



# Raleigh Swimming Association

www.swimrsa.org

## 2023-2024 Calendar

Date	Event	Location	Attendance	Info
2/15/204- 2/18/24	NCS Short Course Age Group Championship Meet	Triangle Aquatic Center 275 Convention Dr Cary, NC 27511	Qualifiers	Meet Signup
2/17/24	Polar Plunge Mock Meet	Sonner 11:00am-1:00pm	Minnow, Seahorse and SeaStar Practice Groups; Coach Approval Required for Nova	Coach Email and Meet Signup
2/17/24	Tarpon Bake Sale Benefitting Swim-A-Thon	Sonner 9:00am-11:00am	Tarpon Athletes and Coach Susan	Support the Tarpons!
2/22/24- 2/25/24	NCS Short Course Senior Championship Meet	Triangle Aquatic Center 275 Convention Dr Cary, NC 27511	Qualifiers	Meet Signup
3/02/24- 3/03/24	MOR Reagan Rocks Meet	Pullen Aquatic Center	All Practice Groups Except Barracuda, PreSenior, Seahorse, Senior Gold, Senior Onyx, Senior Silver, Tarpon, and Wahoo; Coach Approval Required for SeaStar and Minnow	Meet Signup
3/07/24- 3/10/24	Senior Sectional Championship Meet	Greensboro Aquatic Center 1921 W. Gate City Blvd Greensboro, NC 27403	Qualifiers	Meet Signup

3/09/24	Polar Plunge for Special Olympics	Amberly Pool 1075 Resident's Club Drive Cary, NC 27519	All Interested Families	Coach Email
3/14/24-3/17/24	Age Group Sectional Championship Meet	Triangle Aquatic Center 275 Convention Dr Cary, NC 27511	Qualifiers	Meet Signup
3/21/24-3/24/24	NCAC Tar Heel States Meet	Koury Natatorium 400 Skipper Bowles Drive Chapel Hill, NC 27514	All Practice Groups Except Minnow, Seahorse, SeaStar, and Tarpon	Meet Signup
3/25/24-3/31/24	Spring Break	Sonner and the Bluffs	All Practice Groups	Enjoy your holiday!
4/04/24	Team Awards Ceremony	Apex High School	All Practice Groups Except Minnow, Seahorse, SeaStar and Tarpon	Coach Email
4/06/24	SuperSplash Mock Meet	Sonner 11:00am-1:00pm	Minnow, Seahorse, and SeaStar Practice Groups; Coach Approval Required for Tarpon	Coach Email and Meet Signup
4/13/24	Introductory Groups Awards Ceremony	Sonner Gym	Minnow, Seahorse, SeaStar and Tarpon Practice Groups	Coach Email
4/23/24	Senior Banquet	Potter's Hand Bible Church 3468 Apex Peakway Apex, NC 27502	Blackfin, Senior Gold, Senior Onyx and Senior Silver Practice Groups	Coach and Organizer Email

<b>4/27/24</b>	<b>Carolina Crown</b>	<b>Tbd SC</b>	<b>Selected Athletes</b>	<b>Selection Process</b>
<b>4/27/24- 4/28/24</b>	<b>MSA LC Invite (Travel Meet)</b>	<b>Mecklenburg County Aquatic Center Charlotte, NC</b>	<b>All Athletes 9 to 12 Years Old as of 4/27/24 in the Barracuda, Bluegill, Bowfin, Dolphin, Jack 2, Mackerel, Mako, Sunfish and Wahoo Practice Groups</b>	<b>Meet Signup and Travel Meet Registration</b>
<b>4/27/24- 4/28/24</b>	<b>WAVE Spring Into Long Course Meet</b>	<b>Tbd</b>	<b>All Practice Groups Except Minnow, Seahorse, SeaStar, and Tarpon; Coach Approval Required for Nova</b>	<b>Meet Signup</b>
<b>5/04/24</b>	<b>Dive Into Summer Mock Meet</b>	<b>Sonner 11:00am-1:00pm</b>	<b>Minnow, Seahorse, and SeaStar Practice Groups; Coach Approval Required for Tarpon</b>	<b>Coach Email and Meet Signup</b>
<b>5/03/24- 5/05/24</b>	<b>STAR Long Days of Summer Meet</b>	<b>Greensboro Aquatic Center 1921 W. Gate City Blvd Greensboro, NC 27403</b>	<b>All Practice Groups Except Minnow, Nova, Seahorse, SeaStar and Tarpon</b>	<b>Meet Signup</b>
<b>5/18/24</b>	<b>Swim-A-Thon Event</b>	<b>Sonner 10:00am-3:00pm</b>	<b>All Athletes Who Raised \$100.00</b>	<b>Coach Email and Swim-A-Thon Portal</b>
<b>5/27/24</b>	<b>Memorial Day</b>	<b>Sonner and the Bluffs</b>	<b>Practice Holiday for All Practice Groups</b>	<b>Enjoy the holiday!</b>
<b>5/28/24</b>	<b>1<sup>st</sup> Day of Practice at North for the Bluffs Groups</b>	<b>Sunset Ridge North for Bluffs Athletes</b>	<b>All Bluffs Practice Groups</b>	<b>Coach Email</b>
<b>6/01/24</b>	<b>NCS Open Water Championships</b>	<b>Seven Lakes, NC</b>	<b>All Practice Groups Except Nova, Minnow, Seahorse,</b>	<b>Meet Signup</b>

			<b>SeaStar, and Tarpon</b>	
<b>6/14/24-6/16/24</b>	<b>GCY Sprint and Distance Meet</b>	<b>Greensboro Aquatic Center 1921 W. Gate City Blvd Greensboro, NC 27403</b>	<b>All Practice Groups Except Minnow, Nova, Seahorse, SeaStar, and Tarpon</b>	<b>Meet Signup</b>
<b>6/21/24-6/23/24</b>	<b>Planet Swim Travel Meet</b>	<b>Jacksonville, FL</b>	<b>All Athletes 13 Years Old or Older as of 6/21/24 Who Have Achieved An A Time in 2 Strokes or Age Group Champs Qualifiers (13 and 14 Year Olds) or Senior Champs Qualifiers</b>	<b>Meet Signup and Event Registration</b>
<b>7/05/24-7/07/24</b>	<b>MOR Qualifier Meet</b>	<b>Optimist Pool</b>	<b>All Practice Groups Except Minnow, Seahorse, SeaStar, and Tarpon</b>	<b>Meet Signup</b>
<b>7/11/24-7/14/24</b>	<b>NCS LC Age Group Championship Meet</b>	<b>Triangle Aquatic Center 275 Convention Dr Cary, NC 27511</b>	<b>Qualifying Athletes</b>	<b>Meet Signup</b>
<b>7/17/24-7/20/24</b>	<b>NCS LC Senior Championship Meet</b>	<b>Greensboro Aquatic Center 1921 W. Gate City Blvd Greensboro, NC 27403</b>	<b>Qualifying Athletes</b>	<b>Meet Signup</b>
<b>7/25/24-7/28/24</b>	<b>NCAC Tar Heel States Meet</b>	<b>Koury Natatorium 400 Skipper Bowles Drive Chapel Hill, NC 27514</b>	<b>All Practice Groups Except Minnow, Seahorse, SeaStar, and Tarpon</b>	<b>Meet Signup</b>

Rev. 2/15/24 llh Schedule is subject to change at any time.

**Yellow highlight denotes a change to the schedule since the last revision.**