| 2023-2024 RSA at the Bluffs Weekly Practice Schedule, effective April 22, 2024 Through April 28, 2024 | | | | | | |
|---|---------------|---------------|---------------|---------------|-------------------------|-------------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| Indicates Change | | | | | All practices at Sonner | All practices at Sonner |
| | 5:15pm-6:15pm | | 5:45pm-6:45pm | | 11:00am-12:00pm | |
| 6:00pm-7:15pm | 5:45pm-7:00pm | 6:15pm-7:30pm | | 6:00pm-7:15pm | | |
| 5:30pm-6:00pm | | | | | | |
| 5:15pm-6:15pm | | 5:30pm-6:30pm | 5:15pm-6:15pm | 6:00pm-7:15pm | | |
| | | 5:15pm-5:30pm | | | | |
| • | | | | | | |

6:45pm-8:15pm

4:00pm-5:45pm

3:00pm-4:00pm

5:00am-6:30am Sonner

3:00pm-4:45pm

4:30pm-6:00pm

4:30pm-6:00pm

3:00pm-4:00pm

3:00pm-4:30pm

Please note the practice schedule for all groups is subject to change based on season, taper and meet schedules. 4/19/24lh

7:30pm-8:45pm

7:00pm-7:30pm

4:00pm-5:30pm

5:45pm-6:15pm

3:00pm-4:00pm

4:15pm-4:45pm

5:00am-6:30am Sonner

3:00pm-4:30pm

PRACTICE GROUP

Minnow

Dryland
Sunfish
Dryland

Bowfin Dryland

Redtail

Dryland

Bass

Dryland

Senior Onyx

Dryland

7:15pm-8:45pm

4:00pm-5:30pm

3:00pm-4:00pm

3:00pm-4:45pm

6:30pm-8:00pm

4:00pm-5:45pm

5:00am-6:30am Sonner