



# Raleigh Swimming Association

www.swimrsa.org

## 2023-2024 Calendar

Date	Event	Location	Attendance	Info
10/21/23-10/22/23	CAT Trick or Treat Invite Meet	Orange County SportsPlex 101 Meadowlands Drive Hillsborough, NC 27278	All Practice Groups Except Barracuda, PreSenior, Seahorse, Senior Gold, Senior Silver, Wahoo, and Tarpon; Coach Approval Required for Minnow and SeaStar	Meet Signup
10/27/23	Trunk or Treat	Sonner 5:00pm	All Sonner and Bluffs Practice Groups	Coach Email
10/27/23	BBQ Fundraiser Benefitting Athletes Attending Travel Trips	Sonner Gym 4:30pm-6:30pm	Preorder Pickup Only	Event Signup
10/28/23-10/29/23	NCAC IMX Challenge Meet	Koury Natatorium	Barracuda, PreSenior, Senior Gold, Senior Onyx, Senior Silver and Wahoo Practice Groups; Coach Approval Required for Bluegill, Bowfin and Redtail	Meet Signup
11/01/23	Augusta Swim Supply Tech Suit Fitting and Parka Sale	Sonner Gym 2:30pm-8:00pm	All Athletes (Athletes 12 years old and younger should talk to the Lead Coach for approval before considering a tech suit.)	Coach Email

11/03/23-11/05/23	H2Okie Invite Meet	Christiansburg Aquatic Center 595 N Franklin Street Christiansburg, VA 24073	All Athletes Thirteen Years Old or Older as of 11/03/23	Meet Signup
11/04/23-11/05/23	WAVE/RSA Dual Meet	Triangle Aquatic Center 275 Convention Dr Cary, NC 27511	All Athletes Except Minnow, Seahorse, SeaStar, and Tarpon	Meet Signup
11/23/23-11/24/23	Thanksgiving Holiday	Sonner and Bluffs	All Practice Groups	Enjoy your holiday!
11/28/23	National Day of Giving Launch of Swim-A-Thon	Sonner and Bluffs	All Practice Groups	Coach Email
12/01/23-12/02/23	MOR Arctic Blast Meet	Willis R. Casey Aquatic Center 2611 Cates Avenue Raleigh, NC 27606	All Practice Groups Except Wahoo, Barracuda, PreSenior, Silver, Gold, Onyx, Seahorse and Tarpon; SeaStar and Minnow Coach Selection	Meet Signup
12/05/23-12/09/23	Winter Junior Nationals Meet	Columbus, OH	Qualifiers	Meet Signup
12/15/23-12/17/23	STAR Triad Tropic Meet	Greensboro Aquatic Center 1921 W Gate City Boulevard Greensboro, NC 27403	Barracuda, PreSenior, Senior Silver, Senior Gold, Senior Onyx and Wahoo Practice Groups; Coach Approval Required for Bluegill, Bowfin, Mackerel, and Redtail	Meet Signup
12/24/23-12/26/23	Winter Break	Sonner and the Bluffs	All Practice Groups	Enjoy your holiday!
12/31/23-1/01/24	New Year Break	Sonner and the Bluffs	All Practice Groups	Enjoy your holiday!

<b>1/12/24- 1/14/24</b>	<b>RSA Raleigh Area Quad Meet</b>	<b>Pullen Aquatic Center 410 Ashe Avenue Raleigh, NC 27606</b>	<b>All Athletes 9 Years Old and Older as of 1/12/24</b>	<b>Meet Signup</b>
<b>1/20/24- 1/21/24</b>	<b>MOR 8 and Under Snowflake Meet</b>	<b>Ravenscroft Pool 7409 Falls of Neuse Road Raleigh, NC 27615</b>	<b>All Athletes Who Are 8 Years Old or Younger As of 1/20/24 Except Tarpon</b>	<b>Meet Signup</b>
<b>2/09/24- 2/11/24</b>	<b>Cupid Cuts Meet</b>	<b>Sonner</b>	<b>All Practice Groups Except Minnow, SeaStar, Seahorse, and Tarpon; Coach Approval Required for Nova</b>	<b>Meet Signup</b>
<b>2/15/204- 2/18/24</b>	<b>NCS Short Course Age Group Championship Meet</b>	<b>Triangle Aquatic Center 275 Convention Dr Cary, NC 27511</b>	<b>Qualifiers</b>	<b>Meet Signup</b>
<b>2/17/24</b>	<b>Polar Plunge Mock Meet</b>	<b>Sonner 11:00am-1:00pm</b>	<b>Minnow, Seahorse and SeaStar Practice Groups; Coach Approval Required for Nova</b>	<b>Coach Email and Meet Signup</b>
<b>2/22/24- 2/25/24</b>	<b>NCS Short Course Senior Championship Meet</b>	<b>Triangle Aquatic Center 275 Convention Dr Cary, NC 27511</b>	<b>Qualifiers</b>	<b>Meet Signup</b>
<b>3/02/24- 3/03/24</b>	<b>MOR Reagan Rocks Meet</b>	<b>Pullen Aquatic Center</b>	<b>All Practice Groups Except Barracuda, PreSenior, Seahorse, Senior Gold, Senior Onyx, Senior Silver, Tarpon, and Wahoo; Coach Approval Required for SeaStar and Minnow</b>	<b>Meet Signup</b>

3/07/24-3/10/24	Senior Sectional Championship Meet	Greensboro Aquatic Center 1921 W. Gate City Blvd Greensboro, NC 27403	Qualifiers	Meet Signup
3/14/24-3/17/24	Age Group Sectional Championship Meet	Triangle Aquatic Center 275 Convention Dr Cary, NC 27511	Qualifiers	Meet Signup
3/21/24-3/24/24	NCAC Tar Heel States Meet	Koury Natatorium 400 Skipper Bowles Drive Chapel Hill, NC 27514	All Practice Groups Except Minnow, Seahorse, SeaStar, and Tarpon	Meet Signup
3/25/24-3/31/24	Tentative Spring Break	Sonner and the Bluffs	All Practice Groups	Enjoy your holiday!
4/04/24	Team Awards Ceremony	Apex High School	All Practice Groups Except Minnow, Seahorse, SeaStar and Tarpon	Coach Email
4/06/24	SuperSplash Mock Meet	Sonner 11:00am-1:00pm	Minnow, Seahorse, and SeaStar Practice Groups; Coach Approval Required for Tarpon	Coach Email and Meet Signup
4/13/24	Introductory Groups Banquet	Sonner Gym	Minnow, Seahorse, SeaStar and Tarpon Practice Groups	Coach Email
4/18/24	Senior Banquet	Potter's Hand Bible Church 3468 Apex Peakway Apex, NC 27502	Blackfin, Senior Gold, Senior Onyx and Senior Silver Practice Groups	Coach and Organizer Email
5/18/24	Dive Into Summer Mock Meet	Sonner 11:00am-1:00pm	Minnow, Seahorse, and SeaStar Practice Groups; Coach	Coach Email and Meet Signup

			Approval Required for Tarpon	
5/27/24	Memorial Day	Sonner and the Bluffs	Practice Holiday for All Practice Groups	Enjoy the holiday!
5/28/24	1 <sup>st</sup> Day of Practice at North for the Bluffs Groups	Sunset Ridge North for Bluffs Athletes	All Bluffs Practice Groups	Coach Email

Rev. 10/19/23 IIh Schedule is subject to change at any time.

Yellow highlight denotes a change to the schedule since the last revision.