

**2023-2024 RSA at the Bluffs Weekly Practice Schedule, effective October 2, 2023 through October 8, 2023 NOW AT BLUFFS**

PRACTICE GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Indicates Change					All practices at Sonner	All practices at Sonner
<b>Minnow</b>		5:15pm-6:15pm		5:45pm-6:45pm		Swim Meet at Sonner 11:00am-1:00pm	
<b>Bluegill</b>	6:00pm-7:15pm	5:45pm-7:00pm	6:15pm-7:30pm		6:00pm-7:15pm		
Dryland	5:30pm-6:00pm				5:30pm-6:00pm		
<b>Sunfish</b>	5:15pm-6:15pm		5:30pm-6:30pm	5:15pm-6:15pm	5:30pm-6:30pm		
Dryland			5:15pm-5:30pm		5:15pm-5:30pm		
<b>Bowfin</b>	7:15pm-8:45pm	7:00pm-8:30pm	7:30pm-8:45pm	6:45pm-8:15pm	7:15pm-8:45pm		
Dryland			7:00pm-7:30pm				
<b>Redtail</b>	4:00pm-5:30pm	4:00pm-5:45pm	4:00pm-5:30pm	4:00pm-5:45pm	4:00pm-5:30pm		
Dryland			5:45pm-6:15pm				
<b>Bass</b>	3:00pm-4:00pm	3:00pm-4:00pm	3:00pm-4:00pm	3:00pm-4:00pm	3:00pm-4:00pm		
Dryland			4:15pm-4:45pm				
<b>Senior Onyx</b>		5:00am-6:30am Sonner	5:00am-6:30am Sonner	5:00am-6:30am Sonner			
	3:00pm-4:45pm	3:00pm-4:30pm	3:00pm-4:30pm	3:00pm-4:45pm	3:00pm-4:45pm		
Dryland		4:30pm-5:15pm					

Please note the practice schedule for all groups is subject to change based on season, taper and meet schedules. 9/28/23lh