

## Individual Top Times

Times since: 01-Jan-10

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
<b>Women 8 &amp; Under 50 Free</b>								
1	40.75 L	F	Wen, Melody	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
2	41.73 L	F	Guo, Vivian	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
3	42.86 L	F	Johnson, Ana	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
4	45.04 L	F	Van Luvender, Harley	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
5	46.22 L	F	Smith, Corina	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
6	49.93 L	F	Kong, Melissa	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
7	50.44 L	F	Dunphy, Josie	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	52.09 L	F	Li, Mona	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
9	53.35 L	F	Asbill, Katie	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	53.38 L	F	Joyner, Maralee	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Women 8 &amp; Under 100 Free</b>								
1	1:28.91 L	F	Guo, Vivian	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
2*	1:34.74 L	F	Wen, Melody	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
2*	1:34.74 L	F	Johnson, Ana	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
4	1:41.27 L	F	Smith, Corina	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
5	1:42.98 L	F	Van Luvender, Harley	8	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
6	1:53.58 L	F	Joyner, Maralee	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	2:09.47 L	F	Asbill, Katie	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 8 &amp; Under 200 Free</b>								
1	3:01.42 L	F	Guo, Vivian	8	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
2	3:33.10 L	F	Wen, Melody	7	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
3	3:39.16 L	F	Johnson, Ana	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Women 8 &amp; Under 50 Back</b>								
1	45.61 L	F	Guo, Vivian	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
2	45.74 L	F	Wen, Melody	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
3	49.92 L	F	Johnson, Ana	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
4	51.89 L	F	Smith, Corina	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
5	52.78 L	F	Van Luvender, Harley	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
6	54.83 L	F	Joyner, Maralee	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	55.21 L	F	Han, Amy	7	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
8	55.44 L	F	Kong, Melissa	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	58.13 L	F	Asbill, Katie	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	59.38 L	F	Li, Mona	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Women 8 &amp; Under 100 Back</b>								
1	1:36.02 L	F	Guo, Vivian	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
2	1:39.63 L	F	Wen, Melody	7	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
3	1:46.91 L	F	Johnson, Ana	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
4	1:57.33 L	F	Smith, Corina	7	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Women 8 &amp; Under 50 Breast</b>								
1	51.45 L	F	Johnson, Ana	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
2	54.53 L	F	Guo, Vivian	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
3	55.77 L	F	Smith, Corina	7	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
4	58.00 L	F	Wen, Melody	7	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
5	59.40 L	F	Kong, Melissa	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
6	59.52 L	F	Van Luvender, Harley	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
7	1:01.79 L	F	Li, Karen	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	1:02.67 L	F	Li, Mona	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
9	1:03.35 L	F	Dunphy, Josie	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	1:04.24 L	F	Joyner, Maralee	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Women 8 &amp; Under 100 Breast</b>								
1	1:53.94 L	F	Johnson, Ana	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	

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	Time	P/F/S	Name	Age/Yr				
2	1:57.17 L	F	Guo, Vivian	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
3	1:58.59 L	F	Smith, Corina	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
4	2:03.63 L	F	Wen, Melody	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
5	2:11.91 L	F	Van Luvender, Harley	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
6	2:18.81 L	F	Joyner, Maralee	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Women 8 &amp; Under 50 Fly</b>								
1	44.21 L	F	Guo, Vivian	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
2	50.61 L	F	Smith, Corina	7	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
3	51.00 L	F	Wen, Melody	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
4	52.06 L	F	Johnson, Ana	8	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
5	55.36 L	F	Li, Mona	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
6	55.45 L	F	Van Luvender, Harley	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
7	57.12 L	F	Joyner, Maralee	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
8	58.21 L	F	Han, Amy	7	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
9	1:04.47 L	F	Asbill, Katie	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	1:04.49 L	F	Dunphy, Josie	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Women 8 &amp; Under 100 Fly</b>								
1	1:42.09 L	F	Guo, Vivian	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Women 8 &amp; Under 200 IM</b>								
1	3:28.79 L	F	Guo, Vivian	8	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
2	4:00.34 L	F	Johnson, Ana	8	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Women 9-10 50 Free</b>								
1	33.11 L	F	Laino, Savannah	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
2	33.12 L	F	Ssengonzi, Rebecca	9	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	33.35 L	F	Carter, Olivia	9	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
4	35.30 L	F	Walko, Nicole	10	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
5	35.54 L	F	Mathews, Olivia	10	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
6	35.61 L	F	Murphy, Ashling	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
7	35.66 L	F	Webb, Nicole	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
8	35.93 L	F	Pilecki, Sarah	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
9	35.99 L	F	Watts, Charlotte	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
10	37.15 L	F	Dixon, Sonoma	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Women 9-10 100 Free</b>								
1	1:14.16 L	F	Ssengonzi, Rebecca	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	1:15.82 L	F	Carter, Olivia	9	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
3	1:16.46 L	F	Laino, Savannah	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
4	1:19.14 L	F	Walko, Nicole	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	1:19.16 L	F	Mathews, Olivia	10	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
6	1:20.84 L	F	Pilecki, Sarah	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
7	1:22.87 L	F	Watts, Charlotte	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
8	1:24.35 L	F	Van Tassel, Lindsey	10	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
9	1:24.82 L	F	Murphy, Ashling	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	1:31.78 L	F	Wen, Emily	9	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 9-10 200 Free</b>								
1	2:39.64 L	F	Ssengonzi, Rebecca	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	2:46.36 L	F	Laino, Savannah	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	2:46.73 L	F	Carter, Olivia	9	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
4	2:53.67 L	F	Walko, Nicole	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	2:55.33 L	F	Pilecki, Sarah	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
6	2:55.53 L	F	Mathews, Olivia	10	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
7	2:56.23 L	F	Harr, Morgan	10	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
8	3:17.93 L	F	Wen, Emily	9	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	

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	Time	P/F/S	Name	Age/Yr				
<b>Women 9-10 400 Free</b>								
1	5:40.87 L	F	Carter, Olivia	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	6:19.98 L	F	Pilecki, Sarah	9	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Women 9-10 50 Back</b>								
1	37.31 L	F	Carter, Olivia	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	39.80 L	F	Laino, Savannah	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	40.41 L	F	Webb, Nicole	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
4	40.72 L	F	Mathews, Olivia	10	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
5	41.54 L	F	Watts, Charlotte	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
6	42.11 L	F	Harr, Morgan	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	42.13 L	F	Walko, Nicole	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	42.31 L	F	Dixon, Sonoma	10	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
9	44.71 L	F	Murphy, Ashling	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	44.97 L	F	Van Tassel, Lindsey	10	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
<b>Women 9-10 100 Back</b>								
1	1:21.36 L	F	Carter, Olivia	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	1:23.90 L	F	Ssengonzi, Rebecca	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	1:26.08 L	F	Laino, Savannah	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
4	1:26.41 L	F	Webb, Nicole	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
5	1:30.26 L	F	Watts, Charlotte	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
6	1:30.98 L	F	Harr, Morgan	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
7	1:31.22 L	F	Mathews, Olivia	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	1:32.06 L	F	Dixon, Sonoma	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
9	1:32.48 L	F	Walko, Nicole	10	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
10	1:35.19 L	F	Pilecki, Sarah	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Women 9-10 50 Breast</b>								
1	40.40 L	F	Ssengonzi, Rebecca	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	42.25 L	F	Walko, Nicole	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
3	45.92 L	F	Murphy, Ashling	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
4	47.30 L	F	Harr, Morgan	10	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
5	48.38 L	F	Watts, Charlotte	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
6	49.86 L	F	Mathews, Olivia	10	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
7	50.04 L	F	Laino, Savannah	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	50.73 L	F	Wei, Vivian	9	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
9	50.82 L	F	Webb, Nicole	10	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
10	51.32 L	F	Dixon, Sonoma	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Women 9-10 100 Breast</b>								
1	1:30.37 L	F	Ssengonzi, Rebecca	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	1:31.98 L	F	Walko, Nicole	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
3	1:40.84 L	F	Murphy, Ashling	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
4	1:42.74 L	F	Harr, Morgan	10	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
5	1:44.43 L	F	Mathews, Olivia	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
6	1:44.53 L	F	Watts, Charlotte	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
7	1:50.62 L	F	Laino, Savannah	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	2:01.55 L	F	Wen, Emily	9	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	2:05.35 L	F	Bowen, Grace	9	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	2:07.53 L	F	Kartawira, Karin	9	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Women 9-10 200 Breast</b>								
1	3:21.61 L	F	Walko, Nicole	10	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Women 9-10 50 Fly</b>								
1	34.64 L	F	Ssengonzi, Rebecca	9	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
2	35.28 L	F	Carter, Olivia	9	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	

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Times since: 01-Jan-10

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
3	37.78 L	F	Webb, Nicole	10	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
4	39.43 L	F	Walko, Nicole	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
5	39.76 L	F	Watts, Charlotte	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
6	40.93 L	F	Mathews, Olivia	10	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
7	41.66 L	F	Harr, Morgan	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
8	42.75 L	F	Pilecki, Sarah	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
9	43.40 L	F	Wei, Vivian	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	44.60 L	F	Laino, Savannah	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
<b>Women 9-10 100 Fly</b>								
1	1:17.28 L	F	Ssengonzi, Rebecca	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	1:21.00 L	F	Carter, Olivia	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	1:31.20 L	F	Watts, Charlotte	10	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	1:31.21 L	F	Webb, Nicole	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
5	1:31.49 L	F	Walko, Nicole	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	1:39.15 L	F	Harr, Morgan	10	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
7	1:40.75 L	F	Pilecki, Sarah	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
8	1:43.22 L	F	Wei, Vivian	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	1:44.24 L	F	Laino, Savannah	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
10	1:50.44 L	F	Roberts, Alexandra	9	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 9-10 200 IM</b>								
1	2:50.22 L	F	Ssengonzi, Rebecca	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	3:04.67 L	F	Carter, Olivia	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	3:06.60 L	F	Walko, Nicole	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
4	3:09.51 L	F	Webb, Nicole	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
5	3:13.57 L	F	Harr, Morgan	10	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
6	3:14.84 L	F	Laino, Savannah	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	3:15.38 L	F	Watts, Charlotte	10	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
8	3:20.96 L	F	Mathews, Olivia	10	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
<b>Women 11-12 50 Free</b>								
1	28.90 L L	F	Ding, Stephanie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	29.00 L	F	Ortega, Melissa	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	31.33 L	F	Godlewski, Katie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	31.48 L	F	Lindem, Sophie	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	31.59 L	F	Quint, Kristen	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
6	32.11 L	F	Hatt, Lindsay Ann	11	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
7	32.14 L	F	Li, Cynthia	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	32.26 L L	F	Hair, Olivia	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
9	32.72 L	F	Moore, Kate R	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	33.36 L	F	Poole, Julia	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 11-12 100 Free</b>								
1	1:02.02 L	F	Ortega, Melissa	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	1:03.59 L	F	Ding, Stephanie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	1:07.48 L	F	Quint, Kristen	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	1:08.48 L	F	Lindem, Sophie	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
5	1:09.36 L L	F	Hair, Olivia	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
6	1:09.59 L	F	Hoff, Erica	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
7	1:09.91 L	F	Godlewski, Katie	12	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
8	1:11.23 L	F	Moore, Kate R	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	1:11.45 L	F	Li, Cynthia	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
10	1:12.02 L	F	Hatt, Lindsay Ann	11	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
<b>Women 11-12 200 Free</b>								
1	2:15.03 L	F	Ortega, Melissa	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	2:24.36 L	F	Quint, Kristen	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	

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3	2:24.93 L	F	Ding, Stephanie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	2:29.45 L	F	Godlewski, Katie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
5	2:29.69 L	F	Hair, Olivia	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
6	2:31.68 L	F	Moore, Kate R	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	2:35.08 L	F	Lindem, Sophie	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	2:41.94 L	F	Wombacher, Sierra	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
9	2:44.91 L	F	Hatt, Lindsay Ann	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	2:46.23 L	F	Diacumakos, Alex	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
<b>Women 11-12 400 Free</b>								
1	4:45.84 L	F	Ortega, Melissa	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	5:04.64 L	F	Quint, Kristen	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	5:06.87 L	F	Hoff, Erica	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
4	5:10.62 L	F	Godlewski, Katie	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	5:12.28 L	F	Hair, Olivia	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
6	5:13.15 L	F	Moore, Kate R	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
7	5:17.96 L	F	Lindem, Sophie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
8	5:18.67 L	F	Ding, Stephanie	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
9	5:35.43 L	F	Hatt, Lindsay Ann	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	5:41.25 L	F	Wombacher, Sierra	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Women 11-12 800 Free</b>								
1	9:56.02 L	F	Ortega, Melissa	12	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Women 11-12 1500 Free</b>								
1	18:55.65 L	F	Ortega, Melissa	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 11-12 50 Back</b>								
1	34.32 L	F	Ortega, Melissa	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	35.83 L	F	Hoff, Erica	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
3	36.07 L	F	Ding, Stephanie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	36.40 L	F	Hatt, Lindsay Ann	11	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
5	36.41 L	F	Quint, Kristen	12	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
6	37.15 L	F	Moore, Kate R	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
7	37.28 L	F	Godlewski, Katie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
8	37.30 L	F	Hair, Olivia	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
9	37.70 L	F	Diacumakos, Alex	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
10	38.69 L	F	Lindem, Sophie	12	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
<b>Women 11-12 100 Back</b>								
1	1:13.14 L	F	Ortega, Melissa	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	1:13.35 L	F	Quint, Kristen	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	1:16.22 L	F	Ding, Stephanie	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
4	1:16.90 L	F	Hoff, Erica	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
5	1:17.03 L	F	Hair, Olivia	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
6	1:18.90 L L	F	Moore, Kate R	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
7	1:18.92 L	F	Hatt, Lindsay Ann	11	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
8	1:19.81 L	F	Godlewski, Katie	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
9	1:20.64 L	F	Diacumakos, Alex	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
10	1:21.47 L	F	Wombacher, Sierra	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 11-12 200 Back</b>								
1	2:36.54 L	F	Ortega, Melissa	12	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
2	2:37.92 L	F	Quint, Kristen	12	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
3	2:49.54 L	F	Moore, Kate R	11	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
4	2:59.58 L	F	Lindem, Sophie	12	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Women 11-12 50 Breast</b>								
1	37.71 L	F	Ding, Stephanie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	

### Individual Top Times

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	Time	P/F/S	Name	Age/Yr				
2	40.13 L	F	Poole, Julia	11	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
3	40.32 L	F	Li, Cynthia	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
4	40.67 L	F	Lindem, Sophie	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
5	41.40 L	F	Hoff, Erica	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	41.42 L	F	Godlewski, Katie	12	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
7*	41.59 L	F	Quint, Kristen	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
7*	41.59 L	F	Hair, Olivia	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	42.07 L	F	Moore, Kate R	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	42.51 L	F	Hatt, Lindsay Ann	12	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Women 11-12 100 Breast</b>								
1	1:24.09 L	F	Li, Cynthia	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
2	1:24.58 L	F	Ding, Stephanie	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	1:25.68 L	F	Quint, Kristen	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	1:27.36 L	F	Lindem, Sophie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
5	1:27.44 L	F	Godlewski, Katie	12	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
6	1:27.45 L	F	Hair, Olivia	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
7	1:29.54 L	F	Moore, Kate R	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
8	1:33.70 L	F	Heeley, Lexie	12	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
9	1:34.07 L	F	Hatt, Lindsay Ann	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	1:35.88 L	F	Day, Hannah	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Women 11-12 200 Breast</b>								
1	3:05.55 L	F	Quint, Kristen	12	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
2	3:18.19 L	F	Lindem, Sophie	12	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
3	4:06.33 L	F	Little, Ashley	11	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Women 11-12 50 Fly</b>								
1	33.41 L	F	Ortega, Melissa	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
2	33.87 L	F	Ding, Stephanie	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	34.10 L	F	Lindem, Sophie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	34.57 L	F	Godlewski, Katie	12	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
5	34.85 L	F	Hoff, Erica	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	35.07 L	F	Moore, Kate R	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
7	35.78 L	F	Quint, Kristen	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
8	36.31 L	F	Hair, Olivia	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	36.95 L	F	Hatt, Lindsay Ann	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
10	38.78 L	F	Day, Hannah	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 11-12 100 Fly</b>								
1	1:12.17 L	F	Ortega, Melissa	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	1:16.78 L	F	Quint, Kristen	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	1:18.66 L	F	Lindem, Sophie	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
4	1:19.93 L	F	Moore, Kate R	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
5	1:23.07 L	F	Hair, Olivia	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
6	1:27.51 L	F	Godlewski, Katie	12	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
7	1:31.99 L	F	Day, Hannah	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
8	1:32.61 L	F	Heeley, Lexie	12	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
9	1:34.85 L	F	Hatt, Lindsay Ann	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
10	1:36.30 L	F	Diacumakos, Alex	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
<b>Women 11-12 200 Fly</b>								
1	2:52.52 L	F	Ortega, Melissa	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 11-12 200 IM</b>								
1	2:33.68 L	F	Ortega, Melissa	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	2:37.52 L	F	Quint, Kristen	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	2:43.60 L	F	Godlewski, Katie	12	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	

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	Time	P/F/S	Name	Age/Yr			
4	2:43.89 L	F	Hoff, Erica	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
5	2:45.49 L	F	Moore, Kate R	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
6	2:45.95 L	F	Hair, Olivia	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
7	2:46.90 L	F	Lindem, Sophie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
8	2:51.12 L	F	Li, Cynthia	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
9	2:51.27 L	F	Hatt, Lindsay Ann	12	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
10	3:01.42 L	F	Diacumakos, Alex	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
<b>Women 11-12 400 IM</b>							
1	5:29.03 L	F	Ortega, Melissa	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	5:37.85 L	F	Quint, Kristen	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
3	5:52.65 L	F	Moore, Kate R	11	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
4	5:57.32 L	F	Lindem, Sophie	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
5	7:33.23 L	F	Dixon, Sonoma	11	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier
<b>Women 13-14 50 Free</b>							
1	27.49 L	F	Hatt, Rachel	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	28.39 L L	F	Moore, Hannah	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
3	28.84 L	F	Monty, Caitlin	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	29.07 L	P	Barham, Jordyn	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
5	29.41 L	F	Siemek, Elaine	14	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
6	29.74 L	F	Owens, Megan	14	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
7	30.04 L	F	Strickland, Julianne	14	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
8	30.16 L	F	Shaw, Rachel	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
9	30.17 L	F	Tschoke, Victoria	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	30.26 L	F	Catella, Carly	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
<b>Women 13-14 100 Free</b>							
1	1:02.04 L	F	Moore, Hannah	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
2	1:02.16 L	F	Hatt, Rachel	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
3	1:02.33 L	F	Barham, Jordyn	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	1:03.00 L L	F	Owens, Megan	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
5	1:03.71 L	F	Siemek, Elaine	14	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
6	1:03.84 L	P	Catella, Carly	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
7	1:05.02 L	F	Monty, Caitlin	14	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
8	1:05.36 L	P	Williams, Emma	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
9	1:05.65 L	P	DeForest, Leigh	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
10	1:06.39 L	P	Shaw, Rachel	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
<b>Women 13-14 200 Free</b>							
1	2:12.83 L	P	Moore, Hannah	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	2:13.93 L	F	Barham, Jordyn	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
3	2:15.57 L	P	Owens, Megan	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
4	2:15.90 L	F	Hatt, Rachel	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	2:16.30 L	P	Catella, Carly	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
6	2:17.81 L	F	Williams, Emma	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
7	2:20.30 L	F	Strickland, Julianne	14	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
8	2:21.58 L	F	Pelt, Libby	13	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
9	2:21.82 L L	F	DeForest, Leigh	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
10	2:23.62 L	F	Tschoke, Victoria	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
<b>Women 13-14 400 Free</b>							
1	4:37.32 L	P	Moore, Hannah	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	4:44.95 L	F	Owens, Megan	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
3	4:48.23 L	P	Catella, Carly	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
4	4:49.37 L	F	Barham, Jordyn	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
5	4:50.76 L	F	Hatt, Rachel	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
6	4:52.46 L	F	Williams, Emma	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee

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	Time	P/F/S	Name	Age/Yr				
7	4:54.20 L	P	Strickland, Julianne	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
8	4:55.40 L	P	Pelt, Libby	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
9	4:59.19 L	F	Castelloe, Emily	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	5:02.48 L	F	Hoff, Erica	13	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Women 13-14 800 Free</b>								
1	9:29.65 L	F	Moore, Hannah	13	RSA NC	7/27/2010	2010 SZ Age Group Championships	
2	9:43.19 L	F	Hatt, Rachel	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	9:50.42 L	F	Williams, Emma	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	10:04.55 L	F	Strickland, Julianne	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
5	10:23.31 L	F	Castelloe, Emily	14	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
6	10:26.07 L	F	Pelt, Libby	13	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
7	11:07.68 L	F	Monty, Caitlin	14	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Women 13-14 1500 Free</b>								
1	18:05.40 L	F	Moore, Hannah	13	RSA NC	5/1/2010	2010 NC WAVE Spring Distance-IMX	
2	19:28.47 L	F	Williams, Emma	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 13-14 50 Back</b>								
1	31.91 L	F	Tschoke, Victoria	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
2	33.21 L L	F	Moore, Hannah	13	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
3	33.35 L	F	Shaw, Rachel	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
4	34.19 L	F	Monty, Caitlin	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	34.25 L	F	DeForest, Leigh	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
6	35.44 L	F	Siemek, Elaine	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
7	37.35 L	F	Pelt, Libby	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	37.46 L	F	Castelloe, Emily	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
9	40.00 L	F	Wurst, Alyssa	13	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
10	41.08 L	F	Cook, Amanda	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Women 13-14 100 Back</b>								
1	1:06.64 L	F	Moore, Hannah	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	1:06.73 L	F	Tschoke, Victoria	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	1:11.25 L	P	Barham, Jordyn	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	1:12.03 L	P	Hatt, Rachel	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
5	1:13.15 L	P	Williams, Emma	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
6	1:13.30 L L	F	DeForest, Leigh	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
7	1:13.43 L	P	Shaw, Rachel	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	1:14.01 L	P	Hoff, Erica	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
9	1:14.14 L	F	Strickland, Julianne	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
10	1:14.32 L	P	Catella, Carly	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
<b>Women 13-14 200 Back</b>								
1	2:21.25 L	F	Moore, Hannah	13	RSA NC	7/22/2010	2010 NC Senior LC Championships	
2	2:25.18 L	F	Tschoke, Victoria	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	2:31.54 L	F	Hatt, Rachel	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
4	2:31.61 L	F	Barham, Jordyn	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	2:37.38 L	F	DeForest, Leigh	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
6	2:37.83 L	F	Owens, Megan	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
7	2:39.00 L	P	Hoff, Erica	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
8	2:39.05 L	F	Williams, Emma	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	2:39.63 L	F	Shaw, Rachel	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	2:40.95 L	F	Strickland, Julianne	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Women 13-14 50 Breast</b>								
1	40.13 L	P	Walko, Danielle	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
2	40.54 L	P	Monty, Caitlin	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	43.85 L	F	Comis, Mary	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	

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	Time	P/F/S	Name	Age/Yr				
4	44.31 L	F	Goodwin, Casey	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	47.07 L	F	Cook, Amanda	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	49.29 L	F	Cook, Nickie	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
7	51.47 L	F	Martin, Bethany	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 13-14 100 Breast</b>								
1	1:19.96 L	F	Barham, Jordyn	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
2	1:23.86 L	F	Moore, Hannah	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
3	1:24.96 L	P	Tschoke, Victoria	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	1:25.03 L	F	Witzke, Maddie	14	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
5	1:25.59 L	F	Walko, Danielle	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
6	1:27.18 L	F	Hatt, Rachel	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
7	1:27.47 L	F	Catella, Carly	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	1:28.85 L	P	Li, Jennifer	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
9	1:30.01 L	F	Parker, Miranda	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	1:30.07 L	F	Hoff, Erica	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 13-14 200 Breast</b>								
1	2:50.26 L	P	Barham, Jordyn	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	2:58.60 L	P	Tschoke, Victoria	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	2:58.70 L	P	Moore, Hannah	13	RSA NC	7/22/2010	2010 NC Senior LC Championships	
4	3:03.06 L	F	Witzke, Maddie	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
5	3:03.59 L	F	Walko, Danielle	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	3:06.54 L	P	Li, Jennifer	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
7	3:09.21 L	F	Catella, Carly	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
8	3:12.11 L	P	Parker, Miranda	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
9	3:15.57 L	F	Hatt, Rachel	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	3:17.66 L	F	Heeley, Lexie	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 13-14 50 Fly</b>								
1	30.70 L	P	Owens, Megan	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
2	32.89 L	F	Tschoke, Victoria	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	32.99 L	F	Shaw, Rachel	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
4	33.72 L	P	Strickland, Julianne	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	33.92 L	P	Monty, Caitlin	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
6	34.75 L	P	Pelt, Libby	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
7	35.05 L	F	Schneider, Sami	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	37.23 L	F	Goodwin, Casey	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
9	37.92 L	F	Comis, Mary	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
10	38.73 L	F	Heeley, Lexie	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
<b>Women 13-14 100 Fly</b>								
1	1:07.53 L	F	Owens, Megan	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	1:08.80 L	F	Moore, Hannah	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	1:10.66 L	F	Hatt, Rachel	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
4	1:11.21 L	F	Barham, Jordyn	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	1:12.12 L	P	Catella, Carly	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
6	1:12.42 L	F	Williams, Emma	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	1:12.61 L	F	Strickland, Julianne	14	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
8	1:14.24 L	P	DeForest, Leigh	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
9	1:14.49 L	F	Castelloe, Emily	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	1:14.95 L	F	Shaw, Rachel	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Women 13-14 200 Fly</b>								
1	2:29.81 L	F	Owens, Megan	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	2:30.13 L	F	Moore, Hannah	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	2:37.18 L	F	Strickland, Julianne	14	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
4	2:39.88 L	F	Castelloe, Emily	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	

## Individual Top Times

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	Time	P/F/S	Name	Age/Yr				
5	2:41.05 L	P	Hatt, Rachel	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
6	2:41.61 L	P	Catella, Carly	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
7	2:52.16 L	F	DeForest, Leigh	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	2:56.19 L	F	Pelt, Libby	13	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
9	3:05.30 L	F	Fortier, Gillian	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	3:07.14 L	F	Parker, Sarah	13	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Women 13-14 200 IM</b>								
1	2:27.19 L	F	Moore, Hannah	13	RSA NC	7/27/2010	2010 SZ Age Group Championships	
2	2:29.24 L	F	Tschoke, Victoria	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	2:29.77 L	F	Barham, Jordyn	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	2:32.70 L	F	Hatt, Rachel	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
5	2:37.07 L	P	Owens, Megan	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
6	2:39.11 L	P	Catella, Carly	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
7	2:39.70 L	F	Witzke, Maddie	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	2:41.48 L	F	DeForest, Leigh	14	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
9	2:42.06 L	F	Siemek, Elaine	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	2:42.81 L	P	Strickland, Julianne	14	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Women 13-14 400 IM</b>								
1	5:10.63 L	F	Moore, Hannah	13	RSA NC	7/27/2010	2010 SZ Age Group Championships	
2	5:24.26 L	F	Barham, Jordyn	14	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
3	5:26.55 L	F	Hatt, Rachel	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
4	5:27.00 L	F	Tschoke, Victoria	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
5	5:30.22 L	F	Owens, Megan	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	5:35.68 L	P	Catella, Carly	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
7	5:41.33 L	F	Witzke, Maddie	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	5:45.91 L	F	Strickland, Julianne	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
9	5:47.02 L	F	Pelt, Libby	13	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
10	5:48.59 L	F	Hoff, Erica	13	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Women Open 50 Free</b>								
1	27.45 L	F	Caron, Hannah	19	RSA NC	7/22/2010	2010 NC Senior LC Championships	
2	28.00 L	F	Stenkvis, Henriette	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	28.07 L	P	Godlewski, Jessie	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
4	28.19 L	F	Henry, Sarah E	15	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
5	28.39 L	F	Nobles, Claire	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
6	28.66 L	P	Martinez, Marisa	15	RSA NC	7/22/2010	2010 NC Senior LC Championships	
7	28.74 L	P	Repke, Kristyn	19	RSA NC	7/22/2010	2010 NC Senior LC Championships	
8	28.78 L	P	Mascia, Nina	17	RSA NC	7/22/2010	2010 NC Senior LC Championships	
9	28.93 L	P	Burnette, Kb	18	RSA NC	7/22/2010	2010 NC Senior LC Championships	
10	29.13 L	P	Connors, Kristin	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Women Open 100 Free</b>								
1	57.90 L L	F	Stenkvis, Henriette	16	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix	
2	58.80 L	P	Caron, Hannah	19	RSA NC	7/22/2010	2010 NC Senior LC Championships	
3	58.84 L L	F	Henry, Sarah M	18	RSA NC	7/22/2010	2010 NC Senior LC Championships	
4	1:00.05 L	F	Godlewski, Jessie	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
5	1:01.05 L	F	Martinez, Marisa	15	RSA NC	7/22/2010	2010 NC Senior LC Championships	
6	1:01.14 L	P	Mascia, Nina	17	RSA NC	7/22/2010	2010 NC Senior LC Championships	
7	1:01.63 L	F	Nobles, Claire	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	1:01.94 L	F	Henry, Sarah E	15	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	1:02.03 L	P	Connors, Kristin	16	RSA NC	7/22/2010	2010 NC Senior LC Championships	
10	1:02.06 L	P	Burnette, Kb	18	RSA NC	7/22/2010	2010 NC Senior LC Championships	
<b>Women Open 200 Free</b>								
1	2:02.04 L	F	Henry, Sarah M	18	RSA NC	7/22/2010	2010 NC Senior LC Championships	
2	2:04.97 L	F	Stenkvis, Henriette	16	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix	

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	Time	P/F/S	Name	Age/Yr			
3	2:07.44 L	F	Caron, Hannah	19	RSA NC	7/22/2010	2010 NC Senior LC Championships
4	2:07.83 L	F	Godlewski, Jessie	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	2:10.43 L	F	Connors, Kristin	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
6	2:11.48 L L	F	Henry, Sarah E	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
7	2:12.44 L	P	Martinez, Marisa	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
8	2:12.61 L	F	Nobles, Claire	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
9	2:12.69 L	P	Mascia, Nina	17	RSA NC	7/22/2010	2010 NC Senior LC Championships
10	2:13.34 L	F	Pena, Tessa	17	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Meet
<b>Women Open 400 Free</b>							
1	4:16.19 L	F	Henry, Sarah M	18	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix
2	4:19.22 L	F	Stenkvis, Henriette	16	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix
3	4:29.30 L	F	Godlewski, Jessie	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
4	4:33.58 L	F	Connors, Kristin	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
5	4:35.53 L	F	Nobles, Claire	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
6	4:35.88 L	F	Martinez, Marisa	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
7	4:39.56 L	F	Henry, Sarah E	15	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
8	4:41.63 L	F	Pena, Tessa	17	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Meet
9	4:45.07 L	P	Textor, Brennan	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
10	4:48.10 L	P	Pena, Kendall	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
<b>Women Open 800 Free</b>							
1	8:47.23 L	F	Henry, Sarah M	18	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	9:12.66 L	F	Godlewski, Jessie	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
3	9:22.06 L	F	Stenkvis, Henriette	16	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
4	9:22.59 L	F	Connors, Kristin	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
5	9:33.13 L	F	Pena, Tessa	17	RSA NC	7/22/2010	2010 NC Senior LC Championships
6	9:38.20 L	F	Henry, Sarah E	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
7	9:46.38 L	F	Pena, Kendall	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
8	9:55.08 L	F	Textor, Brennan	15	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	10:00.15 L	F	Pena, Torie Belle	15	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
10	10:03.87 L	F	Marshallsea, Maddie	15	RSA NC	6/20/2010	2010 NC RSA June Distrace Day LCM
<b>Women Open 1500 Free</b>							
1	17:12.45 L	F	Henry, Sarah M	18	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	17:45.94 L	F	Godlewski, Jessie	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
3	17:59.84 L	F	Connors, Kristin	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
4	18:32.29 L	F	Pena, Tessa	17	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	18:43.20 L	F	Nobles, Claire	16	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
6	18:43.43 L	F	Textor, Brennan	15	UN NC	6/11/2010	2010 NC WAVE Capital City Invitational
7	18:50.34 L	F	Pena, Kendall	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
8	19:14.80 L	F	Henry, Sarah E	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
9	19:37.33 L	F	Bell, Victoria	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
10	19:48.29 L	F	Van De Zande, Georgia	17	RSA NC	7/22/2010	2010 NC Senior LC Championships
<b>Women Open 50 Back</b>							
1	30.39 L	F	Stenkvis, Henriette	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
2	33.12 L	F	Bussey, Torrey	18	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
3	33.36 L	F	Johnson, Abby	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	33.49 L	F	Henry, Sarah E	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	33.68 L	P	Nobles, Claire	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
6	34.26 L	F	Densmore, M.J.	16	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Meet
7	35.04 L	P	Burnette, Kb	18	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
8	35.19 L	P	Martinez, Marisa	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
9	35.84 L	P	Connors, Kristin	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
10	36.06 L	P	Witzke, Maddie	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational

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	Time	P/F/S	Name	Age/Yr			
<b>Women Open 100 Back</b>							
1	1:02.11 L	F	Stenkvist, Henriette	16	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix
2	1:07.01 L	F	Henry, Sarah M	18	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
3	1:08.17 L	F	Godlewski, Jessie	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
4	1:08.99 L	F	Caron, Hannah	18	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
5	1:09.62 L	P	Bussey, Torrey	18	RSA NC	7/22/2010	2010 NC Senior LC Championships
6	1:10.41 L	P	Martinez, Marisa	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
7	1:10.60 L	P	Henry, Sarah E	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
8	1:10.73 L	P	Repke, Kristyn	19	RSA NC	7/22/2010	2010 NC Senior LC Championships
9	1:10.80 L	P	Burnette, Kb	18	RSA NC	7/22/2010	2010 NC Senior LC Championships
10	1:11.18 L	P	Johnson, Abby	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
<b>Women Open 200 Back</b>							
1	2:12.64 L	F	Stenkvist, Henriette	16	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix
2	2:23.42 L	F	Henry, Sarah M	18	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
3	2:25.45 L	P	Godlewski, Jessie	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	2:28.82 L	F	Henry, Sarah E	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
5	2:29.98 L	F	Martinez, Marisa	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
6	2:30.16 L	F	Nobles, Claire	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
7	2:33.17 L	P	Bussey, Torrey	18	RSA NC	7/22/2010	2010 NC Senior LC Championships
8	2:33.50 L	F	Johnson, Abby	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
9	2:34.20 L	P	Repke, Kristyn	19	RSA NC	7/22/2010	2010 NC Senior LC Championships
10	2:35.48 L	P	Connors, Kristin	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
<b>Women Open 50 Breast</b>							
1	35.76 L	F	Bussey, Torrey	18	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
2	36.79 L	F	Witzke, Maddie	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
3	38.55 L	F	Giglio, Lindsey	16	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
4	39.29 L	P	Ortega, Karina	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	40.22 L	F	Calleja, Stephanie	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
6	41.58 L	P	Burnette, Kb	18	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
7	42.01 L	F	Pickard, Ashley	15	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
8	43.75 L	P	Potepalov, Sophia	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
<b>Women Open 100 Breast</b>							
1	1:13.36 L	F	Bussey, Torrey	17	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix
2	1:13.98 L	F	Henry, Sarah M	18	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
3	1:16.71 L	F	Witzke, Maddie	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
4	1:19.60 L	F	Pena, Tessa	17	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
5	1:23.96 L	P	Ortega, Karina	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
6	1:23.98 L	F	Godlewski, Jessie	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
7	1:24.31 L	F	Giglio, Lindsey	16	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
8	1:28.00 L	F	Connors, Kristin	15	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	1:29.10 L	F	Calleja, Stephanie	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	1:29.22 L	F	Mascia, Nina	17	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
<b>Women Open 200 Breast</b>							
1	2:35.40 L	F	Henry, Sarah M	18	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	2:45.24 L	F	Bussey, Torrey	18	RSA NC	7/22/2010	2010 NC Senior LC Championships
3	2:45.75 L	F	Caron, Hannah	18	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
4	2:48.44 L	F	Witzke, Maddie	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
5	2:53.88 L	P	Pena, Tessa	17	RSA NC	7/22/2010	2010 NC Senior LC Championships
6	2:59.36 L	F	Giglio, Lindsey	16	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
7	3:00.39 L	P	Ortega, Karina	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
8	3:01.12 L	P	Godlewski, Jessie	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
9	3:02.30 L	F	Nobles, Claire	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	3:05.62 L	F	Connors, Kristin	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee

## Individual Top Times

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Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Women Open 50 Fly</b>							
1	28.60 L	F	Caron, Hannah	18	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
2	30.44 L	F	Mascia, Nina	17	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
3	30.63 L	F	Repke, Kristyn	19	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
4	31.54 L	F	Bussey, Torrey	18	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
5	31.57 L	P	Henry, Sarah E	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
6	31.61 L	P	Burnette, Kb	18	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
7	32.19 L	F	Densmore, M.J.	16	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
8	32.23 L	F	Ortega, Karina	16	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	32.68 L	F	Pena, Kendall	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	33.23 L	P	Pena, Tessa	17	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
<b>Women Open 100 Fly</b>							
1	1:01.74 L	F	Caron, Hannah	19	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	1:03.00 L	F	Godlewski, Jessie	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
3	1:03.86 L	P	Henry, Sarah M	18	RSA NC	5/13/2010	2010 NC Charlotte UltraSwim
4	1:05.16 L	F	Stenkvisst, Henriette	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	1:05.76 L	F	Mascia, Nina	17	RSA NC	7/22/2010	2010 NC Senior LC Championships
6	1:08.33 L	F	Henry, Sarah E	15	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
7	1:08.88 L	P	Martinez, Marisa	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
8	1:09.21 L	P	Burnette, Kb	18	RSA NC	7/22/2010	2010 NC Senior LC Championships
9	1:09.59 L	P	Rawls, Meredith	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
10	1:09.86 L	P	Repke, Kristyn	19	RSA NC	7/22/2010	2010 NC Senior LC Championships
<b>Women Open 200 Fly</b>							
1	2:16.80 L	F	Godlewski, Jessie	16	RSA NC	5/13/2010	2010 NC Charlotte UltraSwim
2	2:17.86 L	F	Henry, Sarah M	18	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
3	2:24.29 L	F	Mascia, Nina	17	RSA NC	7/22/2010	2010 NC Senior LC Championships
4	2:30.38 L	F	Henry, Sarah E	15	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
5	2:39.90 L	F	Nobles, Claire	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
6	2:40.77 L	F	Rawls, Meredith	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
7	2:41.77 L	F	Castelloe, Emily	15	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
8	2:47.94 L	P	Van De Zande, Georgia	17	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
9	3:19.80 L	F	Heeley, Sam	16	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
<b>Women Open 200 IM</b>							
1	2:18.35 L	F	Henry, Sarah M	18	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	2:21.70 L	F	Caron, Hannah	19	RSA NC	7/22/2010	2010 NC Senior LC Championships
3	2:22.05 L	F	Bussey, Torrey	17	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix
4	2:23.04 L	F	Stenkvisst, Henriette	16	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix
5	2:26.33 L	F	Godlewski, Jessie	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
6	2:31.95 L	F	Nobles, Claire	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
7	2:33.03 L	F	Connors, Kristin	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
8	2:33.07 L	P	Pena, Tessa	17	RSA NC	7/22/2010	2010 NC Senior LC Championships
9	2:35.52 L	F	Henry, Sarah E	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	2:35.58 L	P	Martinez, Marisa	15	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
<b>Women Open 400 IM</b>							
1	4:51.32 L	F	Henry, Sarah M	18	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	5:01.58 L	P	Stenkvisst, Henriette	16	RSA NC	5/13/2010	2010 NC Charlotte UltraSwim
3	5:05.36 L	F	Godlewski, Jessie	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
4	5:20.57 L	F	Nobles, Claire	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
5	5:22.79 L	F	Henry, Sarah E	15	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
6	5:25.54 L	F	Connors, Kristin	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
7	5:29.33 L	F	Martinez, Marisa	15	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
8	5:31.19 L	F	Bell, Victoria	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
9	5:31.42 L	F	Van De Zande, Georgia	17	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational

## Individual Top Times

Times since: 01-Jan-10

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
10	5:35.93 L	F	Pena, Kendall	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Men 8 &amp; Under 50 Free</b>								
1	36.78 L	F	Moore, Michael	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
2	39.34 L	F	Ivy, Michael	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
3	39.47 L	F	Thompson, Brian	7	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
4	42.08 L	F	Ssengonzi, Jesse	7	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
5	42.20 L	F	Todd, Jack	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
6	42.59 L	F	Bowen, Ross	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
7	45.43 L	F	Georges, Dylan	7	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	45.74 L	F	Wu, Benjamin	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	46.94 L	F	Su, Max	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	47.36 L	F	Wombacher, Rio	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
<b>Men 8 &amp; Under 100 Free</b>								
1	1:24.12 L	F	Moore, Michael	8	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
2	1:27.75 L	F	Thompson, Brian	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
3	1:36.19 L	F	Ssengonzi, Jesse	7	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
4	1:36.20 L	F	Todd, Jack	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
5	1:39.20 L	F	Zhang, Eric	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
6	1:41.90 L	F	Bowen, Ross	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	1:44.07 L	F	Wu, Benjamin	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
8	1:45.49 L	F	Su, Max	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	1:47.41 L	F	Ivy, Michael	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	1:49.21 L	F	Hall, Grayson	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Men 8 &amp; Under 200 Free</b>								
1	3:07.87 L	F	Moore, Michael	8	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Men 8 &amp; Under 50 Back</b>								
1	40.81 L	F	Moore, Michael	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
2	41.42 L	F	Diacumakos, Noah	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
3	44.04 L	F	Thompson, Brian	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
4	47.19 L	F	Wombacher, Rio	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
5	47.92 L	F	Ssengonzi, Jesse	7	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	48.93 L	F	Georges, Dylan	7	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
7	49.14 L	F	Wu, Benjamin	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
8	50.16 L	F	Ivy, Michael	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
9	50.40 L	F	Todd, Jack	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	52.37 L	F	Bowen, Ross	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Men 8 &amp; Under 100 Back</b>								
1	1:29.27 L	F	Moore, Michael	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
2	1:31.41 L	F	Diacumakos, Noah	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
3	1:32.22 L	F	Thompson, Brian	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
4	1:46.35 L	F	Wu, Benjamin	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
5	1:48.11 L	F	Georges, Dylan	7	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	1:48.75 L	F	Todd, Jack	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	1:49.45 L	F	Ssengonzi, Jesse	7	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	1:51.67 L	F	Ivy, Michael	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
9	1:52.90 L	F	Su, Max	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	1:54.66 L	F	Bowen, Ross	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Men 8 &amp; Under 200 Back</b>								
1	3:08.98 L	F	Moore, Michael	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Men 8 &amp; Under 50 Breast</b>								
1	46.38 L	F	Thompson, Brian	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
2	46.60 L	F	Diacumakos, Noah	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	

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	Time	P/F/S	Name	Age/Yr				
3	51.56 L	F	Moore, Michael	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
4	53.24 L	F	Ssengonzi, Jesse	7	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
5	55.10 L	F	Dong, Daniel	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
6	57.93 L	F	Wu, Benjamin	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	1:02.53 L	F	Bowen, Ross	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
8	1:03.59 L	F	Cheng, Leo	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	1:04.12 L	F	Hu, Kevin	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
10	1:04.42 L	F	Su, Max	8	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Men 8 &amp; Under 100 Breast</b>								
1	1:42.47 L	F	Thompson, Brian	7	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	2:01.51 L	F	Ssengonzi, Jesse	7	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
<b>Men 8 &amp; Under 200 Breast</b>								
1	3:42.27 L	F	Thompson, Brian	7	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Men 8 &amp; Under 50 Fly</b>								
1	40.17 L	F	Diacumakos, Noah	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
2	42.15 L	F	Thompson, Brian	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
3	42.43 L	F	Moore, Michael	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
4	45.71 L	F	Ssengonzi, Jesse	7	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
5	47.44 L	F	Todd, Jack	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	50.43 L	F	Wu, Benjamin	7	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
7	52.83 L	F	Bowen, Ross	8	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	53.96 L	F	Zhang, Eric	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	56.46 L	F	Ivy, Michael	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
10	1:00.23 L	F	Dong, Daniel	8	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
<b>Men 8 &amp; Under 100 Fly</b>								
1	1:39.52 L	F	Thompson, Brian	7	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Men 8 &amp; Under 200 IM</b>								
1	3:14.67 L	F	Moore, Michael	8	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	3:27.46 L	F	Thompson, Brian	7	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Men 9-10 50 Free</b>								
1	32.36 L	F	Wang, Anthony	10	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	33.59 L	F	Diacumakos, Noah	9	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	35.02 L	F	Wu, Daniel	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	36.25 L	F	Bouslov, Gabriel	10	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
5	36.76 L	F	Masie, Tyler	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
6	36.92 L	F	Zhu, Sam	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	37.03 L	F	Laino, Michael	9	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
8	37.57 L	F	Hubbard, Tom	9	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	38.22 L	F	Edwards, Zachary	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
10	38.25 L	F	Otten, Bennett	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Men 9-10 100 Free</b>								
1	1:14.30 L	F	Wang, Anthony	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
2	1:16.47 L	F	Diacumakos, Noah	9	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	1:19.06 L	F	Zhu, Sam	10	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	1:19.98 L	F	Thompson, Aaron	10	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
5	1:23.83 L	F	Masie, Tyler	9	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
6	1:23.92 L	F	Hubbard, Tom	9	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
7	1:24.72 L	F	Wu, Daniel	9	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
8	1:25.35 L	F	Bouslov, Gabriel	10	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
9	1:25.94 L	F	Quint, Connor	10	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
10	1:26.04 L	F	Laino, Michael	9	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	

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	Time	P/F/S	Name	Age/Yr			
<b>Men 9-10 200 Free</b>							
1	2:38.66 L	F	Wang, Anthony	10	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	2:46.17 L	F	Diacumakos, Noah	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
3	2:47.04 L	F	Thompson, Aaron	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
4	2:56.10 L	F	Zhu, Sam	10	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier
5	2:57.37 L	F	Wu, Daniel	9	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
6	2:59.67 L	F	Masie, Tyler	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
7	3:05.26 L	F	Hubbard, Tom	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
8	3:08.35 L	F	Edwards, Zachary	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
9	3:24.75 L	F	Ivy, Michael	9	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier
10	3:27.24 L	F	Xiong, Alex	9	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier
<b>Men 9-10 800 Free</b>							
1	14:21.82 L	F	Edwards, Zachary	10	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
<b>Men 9-10 50 Back</b>							
1	37.45 L	F	Wang, Anthony	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
2	40.03 L	F	Diacumakos, Noah	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
3	40.82 L	F	Hubbard, Tom	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
4	42.46 L L	F	Zhu, Sam	10	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
5	42.75 L	F	Masie, Tyler	9	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
6	43.18 L	F	Ivy, Michael	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
7	43.30 L	F	Pelt, Nathan	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
8	44.60 L	F	Edwards, Zachary	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
9	45.03 L	F	Wu, Daniel	9	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	45.83 L	F	Laino, Michael	9	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
<b>Men 9-10 100 Back</b>							
1	1:22.95 L	F	Wang, Anthony	10	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	1:27.35 L	F	Diacumakos, Noah	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
3	1:30.05 L	F	Hubbard, Tom	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
4	1:31.52 L	F	Zhu, Sam	10	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier
5	1:34.44 L	F	Masie, Tyler	9	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
6	1:35.04 L	F	Edwards, Zachary	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
7	1:35.30 L	F	Ivy, Michael	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
8	1:36.04 L	F	Pelt, Nathan	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	1:36.29 L	F	Thompson, Aaron	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	1:37.77 L	F	Nash, Will	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
<b>Men 9-10 200 Back</b>							
1	3:29.75 L	F	Edwards, Zachary	10	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
<b>Men 9-10 50 Breast</b>							
1	43.99 L	F	Diacumakos, Noah	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	45.84 L	F	Thompson, Aaron	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
3	46.59 L	F	Wang, Anthony	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
4	47.78 L	F	Wu, Daniel	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
5	49.75 L	F	Bouslov, Gabriel	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
6	50.40 L	F	Masie, Tyler	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
7	50.65 L	F	Xiong, Alex	9	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier
8	50.72 L	F	Hubbard, Tom	9	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier
9	51.56 L	F	Laino, Michael	9	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	52.28 L	F	Zhu, Sam	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
<b>Men 9-10 100 Breast</b>							
1	1:35.56 L	F	Diacumakos, Noah	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	1:37.08 L	F	Thompson, Aaron	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
3	1:39.42 L	F	Wang, Anthony	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet

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	Time	P/F/S	Name	Age/Yr				
4	1:52.46 L	F	Laino, Michael	9	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
5	1:52.56 L	F	Hubbard, Tom	9	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
6	1:54.98 L	F	Glukh, Benjamin	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	1:59.37 L	F	Masie, Tyler	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
8	2:14.37 L	F	Ivy, Michael	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Men 9-10 200 Breast</b>								
1	4:10.39 L	F	Glukh, Benjamin	10	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Men 9-10 50 Fly</b>								
1	34.81 L	F	Wang, Anthony	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
2	37.03 L	F	Diacumakos, Noah	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	41.46 L	F	Thompson, Aaron	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
4	43.74 L	F	Hubbard, Tom	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
5	44.83 L	F	Otten, Bennett	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
6	45.80 L	F	Edwards, Zachary	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
7	45.84 L	F	Masie, Tyler	9	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	46.21 L	F	Pelt, Nathan	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
9	46.78 L	F	Zhu, Sam	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
10	46.99 L	F	Xiong, Alex	9	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
<b>Men 9-10 100 Fly</b>								
1	1:25.46 L	F	Diacumakos, Noah	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	1:26.59 L	F	Wang, Anthony	10	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	1:41.29 L	F	Zhu, Sam	10	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
<b>Men 9-10 200 IM</b>								
1	2:58.95 L	F	Wang, Anthony	10	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
2	3:01.97 L	F	Diacumakos, Noah	9	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	3:09.66 L	F	Zhu, Sam	10	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	3:10.74 L	F	Thompson, Aaron	10	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
5	3:25.06 L	F	Masie, Tyler	9	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
6	3:26.39 L	F	Hubbard, Tom	9	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
7	3:37.64 L	F	Pelt, Nathan	10	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Men 11-12 50 Free</b>								
1	29.63 L	F	Ritchie, Will	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	30.41 L	F	Ssengonzi, Jethro	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
3	31.12 L	F	Bell, Thomas	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
4	31.39 L	F	Catella, Colin	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
5	31.82 L	F	Asbill, Matthew	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
6	31.96 L	F	Li, Simon	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
7	32.70 L	F	Hair, Trevor	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	33.27 L	F	Hall, Gregory	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	34.40 L	F	Joyner, Andrew	11	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
10	35.22 L	F	Advani, Yash	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Men 11-12 100 Free</b>								
1	1:05.70 L	F	Ritchie, Will	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
2	1:06.81 L	F	Bell, Thomas	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
3	1:07.16 L L	F	Ssengonzi, Jethro	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	1:10.77 L	F	Hair, Trevor	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
5	1:11.15 L	F	Catella, Colin	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	1:12.39 L	F	Asbill, Matthew	11	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier	
7	1:12.58 L	F	Li, Simon	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	1:14.04 L	F	Hall, Gregory	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
9	1:18.61 L	F	Thompson, Aaron	11	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
10	1:19.43 L	F	Joyner, Andrew	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	

## Individual Top Times

Times since: 01-Jan-10

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Men 11-12 200 Free</b>							
1	2:21.17 L	F	Ritchie, Will	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
2	2:31.07 L	F	Hair, Trevor	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
3	2:33.24 L	F	Ssengonzi, Jethro	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	2:34.33 L	F	Asbill, Matthew	11	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier
5	2:42.15 L	F	Thompson, Aaron	11	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
6	2:46.10 L	F	Hall, Gregory	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
7	2:48.07 L	F	Li, Simon	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
8	2:56.95 L	F	Smith, Douglas	11	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
<b>Men 11-12 400 Free</b>							
1	4:49.83 L	F	Ritchie, Will	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	5:15.93 L	F	Hair, Trevor	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
3	5:15.95 L	F	Bell, Thomas	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
4	5:18.40 L	F	Asbill, Matthew	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	5:25.47 L	F	Ssengonzi, Jethro	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
6	5:43.26 L	F	Catella, Colin	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
7	5:46.87 L	F	Thompson, Aaron	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
8	5:50.04 L	F	Joyner, Andrew	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
9	5:53.21 L	F	Li, Simon	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	6:10.73 L	F	Smith, Douglas	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
<b>Men 11-12 800 Free</b>							
1	11:31.50 L	F	Asbill, Matthew	11	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
2	11:37.73 L	F	Thompson, Aaron	11	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
<b>Men 11-12 50 Back</b>							
1	31.87 L	F	Ritchie, Will	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	34.50 L	F	Bell, Thomas	12	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
3	36.99 L	F	Catella, Colin	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
4	37.02 L	F	Asbill, Matthew	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
5	37.44 L	F	Hair, Trevor	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
6	40.23 L	F	Smith, Douglas	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
7	41.41 L	F	Advani, Yash	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
8	41.54 L	F	Hall, Gregory	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
9	41.57 L	F	Joyner, Andrew	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
10	42.98 L	F	Li, Simon	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
<b>Men 11-12 100 Back</b>							
1	1:08.76 L	F	Ritchie, Will	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	1:18.65 L	F	Hair, Trevor	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
3	1:19.14 L	F	Bell, Thomas	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	1:19.80 L	F	Ssengonzi, Jethro	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	1:21.50 L	F	Asbill, Matthew	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
6	1:22.52 L	F	Catella, Colin	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
7	1:27.93 L	F	Li, Simon	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
8	1:28.48 L	F	Hall, Gregory	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	1:28.79 L	F	Smith, Douglas	11	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier
10	1:30.11 L	F	Joyner, Andrew	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
<b>Men 11-12 200 Back</b>							
1	2:26.55 L	F	Ritchie, Will	12	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	2:55.38 L	F	Asbill, Matthew	11	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
3	3:09.02 L	F	Smith, Douglas	11	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier
<b>Men 11-12 50 Breast</b>							
1	39.82 L	F	Ssengonzi, Jethro	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
2	40.38 L	F	Ritchie, Will	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational

## Individual Top Times

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Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
3	43.57 L	F	Thompson, Aaron	11	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
4	45.11 L	F	Catella, Colin	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
5	45.73 L	F	Smith, Douglas	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
6	46.82 L	F	Li, Simon	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
7	47.11 L	F	Asbill, Matthew	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
8	47.17 L	F	Hall, Gregory	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
9	47.21 L	F	Wang, Daniel	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
10	47.73 L	F	Advani, Jai	12	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
<b>Men 11-12 100 Breast</b>							
1	1:26.55 L	F	Ritchie, Will	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
2	1:27.53 L	F	Ssengonzi, Jethro	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
3	1:33.67 L	F	Thompson, Aaron	11	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
4	1:40.07 L	F	Catella, Colin	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
5	1:40.37 L	F	Smith, Douglas	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
6	1:41.26 L	F	Advani, Jai	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
7	1:41.94 L	F	Asbill, Matthew	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
8	1:43.95 L	F	Hall, Gregory	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
9	1:45.93 L	F	Zordich, David	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
10	1:48.60 L	F	Wang, Daniel	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
<b>Men 11-12 200 Breast</b>							
1	3:10.51 L	F	Ritchie, Will	12	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
2	3:20.14 L	F	Thompson, Aaron	11	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
3	3:38.73 L	F	Smith, Douglas	11	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
<b>Men 11-12 50 Fly</b>							
1	32.60 L	F	Ssengonzi, Jethro	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
2	33.05 L	F	Bell, Thomas	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
3	35.25 L	F	Li, Simon	11	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
4	37.30 L	F	Ritchie, Will	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
5	37.84 L	F	Catella, Colin	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
6	38.59 L	F	Smith, Douglas	11	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier
7	39.71 L	F	Hall, Gregory	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
8	40.02 L	F	Asbill, Matthew	11	RSA NC	7/9/2010	2010 NC Eastern LC Qualifier
9	40.48 L	F	Advani, Yash	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	40.67 L	F	Joyner, Andrew	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
<b>Men 11-12 100 Fly</b>							
1	1:14.47 L	F	Bell, Thomas	12	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
2	1:17.94 L	F	Ssengonzi, Jethro	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
3	1:21.90 L	F	Li, Simon	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	1:22.17 L	F	Ritchie, Will	12	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
5	1:30.33 L	F	Catella, Colin	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
6	1:32.02 L	F	Joyner, Andrew	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
7	1:33.94 L	F	Hall, Gregory	11	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
<b>Men 11-12 200 IM</b>							
1	2:39.57 L	F	Ritchie, Will	12	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
2	2:46.88 L	F	Ssengonzi, Jethro	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
3	2:48.41 L	F	Hair, Trevor	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
4	2:51.53 L	F	Bell, Thomas	12	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
5	2:57.98 L	F	Asbill, Matthew	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
6	2:59.80 L	F	Li, Simon	11	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
7	3:00.61 L	F	Catella, Colin	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
8	3:03.93 L	F	Smith, Douglas	11	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	3:07.02 L	F	Hall, Gregory	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	3:15.10 L	F	Joyner, Andrew	11	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee

## Individual Top Times

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	Time	P/F/S	Name	Age/Yr				
<b>Men 11-12 400 IM</b>								
1	5:30.04 L	F	Ritchie, Will	12	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
2	6:40.31 L	F	Smith, Douglas	11	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Men 13-14 50 Free</b>								
1	26.86 L	F	Maslowski, Seth	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	27.28 L	P	Spence, Tad	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	27.57 L	P	Daniels, Christopher	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	28.71 L	P	Yang, Bruce	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	28.87 L L	F	Wombacher, Kai	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	29.25 L	F	Richards, Jackson	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	29.80 L	P	McCulloch, Gavin	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	29.85 L	P	Roach, Jon	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
9	30.14 L	P	Rivera, Alexander	14	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
10	30.22 L	P	Hauser, Jamison	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
<b>Men 13-14 100 Free</b>								
1	1:00.02 L	F	Daniels, Christopher	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
2	1:00.42 L	F	Spence, Tad	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	1:00.71 L	P	Maslowski, Seth	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	1:02.40 L	P	McCulloch, Gavin	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
5	1:03.01 L	P	Yang, Bruce	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
6	1:03.68 L L	F	Wombacher, Kai	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
7	1:04.55 L	F	Roach, Jon	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
8	1:04.80 L	P	Richards, Jackson	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
9	1:05.11 L	F	Hauser, Jamison	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	1:06.52 L	F	Tang, Yujian	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Men 13-14 200 Free</b>								
1	2:11.04 L	P	Spence, Tad	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	2:12.93 L	F	McCulloch, Gavin	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	2:14.66 L	F	Hauser, Jamison	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
4	2:14.95 L	P	Maslowski, Seth	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
5	2:16.13 L	F	Wombacher, Kai	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
6	2:16.61 L	F	Roach, Jon	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
7	2:16.76 L	F	Yang, Bruce	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
8	2:16.91 L	F	Daniels, Christopher	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	2:19.05 L	P	Richards, Jackson	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
10	2:28.49 L	F	Tang, Yujian	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
<b>Men 13-14 400 Free</b>								
1	4:37.88 L	P	McCulloch, Gavin	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	4:39.98 L	P	Hauser, Jamison	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	4:45.97 L	F	Spence, Tad	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
4	4:47.63 L	F	Yang, Bruce	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	4:47.91 L	F	Roach, Jon	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	4:50.04 L	P	Wombacher, Kai	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
7	5:07.95 L	F	Daniels, Christopher	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	5:10.08 L	F	Maslowski, Seth	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
9	5:16.09 L	F	Tang, Yujian	13	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
10	5:24.35 L	F	Richards, Jackson	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Men 13-14 800 Free</b>								
1	9:25.20 L	F	McCulloch, Gavin	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	9:37.15 L	F	Hauser, Jamison	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	10:59.93 L	F	Tang, Yujian	13	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
4	11:09.97 L	F	Todd, Michael	13	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	

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	Time	P/F/S	Name	Age/Yr			
<b>Men 13-14 50 Back</b>							
1	29.74 L	F	Spence, Tad	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
2	32.24 L	F	Richards, Jackson	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
3	33.07 L	F	Wombacher, Kai	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	33.98 L	F	Maslowski, Seth	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	35.31 L	F	McCulloch, Gavin	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
6	45.92 L	F	Glukh, Eugene	13	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
7	46.21 L	F	Day, Ryan	13	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
<b>Men 13-14 100 Back</b>							
1	1:02.96 L	F	Spence, Tad	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	1:09.33 L	P	Richards, Jackson	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
3	1:10.50 L	F	Maslowski, Seth	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	1:11.64 L L	F	Wombacher, Kai	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
5	1:12.09 L	F	Roach, Jon	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
6	1:13.04 L	F	McCulloch, Gavin	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
7	1:13.87 L	F	Rivera, Alexander	14	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
8	1:13.90 L	F	Tang, Yujian	13	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
9	1:14.00 L	P	Yang, Bruce	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
10	1:15.34 L	F	Hauser, Jamison	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
<b>Men 13-14 200 Back</b>							
1	2:20.76 L	F	Spence, Tad	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
2	2:26.02 L	F	Richards, Jackson	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
3	2:29.47 L	P	Roach, Jon	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
4	2:32.15 L	P	Wombacher, Kai	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
5	2:32.74 L	F	Maslowski, Seth	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
6	2:34.08 L	P	McCulloch, Gavin	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs
7	2:35.52 L	F	Yang, Bruce	14	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Meet
8	2:40.86 L	F	Hauser, Jamison	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	2:47.13 L	F	Daniels, Christopher	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	2:47.44 L	F	Tang, Yujian	13	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
<b>Men 13-14 50 Breast</b>							
1	50.35 L	F	Glukh, Eugene	13	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
<b>Men 13-14 100 Breast</b>							
1	1:20.86 L	F	Roach, Jon	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
2	1:21.43 L	F	Maslowski, Seth	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
3	1:23.25 L	F	Yang, Bruce	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
4	1:24.77 L	F	Hauser, Jamison	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
5*	1:25.11 L	F	Wombacher, Kai	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
5*	1:25.11 L	F	Daniels, Christopher	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
7	1:26.50 L	F	Rivera, Alexander	14	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
8	1:28.24 L	F	McCulloch, Gavin	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
9	1:29.02 L	F	Tang, Yujian	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
10	1:38.48 L	F	Higgins, Kyle	13	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
<b>Men 13-14 200 Breast</b>							
1	2:52.61 L	F	Roach, Jon	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
2	3:00.76 L	F	Yang, Bruce	14	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
3	3:01.79 L	F	Maslowski, Seth	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	3:02.03 L	F	Hauser, Jamison	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
5	3:02.87 L	F	Daniels, Christopher	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
6	3:03.87 L	F	Wombacher, Kai	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
7	3:04.64 L	F	McCulloch, Gavin	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
8	3:11.61 L	F	Tang, Yujian	13	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM

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	Time	P/F/S	Name	Age/Yr				
9	3:27.27 L	F	Higgins, Kyle	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	4:02.62 L	F	Glukh, Eugene	13	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Men 13-14 50 Fly</b>								
1	29.75 L	F	Spence, Tad	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
2	30.76 L	F	Richards, Jackson	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	31.47 L	F	Wombacher, Kai	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
4	32.52 L	P	Daniels, Christopher	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	45.15 L	F	Glukh, Eugene	13	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
<b>Men 13-14 100 Fly</b>								
1	1:03.01 L	F	Spence, Tad	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	1:07.22 L	P	Richards, Jackson	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
3	1:07.35 L	P	Daniels, Christopher	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	1:08.59 L	F	McCulloch, Gavin	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	1:09.40 L	F	Maslowski, Seth	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
6	1:12.10 L	P	Roach, Jon	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
7	1:15.36 L	F	Todd, Michael	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
8	1:15.53 L	F	Yang, Bruce	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	1:16.09 L	F	Wombacher, Kai	14	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
10	1:20.68 L	F	Hauser, Jamison	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Men 13-14 200 Fly</b>								
1	2:35.20 L	P	McCulloch, Gavin	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	2:35.24 L	F	Spence, Tad	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
3	2:36.65 L	P	Richards, Jackson	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
4	2:36.81 L	P	Roach, Jon	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
5	2:45.09 L	F	Daniels, Christopher	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
6	2:49.55 L	F	Todd, Michael	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	3:49.38 L	F	Glukh, Eugene	13	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Men 13-14 200 IM</b>								
1	2:30.58 L	F	Roach, Jon	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
2	2:32.02 L	F	Maslowski, Seth	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
3	2:32.59 L	P	Spence, Tad	14	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
4	2:33.79 L	F	Yang, Bruce	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
5	2:34.68 L	F	McCulloch, Gavin	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	2:34.74 L	F	Wombacher, Kai	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	2:35.06 L	P	Richards, Jackson	13	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	2:36.85 L	F	Daniels, Christopher	13	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
9	2:42.57 L	F	Hauser, Jamison	13	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	2:44.21 L	P	Tang, Yujian	13	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Men 13-14 400 IM</b>								
1	5:18.02 L	P	Roach, Jon	13	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
2	5:20.16 L	F	Spence, Tad	14	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
3	5:28.23 L	F	McCulloch, Gavin	13	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
4	5:29.85 L	P	Yang, Bruce	14	RSA NC	7/15/2010	2010 NC 14 & Under Long Course Champs	
5	7:29.16 L	F	Glukh, Eugene	13	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM	
<b>Men Open 50 Free</b>								
1	24.94 L	P	Lamb, Andy	19	RSA NC	7/22/2010	2010 NC Senior LC Championships	
2	25.17 L	F	Henry, Andrew	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
3	25.71 L	P	Dupree, Tucker	21	RSA NC	7/22/2010	2010 NC Senior LC Championships	
4	25.77 L	P	Barfield, Chris	17	RSA NC	7/22/2010	2010 NC Senior LC Championships	
5	25.82 L	F	Kab, Dylan	18	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
6	25.86 L	P	Maloney, Bailey	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
7	25.91 L	P	Roach, Henry	16	RSA NC	7/22/2010	2010 NC Senior LC Championships	

## Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
8	25.96 L	T	Harrison, Logan	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
9	25.99 L	P	Cox, Ryan	20	RSA NC	7/22/2010	2010 NC Senior LC Championships
10	26.03 L	F	Mathews, Alex	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
<b>Men Open 100 Free</b>							
1	53.33 L	F	Lamb, Andy	19	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	53.93 L	F	Henry, Andrew	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
3	56.10 L L	F	Roach, Henry	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
4	56.21 L L	F	Dupree, Tucker	21	RSA NC	7/22/2010	2010 NC Senior LC Championships
5	56.25 L	F	Kab, Dylan	19	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
6	56.37 L L	F	DeForest, Mitch	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
7	56.59 L	F	Maloney, Bailey	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
8	56.94 L	P	Chavez, Jose	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
9	57.50 L	P	Barfield, Chris	17	RSA NC	7/22/2010	2010 NC Senior LC Championships
10	57.60 L	F	Sigmon, Wesley	15	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
<b>Men Open 200 Free</b>							
1	1:53.95 L	F	Henry, Andrew	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	1:59.56 L	F	Gurel, Dennis	18	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix
3	2:00.09 L	P	Kab, Dylan	19	RSA NC	7/22/2010	2010 NC Senior LC Championships
4	2:00.93 L	F	DeForest, Mitch	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	2:01.40 L	P	Roach, Henry	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
6	2:02.59 L L	F	Dupree, Tucker	21	RSA NC	7/22/2010	2010 NC Senior LC Championships
7	2:05.91 L	P	Lamb, Andy	19	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
8	2:06.02 L	F	Dove, Sawyer	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
9	2:06.24 L	P	Arve, Philip	20	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
10	2:06.55 L	P	Harrison, Logan	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
<b>Men Open 400 Free</b>							
1	4:04.87 L	F	Henry, Andrew	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	4:09.77 L	F	DeForest, Mitch	16	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix
3	4:16.10 L	F	Roach, Henry	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
4	4:17.83 L	F	Kab, Dylan	18	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix
5	4:24.17 L	P	Newland, Matthew	17	RSA NC	7/22/2010	2010 NC Senior LC Championships
6	4:26.98 L	P	Dove, Sawyer	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
7	4:29.75 L	F	Harrison, Logan	16	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
8	4:30.15 L	F	Mayes, Ben	15	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
9	4:31.14 L	F	Cade, Ryan	15	UN NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
10	4:38.08 L	F	Maloney, Bailey	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
<b>Men Open 800 Free</b>							
1	8:26.33 L	F	Henry, Andrew	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	8:42.76 L	F	DeForest, Mitch	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
3	8:43.11 L	F	Kab, Dylan	19	RSA NC	7/22/2010	2010 NC Senior LC Championships
4	8:49.34 L	F	Roach, Henry	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
5	9:03.73 L	F	Newland, Matthew	17	RSA NC	7/22/2010	2010 NC Senior LC Championships
6	9:21.75 L	F	Harrison, Logan	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
7	10:01.86 L	F	Sigmon, Wesley	15	UN NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
<b>Men Open 1500 Free</b>							
1	16:35.18 L	F	DeForest, Mitch	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	17:11.71 L	F	Roach, Henry	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
3	17:18.55 L	F	Newland, Matthew	17	RSA NC	7/22/2010	2010 NC Senior LC Championships
4	17:19.96 L	F	Henry, Andrew	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	17:30.54 L	F	Kab, Dylan	19	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
6	18:12.01 L	F	Harrison, Logan	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
7	18:42.53 L	F	Dove, Sawyer	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
8	19:30.57 L	F	D'Alessio, Patch	16	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM

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	Time	P/F/S	Name	Age/Yr			
9	21:11.65 L	F	Paulson, Joseph	15	RSA NC	6/20/2010	2010 NC RSA June Distnace Day LCM
<b>Men Open 50 Back</b>							
1	29.17 L	F	Lamb, Andy	19	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
2	29.25 L L	F	DeForest, Mitch	16	RSA NC	3/4/2010	2010 USA Swimming Austin Grand Prix
3	29.82 L	F	Wallace, Matt	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	31.32 L	P	Dupree, Tucker	21	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	31.42 L	P	Dove, Sawyer	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
6	31.51 L	P	Sigmon, Wesley	15	UN NC	6/11/2010	2010 NC WAVE Capital City Invitational
7	31.95 L	P	Barfield, Chris	17	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
8	32.26 L	P	Cross, Neville	17	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
9	32.97 L	P	Dickey, Michael	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
10	33.51 L	P	D'Alessio, Patch	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
<b>Men Open 100 Back</b>							
1	1:01.03 L	F	Henry, Andrew	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
2	1:01.33 L	F	Lamb, Andy	19	RSA NC	7/22/2010	2010 NC Senior LC Championships
3	1:01.73 L	P	DeForest, Mitch	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
4	1:04.47 L	P	Sigmon, Wesley	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
5	1:05.03 L	F	Wallace, Matt	16	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
6	1:05.38 L	P	Dupree, Tucker	21	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
7	1:05.97 L	P	Harrison, Logan	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
8	1:06.68 L	P	Dove, Sawyer	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
9	1:08.25 L	F	Kab, Dylan	18	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
10	1:08.35 L	F	Mayes, Ben	15	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
<b>Men Open 200 Back</b>							
1	2:08.77 L	F	Henry, Andrew	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	2:11.39 L	F	DeForest, Mitch	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
3	2:19.72 L	P	Wallace, Matt	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	2:22.85 L	P	Dove, Sawyer	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
5	2:23.95 L	F	Sigmon, Wesley	15	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
6	2:29.35 L	F	Cade, Ryan	15	UN NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
7	2:30.17 L	F	Harrison, Logan	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
8	2:30.29 L	F	Chavez, Jose	16	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
9	2:30.36 L	P	Roach, Henry	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
10	2:30.70 L	F	Mayes, Ben	15	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
<b>Men Open 50 Breast</b>							
1	31.83 L	P	Cox, Ryan	20	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
2	33.60 L	F	D'Alessio, Patch	16	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee
3	33.62 L	F	Cade, Ryan	15	UN NC	6/11/2010	2010 NC WAVE Capital City Invitational
4	33.78 L	F	Chavez, Jose	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
5	33.85 L	F	Maloney, Bailey	15	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
6	34.85 L	P	Barfield, Chris	17	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
7	35.35 L	F	Cross, Neville	17	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet
8	38.25 L	P	Mathews, Alex	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational
<b>Men Open 100 Breast</b>							
1	1:07.50 L	F	Cox, Ryan	20	RSA NC	7/22/2010	2010 NC Senior LC Championships
2	1:09.45 L	P	Chavez, Jose	16	RSA NC	7/22/2010	2010 NC Senior LC Championships
3	1:10.93 L	F	Henry, Andrew	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
4	1:12.94 L	P	Cade, Ryan	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
5	1:13.84 L	F	D'Alessio, Patch	16	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet
6	1:14.88 L	P	Sigmon, Wesley	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
7	1:15.20 L	P	Maloney, Bailey	15	RSA NC	7/22/2010	2010 NC Senior LC Championships
8	1:15.41 L	F	Harrison, Logan	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States
9	1:17.43 L	F	Hunn, Timothy	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States

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	Time	P/F/S	Name	Age/Yr				
10	1:17.48 L	F	Roach, Henry	16	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
<b>Men Open 200 Breast</b>								
1	2:28.54 L	F	Henry, Andrew	16	RSA NC	7/22/2010	2010 NC Senior LC Championships	
2	2:31.47 L	F	Cox, Ryan	20	RSA NC	7/22/2010	2010 NC Senior LC Championships	
3	2:35.83 L	F	Chavez, Jose	16	RSA NC	7/22/2010	2010 NC Senior LC Championships	
4	2:38.37 L	F	Cade, Ryan	15	UN NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
5	2:42.49 L	P	Roach, Henry	16	RSA NC	7/22/2010	2010 NC Senior LC Championships	
6	2:45.07 L	F	D'Alessio, Patch	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
7	2:46.43 L	F	Mayes, Ben	15	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
8	2:49.14 L	F	Sigmon, Wesley	15	UN NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
9	2:49.85 L	F	Hunn, Timothy	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
10	2:50.04 L	F	Maloney, Bailey	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Men Open 50 Fly</b>								
1	27.65 L	F	Kab, Dylan	19	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
2	27.99 L	P	Arve, Philip	20	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
3	28.02 L	P	Cross, Neville	17	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
4	28.48 L	P	Barfield, Chris	17	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	28.71 L	P	Chavez, Jose	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
6	28.80 L	F	Maloney, Bailey	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
7	28.94 L	P	Dupree, Tucker	21	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
8	29.17 L	F	Mathews, Alex	16	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
9	29.52 L	F	Wallace, Matt	16	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
10	29.57 L	F	Cade, Ryan	15	UN NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
<b>Men Open 100 Fly</b>								
1	58.06 L	F	Lamb, Andy	19	RSA NC	7/22/2010	2010 NC Senior LC Championships	
2	59.98 L S	T	Chavez, Jose	16	RSA NC	7/22/2010	2010 NC Senior LC Championships	
3	1:00.09 L	F	Henry, Andrew	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
4	1:00.80 L	P	Arve, Philip	20	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
5	1:01.08 L	F	DeForest, Mitch	16	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
6	1:01.16 L	F	Harrison, Logan	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
7	1:02.49 L	P	Barfield, Chris	17	RSA NC	7/22/2010	2010 NC Senior LC Championships	
8	1:02.85 L	P	Kab, Dylan	19	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
9	1:03.27 L	F	Cross, Neville	17	RSA NC	4/25/2010	2010 RSA April Shootout LCM Sprint Meet	
10	1:04.28 L	F	Mathews, Alex	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
<b>Men Open 200 Fly</b>								
1	2:10.07 L	F	DeForest, Mitch	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
2	2:11.50 L	F	Henry, Andrew	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
3	2:15.09 L	F	Arve, Philip	20	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
4	2:18.10 L	P	Harrison, Logan	16	RSA NC	7/22/2010	2010 NC Senior LC Championships	
5	2:28.53 L	P	Dickey, Michael	16	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
6	2:30.42 L	F	Dove, Sawyer	16	RSA NC	6/26/2010	2010 NC RSA Summer Sizzle Meet	
7	2:33.55 L	P	Newland, Matthew	17	RSA NC	6/11/2010	2010 NC WAVE Capital City Invitational	
<b>Men Open 200 IM</b>								
1	2:08.04 L	F	Henry, Andrew	16	RSA NC	7/22/2010	2010 NC Senior LC Championships	
2	2:13.68 L	F	Chavez, Jose	16	RSA NC	7/22/2010	2010 NC Senior LC Championships	
3	2:15.03 L	F	DeForest, Mitch	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
4	2:17.41 L	P	Cox, Ryan	20	RSA NC	7/22/2010	2010 NC Senior LC Championships	
5	2:20.65 L	P	Cade, Ryan	15	RSA NC	7/22/2010	2010 NC Senior LC Championships	
6	2:21.00 L	F	Kab, Dylan	18	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
7	2:23.04 L	F	Roach, Henry	16	RSA NC	7/30/2010	2010 NC NCAC Tar Heel States	
8	2:23.57 L	F	Dove, Sawyer	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	
9	2:26.09 L	P	Maloney, Bailey	15	RSA NC	7/22/2010	2010 NC Senior LC Championships	
10	2:26.50 L	F	Harrison, Logan	15	RSA NC	5/14/2010	2010 RSA NC Good Stuff Long Course Mee	

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Times since: 01-Jan-10

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Men Open 400 IM</b>						
1	4:31.84 L	F	Henry, Andrew	16	RSA NC	7/22/2010 2010 NC Senior LC Championships
2	4:38.10 L	F	DeForest, Mitch	16	RSA NC	7/22/2010 2010 NC Senior LC Championships
3	4:54.37 L	F	Roach, Henry	16	RSA NC	7/30/2010 2010 NC NCAC Tar Heel States
4	5:02.31 L	P	Cade, Ryan	15	RSA NC	7/22/2010 2010 NC Senior LC Championships
5	5:10.70 L	F	Harrison, Logan	15	RSA NC	5/14/2010 2010 RSA NC Good Stuff Long Course Mee
6	5:11.31 L	F	Mayes, Ben	15	RSA NC	7/30/2010 2010 NC NCAC Tar Heel States
7	5:12.20 L	F	Newland, Matthew	17	RSA NC	5/14/2010 2010 RSA NC Good Stuff Long Course Mee
8	5:15.28 L	F	Dove, Sawyer	16	RSA NC	6/11/2010 2010 NC WAVE Capital City Invitational
9	5:18.57 L	F	D'Alessio, Patch	16	RSA NC	6/26/2010 2010 NC RSA Summer Sizzle Meet
10	5:19.10 L	F	Maloney, Bailey	15	RSA NC	6/11/2010 2010 NC WAVE Capital City Invitational