



Raleigh Swimming Association

www.swimrsa.org

LOCKER ROOM AND BATHROOM POLICY

PURPOSE The following guidelines are designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms and changing areas.

FACILITIES The following is a description of RSA's practice and competition facilities to allow athletes and families to plan their use:

William H. Sonner Aquatic Facility (1013 Jones Franklin Road in Raleigh, NC)

- This location has a locker room area that is dedicated to use by RSA athletes (programming participants). Stalls with doors are available for changing with privacy. Although the locker room is dedicated to use by athletes, athletes under the age of eleven may be accompanied by a same-sex adult.

'Hanging out' is not permitted. The locker room is for toileting, changing, and showering. Showers are available.

*USA Swimming adult athletes should be mindful of MAAPP guidelines when entering a locker room used by minor athletes. An adult athlete may not be alone in the locker room with a minor athlete unless the adult athlete has no authority over the minor athlete and the adult athlete is not more than four years older than the minor athlete. **RSA employees may not enter a locker room with minor athletes in attendance unless there is an emergency.***

- This location has a changing area for family use. The Family Bathroom has two stalls with doors for privacy. The Family Bathroom should not be used by RSA swim team members older than ten years old unless it is an emergency. Lesson participants are encouraged to use the Family Bathroom. All adult non-athletes should use the Family Bathroom unless accompanying a same-sex minor athlete to the bathroom. No showers are available.

The Family Bathroom is available for use by all people visiting the facility. All adult non-athletes should use the Family Bathroom. As such, there are likely to be adults and other family members in the Family Bathroom around the time of swim team practice.

*USA Swimming adult athletes should be mindful of MAAPP guidelines when entering a bathroom used by minor athletes. An adult athlete may not be alone in the bathroom with a minor athlete unless the adult athlete has no authority over the minor athlete and the adult athlete is not more than four years older than the minor athlete. **RSA employees may not enter a bathroom with minor athletes in attendance unless there is an emergency.***

- This location has male and female bathrooms in the Gym. These bathrooms are dedicated to staff members from 5:00am to 3:00pm, unless there is an emergency. After 3:00pm, the bathrooms may be used by the RSA athletes. Stalls with doors (or a door with a lock) are available for changing with privacy.

'Hanging out' is not permitted. The bathrooms are for toileting and changing. No shower is available.

*USA Swimming adult athletes should be mindful of MAAPP guidelines when entering a bathroom used by minor athletes. An adult athlete may not be alone in the bathroom with a minor athlete unless the adult athlete has no authority over the minor athlete and the adult athlete is not more than four years older than the minor athlete. **RSA employees may not enter a bathroom with minor athletes in attendance unless there is an emergency.***

Sunset Bluffs Pool (100 Caverly Court in Fuquay-Varina, NC)

This location has a locker room area that is dedicated to use by RSA athletes. Stalls with doors are available for changing with privacy. Although the locker room is dedicated to use by athletes, athletes under the age of eleven may be accompanied by a same-sex adult.

'Hanging out' is not permitted. The locker room is for toileting, changing, and showering. Showers are available.

*USA Swimming adult athletes should be mindful of MAAPP guidelines when entering a locker room used by minor athletes. An adult athlete may not be alone in the locker room with a minor athlete unless the adult athlete has no authority over the minor athlete and the adult athlete is not more than four years older than the minor athlete. **RSA employees may not enter a locker room with minor athletes in attendance unless there is an emergency.***

Sunset North Pool (215 Kingsport Road in Holly Springs, NC)

This location has a changing area that is shared with the general public. As such, there are likely to be people who are not associated with Raleigh Swimming Association in the changing area around the time of practice. Stalls with doors are available for changing with privacy.

'Hanging out' is not permitted. The locker room is for toileting, changing, and showering. Showers are available.

*USA Swimming adult athletes should be mindful of MAAPP guidelines when entering a locker room used by minor athletes. An adult athlete may not be alone in the locker room with a minor athlete unless the adult athlete has no authority over the minor athlete and the adult athlete is not more than four years older than the minor athlete. **RSA employees may not enter a locker room with minor athletes in attendance unless there is an emergency.***

In addition, on occasion, RSA practices at Willis R. Casey Aquatic Center on the NC State Campus and O.T. Sloan Aquatic Center in Sanford, NC. Both facilities have locker rooms dedicated to swimmers, but shared with all swimmers, including adults. RSA athletes and employees are expected to follow MAAPP guidelines when using locker rooms at other facilities, as well as specific facility rules.

MONITORING POLICY The coaches and staff make every effort to recognize when an athlete goes to the locker room or changing area during practice and competition and to check on the athlete if the athlete does not return in a timely fashion. RSA discourages parents from entering locker rooms and changing areas unless it is truly necessary. In those instances, ideally, two same-sex parents will enter together. Parents should notify a member of RSA's staff prior to entering the locker room or changing area.

If an athlete needs assistance with his or her suit (for example, a child under the age of eight), or an athlete's disability warrants assistance, the same-sex parent should notify the coach in advance that the parent will be entering the locker room (if the Family Bathroom is not available).

Raleigh Swimming Association has staggered practices, with different groups arriving and departing throughout the day. It is therefore not practical to constantly monitor locker rooms and changing areas over this extended course of time. While we do not post staff members or other volunteers inside or at the doors of the locker rooms and changing areas, we do make occasional sweeps of these areas. Staff members conduct these sweeps, with women checking on female locker rooms, and men checking on male locker rooms.

USE OF CELL PHONES AND OTHER MOBILE RECORDING DEVICES *Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras increase the risk for different forms of misconduct in locker rooms and changing areas. The USA Swimming Athlete Protection Policies prohibit the use of such devices in the locker room or other changing area: 305.3 Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, rest rooms or locker rooms.*

Please note failure to comply with RSA's Locker Room and Bathroom Policy will result in disciplinary action that may include suspension and/or expulsion from RSA programming and membership.