719	Bishop, Haley	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	1:08.77	708	Ontjes, Olivia	13	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
6	1:08.80	707	Moore, Hannah	13	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
7	1:09.21	694	Maxey, Catherine	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	1:09.45	686	Tarrant, Sierra	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
9	1:09.66	679	Bhalla, Sophia	13	NC Aquatic Team Of Mecklenburg	7/15/2010	2010 NC 14 & Under Long Course
10	1:09.88	672	Liu, Danielle	13	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States

Boys Age 13 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:02.79	834	Bilden, Tommy	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
2	1:05.06	749	Rodenhuis, Taylor	13	NC Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
3	1:05.42	736	Long, Connor	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
4	1:06.10	711	Yeh, Sean	13	NC New Wave Swim Team	7/27/2010	2010 GA Southern Zone Championship
5	1:06.46	698	Poff, Trey	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
6	1:06.57	694	Bradshaw, Pierce	13	NC New South Swimming	6/17/2010	2010 AZ Phoenix Summer Invite
7	1:07.04	677	Cole, Mckenzie	13	NC Greensboro Community YMCA	7/30/2010	2010 NC HPSC Tar Heel States-W
8	1:07.22	671	Richards, Jackson	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
9	1:07.35	666	Daniels, Chris	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
10	1:07.47	662	Johnson, Connor	13	NC Fayetteville YMCA Sea Dragons Swim Team	5/14/2010	2010 NC RSA Good Stuff

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 13 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:22.03	866	Baker, Kathleen	13	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
2	2:30.13	749	Moore, Hannah	13	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
3	2:30.42	745	Stranick, Sara	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
4	2:32.06	722	Bishop, Haley	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	2:33.87	696	Smith, Morgan	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
6	2:34.21	692	Liu, Danielle	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
7	2:36.21	664	House, Abby	13	NC Stingray Aquatics	6/25/2010	2010 FL SOY Liberty Meet
8	2:37.50	646	Tarrant, Sierra	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
9	2:39.62	626	Thomas, Tristan	13	NC YMCA of the Triangle Area Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
10	2:39.72	616	Marzinsky, Cece	13	NC Duke Aquatics	7/9/2010	2010 NC Eastern LC Qualifier

Boys Age 13 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:19.71	849	Bilden, Tommy	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
2	2:19.77	848	Rodenhuis, Taylor	13	NC Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
3	2:24.26	774	Bradshaw, Pierce	13	NC New South Swimming	6/17/2010	2010 AZ Phoenix Summer Invite
4	2:25.63	752	Poff, Trey	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	2:30.86	669	Long, Connor	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
6	2:31.66	657	Short, Jimbo	13	NC Cape Fear Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
7	2:31.74	656	Williams, Michael	13	NC YMCA of Western North Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	2:32.37	646	O'Donnell, Patrick	13	NC North Carolina Aquatic Club	7/30/2010	2010 NC NCAC Tar Heel States
9	2:33.01	636	Brakovec, Hunter	13	NC New South Swimming	7/15/2010	2010 NC 14 & Under Long Course
10	2:33.60	627	Craig, Steven	13	NC Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 13 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:22.10	906	Baker, Kathleen	13	NC Star Aquatics	6/25/2010	2010 NC GSA 55th Annual Easter
2	2:27.19	817	Moore, Hannah	13	NC Raleigh Swimming Association	7/27/2010	2010 GA Southern Zone Championship
3	2:28.06	803	Ontjes, Olivia	13	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hill
4	2:29.83	772	Stranick, Sara	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	2:29.98	769	Bhalla, Sophia	13	NC Aquatic Team Of Mecklenburg	7/15/2010	2010 NC 14 & Under Long Course
6	2:32.70	724	Hatt, Rachel	13	NC Raleigh Swimming Association	5/14/2010	2010 NC RSA Good Stuff
7	2:32.98	719	Liu, Danielle	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	2:34.65	692	Lawton, Kelsey	13	NC Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
9	2:36.22	667	Welshofer, Elsa	13	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
10	2:37.41	648	Sullivan, Christine	13	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita

Boys Age 13 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:20.90	848	Ellington, Colin	13	NC YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States
2	2:21.42	838	Johnson, Connor	13	NC Fayetteville YMCA Sea Dragons Swim Team	7/26/2010	2010 PV AP YMCA LC Nationals
3	2:23.65	797	Rodenhuis, Taylor	13	NC Rowan Aquatic Club - YMCA	7/15/2010	2010 NC 14 & Under Long Course
4	2:25.67	760	Lauffer, Brayden	13	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	2:27.13	734	Yeh, Sean	13	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
6	2:27.37	730	Bradshaw, Pierce	13	NC New South Swimming	6/17/2010	2010 AZ Phoenix Summer Invite
7	2:28.29	713	Brakovec, Hunter	13	NC New South Swimming	6/17/2010	2010 AZ Phoenix Summer Invite
8	2:30.26	679	Craig, Steven	13	NC Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
9	2:30.58	674	Roach, Jon	13	NC Raleigh Swimming Association	5/14/2010	2010 NC RSA Good Stuff
10	2:30.62	673	Harris, Trey	13	NC Duke Aquatics	5/14/2010	2010 NC RSA Good Stuff

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 13 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:58.61	903	Baker, Kathleen	13	NC Star Aquatics	8/9/2010	2010 Junior National Champs
2	5:10.63	808	Moore, Hannah	13	NC Raleigh Swimming Association	7/27/2010	2010 GA Southern Zone Championship
3	5:14.49	778	Bhalla, Sophia	13	NC Aquatic Team Of Mecklenburg	7/15/2010	2010 NC 14 & Under Long Course
4	5:17.52	755	Stranick, Sara	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	5:20.69	732	Liu, Danielle	13	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
6	5:24.45	704	Lawton, Kelsey	13	NC Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
7	5:26.55	688	Hatt, Rachel	13	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
8	5:27.90	678	Welshofer, Elsa	13	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
9	5:29.19	669	Wallace, Lauren	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	5:30.81	657	Ontjes, Olivia	13	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I

Boys Age 13 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	5:03.97	805	Johnson, Connor	13	NC Fayetteville YMCA Sea Dragons Swim Team	6/24/2010	2010 FL TYR Summer Classic LC Invite
2	5:03.98	805	Rodenhuis, Taylor	13	NC Rowan Aquatic Club - YMCA	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
3	5:05.57	792	Lauffer, Brayden	13	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
4	5:06.86	782	Brakovec, Hunter	13	NC New South Swimming	7/15/2010	2010 NC 14 & Under Long Course
5	5:09.80	758	Ellington, Colin	13	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	5:11.97	741	Bradshaw, Pierce	13	NC New South Swimming	6/17/2010	2010 AZ Phoenix Summer Invite
7	5:14.25	723	Craig, Steven	13	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	5:14.86	718	Long, Connor	13	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
9	5:15.27	715	Yeh, Sean	13	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	5:18.02	694	Roach, Jon	13	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 14 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	27.07	842	Roses, Maija	14	NC Duke Aquatics	8/3/2010	2010 ConocoPhillips Nats TT
2	27.21	830	Lloyd, Jessica	14	NC Unattached	7/14/2010	European Junior Swimming Champ
3	27.37	817	Labonge, Natalie	14	NC Greensboro Swimming Assoc	8/9/2010	2010 Junior National Champs
4	27.45	810	Johnson, Laura	14	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
5	27.82	778	Charnovich, Megan	14	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	28.12	753	Marshall, Alexandra	14	NC Star Aquatics	12/13/2009	2009 Junior LC Invite
7	28.15	751	Casazza, Caitlin	14	NC High Point YMCA Dolphins	7/15/2010	2010 NC 14 & Under Long Course
8	28.17	749	Estep, Caroline	14	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
9	28.42	729	Sarratt, Emily	14	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
10	28.48	724	Stahmer, Hannah	14	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 14 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	25.36	821	Klinger, Isaac	14	NC Greensboro Community YMCA	7/27/2010	2010 GA Southern Zone Championship
2	25.51	809	Johnson, Scott	14	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
3	25.58	804	Osada, Koya	14	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
4	25.72	792	Bretschneider, Lane	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	25.74	791	Hannum, Zach	14	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
6	26.16	757	Sanchez, Davied	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	26.33	744	Rosenbower, Eric	14	NC Star Aquatics	6/25/2010	2010 NC GSA 55th Annual Easter
8	26.53	728	Vosburgh, Jacob	14	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	26.57	725	Walton, Brodie	14	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	26.71	714	Redhour, Tucker	14	NC Gaston Gators	5/7/2010	2010 NC GG AAmazing Meet

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 14 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	58.51	856	Lloyd, Jessica	14	NC Unattached	7/14/2010	European Junior Swimming Champ
2	58.71	847	Roses, Maija	14	NC Duke Aquatics	8/3/2010	2010 ConocoPhillips Nats TT
3	59.02	834	Labonge, Natalie	14	NC Greensboro Swimming Assoc	8/9/2010	2010 Junior National Champs
4	1:00.58	765	Lurito, Chrissy	14	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
5	1:00.95	749	Casazza, Caitlin	14	NC High Point YMCA Dolphins	7/15/2010	2010 NC 14 & Under Long Course
6	1:00.96	749	Estep, Caroline	14	NC Waves Of Wilmington, Inc.	7/30/2010	2010 NC NCAC Tar Heel States
7	1:01.20	739	Carter, Kate	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	1:01.33	733	Greenberg, Lauren	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
9	1:01.35	732	Charnovich, Megan	14	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	1:01.42	729	Benson, Sam	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 14 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	54.83	857	Klinger, Isaac	14	NC Greensboro Community YMCA	7/15/2010	2010 NC 14 & Under Long Course
2	55.59	823	Bretschneider, Lane	14	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
3	56.65	778	Vosburgh, Jacob	14	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
4	56.73	806	Osada, Koya	14	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
5	56.89	767	Hannum, Zach	14	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
6	56.96	764	Johnson, Scott	14	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
7	57.18	755	Burt, Bailey	14	NC SwimMAC Carolina	7/16/2010	2010 NC 14 & Under Long Course
8	57.36	748	Sanchez, Davied	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
9	57.65	735	Hollinshead, Stephen	14	NC YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States
10	57.71	733	Hammack, Michael	14	NC YMCA of the Triangle Area Swim Team	7/16/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 14 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:09.53	782	Carter, Kate	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
2	2:09.61	781	Merritt, Heather	14	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
3	2:10.08	770	Greenberg, Lauren	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
4	2:10.10	770	Welshofer, Elsa	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	2:10.46	762	Sheridan, Maria	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
6	2:10.64	758	Miller, Genevieve	14	NC Northwest NC YMCA Riptyde	7/26/2010	2010 PV AP YMCA LC Nationals
7	2:10.90	752	Stahmer, Hannah	14	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
8	2:11.49	739	Roses, Maija	14	NC Duke Aquatics	6/11/2010	2010 NC WAVE Capital City Invi
9	2:12.23	723	Labonge, Natalie	14	NC Greensboro Swimming Assoc	6/25/2010	2010 NC GSA 55th Annual Easter
10	2:12.45	718	Benson, Sam	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Boys Age 14 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:58.52	874	Klinger, Isaac	14	NC Greensboro Community YMCA	7/27/2010	2010 GA Southern Zone Championship
2	1:58.71	870	Osada, Koya	14	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
3	2:01.84	799	Bretschneider, Lane	14	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
4	2:03.30	767	Johnson, Scott	14	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
5	2:03.76	757	McPheters, Matthew	14	NC Waves Of Wilmington, Inc.	6/11/2010	2010 NC WAVE Capital City Invi
6	2:03.89	755	Pierce, Jake	14	NC YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
7	2:04.18	748	Shaw, Dalton	14	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
8	2:04.26	747	Perdue, Philip	14	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
9	2:04.45	743	Burt, Bailey	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	2:04.50	741	Sanchez, Davied	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 14 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:29.16	802	Miller, Genevieve	14	NC Northwest NC YMCA Riptyde	3/4/2010	2010 USA Swimming Austin Grand
2	4:31.53	776	Carter, Kate	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
3	4:33.10	759	Emery, Nicole	14	NC Aquatic Team Of Mecklenburg	7/15/2010	2010 NC 14 & Under Long Course
4	4:34.62	742	Stahmer, Hannah	14	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	4:35.01	738	Welshofer, Elsa	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
6	4:35.37	734	Greenberg, Lauren	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	4:38.94	696	Roses, Maija	14	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
8	4:39.89	686	Casazza, Caitlin	14	NC High Point YMCA Dolphins	7/15/2010	2010 NC 14 & Under Long Course
9	4:40.50	680	Merritt, Heather	14	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
10	4:41.02	675	Massey, Maddie	14	NC YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States

Boys Age 14 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:16.52	827	Osada, Koya	14	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
2	4:18.88	803	Bretschneider, Lane	14	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
3	4:19.99	792	Shaw, Dalton	14	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
4	4:20.88	783	Burt, Bailey	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	4:21.28	779	Perdue, Philip	14	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
6	4:22.10	770	High, Joseph	14	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
7	4:23.71	754	McPheters, Matthew	14	NC Waves Of Wilmington, Inc.	6/11/2010	2010 NC WAVE Capital City Invi
8	4:23.99	751	Pierce, Jake	14	NC YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
9	4:25.04	741	Blinn, Charles	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	4:25.57	736	Baker, John	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 14 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:10.27	836	Miller, Genevieve	14	NC Northwest NC YMCA Riptyde	3/4/2010	2010 USA Swimming Austin Grand
2	9:15.44	810	Greenberg, Lauren	14	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	9:18.49	795	Welshofer, Elsa	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
4	9:26.00	758	Carter, Kate	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	9:28.90	744	Stahmer, Hannah	14	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	9:30.21	737	Schumacher, London	14	NC Fayetteville YMCA Sea Dragons Swim Team	6/26/2010	2010 NC RSA Summer Sizzle Meet
7	9:34.85	715	Sullivan, Christine	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	9:38.33	700	Mulligan, Rachel	14	NC YMCA of the Triangle Area Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
9	9:38.34	698	Procopii, Marinela	14	NC YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	9:38.39	698	Sheridan, Maria	14	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship

Boys Age 14 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:54.69	808	Bretschneider, Lane	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
2	8:55.93	801	High, Joseph	14	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
3	8:57.38	794	Burt, Bailey	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
4	9:04.12	761	Jaulin, Madison	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	9:05.59	754	Pierce, Jake	14	NC YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	9:09.69	734	Blinn, Charles	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
6	9:09.69	734	Hammack, Michael	14	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
8	9:10.53	730	Vosburgh, Jacob	14	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	9:16.93	699	Baker, John	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	9:16.99	699	Oyler, Geoffrey	14	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Girls Age 14 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	17:32.30	842	Miller, Genevieve	14	NC Northwest NC YMCA Riptyde	7/26/2010	2010 PV AP YMCA LC Nationals
2	17:54.88	785	Carter, Kate	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
3	18:05.49	758	Greenberg, Lauren	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
4	18:08.42	751	Stahmer, Hannah	14	NC New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	18:17.15	729	Procopii, Marinela	14	NC YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	18:17.72	728	Sheridan, Maria	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	18:20.10	722	Schumacher, London	14	NC Fayetteville YMCA Sea Dragons Swim Team	6/26/2010	2010 NC RSA Summer Sizzle Meet
8	18:30.99	696	Lamb, Amanda	14	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
9	18:43.84	665	Sullivan, Christine	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	18:44.73	663	Roses, Maija	14	NC Duke Aquatics	5/1/2010	2010 NC WAVE Spring Distance-I

Boys Age 14 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	16:50.26	839	High, Joseph	14	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
2	16:51.91	835	Shaw, Dalton	14	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
3	16:57.99	820	Burt, Bailey	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
4	17:14.74	781	Bradshaw, Pierce	14	NC New South Swimming	7/15/2010	2010 NC 14 & Under Long Course
5	17:25.50	756	Pierce, Jake	14	NC YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	17:33.67	738	Vosburgh, Jacob	14	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
7	17:36.05	732	Oyler, Geoffrey	14	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	17:44.66	713	Lechner, Luke	14	NC YMCA of Western North Carolina	7/15/2010	2010 NC 14 & Under Long Course
9	17:53.30	694	Linker, Adam	14	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
10	18:06.13	665	Hsieh, Jason	14	NC New South Swimming	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 14 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
-------------	-------------	---------------------	-------------	------------	-------------------	------------------	-------------

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

1	1:05.48	880	Merritt, Heather	14	NC	SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
2	1:06.73	833	Tschoke, Victoria	14	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
3	1:07.64	799	Lamb, Amanda	14	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
4	1:08.30	775	Sheridan, Maria	14	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	1:08.74	759	Lurito, Chrissy	14	NC	Greenville Swim Club	7/17/2010	2010 NC 14 & Under Long Course
6	1:09.39	735	Roses, Maija	14	NC	Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
7	1:09.54	730	Emery, Nicole	14	NC	Aquatic Team Of Mecklenburg	7/15/2010	2010 NC 14 & Under Long Course
8	1:09.59	728	Martelle, Alexandra	14	NC	Sharks Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
9	1:11.25	670	Barham, Jordyn	14	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
10	1:11.43	678	Ireland, Margaret	14	NC	New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil

Boys Age 14 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:00.93	905	Klinger, Isaac	14	NC Greensboro Community YMCA	7/27/2010	2010 GA Southern Zone Championship
2	1:01.79	872	Sanchez, Davied	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
3	1:02.41	848	Osada, Koya	14	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
4	1:02.96	827	Spence, Tad	14	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
5	1:03.46	809	McPheters, Matthew	14	NC Waves Of Wilmington, Inc.	6/25/2010	2010 NC GSA 55th Annual Easter
6	1:04.66	764	Hannum, Zach	14	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
7	1:05.05	750	Johnson, Scott	14	NC Marlins of Raleigh-Wolfpack Aquatics	7/17/2010	2010 NC 14 & Under Long Course
8	1:05.72	725	Williams, Connor	14	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
9	1:05.83	721	Hammack, Michael	14	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	1:05.97	716	Brower, Pieter	14	NC Greensboro Community YMCA	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 14 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:24.65	799	Emery, Nicole	14	NC Aquatic Team Of Mecklenburg	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

2	2:25.18	791	Tschoke, Victoria	14	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
3	2:26.80	765	Sheridan, Maria	14	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
4	2:26.97	763	Lamb, Amanda	14	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
5	2:27.12	760	Merritt, Heather	14	NC	SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
6	2:28.77	735	Welshofer, Elsa	14	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	2:31.61	691	Barham, Jordyn	14	NC	Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
8	2:31.70	690	Schumacher, London	14	NC	Fayetteville YMCA Sea Dragons Swim Team	5/14/2010	2010 NC RSA Good Stuff
9	2:31.98	685	Lurito, Chrissy	14	NC	Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
10	2:32.47	678	Roses, Maija	14	NC	Duke Aquatics	6/11/2010	2010 NC WAVE Capital City Invi

Boys Age 14 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:11.50	893	Osada, Koya	14	NC North Carolina Aquatic Club	7/27/2010	2010 GA Southern Zone Championship
2	2:14.26	842	McPheters, Matthew	14	NC Waves Of Wilmington, Inc.	6/11/2010	2010 NC WAVE Capital City Invi
3	2:14.63	835	Sanchez, Davied	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
4	2:17.36	786	Johnson, Scott	14	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
4	2:17.36	786	Klinger, Isaac	14	NC Greensboro Community YMCA	7/15/2010	2010 NC 14 & Under Long Course
6	2:18.38	768	High, Joseph	14	NC Waves Of Wilmington, Inc.	7/27/2010	2010 GA Southern Zone Championship
7	2:18.67	763	Williams, Connor	14	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
8	2:20.54	730	Hammack, Michael	14	NC YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
9	2:20.76	726	Spence, Tad	14	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
10	2:21.25	718	Brower, Pieter	14	NC Greensboro Community YMCA	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 14 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:13.38	892	Roses, Maija	14	NC Duke Aquatics	8/3/2010	2010 National Champs

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

2	1:15.13	840	Neil, Caroline	14	NC	Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course
3	1:15.63	825	Martelle, Alexandra	14	NC	Sharks Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
4	1:16.91	788	Williams, Katy	14	NC	YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
5	1:18.31	748	Ireland, Margaret	14	NC	New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
6	1:19.23	722	Casazza, Caitlin	14	NC	High Point YMCA Dolphins	7/15/2010	2010 NC 14 & Under Long Course
7	1:19.29	720	Davis, Ally	14	NC	YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
8	1:19.69	709	Middlebrook, Darby	14	NC	Watauga County Swim Team	7/30/2010	2010 NC WCSA Champs
9	1:19.96	701	Barham, Jordyn	14	NC	Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
10	1:21.17	672	Jones, Kaitlin	14	NC	Chapel Hill YMCA Swim Club	5/21/2010	2010 NC NCAC Meet Near the Hil

Boys Age 14 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:12.28	777	Bretschneider, Lane	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
2	1:12.58	768	Toney, Austin	14	NC Sharks Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
3	1:14.06	722	Osada, Koya	14	NC North Carolina Aquatic Club	5/7/2010	2010 NC GOLD Long Course Open
4	1:14.46	710	Blinn, Charles	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	1:15.93	665	Rednour, Tucker	14	NC Gaston Gators	6/11/2010	2010 NC SAC Summer LC Invite
6	1:16.23	656	Lechner, Luke	14	NC YMCA of Western North Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	1:16.39	651	Bartel, James	14	NC YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States
8	1:16.45	649	Hale, Conor	14	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	1:16.78	640	Day, Sam	14	NC Northwest NC YMCA Riptyde	7/15/2010	2010 NC 14 & Under Long Course
10	1:17.45	620	Schricks, Harry Jr Or Jun	14	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States

Girls Age 14 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:35.87	899	Roses, Maija	14	NC Duke Aquatics	8/3/2010	2010 National Champs
2	2:38.47	864	Neil, Caroline	14	NC Star Aquatics	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

3	2:44.85	791	Williams, Katy	14	NC	YMCA of the Triangle Area Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hill
4	2:48.27	736	Martelle, Alexandra	14	NC	Sharks Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
5	2:49.91	715	Emery, Nicole	14	NC	Aquatic Team Of Mecklenburg	7/27/2010	2010 GA Southern Zone Championship
6	2:50.26	710	Barham, Jordyn	14	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
7	2:51.04	700	Ireland, Margaret	14	NC	New Wave Swim Team	7/15/2010	2010 NC 14 & Under Long Course
8	2:51.56	694	Davis, Ally	14	NC	YMCA of the Triangle Area Swim Team	7/15/2010	2010 NC 14 & Under Long Course
9	2:52.12	687	Middlebrook, Darby	14	NC	Watauga County Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	2:53.26	672	Snyder, Allie	14	NC	YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States

Boys Age 14 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:34.99	806	Bretschneider, Lane	14	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
2	2:35.88	794	Osada, Koya	14	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
3	2:37.91	766	Toney, Austin	14	NC Sharks Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
4	2:38.94	752	Lechner, Luke	14	NC YMCA of Western North Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	2:40.66	729	Shaw, Dalton	14	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
6	2:42.01	711	Hale, Conor	14	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 NC 14 & Under Long Course
7	2:44.19	683	Blinn, Charles	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	2:44.31	681	Day, Sam	14	NC Northwest NC YMCA Riptyde	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
9	2:46.17	657	Jaulin, Madison	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	2:46.53	652	McRea, Noah	14	NC Catawba Valley Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 14 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:03.24	861	Welshofer, Elsa	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
2	1:04.15	829	Sheridan, Maria	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

3	1:04.77	807	Lurito, Chrissy	14	NC	Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
4	1:05.84	771	Labonge, Natalie	14	NC	Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
5	1:06.00	765	Casazza, Caitlin	14	NC	High Point YMCA Dolphins	7/15/2010	2010 NC 14 & Under Long Course
6	1:06.39	752	Merritt, Heather	14	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
7	1:06.74	740	Carter, Kate	14	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	1:07.53	714	Owens, Megan	14	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
9	1:07.57	712	Roses, Maija	14	NC	Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
10	1:07.80	705	Greenberg, Lauren	14	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Boys Age 14 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	58.80	884	Klinger, Isaac	14	NC Greensboro Community YMCA	7/27/2010	2010 GA Southern Zone Championship
2	59.59	852	Osada, Koya	14	NC North Carolina Aquatic Club	7/27/2010	2010 GA Southern Zone Championship
3	1:01.54	775	Vosburgh, Jacob	14	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
4	1:01.55	774	Burt, Bailey	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	1:02.81	726	Shaw, Dalton	14	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
6	1:02.82	725	McPheters, Matthew	14	NC Waves Of Wilmington, Inc.	6/11/2010	2010 NC WAVE Capital City Invi
7	1:02.94	721	Baker, John	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	1:03.01	718	Spence, Tad	14	NC Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
9	1:03.59	696	Bretschneider, Lane	14	NC SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter
10	1:03.83	687	Hannum, Zach	14	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 14 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:21.53	830	Welshofer, Elsa	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
2	2:22.44	817	Sheridan, Maria	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
3	2:25.92	766	Carter, Kate	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

4	2:27.06	749	Greenberg, Lauren	14	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	2:28.42	729	Labonge, Natalie	14	NC	Greensboro Swimming Assoc	6/25/2010	2010 NC GSA 55th Annual Easter
6	2:29.72	711	Roses, Maija	14	NC	Duke Aquatics	5/1/2010	2010 NC WAVE Spring Distance-I
7	2:29.81	709	Owens, Megan	14	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
8	2:30.49	700	Dickerman, Erin	14	NC	New South Swimming	7/15/2010	2010 NC 14 & Under Long Course
9	2:30.76	696	Procopii, Marinela	14	NC	YMCA Seahorse Swim Team	7/15/2010	2010 NC 14 & Under Long Course
10	2:32.42	672	Miller, Genevieve	14	NC	Northwest NC YMCA Riptyde	6/26/2010	2010 NC State Games of NC

Boys Age 14 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:07.74	937	Klinger, Isaac	14	NC Greensboro Community YMCA	7/27/2010	2010 GA Southern Zone Championship
2	2:11.56	869	Osada, Koya	14	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
3	2:14.50	817	Shaw, Dalton	14	NC Greenville Swim Club	7/27/2010	2010 GA Southern Zone Championship
4	2:17.17	771	Vosburgh, Jacob	14	NC Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
5	2:18.32	752	Burt, Bailey	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
6	2:19.09	739	High, Joseph	14	NC Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
7	2:19.47	732	McPheters, Matthew	14	NC Waves Of Wilmington, Inc.	6/25/2010	2010 NC GSA 55th Annual Easter
8	2:20.30	718	Baker, John	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
9	2:21.33	701	Bradshaw, Pierce	14	NC New South Swimming	7/15/2010	2010 NC 14 & Under Long Course
10	2:21.83	693	Hsieh, Jason	14	NC New South Swimming	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 14 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:21.53	865	Roses, Maija	14	NC Duke Aquatics	8/3/2010	2010 National Champs
2	2:24.79	807	Emery, Nicole	14	NC Aquatic Team Of Mecklenburg	7/15/2010	2010 NC 14 & Under Long Course
3	2:25.71	791	Merritt, Heather	14	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
4	2:27.14	766	Martelle, Alexandra	14	NC Sharks Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	2:29.24	730	Tschoke, Victoria	14	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
6	2:29.77	722	Barham, Jordyn	14	NC	Raleigh Swimming Association	7/15/2010	2010 NC 14 & Under Long Course
7	2:29.89	720	Welshofer, Elsa	14	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	2:29.95	719	Schumacher, London	14	NC	Fayetteville YMCA Sea Dragons Swim Team	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	2:30.82	704	Casazza, Caitlin	14	NC	High Point YMCA Dolphins	7/30/2010	2010 NC NCAC Tar Heel States
10	2:31.50	693	Massey, Maddie	14	NC	YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States

Boys Age 14 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:13.13	900	Osada, Koya	14	NC North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
2	2:15.10	861	Bretschneider, Lane	14	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
3	2:17.86	807	Klinger, Isaac	14	NC Greensboro Community YMCA	7/15/2010	2010 NC 14 & Under Long Course
4	2:19.16	783	McPheters, Matthew	14	NC Waves Of Wilmington, Inc.	6/11/2010	2010 NC WAVE Capital City Invi
5	2:19.24	781	Shaw, Dalton	14	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
6	2:20.38	760	High, Joseph	14	NC Waves Of Wilmington, Inc.	7/27/2010	2010 GA Southern Zone Championship
7	2:21.47	739	Perdue, Philip	14	NC Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course
8	2:22.27	725	Lechner, Luke	14	NC YMCA of Western North Carolina	7/15/2010	2010 NC 14 & Under Long Course
9	2:23.02	711	Blinn, Charles	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	2:23.84	696	Vosburgh, Jacob	14	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States

Girls Age 14 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	5:04.30	818	Emery, Nicole	14	NC Aquatic Team Of Mecklenburg	7/27/2010	2010 GA Southern Zone Championship
2	5:09.69	776	Welshofer, Elsa	14	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
3	5:11.29	763	Merritt, Heather	14	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
4	5:13.85	744	Schumacher, London	14	NC Fayetteville YMCA Sea Dragons	5/14/2010	2010 NC RSA Good Stuff

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Swim Team							
5	5:13.98	743	Roses, Maija	14	NC	Duke Aquatics	6/11/2010 2010 NC WAVE Capital City Invi
6	5:16.93	727	Mulligan, Rachel	14	NC	YMCA of the Triangle Area Swim Team	5/21/2010 2010 NC NCAC Meet Near the Hil
7	5:16.96	720	Massey, Maddie	14	NC	YMCA of the Triangle Area Swim Team	7/15/2010 2010 NC 14 & Under Long Course
8	5:18.02	712	Casazza, Caitlin	14	NC	High Point YMCA Dolphins	7/30/2010 2010 NC NCAC Tar Heel States
9	5:18.78	706	Carter, Kate	14	NC	SwimMAC Carolina	7/15/2010 2010 NC 14 & Under Long Course
10	5:20.00	697	Procopii, Marinela	14	NC	YMCA Seahorse Swim Team	7/15/2010 2010 NC 14 & Under Long Course

Boys Age 14 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	4:42.43	898	Osada, Koya	14	NC	North Carolina Aquatic Club	7/15/2010	2010 NC 14 & Under Long Course
2	4:42.95	893	Klinger, Isaac	14	NC	Greensboro Community YMCA	7/27/2010	2010 GA Southern Zone Championship
3	4:47.95	850	Shaw, Dalton	14	NC	Greenville Swim Club	7/27/2010	2010 GA Southern Zone Championship
4	4:51.27	821	Bretschneider, Lane	14	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	4:56.70	775	McPheters, Matthew	14	NC	Waves Of Wilmington, Inc.	6/11/2010	2010 NC WAVE Capital City Invi
6	4:57.13	772	High, Joseph	14	NC	Waves Of Wilmington, Inc.	7/15/2010	2010 NC 14 & Under Long Course
7	4:59.84	749	Burt, Bailey	14	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
8	5:00.94	740	Vosburgh, Jacob	14	NC	Duke Aquatics	7/15/2010	2010 NC 14 & Under Long Course
9	5:01.01	740	Sanchez, Davied	14	NC	SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
10	5:01.25	738	Perdue, Philip	14	NC	Greenville Swim Club	7/15/2010	2010 NC 14 & Under Long Course

Girls Age 15 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	26.24	880	Johnson, Faith	15	NC	Star Aquatics	7/22/2010	2010 NC Senior LC Championship
2	27.37	782	Marshall, Alexandra	15	NC	Northwest NC YMCA Riptyde	7/26/2010	2010 PV AP YMCA LC Nationals
3	27.86	740	Cooper, Linsay	15	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	28.06	723	Frost, Sam	15	NC	New South Swimming	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	28.19	712	Henry, Sarah	15	NC	Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
6	28.33	728	Liu, Claire	15	NC	New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hill
7	28.40	695	Beeler, Halle	15	NC	Greensboro Swimming Assoc	7/27/2010	2010 GA Southern Zone Championship
8	28.48	689	Kidd, Lily	15	NC	Xcell Aquatics	7/22/2010	2010 NC Senior LC Championship
9	28.66	674	Martinez, Marisa	15	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
10	28.80	662	Pfeiffer, Emily	15	NC	Greenville Swim Club	7/22/2010	2010 NC Senior LC Championship

Boys Age 15 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	24.59	840	Darmody, Kyle	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
2	25.63	755	Henry, Andrew	15	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
3	25.69	750	Johns, Travis	15	NC Waves Of Wilmington, Inc.	6/24/2010	2010 FL TYR Summer Classic LC Invite
4	25.73	746	Josa, Matthew	15	NC SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W
5	25.86	736	Maloney, Bailey	15	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
6	25.89	733	Healy, Chris	15	NC Northwest NC YMCA Riptyde	7/26/2010	2010 PV AP YMCA LC Nationals
7	25.99	725	Ferretti, Johnny	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	26.08	718	Garrison, Ethan	15	NC SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W
9	26.18	710	Caveness, Christian	15	NC Cape Fear Aquatic Club	7/26/2010	2010 PV AP YMCA LC Nationals
10	26.25	705	Sigmon, Wesley	15	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship

Girls Age 15 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	57.63	849	Johnson, Faith	15	NC Star Aquatics	7/22/2010	2010 NC Senior LC Championship
2	1:00.26	732	Cooper, Lindsay	15	NC SwimMAC Carolina	8/10/2010	2010 Junior National Champs
3	1:00.46	724	Marshall, Alexandra	15	NC Northwest NC YMCA Riptyde	7/26/2010	2010 PV AP YMCA LC Nationals
4	1:00.67	715	Stringfield, Katy	15	NC Smoky Mountain Aquatic Club	7/27/2010	2010 GA Southern Zone Championship
5	1:01.05	698	Martinez, Marisa	15	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

6	1:01.13	695	Beeler, Halle	15	NC	Greensboro Swimming Assoc	7/27/2010	2010 GA Southern Zone Championship
7	1:01.56	677	Liu, Claire	15	NC	New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
8	1:01.68	672	Bryant, Caroline	15	NC	SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
9	1:01.94	661	Henry, Sarah	15	NC	Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
10	1:02.11	654	Connors, Kristin	15	NC	Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
10	1:02.11	654	Manning, Gillian	15	NC	Fayetteville Flying Fish Swim Team	7/30/2010	2010 NC NCAC Tar Heel States

Boys Age 15 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	51.47	954	Darmody, Kyle	15	NC SwimMAC Carolina	8/10/2010	2010 Junior National Champs
2	54.33	824	Wheeler, Reed	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	54.63	811	Johns, Travis	15	NC Waves Of Wilmington, Inc.	7/30/2010	2010 NC NCAC Tar Heel States
4	54.90	799	Turcanu, Sava	15	NC YMCA Seahorse Swim Team	8/9/2010	2010 Junior Nats TT
5	55.42	776	Henry, Andrew	15	NC Raleigh Swimming Association	4/25/2010	2010 NC RSA April Shootout LCM
6	55.74	762	Garrison, Ethan	15	NC SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W
7	55.89	755	Manchester, Jack	15	NC SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W
8	56.25	740	Caveness, Christian	15	NC Cape Fear Aquatic Club	7/26/2010	2010 PV AP YMCA LC Nationals
9	56.59	725	Maloney, Bailey	15	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
10	56.81	716	Parker, Austin	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship

Girls Age 15 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:07.01	791	Johnson, Faith	15	NC Star Aquatics	8/9/2010	2010 Junior National Champs
2	2:07.08	789	Stringfield, Katy	15	NC Smoky Mountain Aquatic Club	7/27/2010	2010 GA Southern Zone Championship
3	2:09.99	724	Moore, Kelsey	15	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
4	2:11.48	691	Henry, Sarah	15	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
5	2:11.51	691	Connors, Kristin	15	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

6	2:11.94	681	Smith, Lillie	15	NC	Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
7	2:12.14	677	Beeler, Halle	15	NC	Greensboro Swimming Assoc	7/27/2010	2010 GA Southern Zone Championship
8	2:12.44	671	Martinez, Marisa	15	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
9	2:13.27	653	Mulligan, Rachel	15	NC	YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
10	2:13.52	648	Emm, Alice	15	NC	New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship

Boys Age 15 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:58.34	822	Turcanu, Sava	15	NC YMCA Seahorse Swim Team	8/9/2010	2010 Junior Nats TT
2	1:59.21	802	Johns, Travis	15	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
3	1:59.85	788	Manchester, Jack	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	2:00.47	774	Parker, Austin	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
5	2:00.58	772	Darmody, Kyle	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	2:01.48	762	Miller, Benjamin	15	NC Marlins of Raleigh-Wolfpack Aquatics	5/21/2010	2010 NC NCAC Meet Near the Hil
7	2:01.52	751	Strosnider, Sam	15	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
8	2:02.62	727	Craig, David	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
9	2:02.83	722	Wheeler, Reed	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	2:04.19	693	Caveness, Christian	15	NC Cape Fear Aquatic Club	7/29/2010	2010 PV AP YMCA LC Nationals

Girls Age 15 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:28.54	779	Miller, Genevieve	15	NC Northwest NC YMCA Riptyde	8/9/2010	2010 Junior National Champs
2	4:31.93	741	Tronolone, Nicole	15	NC Fayetteville YMCA Sea Dragons Swim Team	7/22/2010	2010 NC Senior LC Championship
3	4:33.80	721	Mulligan, Rachel	15	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
4	4:35.88	699	Martinez, Marisa	15	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
5	4:36.80	689	Connors, Kristin	15	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
6	4:36.95	688	Moore, Kelsey	15	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

7	4:39.56	661	Henry, Sarah	15	NC	Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
8	4:40.65	649	Smith, Lillie	15	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
9	4:40.91	647	Martin, Cameron	15	NC	Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
10	4:42.34	632	Jabusch, Sarah	15	NC	New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship

Boys Age 15 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:07.52	836	Henry, Andrew	15	NC Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand
2	4:09.70	813	Turcanu, Sava	15	NC YMCA Seahorse Swim Team	8/9/2010	2010 Junior National Champs
3	4:11.95	789	Manchester, Jack	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	4:12.87	779	Parker, Austin	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
5	4:16.64	747	Miller, Benjamin	15	NC Marlins of Raleigh-Wolfpack Aquatics	5/21/2010	2010 NC NCAC Meet Near the Hil
6	4:18.03	726	Cooper, Mitchell	15	NC Team Charlotte Swimming	7/22/2010	2010 NC Senior LC Championship
7	4:18.84	718	Craig, David	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
8	4:19.09	715	Harmon, Clay	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
9	4:22.47	681	Werden, Alex	15	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
10	4:24.52	661	Strosnider, Sam	15	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship

Girls Age 15 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:09.06	785	Miller, Genevieve	15	NC Northwest NC YMCA Riptyde	8/9/2010	2010 Junior National Champs
2	9:23.56	713	Tronolone, Nicole	15	NC Fayetteville YMCA Sea Dragons Swim Team	7/22/2010	2010 NC Senior LC Championship
3	9:24.49	708	Smith, Lillie	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/27/2010	2010 GA Southern Zone Championship
4	9:24.53	708	Mulligan, Rachel	15	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
5	9:36.23	653	Connors, Kristin	15	NC Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

6	9:37.04	649	Jabusch, Sarah	15	NC	New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
7	9:38.07	644	Moore, Kelsey	15	NC	New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
8	9:38.20	643	Henry, Sarah	15	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
9	9:39.61	637	Martin, Cameron	15	NC	Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
10	9:43.71	618	Baird, Grace	15	NC	Northwest NC YMCA Riptyde	3/4/2010	2010 USA Swimming Austin Grand

Boys Age 15 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:39.79	819	Turcanu, Sava	15	NC YMCA Seahorse Swim Team	8/9/2010	2010 Junior National Champs
2	8:44.35	795	Manchester, Jack	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	8:48.91	772	Harmon, Clay	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
4	8:48.95	777	Miller, Benjamin	15	NC Marlins of Raleigh-Wolfpack Aquatics	5/21/2010	2010 NC NCAC Meet Near the Hil
5	8:48.99	772	Glenn, Kevin	15	NC SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
6	8:52.30	755	Craig, David	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
7	8:54.50	744	Parker, Austin	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
8	9:01.88	708	Werden, Alex	15	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
9	9:09.68	670	Darmody, Kyle	15	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
10	9:19.32	624	Schade, Tim	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship

Girls Age 15 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	17:18.12	844	Miller, Genevieve	15	NC Northwest NC YMCA Riptyde	8/9/2010	2010 Junior National Champs
2	17:55.89	747	Tronolone, Nicole	15	NC Fayetteville YMCA Sea Dragons Swim Team	7/22/2010	2010 NC Senior LC Championship
3	17:59.97	736	Smith, Lillie	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
4	18:07.94	717	Moore, Kelsey	15	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
5	18:15.84	697	Pugh, Sadie	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	18:28.48	667	Connors, Kristin	15	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

7	18:34.36	653	Rowan, Madison	15	NC	Stingray Aquatics	7/22/2010	2010 NC Senior LC Championship
8	18:42.31	634	Jabusch, Sarah	15	NC	New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
9	18:43.43	631	Textor, Brennan	15	NC	Unattached	6/11/2010	2010 NC WAVE Capital City Invi
10	18:44.10	630	Rogers, Hunter	15	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Boys Age 15 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	16:28.21	822	Turcanu, Sava	15	NC YMCA Seahorse Swim Team	7/26/2010	2010 PV AP YMCA LC Nationals
2	16:35.87	803	Lile, Nathan	15	NC Smoky Mountain Aquatic Club	5/13/2010	2010 NC Charlotte UltraSwim
3	16:59.31	748	Miller, Benjamin	15	NC Marlins of Raleigh-Wolfpack Aquatics	5/7/2010	2010 NC GOLD Long Course Open
4	16:59.44	747	Parker, Austin	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
5	17:04.63	735	Craig, David	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
6	17:05.97	732	Darmody, Kyle	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	17:07.86	728	Harmon, Clay	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
8	17:19.96	700	Henry, Andrew	15	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
9	17:20.39	699	Purrman, Collin	15	NC Smoky Mountain Aquatic Club	6/11/2010	2010 NC SAC Summer LC Invite
10	17:28.56	680	Rogers, Jonathan	15	NC Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship

Girls Age 15 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:06.62	791	Smith, Lillie	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/27/2010	2010 GA Southern Zone Championship
2	1:06.69	789	Liu, Claire	15	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
3	1:07.06	775	Kitchens, Ali	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	1:08.42	725	Johnson, Faith	15	NC Star Aquatics	7/22/2010	2010 NC Senior LC Championship
5	1:08.56	720	Moore, Kelsey	15	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
6	1:09.55	684	Frost, Sam	15	NC New South Swimming	7/25/2010	2010 NC Senior LC Championship
7	1:10.15	663	Law, Kaitlin	15	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

8	1:10.18	662	Cooper, Linsay	15	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	1:10.41	654	Martinez, Marisa	15	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
10	1:10.60	647	Henry, Sarah	15	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship

Boys Age 15 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	59.00	919	Darmody, Kyle	15	NC	SwimMAC Carolina	8/9/2010	2010 Junior National Champs
2	59.09	915	Wheeler, Reed	15	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	1:00.35	865	Josa, Matthew	15	NC	Unattached	7/22/2010	2010 NC Senior LC Championship
4	1:01.03	838	Johns, Travis	15	NC	Waves Of Wilmington, Inc.	7/30/2010	2010 NC NCAC Tar Heel States
5	1:02.95	764	Henry, Andrew	15	NC	Raleigh Swimming Association	4/25/2010	2010 NC RSA April Shootout LCM
6	1:03.41	747	Strosnider, Sam	15	NC	North Carolina Aquatic Club	7/25/2010	2010 NC Senior LC Championship
7	1:04.20	718	McPheters, Matthew	15	NC	Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
8	1:04.47	708	Sigmon, Wesley	15	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
9	1:04.57	704	Manchester, Jack	15	NC	SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W
10	1:05.19	681	Garrison, Ethan	15	NC	SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita

Girls Age 15 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	2:21.76	814	Smith, Lillie	15	NC	Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
2	2:25.19	759	Kitchens, Ali	15	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	2:27.42	723	Liu, Claire	15	NC	New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
4	2:27.77	718	Moore, Kelsey	15	NC	New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
5	2:28.82	702	Henry, Sarah	15	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
6	2:29.53	691	Law, Kaitlin	15	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
7	2:29.98	684	Martinez, Marisa	15	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
8	2:31.38	662	Radwan, Maddy	15	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
9	2:31.65	658	Frost, Sam	15	NC	New South Swimming	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

10	2:32.68	642	Crawford, Kristin	15	NC	YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States
----	---------	-----	-------------------	----	----	-------------------------------------	-----------	------------------------------

Boys Age 15 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:09.66	872	Wheeler, Reed	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
2	2:10.33	859	Henry, Andrew	15	NC Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand
3	2:10.70	852	Glenn, Kevin	15	NC SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand
4	2:10.93	848	Darmody, Kyle	15	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
5	2:12.17	825	Johns, Travis	15	NC Waves Of Wilmington, Inc.	7/30/2010	2010 NC NCAC Tar Heel States
6	2:12.75	814	McPheters, Matthew	15	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
7	2:14.92	775	Josa, Matthew	15	NC Unattached	7/22/2010	2010 NC Senior LC Championship
8	2:15.21	769	Manchester, Jack	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	2:16.89	739	Rogers, Jonathan	15	NC Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
10	2:19.51	693	Strosnider, Sam	15	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship

Girls Age 15 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:14.46	799	Stephens-Pickeral, Alistai	15	NC Star Aquatics	8/9/2010	2010 Junior National Champs
2	1:16.38	742	Dyke, Ashley	15	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
3	1:16.53	738	McDonough, Ali	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	1:16.71	732	Witzke, Maddie	15	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
5	1:16.88	728	Schrum, Payton	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	1:18.14	691	Jones, Carson	15	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
7	1:19.19	661	Benson, Palmer	15	NC Northwest NC YMCA Riptyde	7/26/2010	2010 PV AP YMCA LC Nationals
8	1:20.11	635	Nolte, Michaela	15	NC Duke Aquatics	7/22/2010	2010 NC Senior LC Championship
9	1:21.37	600	Pfeiffer, Emily	15	NC Greenville Swim Club	6/11/2010	2010 NC WAVE Capital City Invi
10	1:21.96	584	Johnson, Sierra	15	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Boys Age 15 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:10.19	795	House, Garrett	15	NC Duke Aquatics	7/27/2010	2010 GA Southern Zone Championship
2	1:12.31	728	Henry, Andrew	15	NC Raleigh Swimming Association	4/25/2010	2010 NC RSA April Shootout LCM
3	1:12.90	709	Hoffman, Conor	15	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
4	1:12.94	708	Cade, Ryan	15	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
5	1:13.33	696	Harmon, Clay	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
6	1:13.76	682	Richard, Jacob	15	NC Gaston Gators	6/11/2010	2010 NC SAC Summer LC Invite
7	1:13.91	678	Craig, David	15	NC Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
8	1:14.66	655	Josa, Matthew	15	NC Unattached	7/22/2010	2010 NC Senior LC Championship
9	1:14.88	648	Sigmon, Wesley	15	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
10	1:15.20	638	Maloney, Bailey	15	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship

Girls Age 15 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:44.25	754	Stephens-Pickeral, Alistai	15	NC Star Aquatics	7/22/2010	2010 NC Senior LC Championship
2	2:46.55	724	Dyke, Ashley	15	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
3	2:48.44	700	Witzke, Maddie	15	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
4	2:49.07	691	McDonough, Ali	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	2:52.62	646	Benson, Palmer	15	NC Northwest NC YMCA Riptyde	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch
6	2:54.38	624	Nolte, Michaela	15	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
7	2:54.84	618	Schrump, Payton	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	2:55.06	616	Pfeiffer, Emily	15	NC Greenville Swim Club	6/11/2010	2010 NC WAVE Capital City Invi
9	2:55.74	607	Jones, Carson	15	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
10	2:56.14	602	Thorne, Susannah	15	NC Unattached	7/8/2010	2010 CA LOS ANGELES GRAND PRIX

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Boys Age 15 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:28.64	826	House, Garrett	15	NC Duke Aquatics	7/27/2010	2010 GA Southern Zone Championship
2	2:31.77	782	Harmon, Clay	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
3	2:34.05	750	Henry, Andrew	15	NC Raleigh Swimming Association	5/13/2010	2010 NC Charlotte UltraSwim
4	2:35.37	732	Craig, David	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
5	2:38.37	691	Cade, Ryan	15	NC Unattached	5/14/2010	2010 NC RSA Good Stuff
6	2:40.36	664	Hoffman, Conor	15	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
7	2:43.92	629	Miller, Benjamin	15	NC Marlins of Raleigh-Wolfpack Aquatics	5/21/2010	2010 NC NCAC Meet Near the Hill
8	2:45.46	597	Richard, Jacob	15	NC Gaston Gators	6/11/2010	2010 NC SAC Summer LC Invite
9	2:45.67	594	Botelho, Andrew	15	NC SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W
10	2:46.43	584	Mayes, Ben	15	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States

Girls Age 15 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:04.38	794	Bryant, Caroline	15	NC SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
2	1:04.43	793	Stringfield, Katy	15	NC Smoky Mountain Aquatic Club	7/27/2010	2010 GA Southern Zone Championship
3	1:04.66	785	Cooper, Linsay	15	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
4	1:05.48	756	Johnson, Faith	15	NC Star Aquatics	5/13/2010	2010 NC Charlotte UltraSwim
5	1:07.54	686	O'Brien, Katie	15	NC SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W
6	1:08.28	662	Marshall, Alexandra	15	NC Northwest NC YMCA Riptyde	7/26/2010	2010 PV AP YMCA LC Nationals
7	1:08.33	660	Henry, Sarah	15	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
8	1:08.88	642	Martinez, Marisa	15	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
9	1:09.23	631	Schrum, Payton	15	NC SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W
10	1:09.39	626	Quan, Anna	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Boys Age 15 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	58.52	816	Josa, Matthew	15	NC Unattached	7/22/2010	2010 NC Senior LC Championship
2	59.70	768	Wheeler, Reed	15	NC SwimMAC Carolina	8/9/2010	2010 Junior Nats TT
3	59.78	765	Turcanu, Sava	15	NC YMCA Seahorse Swim Team	7/26/2010	2010 PV AP YMCA LC Nationals
4	1:00.91	720	McCullagh, Hayes	15	NC SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W
5	1:00.93	719	Strosnider, Sam	15	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
6	1:01.14	711	Johns, Travis	15	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
7	1:01.55	695	Darmody, Kyle	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	1:01.67	690	Manchester, Jack	15	NC SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W
9	1:02.08	674	Sowers, Zack	15	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
10	1:02.67	652	Cooper, Mitchell	15	NC Team Charlotte Swimming	7/22/2010	2010 NC Senior LC Championship

Girls Age 15 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:22.91	778	Stringfield, Katy	15	NC Smoky Mountain Aquatic Club	7/27/2010	2010 GA Southern Zone Championship
2	2:25.15	745	Miller, Genevieve	15	NC Northwest NC YMCA Riptyde	8/9/2010	2010 Junior Nats TT
3	2:25.97	733	Cooper, Lindsay	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	2:27.55	710	Mulligan, Rachel	15	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
5	2:29.12	687	O'Brien, Katie	15	NC SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W
6	2:29.50	682	Martin, Cameron	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
7	2:30.38	669	Henry, Sarah	15	NC Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
8	2:31.28	657	Crawford, Kristin	15	NC YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States
9	2:31.38	655	Smith, Lillie	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/9/2010	2010 NC Eastern LC Qualifier
10	2:31.92	661	Molloy, Kiera	15	NC YMCA of the Triangle Area Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hill

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Boys Age 15 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:10.48	811	Turcanu, Sava	15	NC YMCA Seahorse Swim Team	8/9/2010	2010 Junior National Champs
2	2:12.23	780	Manchester, Jack	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	2:13.14	764	Glenn, Kevin	15	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
4	2:14.84	734	Strosnider, Sam	15	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
5	2:16.98	698	Werden, Alex	15	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
6	2:17.59	687	Henry, Andrew	15	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
7	2:19.25	659	Harrison, Logan	15	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
8	2:19.40	657	McCullagh, Hayes	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	2:19.40	657	Miller, Benjamin	15	NC Marlins of Raleigh-Wolfpack Aquatics	5/7/2010	2010 NC GOLD Long Course Open
10	2:19.69	652	McPheters, Matthew	15	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship

Girls Age 15 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:29.18	708	Mulligan, Rachel	15	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
2	2:30.04	693	Stringfield, Katy	15	NC Smoky Mountain Aquatic Club	7/27/2010	2010 GA Southern Zone Championship
3	2:30.31	689	Beeler, Halle	15	NC Greensboro Swimming Assoc	7/27/2010	2010 GA Southern Zone Championship
4	2:30.71	682	Smith, Lillie	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
5	2:31.12	675	Cooper, Lindsay	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	2:31.85	677	Molloy, Kiera	15	NC YMCA of the Triangle Area Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
7	2:31.95	662	Nobles, Claire	15	NC Raleigh Swimming Association	5/14/2010	2010 NC RSA Good Stuff
8	2:32.17	658	Pfeiffer, Emily	15	NC Greenville Swim Club	7/22/2010	2010 NC Senior LC Championship
9	2:32.22	657	Emm, Alice	15	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
10	2:32.23	661	Moore, Kelsey	15	NC New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Boys Age 15 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:10.92	847	Henry, Andrew	15	NC Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand
2	2:15.15	763	Johns, Travis	15	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
3	2:16.59	735	Cooper, Mitchell	15	NC Team Charlotte Swimming	7/22/2010	2010 NC Senior LC Championship
4	2:17.59	716	Parker, Austin	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
5	2:17.62	716	Josa, Matthew	15	NC Unattached	6/25/2010	2010 NC GSA 55th Annual Easter
6	2:18.61	697	Harmon, Clay	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
7	2:18.68	696	Wheeler, Reed	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	2:19.12	687	Manchester, Jack	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	2:19.56	679	Craig, David	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
10	2:20.11	669	McPheters, Matthew	15	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship

Girls Age 15 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	5:09.03	745	Mulligan, Rachel	15	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
2	5:11.45	726	Smith, Lillie	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
3	5:18.11	675	Moore, Kelsey	15	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
4	5:18.21	675	Miller, Genevieve	15	NC Northwest NC YMCA Riptyde	8/9/2010	2010 Junior Nats TT
5	5:19.24	667	Emm, Alice	15	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
6	5:20.55	657	Stringfield, Katy	15	NC Smoky Mountain Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
7	5:20.57	657	Nobles, Claire	15	NC Raleigh Swimming Association	5/14/2010	2010 NC RSA Good Stuff
8	5:22.79	640	Henry, Sarah	15	NC Raleigh Swimming Association	6/20/2010	2010 NC RSA June Distance Day
9	5:22.80	640	Kent, Kaitlyn	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	5:24.69	626	Jabusch, Sarah	15	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

Boys Age 15 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:34.01	880	Henry, Andrew	15	NC Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand
2	4:38.08	843	Glenn, Kevin	15	NC SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand
3	4:47.18	764	Harmon, Clay	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
4	4:50.28	737	Manchester, Jack	15	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	4:50.51	735	Craig, David	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
6	4:50.74	733	Cooper, Mitchell	15	NC Team Charlotte Swimming	7/22/2010	2010 NC Senior LC Championship
7	4:51.59	726	McPheters, Matthew	15	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
8	4:53.51	710	Parker, Austin	15	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
9	4:54.08	705	Rogers, Jonathan	15	NC Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
10	4:57.76	681	Miller, Benjamin	15	NC Marlins of Raleigh-Wolfpack Aquatics	5/21/2010	2010 NC NCAC Meet Near the Hill

Girls Age 16 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	27.56	763	Benson, Sabrina	16	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
1	27.56	763	Mock, Lauren	16	NC Star Aquatics	8/9/2010	2010 Junior Nats TT
3	27.62	758	Martin, Hannah	16	NC Greensboro Swimming Assoc	8/9/2010	2010 Junior Nats TT
4	27.67	753	Koletic, Ashlyn	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	27.94	731	Watts, Leah Catherine	16	NC Catawba Valley Aquatic Club	7/31/2010	2010 NC WCSA Champs
6	28.00	726	Stenkivist, Henriette	16	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
7	28.02	724	Powell, Haley	16	NC SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
8	28.07	720	Godlewski, Jessie	16	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
9	28.10	717	Fish, Ana	16	NC Sandhills Sand Sharks	7/9/2010	2010 MD ASC/RAC Sand Box Invitati
10	28.11	717	Cline, Jourdan	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Boys Age 16 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	24.19	841	Heck, Logan	16	NC SwimMAC Carolina	8/9/2010	2010 Junior Nats TT
2	24.91	780	Bonk, Joe	16	NC YMCA of the Triangle Area Swim Team	5/13/2010	2010 NC Charlotte UltraSwim
3	25.11	764	Labonge, Alex	16	NC Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
4	25.17	759	Henry, Andrew	16	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
5	25.24	773	Williams, David	16	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
6	25.31	747	Gates, Percy	16	NC Star Aquatics	6/25/2010	2010 NC GSA 55th Annual Easter
7	25.37	742	Hunter, Shawn	16	NC Wilson Barracuda Swim Team	7/22/2010	2010 NC Senior LC Championship
8	25.48	733	Smalls, Damian	16	NC Team Charlotte Swimming	7/22/2010	2010 NC Senior LC Championship
9	25.77	710	Duronio, Joey	16	NC Chapel Hill YMCA Swim Club	7/26/2010	2010 PV AP YMCA LC Nationals
10	25.78	709	Rodeniser, Preston	16	NC Harnett County Aquatic Club	7/22/2010	2010 NC Senior LC Championship

Girls Age 16 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	57.90	825	Stenkvis, Henriette	16	NC Raleigh Swimming Association	3/6/2010	2010 USA Swimming Austin Grand
2	59.48	754	Benson, Sabrina	16	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
3	59.58	750	Martin, Hannah	16	NC Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
4	1:00.05	729	Godlewski, Jessie	16	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
5	1:00.60	706	Davis, Supriya	16	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
6	1:00.77	698	Koletic, Ashlyn	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	1:01.12	684	Tomlinson, Hayley	16	NC YMCA of the Triangle Area Swim Team	7/23/2010	2010 NC Senior LC Championship
8	1:01.21	680	Powell, Haley	16	NC SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
9	1:01.25	678	Meyer, Theresa	16	NC YMCA of the Triangle Area Swim Team	6/26/2010	2010 NC State Games of NC
10	1:01.49	668	Mock, Lauren	16	NC Star Aquatics	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Boys Age 16 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	52.54	855	Brumm, Pete	16	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
2	52.74	846	Heck, Logan	16	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
3	53.93	792	Henry, Andrew	16	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
4	54.64	761	Labonge, Alex	16	NC Greensboro Swimming Assoc	7/15/2010	2010 GA Long Course Speedo Champi
5	55.34	730	Bonk, Joe	16	NC YMCA of the Triangle Area Swim Team	5/13/2010	2010 NC Charlotte UltraSwim
6	55.73	713	Williams, David	16	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
7	55.96	703	Ward, Lee	16	NC Unattached	7/16/2010	2010 CC LC California State Championships
8	56.00	701	Crowder, Macon	16	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
9	56.10	697	Roach, Henry	16	NC Raleigh Swimming Association	7/23/2010	2010 NC Senior LC Championship
10	56.15	695	Duggins, Matt	16	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi

Girls Age 16 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:01.72	898	Stenkivist, Henriette	16	NC Raleigh Swimming Association	7/15/2010	2010 European Junior Championships
2	2:06.96	773	Meyer, Theresa	16	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
3	2:07.83	754	Godlewski, Jessie	16	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
4	2:10.43	696	Connors, Kristin	16	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
5	2:10.46	695	Davis, Supriya	16	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
6	2:10.51	694	Molloy, Kiera	16	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
7	2:10.69	690	Isetts, Heather	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	2:11.30	677	Furey, Katie	16	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

9	2:11.48	673	Tomlinson, Hayley	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
10	2:11.65	669	Martin, Hannah	16	NC	Greensboro Swimming Assoc	6/25/2010	2010 NC GSA 55th Annual Easter

Boys Age 16 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	1:53.95	871	Henry, Andrew	16	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
2	1:55.40	837	Brumm, Pete	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	1:57.07	798	Williams, David	16	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
4	1:57.90	779	Crowder, Macon	16	NC	New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
5	1:58.00	777	Lile, Nathan	16	NC	Smoky Mountain Aquatic Club	8/9/2010	2010 Junior Nats TT
6	1:58.98	755	Eiden, Alex	16	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
7	1:59.32	747	Heck, Logan	16	NC	SwimMAC Carolina	8/11/2010	2010 Junior National Champs
8	2:00.34	725	Miller, Benjamin	16	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
9	2:00.60	719	Labonge, Alex	16	NC	Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
10	2:00.71	716	Blevins, Connor	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship

Girls Age 16 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	4:13.69	918	Stenkivist, Henriette	16	NC	Raleigh Swimming Association	7/15/2010	2010 European Junior Championships
2	4:23.97	797	Meyer, Theresa	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
3	4:29.30	738	Godlewski, Jessie	16	NC	Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
4	4:29.36	737	Molloy, Kiera	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
5	4:33.58	691	Connors, Kristin	16	NC	Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
6	4:35.53	671	Nobles, Claire	16	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
7	4:35.71	669	Murch Elliot, Currie	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

8	4:36.89	657	Renn, Lydia	16	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
9	4:37.12	654	Davis, Supriya	16	NC	Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
10	4:37.16	654	Furey, Katie	16	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship

Boys Age 16 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:04.87	831	Henry, Andrew	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
2	4:07.45	803	Miller, Benjamin	16	NC Marlins of Raleigh-Wolfpack Aquatics	7/27/2010	2010 GA Southern Zone Championship
3	4:07.92	798	Brumm, Pete	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	4:08.80	788	Lile, Nathan	16	NC Smoky Mountain Aquatic Club	8/9/2010	2010 Junior National Champs
5	4:09.77	778	Deforest, Mitch	16	NC Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand
6	4:11.00	765	Eiden, Alex	16	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
7	4:11.93	755	Williams, David	16	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
8	4:13.10	743	Crowder, Macon	16	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
9	4:14.33	730	Duggins, Matt	16	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
10	4:16.10	712	Roach, Henry	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship

Girls Age 16 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:06.97	778	Meyer, Theresa	16	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
2	9:09.05	768	Molloy, Kiera	16	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
3	9:12.66	750	Godlewski, Jessie	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
4	9:22.06	703	Stenkivist, Henriette	16	NC Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
5	9:22.59	701	Connors, Kristin	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
6	9:28.28	674	Murch Elliot, Currie	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

7	9:30.73	662	Martin, Hannah	16	NC	Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
8	9:38.57	625	Watts, Leah Catherine	16	NC	Catawba Valley Aquatic Club	7/22/2010	2010 NC Senior LC Championship
9	9:40.08	618	Renn, Lydia	16	NC	North Carolina Aquatic Club	7/30/2010	2010 NC NCAC Tar Heel States
10	9:40.92	614	Ray, Sam	16	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship

Boys Age 16 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	8:26.33	825	Henry, Andrew	16	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
2	8:32.74	791	Lile, Nathan	16	NC	Smoky Mountain Aquatic Club	8/9/2010	2010 Junior National Champs
3	8:34.39	783	Miller, Benjamin	16	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
4	8:36.78	770	Snyder, Stone	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	8:42.76	740	Deforest, Mitch	16	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
6	8:49.34	706	Roach, Henry	16	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
7	8:53.95	683	Eiden, Alex	16	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
8	8:55.81	674	Brumm, Pete	16	NC	SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
9	8:58.86	664	Williams, Graham	16	NC	YMCA Seahorse Swim Team	5/14/2010	2010 SC YSSC13th Annual May LC Coache
10	8:59.86	655	Duggins, Matt	16	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi

Girls Age 16 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	17:43.73	763	Meyer, Theresa	16	NC	YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
2	17:45.94	757	Godlewski, Jessie	16	NC	Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
3	17:59.84	722	Connors, Kristin	16	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
4	18:07.36	704	Murch Elliot, Currie	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	18:23.10	665	Murch Elliot, Billy	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	18:30.61	647	Davis, Supriya	16	NC	Duke Aquatics	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

7	18:36.50	634	Sanborn, Molly	16	NC	North Mecklenburg Aquatics, Inc	7/22/2010	2010 NC Senior LC Championship
8	18:43.20	618	Nobles, Claire	16	NC	Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	18:44.13	616	Giamber, Nicole	16	NC	Marlins of Raleigh-Wolfpack Aquatics	5/7/2010	2010 NC GOLD Long Course Open
10	18:57.19	586	Renn, Lydia	16	NC	North Carolina Aquatic Club	5/7/2010	2010 NC GOLD Long Course Open

Boys Age 16 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	16:15.73	824	Lile, Nathan	16	NC Smoky Mountain Aquatic Club	7/22/2010	2010 NC Senior LC Championship
2	16:23.11	806	Miller, Benjamin	16	NC Marlins of Raleigh-Wolfpack Aquatics	7/27/2010	2010 GA Southern Zone Championship
3	16:35.18	776	Deforest, Mitch	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
4	17:02.32	712	Snyder, Stone	16	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
5	17:02.63	711	Eiden, Alex	16	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
6	17:11.71	690	Roach, Henry	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
7	17:12.78	687	Duggins, Matt	16	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
8	17:24.16	661	Newell, John	16	NC New South Swimming	6/11/2010	2010 NC SAC Summer LC Invite
9	17:35.10	636	Spake, Garrett	16	NC Rowan Aquatic Club - YMCA	7/26/2010	2010 PV AP YMCA LC Nationals
10	17:35.48	636	Glenn, Kevin	16	NC SwimMAC Carolina	6/11/2010	2010 NC WAVE Capital City Invi

Girls Age 16 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:02.11	948	Stenkivist, Henriette	16	NC Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand
2	1:03.92	876	Benson, Sabrina	16	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
3	1:05.48	816	Martin, Hannah	16	NC Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
4	1:06.61	773	Powell, Haley	16	NC SwimMAC Carolina	5/15/2010	2010 NC Charlotte UltraSwim

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	1:07.00	759	Cline, Jourdan	16	NC	SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
6	1:08.17	716	Godlewski, Jessie	16	NC	Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
7	1:08.25	713	Costa, Elise	16	NC	Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
8	1:09.12	681	Gaeckle, Erin	16	NC	SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
9	1:09.81	657	Meyer, Theresa	16	NC	YMCA of the Triangle Area Swim Team	6/26/2010	2010 NC State Games of NC
10	1:09.84	656	Duff, Emily	16	NC	Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship

Boys Age 16 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	58.13	898	Higgins, Collin	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
2	59.73	834	Deberry, Ryan	16	NC YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals
3	1:00.10	819	Brumm, Pete	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	1:00.16	816	Hill, Tyler	16	NC SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
5	1:00.95	785	Eiden, Alex	16	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
6	1:00.99	784	Brogden, Harrison	16	NC Star Aquatics	12/13/2009	2009 Junior LC Invite
7	1:01.03	782	Henry, Andrew	16	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
8	1:01.44	766	Heck, Logan	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	1:01.73	755	Deforest, Mitch	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
10	1:02.15	739	Bittner, Bobby	16	NC Unattached	5/13/2010	2010 NC Charlotte UltraSwim

Girls Age 16 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:12.64	947	Stenkivist, Henriette	16	NC Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand
2	2:23.13	772	Martin, Hannah	16	NC Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
3	2:23.65	764	Benson, Sabrina	16	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
4	2:24.57	749	Powell, Haley	16	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	2:25.45	735	Godlewski, Jessie	16	NC	Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi
6	2:26.99	711	Cline, Jourdan	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	2:27.37	705	Meyer, Theresa	16	NC	YMCA of the Triangle Area Swim Team	6/26/2010	2010 NC State Games of NC
8	2:28.03	695	Costa, Elise	16	NC	Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
9	2:29.04	679	Gaeckle, Erin	16	NC	SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
10	2:30.16	662	Nobles, Claire	16	NC	Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi

Boys Age 16 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:06.58	886	Higgins, Collin	16	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
2	2:06.85	881	Hill, Tyler	16	NC SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
3	2:08.77	844	Henry, Andrew	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
4	2:10.43	812	Glenn, Kevin	16	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
5	2:11.39	794	Deforest, Mitch	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
6	2:11.72	788	Eiden, Alex	16	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
7	2:12.98	765	Thomson, Michael	16	NC Duke Aquatics	5/1/2010	2010 NC WAVE Spring Distance-I
8	2:14.22	742	Deberry, Ryan	16	NC YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals
9	2:14.44	738	Lile, Nathan	16	NC Smoky Mountain Aquatic Club	6/25/2010	2010 SC 7th Annual YSSC Firecracker
10	2:15.08	727	Snyder, Stone	16	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship

Girls Age 16 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:15.00	768	Plevka, Katherine	16	NC SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand
2	1:16.25	731	Tomlinson, Hayley	16	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
3	1:16.74	717	Johnson, Sierra	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	1:17.00	710	Murch Elliot, Currie	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	1:17.59	692	Giamber, Nicole	16	NC	Marlins of Raleigh-Wolfpack Aquatics	12/13/2009	2009 Junior LC Invite
6	1:19.18	647	Gan, Zoe	16	NC	North Carolina Aquatic Club	12/13/2009	2009 Junior LC Invite
7	1:19.37	642	Snyder, Hannah	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
8	1:19.48	639	Steagall, Lauren	16	NC	New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
9	1:20.01	624	Murch Elliot, Billy	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	1:20.36	614	England, Mary Alex	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship

Boys Age 16 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	1:06.55	871	Young, Bill	16	NC	YMCA of Western North Carolina	8/9/2010	2010 Junior National Champs
2	1:06.57	870	Dong, Christopher	16	NC	Duke Aquatics	8/9/2010	2010 Junior National Champs
3	1:07.49	839	Wohlrab, Kurt	16	NC	Sandhills Sand Sharks	8/9/2010	2010 Junior National Champs
4	1:08.98	789	Smalls, Damian	16	NC	Team Charlotte Swimming	7/22/2010	2010 NC Senior LC Championship
5	1:09.45	774	Chavez, Jose	16	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
6	1:09.93	758	Brunk, Joe	16	NC	Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
7	1:10.02	755	Dozier, Daniel	16	NC	New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
8	1:10.44	742	Heck, Logan	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	1:10.93	726	Henry, Andrew	16	NC	Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
10	1:11.23	716	Flynn, Coleman	16	NC	Star Aquatics	7/22/2010	2010 NC Senior LC Championship

Girls Age 16 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	2:43.47	761	Giamber, Nicole	16	NC	Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
2	2:43.51	760	Plevka, Katherine	16	NC	SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand
3	2:44.08	753	Tomlinson, Hayley	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
4	2:46.74	718	Johnson, Sierra	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	2:48.72	692	Murch Elliot, Currie	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	2:49.90	689	Gan, Sophie	16	NC	North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
7	2:51.96	651	Murch Elliot, Billy	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	2:53.44	632	Weber, Caroline	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	2:53.50	632	Snyder, Hannah	16	NC	YMCA of the Triangle Area Swim Team	6/26/2010	2010 NC RSA Summer Sizzle Meet
10	2:53.56	631	England, Mary Alex	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship

Boys Age 16 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:21.10	927	Young, Bill	16	NC YMCA of Western North Carolina	8/9/2010	2010 Junior National Champs
2	2:23.66	889	Dong, Christopher	16	NC Duke Aquatics	8/9/2010	2010 Junior National Champs
3	2:26.86	843	Wohlrab, Kurt	16	NC Sandhills Sand Sharks	8/9/2010	2010 Junior National Champs
4	2:28.54	820	Henry, Andrew	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
5	2:31.49	778	Dozier, Daniel	16	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
6	2:31.54	777	Smalls, Damian	16	NC Team Charlotte Swimming	7/22/2010	2010 NC Senior LC Championship
7	2:35.83	718	Chavez, Jose	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
8	2:37.83	691	Heiser, Chad	16	NC SwimMAC Carolina	6/11/2010	2010 NC WAVE Capital City Invi
9	2:37.85	690	Wilkinson, Ryan	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	2:38.77	678	Flynn, Coleman	16	NC Star Aquatics	6/11/2010	2010 NC SAC Summer LC Invite

Girls Age 16 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:01.92	862	Bryant, Caroline	16	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
2	1:03.00	824	Godlewski, Jessie	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
3	1:04.28	778	Benson, Sabrina	16	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
4	1:04.94	756	Garbarino, Krysta	16	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
5	1:05.16	748	Stenkivist, Henriette	16	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

6	1:05.49	737	Davis, Supriya	16	NC	Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
7	1:05.58	733	Isetts, Heather	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	1:06.22	712	Cline, Jourdan	16	NC	SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
9	1:06.52	701	Mehaffey, Caitlin	16	NC	Smoky Mountain Aquatic Club	7/22/2010	2010 NC Senior LC Championship
10	1:08.04	650	Johnson, Sierra	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Boys Age 16 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	55.78	896	Brumm, Pete	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
2	57.91	806	Heck, Logan	16	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
3	58.33	788	Lile, Nathan	16	NC Smoky Mountain Aquatic Club	8/9/2010	2010 Junior Nats TT
4	58.40	785	Williams, David	16	NC North Carolina Aquatic Club	7/30/2010	2010 NC NCAC Tar Heel States
5	59.25	751	Bittner, Bobby	16	NC Unattached	5/13/2010	2010 NC Charlotte UltraSwim
6	59.70	733	Labonge, Alex	16	NC Greensboro Swimming Assoc	7/27/2010	2010 GA Southern Zone Championship
7	59.74	731	Wohlrab, Kurt	16	NC Sandhills Sand Sharks	8/9/2010	2010 Junior Nats TT
8	59.98	721	Chavez, Jose	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
9	1:00.03	719	Snyder, Stone	16	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
10	1:00.09	717	Henry, Andrew	16	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States

Girls Age 16 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:16.80	867	Godlewski, Jessie	16	NC Raleigh Swimming Association	5/13/2010	2010 NC Charlotte UltraSwim
2	2:21.09	802	Bryant, Caroline	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	2:22.08	788	Mehaffey, Caitlin	16	NC Smoky Mountain Aquatic Club	7/22/2010	2010 NC Senior LC Championship
4	2:25.01	744	Davis, Supriya	16	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
5	2:25.61	736	Linker, Katelyn	16	NC Marlins of Raleigh-Wolfpack Aquatics	12/13/2009	2009 Junior LC Invite

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

6	2:27.36	710	Garbarino, Krysta	16	NC	New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
7	2:31.04	657	Covert, Emily	16	NC	Stingray Aquatics	6/25/2010	2010 FL SOY Liberty Meet
7	2:31.04	657	Benson, Sabrina	16	NC	YMCA of the Triangle Area Swim Team	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	2:32.01	643	Molloy, Kiera	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
10	2:32.68	634	Pruden, Cathleen	16	NC	YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States

Boys Age 16 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:08.28	807	Heck, Logan	16	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
2	2:08.53	803	Snyder, Stone	16	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
3	2:09.15	792	Glenn, Kevin	16	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
4	2:10.07	775	Deforest, Mitch	16	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
5	2:11.45	750	Williams, David	16	NC North Carolina Aquatic Club	7/30/2010	2010 NC NCAC Tar Heel States
6	2:11.50	749	Henry, Andrew	16	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
7	2:12.46	732	Duggins, Matt	16	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
8	2:12.72	728	Lile, Nathan	16	NC Smoky Mountain Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
9	2:13.59	713	Mason, Christian	16	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
10	2:14.66	694	Newell, John	16	NC New South Swimming	6/17/2010	2010 AZ Phoenix Summer Invite

Girls Age 16 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:23.04	808	Stenkvis, Henriette	16	NC Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand
2	2:26.23	752	Tomlinson, Hayley	16	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
3	2:26.33	750	Godlewski, Jessie	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
4	2:26.87	741	Murch Elliot, Currie	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

5	2:27.15	736	Johnson, Sierra	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	2:27.72	726	Plevka, Katherine	16	NC	SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand
7	2:27.89	724	Linker, Katelyn	16	NC	Marlins of Raleigh-Wolfpack Aquatics	12/13/2009	2009 Junior LC Invite
8	2:28.77	709	Murch Elliot, Billy	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	2:29.39	698	Molloy, Kiera	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
10	2:29.88	690	Snyder, Hannah	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship

Boys Age 16 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:08.04	899	Henry, Andrew	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
2	2:09.30	873	Young, Bill	16	NC YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals
3	2:12.85	801	Glenn, Kevin	16	NC SwimMAC Carolina	8/9/2010	2010 Junior Nats TT
4	2:13.68	785	Chavez, Jose	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
5	2:14.81	763	Higgins, Collin	16	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
6	2:14.82	762	Heck, Logan	16	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
7	2:15.03	758	Deforest, Mitch	16	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
8	2:15.55	748	Brumm, Pete	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	2:16.07	738	Dong, Christopher	16	NC Duke Aquatics	8/9/2010	2010 Junior Nats TT
10	2:16.22	735	Wohlrab, Kurt	16	NC Sandhills Sand Sharks	8/9/2010	2010 Junior Nats TT

Girls Age 16 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	5:01.58	797	Stenkivist, Henriette	16	NC Raleigh Swimming Association	5/13/2010	2010 NC Charlotte UltraSwim
2	5:05.36	767	Godlewski, Jessie	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
3	5:08.08	746	Molloy, Kiera	16	NC YMCA of the Triangle Area Swim Team	7/27/2010	2010 GA Southern Zone Championship
4	5:10.30	729	Murch Elliot, Currie	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	5:10.93	724	Linker, Katelyn	16	NC Marlins of Raleigh-Wolfpack Aquatics	12/13/2009	2009 Junior LC Invite

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

6	5:13.92	701	Tomlinson, Hayley	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
7	5:15.67	688	Giamber, Nicole	16	NC	Marlins of Raleigh-Wolfpack Aquatics	12/13/2009	2009 Junior LC Invite
8	5:15.73	687	Johnson, Sierra	16	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	5:15.90	686	Pruden, Cathleen	16	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
10	5:16.25	683	Bryant, Caroline	16	NC	SwimMAC Carolina	6/11/2010	2010 NC WAVE Capital City Invi

Boys Age 16 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:31.84	884	Henry, Andrew	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
2	4:36.71	840	Young, Bill	16	NC YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals
3	4:38.10	827	Deforest, Mitch	16	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
4	4:39.45	815	Glenn, Kevin	16	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
5	4:46.28	755	Miller, Benjamin	16	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
6	4:48.10	740	Snyder, Stone	16	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	4:48.95	732	Lile, Nathan	16	NC Smoky Mountain Aquatic Club	6/11/2010	2010 NC SAC Summer LC Invite
8	4:50.71	717	Eiden, Alex	16	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
9	4:51.71	709	Fox, Alex	16	NC Northwest NC YMCA Riptyde	7/26/2010	2010 PV AP YMCA LC Nationals
10	4:52.56	702	Brumm, Pete	16	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita

Girls Age 17 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	26.80	819	Parke, Mallory	17	NC Aquatic Team Of Mecklenburg	7/9/2010	2010 NC SAC Long Course Meet
2	27.21	784	Powell, Haley	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
3	27.57	753	Larson, Nancy	17	NC Star Aquatics	7/22/2010	2010 NC Senior LC Championship
4	27.77	802	Mitchell, Victoria	17	NC Marlins of Raleigh-Wolfpack Aquatics	5/21/2010	2010 NC NCAC Meet Near the Hil
5	27.85	730	Gordy, Lillian	17	NC Star Aquatics	7/27/2010	2010 GA Southern Zone Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

6	28.02	715	Ormand, Sam	17	NC	SwimMAC Carolina	8/9/2010	2010 Junior National Champs
7	28.07	711	Byrum, Charity	17	NC	Star Aquatics	7/22/2010	2010 NC Senior LC Championship
8	28.11	708	Poff, Kaitlyn	17	NC	SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
9	28.16	704	Robinson, Mackenzie	17	NC	Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
10	28.32	691	Howard, Chelsea	17	NC	Duke Aquatics	8/3/2010	2010 ConocoPhillips Nats TT

Boys Age 17 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	24.01	825	Bonk, Joe	17	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
2	24.16	812	Darmody, Kip	17	NC SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand
3	24.34	797	Gaertner, Drew	17	NC Team Charlotte Swimming	7/27/2010	2010 GA Southern Zone Championship
4	24.36	795	Clayton-Luce, Ollie	17	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
5	24.47	786	Rogers, Kevin	17	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
6	24.53	781	Glavich, Dominick	17	NC YMCA of the Triangle Area Swim Team	5/13/2010	2010 NC Charlotte UltraSwim
7	25.20	725	Sloan, Anderson	17	NC SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand
8	25.22	723	Peterson, Jonathan	17	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
9	25.27	719	White, Jake	17	NC SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
10	25.32	715	Coetzer, Stephen	17	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship

Girls Age 17 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	58.84	779	Powell, Haley	17	NC SwimMAC Carolina	8/10/2010	2010 Junior National Champs
2	59.14	766	Gordy, Lillian	17	NC Star Aquatics	7/27/2010	2010 GA Southern Zone Championship
3	59.49	751	Mitchell, Victoria	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/16/2010	2010 GA Long Course Speedo Champi

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

4	59.77	738	Ormand, Sam	17	NC	SwimMAC Carolina	8/9/2010	2010 Junior National Champs
5	1:00.15	722	Larson, Nancy	17	NC	Star Aquatics	7/22/2010	2010 NC Senior LC Championship
6	1:00.99	686	Byrum, Charity	17	NC	Star Aquatics	7/22/2010	2010 NC Senior LC Championship
7	1:01.03	684	Robinson, Mackenzie	17	NC	Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
8	1:01.14	680	Mascia, Nina	17	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
9	1:01.86	650	Howard, Chelsea	17	NC	Duke Aquatics	8/3/2010	2010 ConocoPhillips Nats TT
10	1:01.99	644	Bullock, Anna Blair	17	NC	Northwest NC YMCA Riptyde	7/26/2010	2010 PV AP YMCA LC Nationals

Boys Age 17 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	50.46	919	Darmody, Kip	17	NC SwimMAC Carolina	8/26/2010	2010 Jr Pan Pacific Swimming C
2	52.11	841	Glavich, Dominick	17	NC YMCA of the Triangle Area Swim Team	7/23/2010	2010 NC Senior LC Championship
3	52.61	818	Bonk, Joe	17	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
4	53.15	793	Rogers, Kevin	17	NC YMCA of the Triangle Area Swim Team	8/3/2010	2010 ConocoPhillips Nats TT
5	53.39	782	Clayton-Luce, Ollie	17	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
6	54.03	753	Donnalley, Mike	17	NC Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
7	55.09	707	Williams, Graham	17	NC YMCA Seahorse Swim Team	8/9/2010	2010 Junior Nats TT
8	55.16	704	Newell, John	17	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
9	55.54	687	Heiser, Chad	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	55.62	684	Tilque, Chris	17	NC North Mecklenburg Aquatics, Inc	7/22/2010	2010 NC Senior LC Championship

Girls Age 17 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:04.95	820	Mitchell, Victoria	17	NC Marlins of Raleigh-Wolfpack Aquatics	8/3/2010	2010 ConocoPhillips Nats TT
2	2:06.37	787	Gordy, Lillian	17	NC Star Aquatics	7/27/2010	2010 GA Southern Zone Championship
3	2:08.92	729	Powell, Haley	17	NC SwimMAC Carolina	8/9/2010	2010 Junior Nats TT

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

4	2:09.77	710	Linker, Katelyn	17	NC	Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
5	2:11.47	673	Robinson, Mackenzie	17	NC	Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
6	2:11.88	664	Frith, Ashley	17	NC	New South Swimming	7/22/2010	2010 NC Senior LC Championship
7	2:11.99	662	York, Michelle	17	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
7	2:11.99	662	Raichle, Susannah	17	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	2:12.61	649	Day, Nikki	17	NC	Smoky Mountain Aquatic Club	7/22/2010	2010 NC Senior LC Championship
10	2:12.69	647	Mascia, Nina	17	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship

Boys Age 17 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:50.19	931	Darmody, Kip	17	NC SwimMAC Carolina	8/6/2010	2010 National Champs
2	1:53.77	845	Glavich, Dominick	17	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
3	1:57.43	759	Newell, John	17	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
4	1:57.93	748	Donnalley, Mike	17	NC Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
5	1:58.20	742	Williams, Graham	17	NC YMCA Seahorse Swim Team	8/9/2010	2010 Junior Nats TT
6	1:58.42	737	Bonk, Joe	17	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
7	1:59.66	709	Blinn, Michael	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	2:00.17	698	Love, Dillon	17	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
9	2:00.33	695	Coetzer, Stephen	17	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
10	2:00.56	690	Hill, Tyler	17	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim

Girls Age 17 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:19.43	849	Mitchell, Victoria	17	NC Marlins of Raleigh-Wolfpack Aquatics	8/3/2010	2010 National Champs
2	4:21.55	824	Baird, Kelly Ann	17	NC Northwest NC YMCA Riptyde	12/13/2009	2009 Junior LC Invite
3	4:31.53	712	Gordy, Lillian	17	NC Star Aquatics	7/22/2010	2010 NC Senior LC Championship
4	4:33.72	689	Linker, Katelyn	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	4:35.40	671	Robinson, Mackenzie	17	NC	Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
6	4:37.53	649	Frith, Ashley	17	NC	New South Swimming	7/22/2010	2010 NC Senior LC Championship
7	4:40.38	620	York, Michelle	17	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
8	4:41.47	609	Lindblom, Syd	17	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	4:41.63	607	Pena, Tessa	17	NC	Raleigh Swimming Association	5/14/2010	2010 NC RSA Good Stuff
10	4:42.57	598	Oslund, Victoria	17	NC	YMCA of Western North Carolina	6/25/2010	2010 SE NAC Summer Sizzler

Boys Age 17 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:07.67	778	Williams, Graham	17	NC YMCA Seahorse Swim Team	7/26/2010	2010 PV AP YMCA LC Nationals
2	4:09.98	753	Blinn, Michael	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	4:12.74	724	Newell, John	17	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
4	4:13.30	719	Turpin, Zane	17	NC SwimMAC Carolina	8/9/2010	2010 Junior Nats TT
5	4:16.18	689	Donnalley, Mike	17	NC Greensboro Swimming Assoc	7/15/2010	2010 GA Long Course Speedo Champi
6	4:16.39	687	Hill, Tyler	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	4:16.87	682	Beatty, George	17	NC North Carolina Aquatic Club	7/27/2010	2010 GA Southern Zone Championship
8	4:17.13	681	Glavich, Dominick	17	NC YMCA of the Triangle Area Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
9	4:17.58	675	Nilsson, Andreas	17	NC New South Swimming	6/25/2010	2010 SC 7th Annual YSSC Firecracker
10	4:21.44	636	Heiser, Chad	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Girls Age 17 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:57.44	821	Mitchell, Victoria	17	NC Marlins of Raleigh-Wolfpack Aquatics	8/3/2010	2010 National Champs
2	9:16.46	724	Linker, Katelyn	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
3	9:26.75	674	Giamber, Nicole	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
4	9:26.97	673	Robinson, Mackenzie	17	NC Duke Aquatics	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	9:28.96	664	Frith, Ashley	17	NC	New South Swimming	7/22/2010	2010 NC Senior LC Championship
6	9:29.16	663	Hoover, Meredith	17	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	9:33.13	644	Pena, Tessa	17	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
8	9:37.10	626	Lindblom, Syd	17	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	9:56.95	537	Smith, Meghan	17	NC	Duke Aquatics	5/1/2010	2010 NC WAVE Spring Distance-I
10	9:57.51	534	Oslund, Victoria	17	NC	YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi

Boys Age 17 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:35.98	766	Newell, John	17	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
2	8:37.94	756	Williams, Graham	17	NC YMCA Seahorse Swim Team	7/26/2010	2010 PV AP YMCA LC Nationals
2	8:37.94	756	Turpin, Zane	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	8:43.78	726	Blinn, Michael	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	8:51.47	688	Beatty, George	17	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
6	8:55.19	669	Nilsson, Andreas	17	NC New South Swimming	5/13/2010	2010 NC Charlotte UltraSwim
7	9:03.73	628	Newland, Scott	17	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
8	9:03.75	628	Stilley, Jake	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	9:11.18	593	Yeatts, Christian	17	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
10	9:13.32	583	Love, Dillon	17	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita

Girls Age 17 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	17:01.62	869	Mitchell, Victoria	17	NC Marlins of Raleigh-Wolfpack Aquatics	8/3/2010	2010 ConocoPhillips Nats TT
2	18:06.60	701	Frith, Ashley	17	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
3	18:09.97	693	Linker, Katelyn	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
4	18:10.25	692	Giamber, Nicole	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
5	18:23.30	661	Lindblom, Syd	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	18:32.29	639	Pena, Tessa	17	NC Raleigh Swimming Association	6/11/2010	2010 NC WAVE Capital City Invi

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

7	18:55.47	585	Gordy, Lillian	17	NC	Star Aquatics	7/9/2010	2010 NC Eastern LC Qualifier
8	19:48.29	470	Van De Zande, Georgia	17	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
9	19:57.05	452	Lincoln, Charlsie	17	NC	Marlins of Raleigh-Wolfpack Aquatics	7/9/2010	2010 NC Eastern LC Qualifier
10	21:03.75	323	Tormenti, Victoria	17	NC	Marlins of Raleigh-Wolfpack Aquatics	5/7/2010	2010 NC GOLD Long Course Open

Boys Age 17 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	16:05.63	831	Williams, Graham	17	NC YMCA Seahorse Swim Team	7/26/2010	2010 PV AP YMCA LC Nationals
2	16:40.88	745	Newell, John	17	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
3	16:42.36	742	Rogers, Kevin	17	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
4	17:02.14	695	McCollister, Andrew	17	NC Rowan Aquatic Club - YMCA	7/26/2010	2010 PV AP YMCA LC Nationals
5	17:02.29	694	Turpin, Zane	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	17:06.08	686	Beatty, George	17	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
7	17:18.13	658	Nilsson, Andreas	17	NC New South Swimming	6/11/2010	2010 NC SAC Summer LC Invite
8	17:18.55	657	Newland, Scott	17	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
9	18:53.23	452	Hudgins, Heath	17	NC North Carolina Aquatic Club	6/25/2010	2010 NC GSA 55th Annual Easter
10	18:55.20	448	Rohrer, Austin	17	NC North Mecklenburg Aquatics, Inc	7/9/2010	2010 NC SAC Long Course Meet

Girls Age 17 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:06.78	767	Powell, Haley	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
2	1:07.29	748	Gaeckle, Erin	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
3	1:07.39	744	Hoover, Meredith	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	1:07.48	741	Carlisle, Caroline	17	NC New Wave Swim Team	7/25/2010	2010 NC Senior LC Championship
5	1:07.69	733	Ormand, Sam	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
6	1:08.08	719	Stephenson, Hannah	17	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
7	1:08.26	722	Mitchell, Victoria	17	NC Marlins of Raleigh-Wolfpack Aquatics	5/21/2010	2010 NC NCAC Meet Near the Hill

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

8	1:08.80	693	Blalock, Cari	17	NC	Waves Of Wilmington, Inc.	5/13/2010	2010 NC Charlotte UltraSwim
9	1:08.98	686	Robinson, Mackenzie	17	NC	Duke Aquatics	7/18/2010	2010 GA Long Course Speedo Champi
10	1:09.36	673	Howard, Chelsea	17	NC	Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi

Boys Age 17 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	54.90	995	Darmody, Kip	17	NC SwimMAC Carolina	8/26/2010	2010 Jr Pan Pacific Swimming C
2	58.28	853	Brogden, Harrison	17	NC Star Aquatics	8/9/2010	2010 Junior National Champs
3	58.95	826	Rogers, Kevin	17	NC YMCA of the Triangle Area Swim Team	8/7/2010	2010 National Champs
4	59.28	812	Coetzer, Stephen	17	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
5	59.82	791	Lambert, Zack	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	1:00.01	783	Hill, Tyler	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
7	1:00.78	753	Love, Dillon	17	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
8	1:01.12	744	Glavich, Dominick	17	NC YMCA of the Triangle Area Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
9	1:02.00	705	Levinson, Ethan	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	1:02.51	686	Gaertner, Drew	17	NC Team Charlotte Swimming	7/25/2010	2010 NC Senior LC Championship

Girls Age 17 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:18.75	844	Mitchell, Victoria	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
2	2:22.83	777	Hoover, Meredith	17	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
3	2:23.38	768	Robinson, Mackenzie	17	NC Duke Aquatics	7/22/2010	2010 NC Senior LC Championship
4	2:24.46	751	Powell, Haley	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
5	2:25.79	730	Carlisle, Caroline	17	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
6	2:26.73	715	Day, Nikki	17	NC Smoky Mountain Aquatic Club	7/22/2010	2010 NC Senior LC Championship
7	2:28.00	695	Stephenson, Hannah	17	NC YMCA of the Triangle Area Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

8	2:30.03	664	Sloand, Samantha	17	NC	Badfish Aquatics	7/22/2010	2010 NC Senior LC Championship
9	2:32.18	631	Gaeckle, Erin	17	NC	SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
9	2:32.18	631	Howard, Chelsea	17	NC	Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi

Boys Age 17 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	2:01.88	935	Darmody, Kip	17	NC	SwimMAC Carolina	8/26/2010	2010 Jr Pan Pacific Swimming C
2	2:06.51	844	Brogden, Harrison	17	NC	Star Aquatics	8/9/2010	2010 Junior National Champs
3	2:08.00	816	Hill, Tyler	17	NC	SwimMAC Carolina	8/9/2010	2010 Junior National Champs
4	2:08.82	800	Rogers, Kevin	17	NC	YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
5	2:11.07	758	Coetzer, Stephen	17	NC	Waves Of Wilmington, Inc.	8/9/2010	2010 Junior National Champs
6	2:12.94	723	Love, Dillon	17	NC	SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
7	2:13.76	708	Disney-Huss, Jack	17	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
8	2:13.81	707	Lambert, Zack	17	NC	SwimMAC Carolina	8/9/2010	2010 Junior Nats TT
9	2:16.05	667	Levinson, Ethan	17	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	2:18.78	619	Gaertner, Drew	17	NC	Team Charlotte Swimming	7/27/2010	2010 GA Southern Zone Championship

Girls Age 17 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	1:13.36	807	Bussey, Torrey	17	NC	Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand
2	1:13.74	795	Raichle, Susannah	17	NC	SwimMAC Carolina	8/9/2010	2010 Junior National Champs
3	1:14.38	776	Marett, Emily	17	NC	Unattached	7/26/2010	2010 PV AP YMCA LC Nationals
4	1:14.69	767	McDonough, Christen	17	NC	SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand
5	1:15.29	749	Giamber, Nicole	17	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
6	1:15.57	741	Byrum, Charity	17	NC	Star Aquatics	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

7	1:17.08	696	Plevka, Katherine	17	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	1:17.90	673	Gan, Zoe	17	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
9	1:18.73	649	Conway, Emily	17	NC	SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
10	1:19.39	630	Carlisle, Caroline	17	NC	New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi

Boys Age 17 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:07.31	800	Glavich, Dominick	17	NC YMCA of the Triangle Area Swim Team	8/3/2010	2010 National Champs
2	1:07.69	787	Sloan, Anderson	17	NC SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand
3	1:08.07	774	Connor, Seth	17	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
4	1:08.52	759	Peterson, Jonathan	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	1:08.83	749	Heiser, Chad	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	1:08.98	744	Stranick, Andrew	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	1:10.41	697	Stilley, Jake	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	1:10.69	688	Nilsson, Andreas	17	NC New South Swimming	6/25/2010	2010 SC 7th Annual YSSC Firecracker
9	1:11.80	653	Barnes, David	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
10	1:12.04	645	Bryan, Brandon	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/9/2010	2010 NC Eastern LC Qualifier

Girls Age 17 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:39.34	804	Marett, Emily	17	NC Unattached	7/26/2010	2010 PV AP YMCA LC Nationals
2	2:39.35	803	Giamber, Nicole	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
3	2:42.39	763	Raichle, Susannah	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
4	2:45.54	721	Linker, Katelyn	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
5	2:45.71	719	Plevka, Katherine	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
6	2:45.85	717	McDonough, Christen	17	NC SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Rank	Time	Points	Name	Age	LSC / Club	Meet Date	Meet
7	2:46.98	702	Gan, Zoe	17	NC North Carolina Aquatic Club	7/27/2010	Grand 2010 GA Southern Zone Championship
8	2:49.31	672	Byrum, Charity	17	NC Star Aquatics	7/22/2010	2010 NC Senior LC Championship
9	2:51.21	648	Carlisle, Caroline	17	NC New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
10	2:51.49	645	Mitchell, Victoria	17	NC Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial

Boys Age 17 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:26.90	804	Connor, Seth	17	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
2	2:28.22	785	Stranick, Andrew	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	2:30.63	750	Heiser, Chad	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	2:31.12	743	Nilsson, Andreas	17	NC New South Swimming	6/25/2010	2010 SC 7th Annual YSSC Firecracker
5	2:31.22	742	Stilley, Jake	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	2:32.50	724	Peterson, Jonathan	17	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
7	2:33.12	715	McCollister, Andrew	17	NC Rowan Aquatic Club - YMCA	7/26/2010	2010 PV AP YMCA LC Nationals
8	2:34.43	697	Barnes, David	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
9	2:35.17	687	Sloan, Anderson	17	NC SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter
10	2:35.61	681	Fullerton, Adam	17	NC North Carolina Aquatic Club	7/30/2010	2010 NC NCAC Tar Heel States

Girls Age 17 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:03.50	804	Blalock, Cari	17	NC Waves Of Wilmington, Inc.	5/13/2010	2010 NC Charlotte UltraSwim
2	1:03.89	790	Oslund, Victoria	17	NC YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals
3	1:04.81	758	Hoover, Meredith	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
4	1:04.87	756	Robinson, Mackenzie	17	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
5	1:05.76	725	Mascia, Nina	17	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

6	1:05.88	721	Gan, Zoe	17	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
7	1:06.05	715	Ormand, Sam	17	NC	SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
8	1:06.48	701	Linker, Katelyn	17	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
9	1:07.14	678	Howard, Chelsea	17	NC	Duke Aquatics	8/3/2010	2010 National Champs
10	1:07.24	675	York, Michelle	17	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship

Boys Age 17 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	54.65	905	Darmody, Kip	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
2	54.92	893	Glavich, Dominick	17	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
3	57.64	777	Newell, John	17	NC New South Swimming	8/9/2010	2010 Junior National Champs
4	57.72	774	Rogers, Kevin	17	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
5	57.80	770	Bonk, Joe	17	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
6	58.24	752	Hill, Tyler	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	58.28	750	Bittner, Bobby	17	NC Star Aquatics	8/9/2010	2010 Junior National Champs
8	58.62	736	Brogden, Harrison	17	NC Star Aquatics	8/9/2010	2010 Junior Nats TT
9	59.42	704	Coetzer, Stephen	17	NC Waves Of Wilmington, Inc.	8/9/2010	2010 Junior Nats TT
10	59.71	692	Mason, Christian	17	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship

Girls Age 17 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:19.61	795	Linker, Katelyn	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
2	2:20.34	784	Hoover, Meredith	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
3	2:23.05	743	Robinson, Mackenzie	17	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
4	2:24.29	725	Mascia, Nina	17	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
5	2:24.36	724	Blalock, Cari	17	NC Waves Of Wilmington, Inc.	5/13/2010	2010 NC Charlotte UltraSwim

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

6	2:24.48	722	Mitchell, Victoria	17	NC	Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
7	2:25.31	710	Smith, Meghan	17	NC	Duke Aquatics	5/1/2010	2010 NC WAVE Spring Distance-I
8	2:26.81	688	Gan, Zoe	17	NC	North Carolina Aquatic Club	7/27/2010	2010 GA Southern Zone Championship
9	2:27.97	671	York, Michelle	17	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
10	2:28.79	659	Facchine, Emily	17	NC	Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship

Boys Age 17 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:00.11	931	Darmody, Kip	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
2	2:01.17	911	Glavich, Dominick	17	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
3	2:04.78	843	Newell, John	17	NC New South Swimming	8/9/2010	2010 Junior National Champs
4	2:08.33	777	Turpin, Zane	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	2:08.38	776	Rogers, Kevin	17	NC YMCA of the Triangle Area Swim Team	8/3/2010	2010 ConocoPhillips Nats TT
6	2:08.51	774	Hill, Tyler	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
7	2:09.89	749	Mason, Christian	17	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
8	2:12.37	705	Beatty, George	17	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
9	2:14.05	675	Bittner, Bobby	17	NC Star Aquatics	7/22/2010	2010 NC Senior LC Championship
10	2:14.34	670	Brogden, Harrison	17	NC Star Aquatics	7/22/2010	2010 NC Senior LC Championship

Girls Age 17 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:22.05	823	Bussey, Torrey	17	NC Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand
2	2:23.02	805	Mitchell, Victoria	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
3	2:24.53	779	Robinson, Mackenzie	17	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
4	2:26.37	747	Oslund, Victoria	17	NC YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	2:26.45	746	Giamber, Nicole	17	NC	Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
6	2:27.60	726	Plevka, Katherine	17	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	2:28.33	713	Conway, Emily	17	NC	SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
8	2:28.61	709	Linker, Katelyn	17	NC	Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
9	2:28.98	703	Raichle, Susannah	17	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	2:29.47	694	Gan, Zoe	17	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship

Boys Age 17 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:06.41	885	Darmody, Kip	17	NC SwimMAC Carolina	8/3/2010	2010 National Champs
2	2:07.62	860	Glavich, Dominick	17	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
3	2:12.55	759	Hill, Tyler	17	NC SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand
4	2:14.51	721	Peterson, Jonathan	17	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
5	2:15.28	706	Stranick, Andrew	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	2:15.71	698	Heiser, Chad	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	2:16.16	689	Coetzer, Stephen	17	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
8	2:18.40	647	Nilsson, Andreas	17	NC New South Swimming	6/25/2010	2010 SC 7th Annual YSSC Firecracker
9	2:18.74	641	Blinn, Michael	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	2:19.00	636	Connor, Seth	17	NC YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States

Girls Age 17 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:58.26	824	Mitchell, Victoria	17	NC Marlins of Raleigh-Wolfpack Aquatics	8/3/2010	2010 National Champs
2	5:02.67	789	Linker, Katelyn	17	NC Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
3	5:05.12	769	Robinson, Mackenzie	17	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

4	5:06.32	760	Blalock, Cari	17	NC	Waves Of Wilmington, Inc.	5/13/2010	2010 NC Charlotte UltraSwim
5	5:10.10	730	York, Michelle	17	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
6	5:10.17	730	Giamber, Nicole	17	NC	Marlins of Raleigh-Wolfpack Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
7	5:11.25	722	Marett, Emily	17	NC	Unattached	7/26/2010	2010 PV AP YMCA LC Nationals
8	5:11.77	718	Oslund, Victoria	17	NC	YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals
9	5:13.54	704	Carlisle, Caroline	17	NC	New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
10	5:13.90	701	Gan, Zoe	17	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship

Boys Age 17 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:44.38	739	Nilsson, Andreas	17	NC New South Swimming	12/13/2009	2009 Junior LC Invite
2	4:46.09	724	Glavich, Dominick	17	NC YMCA of the Triangle Area Swim Team	6/26/2010	2010 NC RSA Summer Sizzle Meet
3	4:46.32	722	Turpin, Zane	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	4:46.55	720	Hill, Tyler	17	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	4:47.84	709	Darmody, Kip	17	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
6	4:55.05	648	Beatty, George	17	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
7	4:55.52	645	Mason, Christian	17	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
8	4:56.36	638	Brogden, Harrison	17	NC Star Aquatics	7/22/2010	2010 NC Senior LC Championship
9	4:57.15	631	McCollister, Andrew	17	NC Rowan Aquatic Club - YMCA	7/26/2010	2010 PV AP YMCA LC Nationals
10	4:58.52	620	Disney-Huss, Jack	17	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship

Girls Age 18 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	27.12	792	Hendren, Allison	18	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
2	27.71	741	Woodling, Bailey	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	27.77	736	Caron, Hannah	18	NC Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
4	28.15	705	Baird, Kelly Ann	18	NC Northwest NC YMCA Riptyde	3/4/2010	2010 USA Swimming Austin

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

Grand

5	28.38	686	Bloomquist, Blair	18	NC	Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
6	28.42	682	Tysinger, Emily	18	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
6	28.42	682	Smith, Meghan	18	NC	Duke Aquatics	7/22/2010	2010 NC Senior LC Championship
8	28.51	675	Hardy, Meredith	18	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
9	28.52	674	Rubel, Amanda	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	28.93	641	Burnette, KB	18	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship

Boys Age 18 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	24.29	800	Williams, Michael	18	NC Cape Fear Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
2	24.47	784	Sloan, Anderson	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	24.75	761	Disney-Huss, Kyle	18	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
4	24.85	752	Taylor, Matt	18	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
5	25.03	737	Bowden, Daniel	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	25.08	733	Boston, Brett	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	25.18	725	Baric, Michael	18	NC North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
8	25.31	714	Love, Dillon	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	25.40	706	Guthmann, Joseph	18	NC SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
10	25.41	706	White, Jake	18	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim

Girls Age 18 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	58.84	779	Henry, Sarah	18	NC Raleigh Swimming Association	7/23/2010	2010 NC Senior LC Championship
2	1:00.54	705	Hendren, Allison	18	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
3	1:01.02	685	Woodling, Bailey	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

4	1:01.08	682	Tysinger, Emily	18	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
5	1:01.18	678	Davis, Leah	18	NC	SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
6	1:01.20	677	Vance, Abby	18	NC	New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
7	1:01.59	661	Smith, Meghan	18	NC	Duke Aquatics	7/22/2010	2010 NC Senior LC Championship
8	1:01.65	658	Hardy, Meredith	18	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
9	1:01.79	652	Rubel, Amanda	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	1:02.06	641	Burnette, KB	18	NC	Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship

Boys Age 18 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	52.82	798	Stilley, J.T.	18	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
2	52.91	794	Williams, Michael	18	NC Cape Fear Aquatic Club	7/22/2010	2010 NC Senior LC Championship
3	53.08	786	Taylor, Matt	18	NC YMCA of the Triangle Area Swim Team	8/3/2010	2010 ConocoPhillips Nats TT
4	53.43	770	Boston, Brett	18	NC SwimMAC Carolina	8/10/2010	2010 Junior National Champs
5	54.45	724	Love, Dillon	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	54.47	723	Disney-Huss, Kyle	18	NC YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
7	54.55	720	Guthmann, Joseph	18	NC SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
8	54.78	710	Wrist, Andrew	18	NC SwimMAC Carolina	8/9/2010	2010 Junior Nats TT
9	54.87	706	Sloan, Anderson	18	NC SwimMAC Carolina	7/23/2010	2010 NC Senior LC Championship
9	54.87	706	Berens, Tim	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Girls Age 18 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:02.04	876	Henry, Sarah	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
2	2:04.90	807	Baird, Kelly Ann	18	NC Northwest NC YMCA Riptyde	3/4/2010	2010 USA Swimming Austin Grand
3	2:10.03	691	Houchin, Abby	18	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior Nats TT

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

4	2:10.27	686	Vance, Abby	18	NC	New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
5	2:10.34	684	Smith, Meghan	18	NC	Duke Aquatics	7/22/2010	2010 NC Senior LC Championship
6	2:10.36	684	Davis, Leah	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	2:10.82	674	Tysinger, Emily	18	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
8	2:12.97	628	Hendren, Allison	18	NC	New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
9	2:13.79	611	Cox, Court	18	NC	Stingray Aquatics	7/22/2010	2010 NC Senior LC Championship
10	2:14.88	589	Rudolph, Jacqueline	18	NC	SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter

Boys Age 18 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:55.90	792	Boston, Brett	18	NC SwimMAC Carolina	8/3/2010	2010 National Champs
2	1:56.41	780	Taylor, Matt	18	NC YMCA of the Triangle Area Swim Team	8/3/2010	2010 National Champs
3	1:56.91	768	Stilley, J.T.	18	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
4	1:57.15	763	Love, Dillon	18	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
5	1:57.88	746	Berens, Tim	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	1:58.35	736	Knop, Walker	18	NC Unattached	7/22/2010	2010 NC Senior LC Championship
7	1:58.53	732	Wrist, Andrew	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	1:59.39	712	Walters, Nathan	18	NC YMCA of the Triangle Area Swim Team	8/3/2010	2010 ConocoPhillips Nats TT
9	1:59.56	709	Gurel, Dennis	18	NC Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand
10	2:00.35	691	Mendes, Bryce	18	NC North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi

Girls Age 18 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:16.19	874	Henry, Sarah	18	NC Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand
2	4:20.78	820	Baird, Kelly Ann	18	NC Northwest NC YMCA Riptyde	3/4/2010	2010 USA Swimming Austin Grand
3	4:31.55	700	Vance, Abby	18	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

4	4:33.96	674	Cox, Court	18	NC	Stingray Aquatics	7/22/2010	2010 NC Senior LC Championship
5	4:34.07	673	Smith, Meghan	18	NC	Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States
6	4:39.48	617	Rudolph, Jacqueline	18	NC	SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter
7	4:45.06	562	Neal, Julia	18	NC	New South Swimming	7/22/2010	2010 NC Senior LC Championship
8	4:47.75	536	Vantassell, Paige	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	4:48.47	529	Hendren, Allison	18	NC	New Wave Swim Team	6/11/2010	2010 NC WAVE Capital City Invi
10	4:48.68	527	Tysinger, Emily	18	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship

Boys Age 18 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:03.84	811	Boston, Brett	18	NC SwimMAC Carolina	8/3/2010	2010 National Champs
2	4:07.37	773	Stilley, J.T.	18	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
3	4:10.93	735	Berens, Tim	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	4:11.77	726	Nilsson, Andreas	18	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
5	4:11.92	725	Yeatts, Christian	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	4:12.85	715	Love, Dillon	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	4:13.54	708	Mendes, Bryce	18	NC North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
8	4:15.67	686	Taylor, Matt	18	NC YMCA of the Triangle Area Swim Team	5/13/2010	2010 NC Charlotte UltraSwim
9	4:17.80	664	Knop, Walker	18	NC Unattached	7/22/2010	2010 NC Senior LC Championship
10	4:17.83	664	Kab, Dylan	18	NC Raleigh Swimming Association	3/4/2010	2010 USA Swimming Austin Grand

Girls Age 18 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:47.23	875	Henry, Sarah	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
2	8:50.47	857	Baird, Kelly Ann	18	NC Northwest NC YMCA Riptyde	3/4/2010	2010 USA Swimming Austin Grand
3	9:28.07	668	Cox, Court	18	NC Stingray Aquatics	7/22/2010	2010 NC Senior LC Championship
4	9:33.51	642	Smith, Meghan	18	NC Duke Aquatics	7/30/2010	2010 NC NCAC Tar Heel States

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	9:36.02	631	Vance, Abby	18	NC	New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
6	9:48.05	576	Grayson, Kristina	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	9:53.31	552	Vantassell, Paige	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	9:58.34	531	Davis, Leah	18	NC	SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
9	10:15.41	459	Lynn, Francesca	18	NC	YMCA of the Triangle Area Swim Team	7/30/2010	2010 NC NCAC Tar Heel States
10	10:19.57	442	Ralston, Madi	18	NC	Rowan Aquatic Club - YMCA	5/28/2010	2010 NC YWNC Piranha HULA Invi

Boys Age 18 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:36.39	764	Mendes, Bryce	18	NC North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
2	8:37.50	758	Nilsson, Andreas	18	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
3	8:42.02	735	Boston, Brett	18	NC Unattached	5/13/2010	2010 NC Charlotte UltraSwim
4	8:44.99	720	Knop, Walker	18	NC Unattached	7/22/2010	2010 NC Senior LC Championship
5	8:46.39	713	Stilley, J.T.	18	NC SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
6	8:49.28	698	Yeatts, Christian	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	8:55.86	666	Love, Dillon	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	9:05.68	622	Hoffer, Luke	18	NC North Carolina Aquatic Club	5/21/2010	2010 NC NCAC Meet Near the Hil
9	9:08.49	605	Adams, Tyler	18	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
10	9:14.44	577	Hart, Nathan	18	NC YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi

Girls Age 18 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	17:12.45	840	Henry, Sarah	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
2	17:26.97	802	Baird, Kelly Ann	18	NC Northwest NC YMCA Riptyde	5/13/2010	2010 NC Charlotte UltraSwim
3	18:10.31	692	Rudolph, Jacqueline	18	NC SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter
4	18:40.89	619	Grayson, Kristina	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	18:49.49	599	Vantassell, Paige	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010
LSC: NC For Dates 9/1/2009 - 8/31/2010

6 20:28.12 390 Wynn, Clara 18 NC Greensboro Community YMCA 6/25/2010 2010 NC GSA 55th Annual Easter

Boys Age 18 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	16:39.16	749	Nilsson, Andreas	18	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
2	16:39.52	748	Mendes, Bryce	18	NC North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
3	16:43.17	739	Yeatts, Christian	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	17:21.35	650	Adams, Tyler	18	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
5	18:50.62	456	Renn, Evan	18	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
6	18:51.35	455	Wilson, Sam	18	NC Twin Rivers YMCA RipTide	5/7/2010	2010 NC GOLD Long Course Open

Girls Age 18 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:02.50	932	Smith, Carly	18	NC North Carolina Aquatic Club	8/3/2010	2010 National Champs
2	1:06.83	765	Woodling, Bailey	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	1:07.01	758	Henry, Sarah	18	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
4	1:08.56	701	Blalock, Cari	18	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
5	1:08.99	686	Caron, Hannah	18	NC Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
6	1:09.21	678	Davis, Leah	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	1:09.62	664	Bussey, Torrey	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
8	1:10.50	633	Smith, Meghan	18	NC Duke Aquatics	7/22/2010	2010 NC Senior LC Championship
9	1:10.80	622	Burnette, KB	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
10	1:10.96	617	Baird, Kelly Ann	18	NC Northwest NC YMCA Riptyde	7/9/2010	2010 NC AP Upper SE Regional YMCA Ch

Boys Age 18 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:00.12	766	Love, Dillon	18	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

2	1:00.55	770	Denmark, Jordan	18	NC	New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
3	1:00.82	738	Baric, Michael	18	NC	North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
4	1:01.32	718	Boston, Brett	18	NC	Unattached	6/9/2010	2010 Barcelona Invite
5	1:02.58	670	Jones, Christian	18	NC	Northwest NC YMCA Riptyde	7/26/2010	2010 PV AP YMCA LC Nationals
6	1:02.71	665	Peterson, Brian	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	1:02.77	663	Williams, Michael	18	NC	Cape Fear Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
8	1:03.20	647	Bowden, Daniel	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	1:03.29	643	Stilley, J.T.	18	NC	SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
10	1:03.93	619	Hart, Nathan	18	NC	YMCA of Western North Carolina	6/25/2010	2010 SE NAC Summer Sizzler

Girls Age 18 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:15.42	900	Smith, Carly	18	NC North Carolina Aquatic Club	8/3/2010	2010 National Champs
2	2:17.94	857	Baird, Kelly Ann	18	NC Northwest NC YMCA Riptyde	3/4/2010	2010 USA Swimming Austin Grand
3	2:23.42	768	Henry, Sarah	18	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
4	2:27.73	699	Blalock, Cari	18	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
5	2:31.48	642	Smith, Meghan	18	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
6	2:33.17	616	Bussey, Torrey	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
7	2:34.05	603	Cooper, Casey	18	NC Sandhills Sand Sharks	7/9/2010	2010 MD ASC/RAC Sand Box Invitati
8	2:34.21	600	Huther, Alicia	18	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
9	2:35.27	585	Rudolph, Jacqueline	18	NC SwimMAC Carolina	6/11/2010	2010 NC WAVE Capital City Invi
10	2:35.37	583	Woodling, Bailey	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Boys Age 18 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:09.30	779	Love, Dillon	18	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

2	2:14.50	692	Denmark, Jordan	18	NC	New Wave Swim Team	5/21/2010	2010 NC NCAC Meet Near the Hil
3	2:16.01	656	Peterson, Brian	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	2:16.84	641	Jones, Christian	18	NC	Northwest NC YMCA Riptyde	7/26/2010	2010 PV AP YMCA LC Nationals
5	2:18.59	610	Wrist, Andrew	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	2:19.81	589	Kallam, Taft	18	NC	High Point Swim Club	7/30/2010	2010 NC HPSC Tar Heel States-W
7	2:21.63	558	Baric, Michael	18	NC	North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
8	2:21.76	556	Wilson, Sam	18	NC	Twin Rivers YMCA RipTide	7/26/2010	2010 PV AP YMCA LC Nationals
9	2:22.92	537	Hart, Nathan	18	NC	YMCA of Western North Carolina	5/28/2010	2010 NC YWNC Piranha HULA Invi
10	2:23.36	529	Rowan, Hunter	18	NC	Stingray Aquatics	7/22/2010	2010 NC Senior LC Championship

Girls Age 18 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:13.63	799	McDonough, Christen	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
2	1:13.98	788	Henry, Sarah	18	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
3	1:15.37	747	Houchin, Abby	18	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
4	1:16.15	724	Davis, Leah	18	NC SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand
5	1:16.17	723	Bussey, Torrey	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
6	1:17.28	691	Rubel, Amanda	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	1:19.26	634	Conway, Emily	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	1:19.38	630	Smith, Meghan	18	NC Duke Aquatics	7/22/2010	2010 NC Senior LC Championship
9	1:20.73	593	Huther, Alicia	18	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
10	1:21.48	572	Neal, Julia	18	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship

Boys Age 18 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:05.20	853	Sloan, Anderson	18	NC SwimMAC Carolina	8/3/2010	2010 ConocoPhillips Nats TT
2	1:06.63	804	Matysek, Jake	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

3	1:07.87	762	Hoffer, Luke	18	NC	North Carolina Aquatic Club	12/13/2009	2009 Junior LC Invite
4	1:08.27	749	Wrist, Andrew	18	NC	SwimMAC Carolina	8/9/2010	2010 Junior Nats TT
5	1:08.74	733	Knop, Walker	18	NC	Unattached	7/22/2010	2010 NC Senior LC Championship
6	1:08.76	732	Fleming, Tyler	18	NC	SwimMAC Carolina	8/9/2010	2010 Junior National Champs
7	1:09.40	711	Baric, Michael	18	NC	North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
8	1:10.08	689	Nilsson, Andreas	18	NC	New South Swimming	7/22/2010	2010 NC Senior LC Championship
9	1:11.10	656	Key, J	18	NC	YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals
10	1:11.27	650	Hites, Kyle	18	NC	Swim Lenoir	7/30/2010	2010 NC WCSA Champs

Girls Age 18 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:35.40	857	Henry, Sarah	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
2	2:42.24	765	Houchin, Abby	18	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior National Champs
3	2:42.76	758	McDonough, Christen	18	NC SwimMAC Carolina	8/9/2010	2010 Junior Nats TT
4	2:45.24	725	Bussey, Torrey	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
5	2:45.75	719	Caron, Hannah	18	NC Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
6	2:47.33	698	Davis, Leah	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	2:49.99	664	Neal, Julia	18	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
8	2:50.27	660	Smith, Meghan	18	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
9	2:51.62	643	Huther, Alicia	18	NC New Wave Swim Team	5/1/2010	2010 NC WAVE Spring Distance-I
10	2:51.71	642	Conway, Emily	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Boys Age 18 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:22.05	868	Hoffer, Luke	18	NC North Carolina Aquatic Club	5/13/2010	2010 NC Charlotte UltraSwim
2	2:24.82	828	Matysek, Jake	18	NC SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

3	2:25.07	824	Sloan, Anderson	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	2:30.09	752	Nilsson, Andreas	18	NC	New South Swimming	7/22/2010	2010 NC Senior LC Championship
5	2:30.73	743	Knop, Walker	18	NC	Unattached	7/22/2010	2010 NC Senior LC Championship
6	2:32.66	716	Fleming, Tyler	18	NC	SwimMAC Carolina	8/9/2010	2010 Junior Nats TT
7	2:34.46	691	Key, J	18	NC	YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals
8	2:34.70	687	Baric, Michael	18	NC	North Carolina Aquatic Club	6/25/2010	2010 NC GSA 55th Annual Easter
9	2:38.59	634	Mendes, Bryce	18	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
10	2:39.76	618	Wrist, Andrew	18	NC	SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter

Girls Age 18 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:03.03	820	Smith, Carly	18	NC North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
2	1:03.67	798	Blalock, Cari	18	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
3	1:03.76	795	Caron, Hannah	18	NC Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
4	1:03.86	791	Henry, Sarah	18	NC Raleigh Swimming Association	5/13/2010	2010 NC Charlotte UltraSwim
5	1:05.00	751	Woodling, Bailey	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
6	1:05.05	750	Smith, Meghan	18	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
7	1:07.71	659	Hendren, Allison	18	NC New Wave Swim Team	7/22/2010	2010 NC Senior LC Championship
8	1:08.22	642	Conway, Emily	18	NC SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter
9	1:08.38	637	Baird, Kelly Ann	18	NC Northwest NC YMCA Riptyde	6/18/2010	2010 NC HPSC Furniture City In
10	1:09.21	610	Burnette, KB	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship

Boys Age 18 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	56.26	820	Hart, Nathan	18	NC YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals
2	57.69	760	Wrist, Andrew	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
3	58.81	714	Boston, Brett	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

4	59.12	701	Yeatts, Christian	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	59.52	685	Ruhm, William	18	NC	Greensboro Swimming Assoc	7/22/2010	2010 NC Senior LC Championship
6	59.87	671	Disney-Huss, Kyle	18	NC	YMCA of the Triangle Area Swim Team	7/22/2010	2010 NC Senior LC Championship
7	59.92	669	Baric, Michael	18	NC	North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
8	1:00.00	666	White, Jake	18	NC	SwimMAC Carolina	5/13/2010	2010 NC Charlotte UltraSwim
9	1:00.12	661	Rowan, Hunter	18	NC	Stingray Aquatics	7/22/2010	2010 NC Senior LC Championship
10	1:00.23	657	Shuman, Eric	18	NC	YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals

Girls Age 18 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:17.74	824	Smith, Carly	18	NC North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
2	2:17.86	822	Henry, Sarah	18	NC Raleigh Swimming Association	7/30/2010	2010 NC NCAC Tar Heel States
3	2:19.26	800	Smith, Meghan	18	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
4	2:24.29	725	Blalock, Cari	18	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
5	2:28.14	669	Caron, Hannah	18	NC Unattached	6/18/2010	2010 CO GJD Invitational
6	2:28.79	659	Grayson, Kristina	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
7	2:32.48	606	Lee, Hannah	18	NC Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
8	2:37.07	542	Baird, Kelly Ann	18	NC Northwest NC YMCA Riptyde	6/18/2010	2010 NC HPSC Furniture City In
9	2:43.83	451	Vantassell, Paige	18	NC SwimMAC Carolina	6/25/2010	2010 NC GSA 55th Annual Easter
10	2:53.76	325	Quaranto, Brittney	18	NC SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W

Boys Age 18 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:05.53	821	Hart, Nathan	18	NC YMCA of Western North Carolina	8/3/2010	2010 National Champs
2	2:05.68	818	Boston, Brett	18	NC SwimMAC Carolina	8/3/2010	2010 National Champs
3	2:07.85	778	Wrist, Andrew	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

4	2:09.39	750	Yeatts, Christian	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	2:13.72	673	Rowan, Hunter	18	NC	Stingray Aquatics	7/22/2010	2010 NC Senior LC Championship
6	2:15.61	640	Baric, Michael	18	NC	North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
7	2:16.18	631	Shuman, Eric	18	NC	YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals
8	2:16.66	622	Stilley, J.T.	18	NC	SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
9	2:17.94	601	Creidler, Nick	18	NC	Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
10	2:19.46	575	Walters, Nathan	18	NC	YMCA of the Triangle Area Swim Team	6/26/2010	2010 NC RSA Summer Sizzle Meet

Girls Age 18 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:18.35	879	Henry, Sarah	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
2	2:22.37	806	Caron, Hannah	18	NC Raleigh Swimming Association	6/26/2010	2010 NC RSA Summer Sizzle Meet
3	2:24.98	760	Smith, Meghan	18	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
4	2:25.14	758	Baird, Kelly Ann	18	NC Northwest NC YMCA Riptyde	3/4/2010	2010 USA Swimming Austin Grand
5	2:25.46	752	Blalock, Cari	18	NC Waves Of Wilmington, Inc.	7/22/2010	2010 NC Senior LC Championship
6	2:27.43	718	Bussey, Torrey	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
7	2:27.55	716	Davis, Leah	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	2:27.64	715	Houchin, Abby	18	NC YMCA of the Triangle Area Swim Team	8/9/2010	2010 Junior Nats TT
9	2:32.23	638	Rubel, Amanda	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	2:32.84	628	Neal, Julia	18	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship

Boys Age 18 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:07.39	853	Hart, Nathan	18	NC YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals
2	2:12.27	754	Baric, Michael	18	NC North Carolina Aquatic Club	7/22/2010	2010 NC Senior LC Championship
3	2:13.12	737	Knop, Walker	18	NC Unattached	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

4	2:14.27	714	Fleming, Tyler	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	2:14.33	713	Nilsson, Andreas	18	NC	New South Swimming	7/22/2010	2010 NC Senior LC Championship
6	2:14.46	711	Mendes, Bryce	18	NC	North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
7	2:14.65	707	Wrist, Andrew	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	2:15.42	692	Stilley, J.T.	18	NC	SwimMAC Carolina	12/13/2009	2009 Junior LC Invite
9	2:16.33	675	Berens, Tim	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
10	2:16.42	673	Matysek, Jake	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship

Girls Age 18 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:51.32	880	Henry, Sarah	18	NC Raleigh Swimming Association	7/22/2010	2010 NC Senior LC Championship
2	5:01.38	799	Baird, Kelly Ann	18	NC Northwest NC YMCA Riptyde	6/9/2010	2010 Barcelona Invite
3	5:03.65	781	Smith, Meghan	18	NC Duke Aquatics	7/15/2010	2010 GA Long Course Speedo Champi
4	5:19.36	660	Grayson, Kristina	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
5	5:20.36	653	Neal, Julia	18	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
6	5:27.85	598	Figuers, Cameron	18	NC Marlins of Raleigh-Wolfpack Aquatics	7/22/2010	2010 NC Senior LC Championship
7	5:29.69	584	Rubel, Amanda	18	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
8	5:29.86	583	Vantassell, Paige	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
9	5:32.85	562	Lee, Hannah	18	NC Marlins of Raleigh-Wolfpack Aquatics	6/18/2010	2010 GA Edwin C. Cuttino Memorial
10	5:34.41	551	Davis, Leah	18	NC SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita

Boys Age 18 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:35.50	818	Hart, Nathan	18	NC YMCA of Western North Carolina	7/26/2010	2010 PV AP YMCA LC Nationals
2	4:39.99	778	Nilsson, Andreas	18	NC New South Swimming	7/22/2010	2010 NC Senior LC Championship
3	4:42.62	754	Wrist, Andrew	18	NC SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
4	4:43.10	750	Knop, Walker	18	NC Unattached	7/22/2010	2010 NC Senior LC Championship

Top Times August 31 2010

LSC: NC For Dates 9/1/2009 - 8/31/2010

5	4:44.41	739	Mendes, Bryce	18	NC	North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
6	4:48.19	706	Baric, Michael	18	NC	North Carolina Aquatic Club	7/15/2010	2010 GA Long Course Speedo Champi
7	4:48.66	702	Fleming, Tyler	18	NC	SwimMAC Carolina	7/22/2010	2010 NC Senior LC Championship
8	4:50.21	689	Stilley, J.T.	18	NC	SwimMAC Carolina	5/7/2010	2010 NC NSS Long Course Invita
9	4:53.42	662	Yeatts, Christian	18	NC	SwimMAC Carolina	7/30/2010	2010 NC HPSC Tar Heel States-W
10	5:00.87	601	Boston, Brett	18	NC	Unattached	6/25/2010	2010 NC GSA 55th Annual Easter