



Raleigh Swimming Association

www.swimrsa.org

2023-2024 Calendar

Date	Event	Location	Attendance	Info
4/26/24-4/28/24	MSA LC Invite (Travel Meet)	Mecklenburg County Aquatic Center Charlotte, NC	All Athletes 9 to 12 Years Old as of 4/27/24 in the Barracuda, Bluegill, Bowfin, Dolphin, Jack 2, Mackerel, Mako, Sunfish and Wahoo Practice Groups	Meet Signup and Travel Meet Registration
4/27/24-4/28/24	WAVE Spring Into Long Course Meet	Triangle Aquatic Center 275 Convention Dr Cary, NC 27511	All Practice Groups Except Minnow, Seahorse, SeaStar, and Tarpon; Coach Approval Required for Nova	Meet Signup
4/28/24	Carolina Crown Meet	Clover School District Community YMCA 5485 Charlotte Highway Clover, SC	Selected Athletes	Selection Process
5/04/24	Dive Into Summer Mock Meet	Sonner 11:00am-1:00pm	Minnow, Seahorse, and SeaStar Practice Groups; Coach Approval Required for Tarpon	Coach Email and Meet Signup
5/03/24-5/05/24	STAR Long Days of Summer Meet	Greensboro Aquatic Center 1921 W. Gate City Blvd Greensboro, NC 27403	All Practice Groups Except Minnow, Nova, Seahorse, SeaStar and Tarpon	Meet Signup
5/11/24	Augusta Swim Supply Tech Suit Fitting	Sonner Gym 9:00am-1:00pm	All Interested Athletes	Coach Email

5/11/24	Sonner Spruce Up Dues Reduction Event	Sonner 10:00am-2:00pm	Member Adults and Member Athletes 16 Years Old and Older	Event Signup
5/18/24	Swim-A-Thon Event	Sonner 10:00am-3:00pm	All Athletes Who Raised \$100.00	Coach Email and Swim-A-Thon Portal
5/27/24	Memorial Day	Sonner and the Bluffs	Practice Holiday for All Practice Groups	Enjoy the holiday!
5/28/24	1 st Day of Practice at North for the Bluffs Groups	Sunset Ridge North for Bluffs Athletes	All Bluffs Practice Groups	Coach Email
6/01/24	NCS Open Water Championships	Seven Lakes, NC	All Practice Groups Except Nova, Minnow, Seahorse, SeaStar, and Tarpon	Meet Signup
6/06/24	BBQ Fundraiser Featuring Award-Winning Pickin & Grillin' B.B.Q	Sonner Preorder Pickup 4:30pm-6:30pm	All Preorders	Event Signup
6/09/24	Elevate: Power in the Pool Clinic	Sonner 9:00am-12:00pm	Athletes 13 Years Old and Older	Event Registration (This is not a required RSA event; open to the public.)
6/10/24	General Membership Meeting	Sonner Gym or Zoom Invite 6:00pm	All Adult Members In Good Standing	Email and Zoom Invite
6/14/24-6/16/24	GCY Sprint and Distance Meet	Greensboro Aquatic Center 1921 W. Gate City Blvd Greensboro, NC 27403	All Practice Groups Except Minnow, Nova, Seahorse, SeaStar, and Tarpon	Meet Signup
6/21/24-6/23/24	Planet Swim Travel Meet	Jacksonville, FL	All Athletes 13 Years Old or Older as of 6/21/24 Who Have Achieved An A Time in 2 Strokes or Age Group Champs Qualifiers (13 and 14 Year Olds) or Senior	Meet Signup and Event Registration

			Champs Qualifiers	
7/05/24-7/07/24	MOR Qualifier Meet	Optimist Pool	All Practice Groups Except Minnow, Seahorse, SeaStar, and Tarpon	Meet Signup
7/11/24-7/14/24	NCS LC Age Group Championship Meet	Triangle Aquatic Center 275 Convention Dr Cary, NC 27511	Qualifying Athletes	Meet Signup
7/18/24-7/21/24	NCS LC Senior Championship Meet	Greensboro Aquatic Center 1921 W. Gate City Blvd Greensboro, NC 27403	Qualifying Athletes	Meet Signup
7/24/24-7/27/24	Futures Meet	Richmond, VA	Qualifying Athletes	Meet Signup
7/25/24-7/28/24	NCAC Tar Heel States Meet	Koury Natatorium 400 Skipper Bowles Drive Chapel Hill, NC 27514	All Practice Groups Except Minnow, Seahorse, SeaStar, and Tarpon	Meet Signup
8/03/24-8/29/24	Summer Break	Sonner and the Bluffs	All Practice Groups	Enjoy your summer vacation!
8/29/24	1 st Day of Practice	Sonner and the Bluffs	Senior Gold, Senior Onyx and Senior Silver	Lead Coach Email
9/02/24	Labor Day	Sonner and the Bluffs	No Practice	Enjoy your holiday!
9/03/24	1 st Day of Practice	Sonner and the Bluffs	All Practice Groups Other Than Jack 1, Senior Gold, Senior Onyx, Senior Silver, Sunfish, and Tarpon Late	Lead Coach Email
9/04/24	1 st Day of Practice	Sonner and the Bluffs	Jack 1, Sunfish and Tarpon Late	Lead Coach Email

Rev. 4/26/24 llh Schedule is subject to change at any time.

Yellow highlight denotes a change to the schedule since the last revision.